

Acorn Squash Bisque

Nutrition Facts

Serving Size 1 serving (243.2g)
Servings Per Container 96

Amount Per Serving

Calories 70 **Calories from Fat** 10

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol <5mg **1%**

Sodium 230mg **10%**

Total Carbohydrate 13g **4%**

 Dietary Fiber 2g **7%**

 Sugars 4g

Protein 2g

Vitamin A 6% • Vitamin C 10%

Calcium 8% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Vegetable Broth, Acorn Squash, Fresh, Reduced Fat Milk, 2%; Yellow Onions, Ground Nutmeg; Ground White Pepper