

Curried Leek & Carrot Soup

Nutrition Facts

Serving Size 1 serving (267.32g)
Servings Per Container 160

Amount Per Serving

Calories 90 **Calories from Fat** 25

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 15mg **4%**

Sodium 260mg **11%**

Total Carbohydrate 11g **4%**

 Dietary Fiber <1g **4%**

 Sugars 3g

Protein 6g

Vitamin A 20% • Vitamin C 6%

Calcium 6% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Fresh Chicken Broth; Whole Milk, 3.3%; Potatoes, Chef Style Ham, Leeks; Yellow Onions, Carrots; All Purpose Wheat Flour, Enriched; Celery; Butter; Worcestershire Sauce; Curry Powder; Salt; Ground White Pepper