

Mashed Potatoes

| Nutrition Facts | |
|---|-----------------------|
| Serving Size 1 serving (155.7227g) | |
| Servings Per Container 24 | |
| Amount Per Serving | |
| Calories 230 | Calories from Fat 150 |
| % Daily Value* | |
| Total Fat 16g | 25% |
| Saturated Fat 10g | 51% |
| <i>Trans</i> Fat 0g | |
| Cholesterol 45mg | 14% |
| Sodium 320mg | 13% |
| Total Carbohydrate 19g | 6% |
| Dietary Fiber 2g | 8% |
| Sugars 2g | |
| Protein 3g | |
| Vitamin A 10% | • Vitamin C 35% |
| Calcium 4% | • Iron 4% |
| * Percent Daily Values are based on a 2,000 calorie diet. | |

Ingredients: Red Potato, Butter; Whole Milk, 3.3%; Whole Milk, 3.3%; Table Salt; Ground White Pepper