

Nutrition Facts

Serving Size 1 serving (147.43g)
 Servings Per Container 8

Amount Per Serving

Calories 310 **Calories from Fat** 50

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 460mg **19%**

Total Carbohydrate 64g **21%**

 Dietary Fiber 4g **16%**

 Sugars 16g

Protein 2g

Vitamin A 35% • Vitamin C 25%

Calcium 6% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Vermicelli, Cabbage, Yellow Onions, Snow or Sugar Snap Peas, Soybean Sprouts, Carrots, Oyster Sauce, Soy Sauce (Shoyu), Canola Oil, Green Scallions or Spring Onions, Chinese Sesame Oil, White Granulated Sugar, Garlic Clove, Ginger Root