

Nutrition Facts

Serving Size 1 serving (362.35g)
 Servings Per Container 1

Amount Per Serving

Calories 420 **Calories from Fat** 250

% Daily Value*

Total Fat 27g **42%**

Saturated Fat 10g **50%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 1680mg **70%**

Total Carbohydrate 34g **11%**

Dietary Fiber 3g **12%**

Sugars 24g

Protein 10g

Vitamin A 170% • **Vitamin C** 50%

Calcium 35% • **Iron** 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Romaine Lettuce, Oregano Vinaigrette Salad Dressing, Feta Cheese, Cucumber, Tomato, Calamata Olives, Stuffed Grape Leaves.