Baked French Toast

Nutrition Facts

Serving Size 2 slices (211.52g)
Servings Per Container 1

Amount Per Serving

Calories 330	Calories from Fat 100

	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 280mg	**93%**
Sodium 390mg	**16%**
Total Carbohydrate 42g	**14%**
Dietary Fiber 1g	**4%**
Sugars 18g	
Protein 15g	

Vitamin A 10%	•	Vitamin C 0%
Calcium 20%	•	Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Whole Milk, Eggs, White Bread, White Granulated Sugar, Vanilla Extract