

Blueberry Muffin

Nutrition Facts	
Serving Size 1 muffin (61g)	
Servings Per Container 1 muffin	
Amount Per Serving	
Calories 210	
Total Fat	11g
<i>Trans Fat</i>	
Sodium	160mg
Total Carbohydrate	24g
Dietary Fiber	1g
Sugars	14g
Protein	3g
% Daily Value	
Protein 21%	• Vitamin A 2%
Vitamin C 0%	• Calcium 2%
Iron 4%	

Ingredients: Sugar, bleached enriched flour (bleached flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), eggs, soybean oil, blueberries, water, modified food starch, whey, mono and diglycerides, baking powder (baking soda, sodium aluminum phosphate), vital wheat gluten, salt, artificial and natural flavor, sodium stearoyl lactylate, sorbitan monostearate, non fat milk, calcium acetate, guar gum, xanthan gum, corn starch, polysorbate 60, partially hydrogenated soybean oil, milk, soy lecithin.