

Non Fat Strawberry Yogurt

Nutrition Facts

Serving Size 1 cup (227g)

Amount Per Serving

Calories 130

Total Fat 0g

Trans Fat

Sodium 115mg

Total Carbohydrate 24g

Dietary Fiber 0g

Sugars 19g

Protein 8g

% Daily Value

Protein 57% • Vitamin A 25%

Vitamin C 25% • Calcium 25%

Iron 0%

Ingredients: Non fat yogurt (cultured pasteurized skim milk, non fat dry milk, modified food starch, carrageenan, pectin), strawberry fruit base (sugar, strawberries, modified food starch, water, natural flavors, cellulose gum, citric acid, vegetable juice - color), Vitamins A, C, D, E.