By LEO EGAN

Democratic reform leaders scored a smashing primary victory yesterday over candidates backed by Carmine G. De Sapio on Manhattan's West Side.

William F. Ryan, the reform faction's banner candidate, defeated Representative Ludwig Teller, who was seeking renomination in the Twenty-fourth Congressional District, by a 7-to-5 margin.

Inroads Claimed

Three incumbent Democratic district leaders in Queens went down to defeat.

The reform leaders have pictured Mr. De Sapio as a symbol of political bossism whose power represents a heavy liability for the Democratic party in the city and state.

On Manhattan's West Side, the reform faction faced other victorics as their candidates for Assembly nomination defeated the regulars in the Eighth and Tenth Assembly Districts.

Contests Conceded

In the other boroughs of the city, the reform-backed candidates failed to make much headway. All of them went down to defeat by organization choices, some with heavy margins.

Mr. De Sapio conceded the Teller and Farrell defeats an hour and a quarter after the polls closed. But he declined to view the results as a referendum on his own leadership.

"These are local contests reflecting the sentiments of the people in their respective communities," he said. "The outcome represents no more and no less a challenge to the leadership than in the past."

Commenting on his victory, Mr. Ryan said the vote showed "Mr. De Sapio doesn't speak for the Democrats of New York."

Mr. Teller was unopposed for renomination in the Liberal primary. This means that Mr. Ryan will have two opponents in the November election -- Morris Aarons, a Republican, and Mr. Teller as a Liberal.

In conceding defeat as a Democratic district leader, Teller said he would wage a strong campaign as a Liberal.

Mr. Ohrenstein likewise will have two rivals in the November election. Senator Farrell was also unopposed for the Liberal nomination.

Both Representative Teller and Senator Farrell are Democratic district leaders as well as office holders. Their defeats yesterday, Mr. Ryan said, presented a challenge to their district leaderships next year.

Lose in Queens

Three incumbent Democratic district leaders in Queens were defeated.

The losers in Queens were Assemblyman Alonzo Waters of Ozone Park, who was opposed for renomination by the county organization, won nevertheless.

State Senator Walter Van Wagenen of Deerfield was hard-pressed, but won.

In Buffalo, Peter J. Crotty, the Erie County leader, beat a series of challenges from insurgents.

Philip C. Jessup and Joseph D. Mcgoldrick, reform-backed candidates, forecast the Democratic National Convention in Brooklyn's Twelfth Congressional District were trailing far behind their regular organization rivals.

A Democratic attempt to win a Liberal endorsement for the party's Municipal Court candidate in Manhattan's First District by means of a write-in vote was unavailing.

The leaders had hoped to back the Republican choice for this office.

Pools were open in city districts where there were contests from 3 to 10 P.M. Elsewhere in the state, where a number of races for Republican and Democratic nominations were decided, the voting hours were noon to 9 P.M.

While the polls were open, all liquor sales were suspended. Many bars, grocery stores, and taverns remained completely closed during the voting hours.

For the first time, voting machines were used to record the votes in all districts that were open within the city. In a few Queens areas, the machines had to be supplemented with paper ballots to accommodate the names of all the candidates for minor party positions.

The first hour of voting brought a large number of complaints about delays in opening polling places, malfunctioning of voting machines, but most of these were soon straightened out.

Both in the city and in the rest of the state, yesterday's voting resulted in the selection of full slates of Republican and Democratic candidates for Congress, the State Senate and Assembly, which will run in the November election.

The primaries likewise resulted in the election of full slates of Republican and Democratic district delegates and alternates to the two national party conventions in July. Both parties will choose three additional delegates at large when their state committees meet next week to reorganize.

Although both the state and city have a number of Democratic contests for positions as delegates and alternates, the political fortunes of some of the contenders for the Democratic Presidential nomination were at stake.

The same was true of the Republican party in the few instances where party choices for delegates were challenged.

Upstate, organization candidates faced with primary challenges generally came through. Assemblyman Alonzo Waters of Ozone Park, who was opposed for renomination by the county organization, won nevertheless.

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