

Module Two

Question Selection

A Researchable Question

- Relevant to practice
- Not something you already “know” the answer to
- Specific

Good Questions

- Save time
- Clarify what you're looking for
- Get everyone on the same page

COPES Question Framework

- **Client-oriented**
- **Practical**
- **Evidence-Search Questions**

Adapted from: Gibbs, L.E. (2003). *Evidence-Based Practice for the Helping Professions: A Practical Guide with Integrated Multimedia*. Pacific Grove, CA: Brooks/Cole.

Five Question Types

- Effectiveness
- Prevention
- Assessment
- Description
- Risk

HANDOUT 2: EVIDENCE-BASED PRACTICE WORKSHEET #1

Four Elements

- Client type and problem
- What you might do
- Alternative course of action
- What you want to accomplish (goal)

Forming the Question

- How did your need for information arise?
- Describe your clients (strengths and problem).
- State generally what you want to know.
- State what you might do differently if you had the answer.
- What type of question is this?

Forming the Question

- Course of action you're considering
- What you're currently doing
- Alternative course of action
- Intended result or outcome (how will you know that what you've done has worked?)
- Complete COPEs question

HANDOUTS 3 AND 4: EVIDENCE-BASED PRACTICE COPEs BLANK WORKSHEET,
EVIDENCE BASED PRACTICE EXAMPLE WORKSHEET #2