# The Emotional Brain

11/2/2013

### Why have emotions?

### Evolution of the emotional brain



# The Reptile Brain

- The R complex: brain stem, cerebellum, and the oldest basal ganglia
- Fight or flight response
- Not much plasticity



### Ancestral mammals

• The paleopallium- really old cortex, but the olfactory cortex and the parahippocampal gyrus appear (along with the older hippocampus)



### Why have emotion?

**Plato:** pain is the destruction of organic harmony, pleasure is its restoration, neutral is harmony

**Aristotle:** First classified emotions, divided them into antagonistic pairs (love/fear, anger/gentleness) AND said emotions are due to the Pneuma (fear is due to cold blood, etc)

## Why have emotion?

Early theories of emotions:

**The James-Lange Theory (1893)**: an external stimulus leads to a physiological change which is then registered as emotion

**The Cannon-Bard Theory (1928)**: emotion occurs even without the bodily reaction- or more frequently, the bodily reaction and the emotional reaction occur at the same time, independently

They proposed that the thalamus and hypothalamus are critical for the emotional response



Poor angry **NEUROSCIENCE, Fourth Edition, Figure 29.1** • 2008 Strauer Associates, Inc. cats!



## Modern refinements

**Schachter-** The cortex translates information from the periphery into specific feelings

### Experiment: Inject volunteers with epinephrine, only tell some of them, expose them to either annoying or amusing stimuli:

**Damasio**- The emotional experience is a story constructed by the cortex to explain bodily reactions

### Evolution of the emotional brain



# The mammalian limbic system



### The limbic system

-**Hypothalamus:** Controls the autonomic nervous system

-Hippocampus: Memory

-Amygdala: The primary player in the emotional experience

-Thalamus: Sensory information processing

# But lots of other brain regions can be included



# Fear: Both an important emotion and a case study



### Two fear pathways in the brain

#### The Low Road



### The low road

# The high road



### Two fear pathways in the brain

#### The Paths of Fear



### All roads lead to the hypothalamus

#### Fight-or-flight Response



8000E Howeld BM order

# Fear and the amygdala

- Fear is fairly well characterized because in many ways it is easiest to study
- Innate fears and learned fears
- Learned associations (fear conditioning) is a good system for studying memory



NEUROSCIENCE, Fourth Edition, Box 29B (1)

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# Inputs to the amygdala



### Outputs of the amygdala



# The amygdala

The amygdala also plays a role in aggressive, maternal, sexual, and appetative behaviors, but these are less well characterized

### Prefrontal cortex: Rational control?

#### **Phineas Gage**

"Remembers passing and past events correctly, as well before as since the injury. Intellectual manifestations feeble, being exceedingly capricious and childish, but with a will as indomitable as ever; is particularly obstinate; will not yield to restraint when it conflicts with his desires." Dr Harlow reports that Gage's employers, "who regarded him as the most efficient and capable foreman ... considered the change in his mind so marked that they could not give him his place again.... He is fitful, irreverent, indulging at times in the grossest profanity (which was not previously his custom), manifesting but little deference for his fellows, impatient of restraint or advice when it conflicts with his desires.... A child in his intellectual capacity and manifestations, he has the animal passions of a strong man.... His mind was radically changed, so decidedly that his friends and acquaintances said he was 'no longer Gage.'"



### Ventromedial frontal cortex damage

### What about the love!

Are there any positive emotions?



# The "reward" pathway or maybe the "motivation" pathway



### Dopamine is the neurotransmitter in the reward system



NEUROSCIENCE, Fourth Edition, Figure 6.11 (Part 1)

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Dopamine and prairie voles



D1-like dopamine receptors (blue) are upregulated in the shell and core of the nucleus accumbens once a pair bond has formed. An established pair bond is maintained by selective aggression toward unfamiliar females, and D1 receptor antagonists block this behavior

# Vasopressin and bonding

Romantic prairie vole



# Overexpression of the vasopressin receptor in one region switched the meadow voles from solitary to monogamous



## Oxytocin

Monogamous prairie vole Non-monog. Meadow vole (a) (b) PFC (c)(d)

Oxytocin

#### Vasopressin

#### **OXYTOCIN**

Social contact induction ↑

Partner preference formation ↑

Pair and social bonding ↑

Aggression  $\downarrow (9 > 3)$ 

Relaxation and well-being  $\uparrow$ 

Anxiety ↓

Stress  $\downarrow$  (HPA axis regulation)

Glucocorticoid release ↓

Pulsatile release (e.g., necessary for birth)

► Muscular contractions during birth ↑

Reproduction, sexual behaviors ↑

Sensory processing ↑

Memory processes and functions ↑

Parasympathetic autonomic functions ↑

#### VASOPRESSIN

Positive social behaviors 1 Partner selection 1 Social attachment formation 1 Territorial behaviors  $\uparrow$  ('fight or flight';  $\eth > \heartsuit$ ) 'Attraction' 1 Anxiety ↓ Blood pressure ↑ Modulating corticoid release Component of the stress response Oxytocin agonist, partial antagonist Sexual behaviors 1 Reward and limbic processing ↑ Attention, learning, memory ↑ Sympathetic and parasympathetic regulation ↑ How do we study the biological basis of higher-level cognitive functions?

How do we study the biological basis of higher-level cognitive functions?

![](_page_33_Figure_1.jpeg)

Humans: fMRI

![](_page_33_Picture_3.jpeg)

# **MRI** magnetic resonance imaging

![](_page_34_Figure_1.jpeg)

### **fMRI functional** magnetic resonance imaging

oxyhemoglobin = diamagnetic deoxyhemoglobin = paramagnetic

• well-oxygenated blood has a different signal than poorly-oxygenated blood

![](_page_35_Picture_3.jpeg)

**BOLD** blood oxygen level dependent changes

the *functional* in fMRI

![](_page_36_Figure_2.jpeg)

TRENDS in Neurosciences

Arthurs & Boniface, 2002

### fMRI

#### strengths:

- can be used to study neural activity in humans (non-invasive)
- can be used to pinpoint (roughly) areas where complex processing occur

#### weaknesses:

- relatively low resolution (millimeters)
- unclear how BOLD correlates to neural activity
- slow (blood signal is relatively slow)

### **The Brain and Social Behavior**

#### Social behavior:

Any behavior on the part of an organism stimulated by, or acting upon, another member of the same species (conspecifics).

![](_page_39_Figure_0.jpeg)

Differences in social behavior linked to a single gene – *npr-1* 

low activity or defective *npr-1* = social feeders high activity *npr-1* = solitary feeders

![](_page_40_Picture_2.jpeg)

npr-1(ad609) defective npr-1

restoration of npr-1

#### Killing "RMG" neurons abolishes social behavior

![](_page_40_Picture_7.jpeg)

Mock-ablated

![](_page_40_Picture_9.jpeg)

RMG-ablated

![](_page_40_Picture_11.jpeg)

#### Social Cognition in Corvid Birds

Western Scrub Jay (Aphelocoma californica)

![](_page_41_Picture_2.jpeg)

#### Corvid birds have a sense of time

![](_page_42_Picture_1.jpeg)

#### Corvids are aware of other birds and their 'observations' or 'intentions'

![](_page_43_Picture_1.jpeg)

![](_page_44_Figure_0.jpeg)

![](_page_44_Picture_1.jpeg)

![](_page_44_Figure_2.jpeg)

![](_page_45_Figure_0.jpeg)

![](_page_46_Picture_0.jpeg)

![](_page_47_Figure_0.jpeg)

![](_page_48_Figure_0.jpeg)

#### Fairness, Cooperation, & Sharing

![](_page_49_Picture_1.jpeg)

Dogs were trained to perform a simple trick, "give paw." The dogs were normally happy to repeatedly give the paw, whether they got a reward or not. **But**, that changed if they saw that another dog was being rewarded with a piece of food, while they received nothing.

Monkeys had to hand a small rock to researchers to get a piece of food in return. Monkeys were happy to do this to get a piece of cucumber. But the monkeys would refuse to continue to help if they saw that another monkey was getting a more delicious reward, a grape, for doing the same job.

Nell Greenfieldboyce, npr.org

#### Patient S.M.

- Rare disease: Urbach-Wiethe
- Bilateral calcification/atrophy of temporal lobes
- Extensive damage of amygalas

![](_page_50_Picture_4.jpeg)

(B)

![](_page_50_Figure_6.jpeg)

Unable to recognize fear among facial expressions

#### Drawings by S.M.

![](_page_51_Picture_1.jpeg)

### nature

# Amygdala volume and social network size in humans

Kevin C Bickart<sup>1</sup>, Christopher I Wright<sup>2,3</sup>, Rebecca J Dautoff<sup>2,3</sup>, Bradford C Dickerson<sup>2–4</sup> & Lisa Feldman Barrett<sup>2,3,5</sup>

![](_page_52_Figure_3.jpeg)

![](_page_53_Picture_0.jpeg)

Kennedy et al. 2009

![](_page_53_Figure_2.jpeg)

![](_page_54_Picture_0.jpeg)

thingswithfaces.net

#### An area of primate cortex is "tuned" to faces

![](_page_55_Figure_1.jpeg)

![](_page_56_Picture_0.jpeg)

#### **Inferior Temporal Cortex** the visual "what" pathway

![](_page_57_Figure_1.jpeg)

![](_page_57_Figure_2.jpeg)

#### **Fusiform face area**

a region selectively involved in perception of faces

![](_page_58_Figure_2.jpeg)

Kanwisher et al. 1997

![](_page_59_Figure_0.jpeg)

![](_page_60_Figure_0.jpeg)

#### Combinatorial representation of emotions by the face

![](_page_61_Figure_1.jpeg)

![](_page_62_Picture_0.jpeg)

### The Face as a Social Tool

![](_page_63_Picture_1.jpeg)

![](_page_64_Figure_0.jpeg)

### Most people are left-faced!

![](_page_65_Picture_1.jpeg)