

Name of Measure: Beck Depression Inventory - short form (Beck & Beck, 1972)

Purpose of Measure: To assess depression symptoms and mood

Author(s) of abstract:

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Reference: Crocker, J., Luhtanen, R., Blaine, B., & Broadnax, S. (1994). Collective self-esteem and psychological well-being among White, Black, and Asian College students. *Personality & Social Psychology Bulletin*, 20(5), 503-513.

Description of measure: Beck Depression Inventory – short form is a 13 item self-report inventory that assesses affective, cognitive, motivational, and vegetative symptoms of depression. Items use a 4-point scale that ranges from 0 to 3. A total score is calculated by summing the item responses. A score of 8 is the cutoff indicating moderate depression. It is suitable for use with respondents as young as 13 years of age.

Language availability: English.

Translation Comment: Not applicable

Description of Asian population: Two hundred and thirty eight undergraduate students enrolled in a large northeastern university participated in the research. They were 40.3% White/Caucasian, 38.2% Black/African American, 14.7% as Asian/Oriental, 6.7% Other.

	% Male	% U.S. Citizens	% English as 1 st lang	Median family income
White	54.2	97	94	50,000-59,000
Black	52.7	88	96	30,000-39,000
Asian	62.9	46	14	30,000-39,000

Norms:

BDI Scale Means and Standard Deviations by Race

	White	Black	Asian
Mean	4.38	4.84	6.51
Standard Deviation	4.01	4.51	5.77

No statistically significant differences found

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Reliability: The alpha coefficient for the present combined sample was .84

Validity: See original reference.

Original reference to instrument: Beck, A.T., & Beck, R. W. (1972). Screening depressed patients in family practice: A rapid technique. *Postgraduate Medicine*, 52,81-85.

How to obtain a copy of the instrument: Psychological Corporation. 19550 Bulverde Road, San Antonio, TX 78259 1-800-872-1726 www.psychcorp.com