

Name of Measure: The Elder Life Adjustment Interview Schedule (ELAIS for depression)  
 (Dubanoski, Heiby, Kameoka, & Wong, 1996).

Purpose of Measure: To assess depression, life satisfaction, and their theoretical determinants among older adults.

Reference: Dubanoski, J.P., Heiby, E.M., Kameoka, V.A. & Wong, E. (1996). A cross-ethnic psychometric evaluation of the elder life adjustment interview schedule. *Journal of Clinical Geropsychology*, 4 (2). 246-263.

Description of Measure: This modified version of ELAIS consists of 230 of the original 234 items nested within 14 original sub-scales. These modifications are designed to enhance the cultural sensitivity of the instrument's face and content validity. Items are designed to measure depression, life satisfaction, environmental conditions, behavioral competencies, and health status. Items for most variables are rated on a 5-point Likert scale.

Language: English, Japanese

Translation Comments: N/A

Description of Populations: The sample consisted of 77 Asian-Americans, 128 Caucasian-Americans, and 62 Hawaiian-Americans. There were 199 women and 89 men all between the ages of 60 and 96 years.

Norms:

Variable	Asian				Caucasian				Hawaiian			
	Alpha	T-R	Mean	SD	Alpha	T-R	Mean	SD	Alpha	T-R	Mean	SD
life satisfaction	0.87	0.53*	38.49	5.73	0.87	0.77*	38.06	7.13	0.92	0.60*	41.28	7.11
depress.	0.91	0.53*	35.69	9.94	0.88	0.63*	35.94	9.76	0.88	0.52*	36.34	9.97
stressful life events	_a	0.14	2.58	2.52	_	0.44*	3.09	2.38	_	0.77*	4.90	5.28
informational support	0.91	0.37*	18.31	5.66	0.88	0.53*	20.66	5.68	0.87	0.26*	21.03	4.78
tangible support	0.85	0.43*	15.82	6.28	0.81	0.51*	18.39	5.69	0.83	0.67*	17.31	5.75
emotional support	0.95	0.68*	28.52	8.58	0.93	0.68*	31.04	6.89	0.88	0.48*	31.94	5.19
integration support	0.90	0.59*	42.33	9.10	0.84	0.57*	44.98	7.26	0.87	0.73*	44.37	8.07
recreational activity	0.76	0.82*	42.51	8.01	0.72	0.73*	43.45	7.80	0.77	0.72*	47.4	9.14
assertiveness skills	0.75	0.72*	63.82	7.42	0.76	0.70*	66.62	8.15	0.79	0.73*	68.47	8.27
self reinforcement	0.67	0.56*	36.14	4.24	0.75	0.68*	37.56	4.74	0.73	0.57*	38.44	5.16
perceived control	0.78	0.56*	53.68	6.94	0.81	0.68*	56.31	6.70	0.67	0.54*	54.07	5.70
perceived health	_b	0.65*	4.13	0.75	_	0.68*	4.20	0.82	_	0.55*	4.08	0.73
functional ability	0.93	0.58*	66.39	5.33	0.92	0.54*	64.95	7.05	0.88	0.24*	63.55	6.24
objective health	_a	0.80*	1.75	1.41	_	0.75*	2.57	1.89	_	0.56*	1.92	1.77

T-R Test Retest correlation coefficient

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<sup>a</sup>Subscale consisted of frequency counts. <sup>b</sup>Based on a one-item subscale \*p < .05

Reliability: See table

Validity: See Dubanoski, et al., 1996

Related References:

Heiby, E.M., Dubanoski, J. P., Kameoka, V. A., & Saito, A. (in press). Psychometric evaluation of the Japanese version of the Elder Life Adjustment Interview Schedule for depression. *Journal of Clinical Geropsychology*.

Wong, S. S., Heiby, E. M., Kameoka, V. A., & Dubanoski, J. P. (1999). Perceived control, self-reinforcement, and depression among Asian American and Caucasian American elders. *Journal of Applied Gerontology*, 18, 48-64.

Schlatter, A., Heiby, E., Dubanoski, J., Kameoka, V. & Denney, C. (1993). Depression and life satisfaction in the elderly: The development of an interview schedule. *Journal of MARC Research*, 1, 27-42

How to obtain a copy of this instrument:

English version: Please contact Joan P. Dubanoski, Ph.D., Department of Psychology, University of Hawaii, Honolulu, HI, [dubanosk@hawaii.edu](mailto:dubanosk@hawaii.edu).

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