

Name of Measure: Chinese Version of Dyadic Adjustment Scale (C-DAC). (Spanier, 1976)

Purpose of Measure: To measure the quality of marriage or intimate relationship adjustment

Reference: Shek, D. T. L. (1994). Psychometric properties of the Chinese version of the Dyadic Adjustment Scale. *Psychologia*, 37, 7-17.

Description of measure: Dyadic Adjustment Scale (DAS) is a 32-item measure with four sub-scales: Consensus (13 items), Satisfaction (10 items), Cohesion (5 items) and Affectional Expression (4 items). Both sub-scale and total scores may be derived by summing item responses. The total score has a range of 0-151 with higher scores indicated better adjustment to one's relationship.

Language availability: English and Chinese.

Translation comments: Translated to Chinese and back translated

Description of Asian population: A sample of Chinese adults in Hong Kong considered to be adjusted in terms of their marriage (N = 91) were compared to a sample of Chinese adults in Hong Kong identified as mal-adjusted to their marriage (N=81).

Norms: Summary Scores and Standard Deviations for the Dyadic Adjustment Scale and its Sub-scales, by Marital Status

	American Sample <sup>a</sup>				Chinese Sample			
	Married		Divorced		Adjusted		Mal-Adjusted	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD
Consensus	57.9	8.5	41.1	11.1	47.84	10.24	26.85	12.63
Satisfaction	40.5	7.2	22.2	10.3	37.24	6.84	22.96	8.95
Cohesion	13.4	4.2	8.0	4.9	13.19	5.16	5.28	4.62
Affectional Exp	9.0	2.3	5.1	2.8	8.89	2.01	4.31	2.94
Total Scale	114.8	17.8	70.7	23.8	107.15	21.18	59.41	25.25

<sup>a</sup> The scores were reported in Spanier (1976) and are offered here for comparison

Reliability: The Cronbach's alpha for the total scale for the Chinese sample was .96

Validity: The C-DAS correlated in predicted directions and at levels of significance with convergent factors: the Chinese Kansas Marital Satisfaction Scale and the Chinese Marital Comparison Level Index. The C-DAS was unassociated with discriminant factors: satisfaction with areas of life unrelated to marriage.

Original reference to instrument: Spanier, G. B. (1976). Measuring dyadic adjustment : New scales for assessing the quality of marriage and other dyads. *Journal of Marriage and the Family*, 38, 15-28.

How to obtain copy of instrument: Correspondence should be addressed to Daniel T. L. Shek, Department of Social Work, The Chinese University of Hong Kong, DanielShek@cuhk.edu.hk