East Asian martial arts are often portrayed as ancient, timeless, and even mystical, but they have a history. In this course we explore how military techniques intended for use in war, policing, and banditry came to be practiced as methods of moral, spiritual, and physical self-cultivation. We examine the historical dynamics that shape martial arts transformation, transmission, and spread. All students conduct at least one field trip to a local martial arts demonstration or school, and consider the question: “What is East Asian about East Asian martial arts in Ithaca?”

Requirements

**Preparation, Attendance, and Participation** 30%

Students should come to class prepared to discuss the readings assigned for that week, as listed. Preparation includes thinking about the study questions and taking notes. Students can miss up to three unexcused classes without penalty, but are responsible for getting notes from missed classes.

As you read, consider and take notes 1) on the questions and key terms listed in the week’s study guide (see below), and 2) relevant to all weeks, on who the martial artists are (from what parts of society), what values they attach to their practice, how they and their practice fit into the society and polity, and how larger historical changes affect the practice and meaning of martial arts.

**Field Trip & Field Trip Essay** 10%

I will organize at least two trips to local martial arts schools or clubs in September. You should take thorough notes based on observations during the field trip. In class we will discuss what you might want to look for and the types of questions you might want to ask.

Essay: 2-4 pages. Due one week after field trip, connecting field trip observations to the larger issues of the course. Rather than try to draw conclusions from such a small data set, your essays should discuss questions raised by your observations and informed by readings and class discussion. See Blackboard for example.

**Short Essays** 30%

Two, 4-6 pages each, due Sept. 28 and Oct. 26.

**Final Essay(s)** 30%

Two essays, 4-6 pages each; or one essay, 8-10 pages. Due Wednesday, Dec. 9.

* See Blackboard for essay guidelines. Penalty-free extensions of up to one week will be granted if requested by the evening before they are due. Request extensions by email, and provide a reasonable alternate deadline.
Course Goals and Methods

To learn content as outlined above and in the course schedule, and to develop skills such as analytic acuity and clear communication. This learning takes place through the processes of active reading and listening, articulate oral and written expression, creative brainstorming, and rigorous argument-building. (Consider: What are the differences between the types of learning that occur through reading, classroom discussion, and essay writing?)

Code of Conduct

All classroom behavior should be characterized by civility, attentiveness, and respect. Do not use computers, phones, and other electronic devices in the classroom. They can distract and convey discourtesy to your classmates and to the instructor. The multi-tasking that they tend to foster can also undermine your own ability to fully engage with discussion and to retain and process ideas.

Communication: Be sure to check your Cornell email regularly in case of course-related announcements. Feel free to email me with course-related questions.

All coursework should be performed with integrity. Plagiarism or cheating will result in an F and will be reported to the dean. I expect you to know what plagiarism and cheating are, and how to avoid them <http://cuinfo.cornell.edu/Academic/AIC.html>.

Available at Cornell Bookstore and Uris Reserve


Other Useful Materials

**Week 1: Introduction** Aug. 26

⇒ Do the 10-minute plagiarism exercise [http://plagiarism.arts.cornell.edu/tutorial/index.cfm](http://plagiarism.arts.cornell.edu/tutorial/index.cfm) and email the results to me. Make sure that you understand the practical cases in the tutorial. If the automatic send function does not work at the end, email me the screen with your results. Due Aug. 31.

**Guide to Readings**

- Book available on Reserve and at Cornell Bookstore
- eReserve, available through Blackboard

**I. THE EMERGENCE OF MARTIAL ARTS: STATUS, RELIGION, AND GENDER**

In the first two-thirds of this course we will examine how in China and Japan combat arts, detached from military training, came to be practiced as parts of religious/spiritual pursuits, as modes of self-cultivation, as markers of socio-cultural distinction, and as the core of new social formations (lineages and schools).

**Week 2: Popular Religion and Martial Arts in China** Aug. 31, Sept. 2

In what ways have religion, fiction, and martial arts interpenetrated in Chinese popular practice? Key Terms: *Water Margin*, *yiqi*, *wuxia*, *haohan*, *jianghu*


**Week 3: Bachelors and Brotherhoods** (Labor Day), Sept. 9

In contrast to *Romance of the Gods*, *Water Margin* (see “Shi Jin the Nine-Dragoned”) is set firmly in human society, and in a more recent historical era. Compare the ways in which the two novels portray martial heroes and the social contexts in which they operate.

Key Term (Ownby): “bare stick”


**Week 4: The Bushi — From Bow to Sword**  
Sept. 14, 16

Besides the usual reading questions (review under Requirements on page 1 if necessary), as you read the selections in “Way of the Warrior,” consider how portrayals of bushi in Japanese fiction and chronicles changed over time, and the ways in which they compare to Ming fictional martial heroes, such as those in the selections from *Romance of the Gods* and *Water Margin* that we read the last two weeks. Key Terms: bushi, bu, bun


**Week 5: Peacetime Bushi, Commoner Swordsmen**  
Sept. 21, 23

In what ways did bushi re-fashion martial arts practice to fit their new primary roles under the Edo as peacetime bureaucrats? In what ways did urban dojo produce new forms of martial practice, and new types of practitioners?


**Week 6: Gender in the Rivers and Lakes**  
Sept. 28, 30

⇒ Short Essay #1 due Monday, Sept. 28

Consider that, compared to scholarship on late imperial Chinese jianghu and wuxia, gender is a less salient part of the literature on bushi. Furthermore, bushi women carried knives, famously practiced and taught naginata combat arts, and compared to their footbound and housebound Ming-Qing elite woman counterparts, were generally less physically constrained. Yet, in sharp contrast to Ming and Qing novels, martial female heroes and villains do not figure in Edo literature and theater. How might we understand this disparity?


Week 7: Buddhism and Martial Arts

In general, Buddhism prohibits the taking of any sentient life. How, then, did monks become involved in warfare, and come to practice martial arts? What did they bring to martial arts practice?


Week 8: Lineage, Transmission, and Legitimacy

How do principles and practices of kinship translate to martial arts lineages? In what ways do lineages shape transmission (learning) of martial arts? In what ways do they shape legitimacy of transmission? What models for martial arts lineages do we find in China and in Japan? In what ways do they differ? Key Terms: ryūha,

- Hurst, Armed Martial Arts of Japan, 177-196.


Week 9: Martial Literati

Why did ruling elite literati take up martial arts? What did literati bring to martial arts practice?

- Wile, T’ai-chi’s Ancestors, 37-81, skim: 82-188.

II. MODERNIZATION AND GLOBALIZATION

In what ways do processes of modernization differ from the historical transformations that we examined for earlier periods? Until recently, globalization has usually been thought of as mainly involving the spread of European and American culture to other countries. East Asian martial arts have a long history of migrating the other direction. What are the historical dynamics of martial arts' counter-movements?

Week 10: From Samurai Arts to Japanese Spirit

⇒ Short Essay #2 due Monday, Oct. 26

What is the “invention of traditions,” and how does it relate to modernity, nationalism, and globalization? In what ways did earlier reinventions of samurai traditions, such as in the transition to Edo peace, differ from the reinventions of Meiji and later? How did bushidō become the “soul” of Japan, as opposed a path for samurai, and how did that transformation impact the meaning and practice of martial arts? Key Terms: bushidō, budō


• Hurst, Armed Martial Arts of Japan, 147-176.


Movie night: “Seven Samurai”

Week 11: Re-Inventions of Jujutsu

Kanō Jigorō and Ueshiba Morihei (the latter referred to by aikidoists as “O Sensei,” or “Great Teacher”) both created new budo out of jujutsu; and both Kanō and aikido leaders actively promoted their new styles outside Japan. In what ways did their strategies of promotion differ? What is modern about both Kanō’s and Ueshiba’s reinventions of tradition?


**Week 12: Public Martial Arts Schools, Guoshu, and Wushu**  
Nov. 9, 11

How does Eichberg’s schema situate traditional, modern, and postmodern phases in “traditional games”? In what ways are these schema useful for analyzing the development of Chinese (and Japanese) martial arts? In what ways do East Asian martial arts not fit, and why?

In what ways did the processes of re-inventing Chinese martial arts traditions differ between the Ming/Qing and the twentieth centuries? Between Guoshu, Wushu, and non-official public martial arts schools?


**Week 13: Wuxia Literature and Movies**  
Nov. 16, 18

What is modern about martial arts novels and movies? In what ways have they engaged with the particular problems of modernization of the Chinese and Sinophone worlds?


**Week 14: “Fist of Fury” (Jingwumen)**  
Nov. 23, (Thanksgiving)

_movie showing_

**Week 15: Kung Fu and Bruce Lee**  
Nov. 30, Dec. 2

In what ways have martial arts films contributed to and shaped the globalization of East Asian martial arts practice? What was Bruce Lee’s significance for political movements of the 1970s?