## The Path to Financial Freedom



## Overview of Workshop

- Budgeting with an irregular pay schedule
- Tips on Insurance, Saving for

Emergencies and Retirement

- Credit, Credit Reports/Scores
- Credit Card Repayment Options
- Student Loan overview


## GreenPath Debt Solutions

* Established in 1961, GreenPath Debt Solutions is a nomprofit organization that provides counseling and debt management programs to people experiencing financial difficulties.
* Certified counselors provide confidential assistance over the phone or in person. New York offices are located in Downtown Manhattan, Midtown Manhattan, Queens (Kew Gardens), Bronx, Brooklyn and Long Island (Jericho and Hauppauge)
* Member of the National Foundation for Credit Counseling and the Better Business Bureau; accredited by the Council on Accreditation for Children and Family Services.


## GreenPath Debt Solutions

* Programs include Debt Management Plans, housing counseling (delinquency, pre-purchase and reverse mortgage), budget counseling, bankruptcy counseling and financial/credit education.
* Debt Management Programs: more on this later
* Credit reports: can purchase a copy of a report to take home immediately if unable to obtain report online. (Price ranges from $\$ 11$ to \$45.)
\& 30 minute one-on-one session with a counselor can be scheduled to review your credit report, learn more about dispute process and discuss ways to improve credit rating. Cost $=\$ 30$.


## GreenPath

debt solutions

## Budgeting Basics



## Budgeting Basics

What is a budget?
a plan or schedule for adjusting expenses during a certain period in relation to the estimated income for that period

Why budget?
Knowing your monthly income and expenses will help you take control of your finances!
Taking control will help reduce anxiety and stress
Budgeting can help you to decrease your spending and increase your disposable income
Budgeting can help you save for your goals

## 7 Budgeting Steps

*Discuss $\$ \$ \$$ Values
*Set goals
*Determine Income****
*Determine Expenses

* Create a Plan/Budget
*Keep track of your expenses
* Evaluate your plan


## Determining Income

- 4 checks for $\$ 3667$ (tax free, except for foreign

- 6 biweekly checks for $\$ 1035.17$ (Pretax = \$6211.02
$=\$ \$ 000-\$ 5000$ take home
- 9 checks for $\$ 814.67$ before tax ( $\$ 700$ - $\$ 800$ after taxes September - May) $=\$ 5300-\$ 7200$ talke sionse
- Sometime during the fall, compensation for STAT $=\$ 250$


## Determining Income



- Put all money received into a savings account
- Once a month ${ }^{*}$, move \$2000-\$2300 into checking
- Create a budget where you spend no more than this amount per month
* Alternatively, you could move money biweekly weekly into checking


## Budgeting Tips

## Utilities

郘 Level billing
氟 Only use heat／AC if in that room gifts
＊Use a Grocery list
＊Give baked goods as

圁 Telephone
氦reduce／eliminate accessories
氰 purchase calling cards
Brown bag lunches
Shop with Coupons
\＆Needs vs．Wants
\＆Limit entertainment
＊Consider Savings a bill
＊Reduce cable
\＆Limit clothes shopping

## Budgeting Tips

* Use an envelope system for any expenses that vary. For example, one envelope for entertainment, one for groceries, one for clothing, one for gifts, etc
* For sporadic expenses, (such as holiday spending, travel or a major purchase you're saving up for) use online savings accounts. These can work like virtual envelopes.


## Insurance

Life Insurance

* When do you need it?
* Term vs. Whole Life

Renter's insurance: need to know deductible and what events are covered; determine what you would spend in the event of theft, fire, etc.

Auto insurance: deductible; collision

## Emergency Fund

* Good rule of thumb is to have at least 6 months of expenses set aside: treat this as a budget item to make sure you stick to your savings goals
* If you were to lose your job, figure out what your expenses would be each month during this time and multiply by 6 (for example, entertainment and other discretionary spending will probably decrease)
*. If carrying credit card debt, start with $\$ 1000$ for minor emergencies and focus on paying down credit card debt (unless job situation is not stable)


## Retirement

\& If employer offers matching, take advantage of it: this is free money!

* Roth IRA: can contribute up to $\$ 5000$ per year per person. You contribute with after tax money, but any money gained is not taxed, so with time on your side, it will grow a lot quicker and you won't have to pay taxes when you withdraw it


## Gredit Report

## What does it include?

- Identifying information: name, address, DOB, SS\#, current and previous employers,
- List of all creditors (open and closed) and your payment experience with each including date opened, credit limit, amount owed
- Public Information including judgments, liens, bankruptcies, wage attachments, lawsuits and collection activity.


## What is not included?

Salary, bank deposit account balances, bounced check history

## Gredit Score

## What is it?

- A number that summarizes your credit rating at a point in time based on your credit report. Lenders buy your FICO Score from 3 credit bureaus: Experian, Equifax and TransUnion. Lenders may also develop their own formula for a credit score.
- Ranges:
$\lrcorner$ Equifax FICO: 300-850
- Experian: 330-830
- TransUnion: 150-934

Credit Scores above 700 are very good
. Most people score in the 600s and 700s. Median US: 723
Credit scores below 600 are considered high risk to lenders

## Gredit Score

## When and why is it important?

- Getting approved for credit
- Getting lower interest rates for credit and insurance
- Speeds up credit approvals
- May impact approvals for job and housing


## Gredit Score

## How is it calculated?

- Each credit bureau/lender may change the formula for a credit score, but there are some general guidelines:
- Payment History: 35\% of a FICO Score
- Amount you owe: 30\% of a FICO Score

Length of Credit History: 15\% of a FICO Score

- New Credit: $10 \%$ of a FICO Score
- Types of Credit Used: $10 \%$ of a FICO Score


## Gredit Score

## How to Improve It Tips

- Payment History
- Pay on time, get current, collection stays on record, contact creditor if having trouble making payments, consider qualified debt counseling.
- Amount Owed

」 Pay off debt instead of moving around, lower revolving credit.

- Length of Credit History

」 New accounts lower avg. account age, rapid build-up is bad
New Credit
$\lrcorner$ Do rate shopping in short amount of time, use wisely to raise

- Types of Credit
- Best mix includes installment and revolving. No credit card will lower score. Closing account won't make it go away.


## Gredit Report

## How to get a copy of your credit report: Go to www.annualcreditieport.com.

Also, free copies may be available to you if:

- Have been denied credit, employment or insurance based on credit history
- Suspect fraudulent use of your account
- Are unemployed and intend to apply for employment within 60 days
- Receive Public Welfare Assistance


## Do-it-yourself Plans

Step 1: Create a spending plan

- Track expenses

Compile expense log
$\lrcorner$ Make adjustments

- Stick to your budget



## Do-it-yourself Plans

Step 2: Don't use your cards!


Step 3: Make fixed debt payments

- Make fixed payments on each card

Focus on smallest balance or highest interest

- When one card in paid off, apply the money allocated for it to the next debt and repeat.


## Debt Management Plans

A way to consolidate payments and work with your creditors to become debt free within 5 years or less.


## Debt Management Plans

## Features

- Reduced interest rates
- Waived late and over-the-limit fees
$\lrcorner$ Reduced payments
- Collection calls stop

Consolidate payments

## Debt Management Plans

How do I quallify?
One hour appointment with a counselor to develop a budget to help evaluate different potential options

If your expenses exceed your income, your counselor will work with you to explore ideas to help balance your budget

## Debt Management Plans

## Real life example: past due credit card

On your own
Chase $=\$ 6000$
Past due = \$1000 (3 months)
APR $=29.99 \%$
Late/Over-the-limit fee = \$39 each

On a DMP
New APR = 6\%
Late/Over-the-limit fees waived
Past due amount brought current after 4 months

## Student Loans

## Private vs. Public

- Examples of public loans are Stafford \& Perkins
$\lrcorner$ A private loan is essentially the same as a personal loan. It is like most unsecured debts except that it is difficult to have this discharged in Bankruptcy.


## Student Loans

Options (public loans) if facing financial difficulties

- Forbearance
- Deferment
- Rehabilitation
- Federal Direct Consolidation Loan


## Student Loans

## Forbearance

Usually have 2 to 5 years of forbearance time

- Interest accrues during a forbearance period: paying interest is optional during this time


## Student Loans

## Deferment

- Most common way to qualify is being unemployed (2 years max) or being enrolled in school half time or more (unlimited)
- Interest does NOT accumulate, so this option should be explored before forbearance


## Student Loans

## Rehabilitation

$\lrcorner$ Option if student loan is in default
$\lrcorner$ Strict payment schedule for a certain period of time (9-12 months)

- Upon completion, your loan will return to a normal lender and any notation of default on your credit report will be erased


## Student Loans

## Federal Direct Consolidation Loan

- Gives fresh start and restarts the clock for forbearance and deferment time



## Green Path Debt Solutions

*Website: www.areenpath.com
*To schedule an appointment or purchase a credit report, please call us at 800-747-2898 or email us at manhattaniii@greenpath.com and we'll call you to book an appointment.

