

Colonic Neoplasia **Remotti**

Colorectal adenocarcinoma – leading cancer in developed countries
 In US, annual incidence of colorectal adenocarcinoma 150,000.
 In US, annual deaths due to colorectal adenocarcinoma 57,000.

Colonic Adenocarcinoma (Overview of lecture)

- Precursor lesions (Adenoma- Carcinoma sequence)
- Pathologic staging of colorectal tumors
- Chronic inflammation (IBD, including UC and Crohns)
- Genetics (genetic predisposition)
 - FAP (germline mutation of APC gene)
 - HNPCC (germline mutation of mismatch repair gene)
- Molecular pathways of colorectal carcinogenesis
 - Suppressor pathway (APC/beta catenin)
 - Mutator pathway (DNA mismatch repair genes)

Colonic Polyps : Hyperplastic vs. Adenomatous

SESSILE POLYPS

Hyperplastic polyp **Adenoma**

Mucosa

Submucosa

Muscularis propria



Colonic Polyps : Hyperplastic

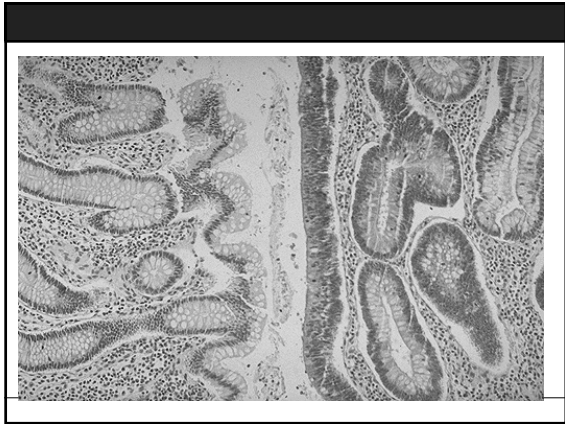
Saw tooth shape of surface epithelium

No dysplasia.

Colonic Polyps : Adenoma

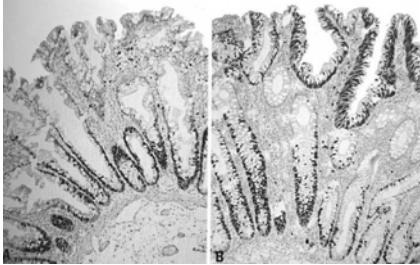
Adenomas by definition have dysplasia.

Lack of surface maturation



Colonic Polyps : Hyperplastic vs. Adenomatous

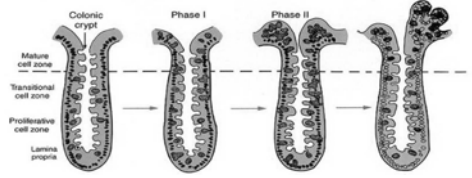
MIB-1 (immuno) nuclear staining
Adenoma- lacks surface maturation;



Hyperplastic Polyp

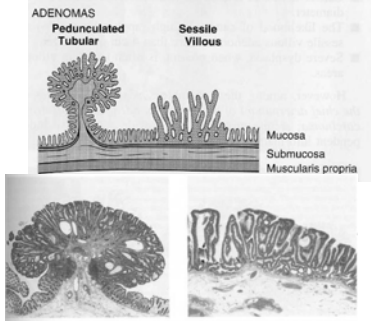
Adenoma

Abnormal proliferation is a hallmark of neoplasia

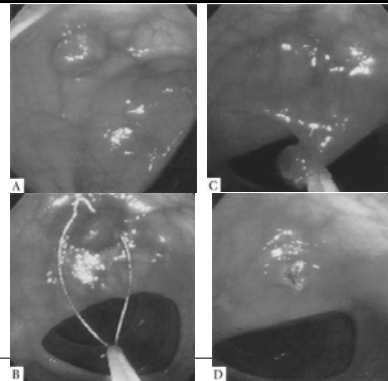


Lack of surface maturation
Proliferation extends to the surface

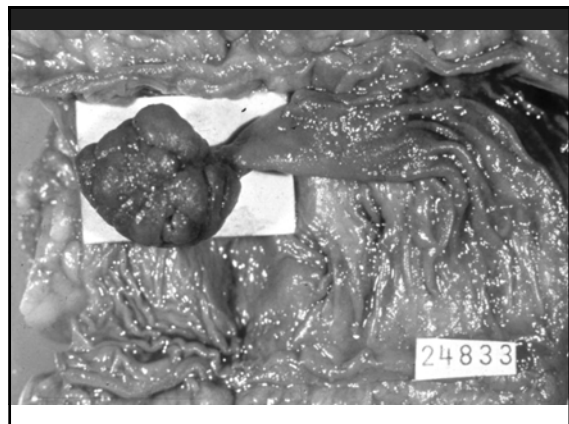
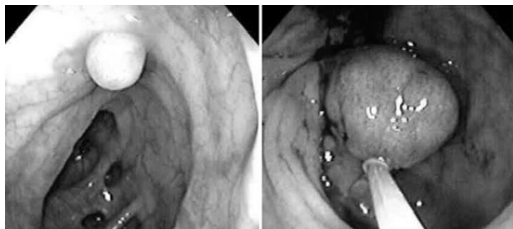
Adenomas – pedunculated vs sessile

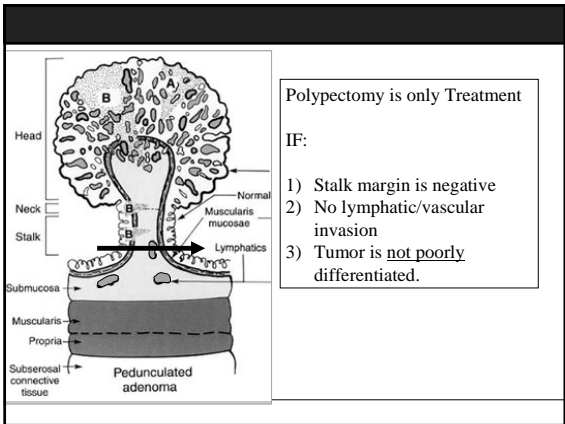
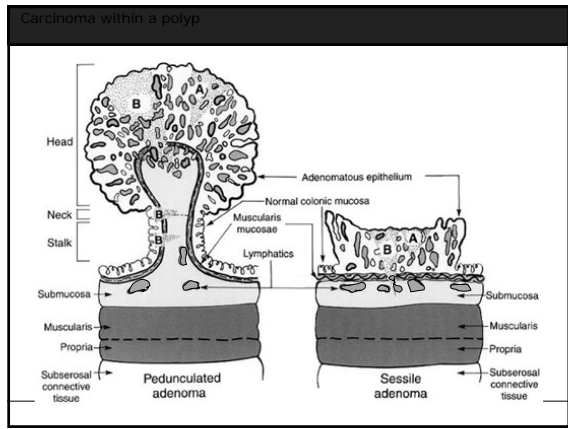
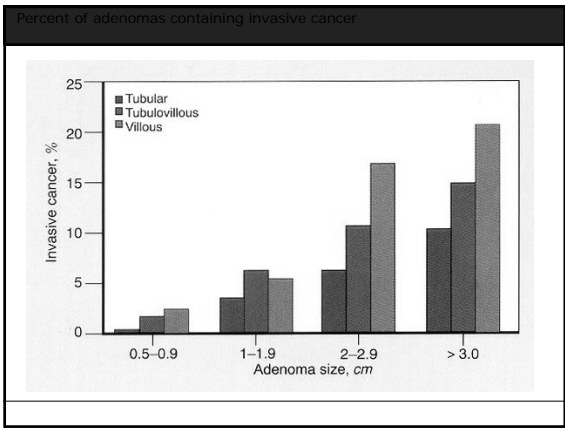
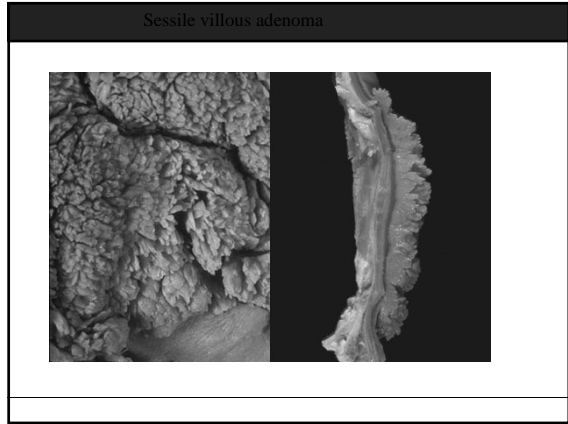
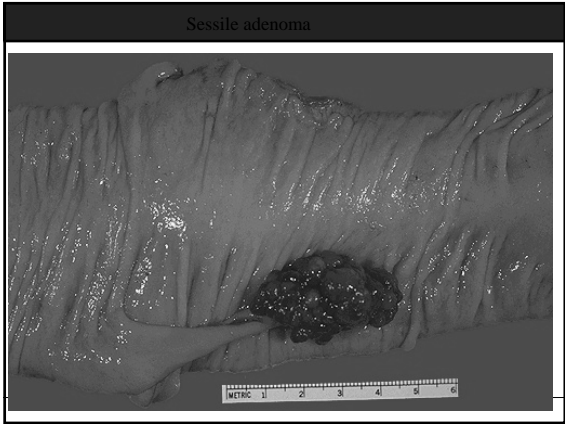


Endoscopic polypectomy



Adenoma on endoscopy



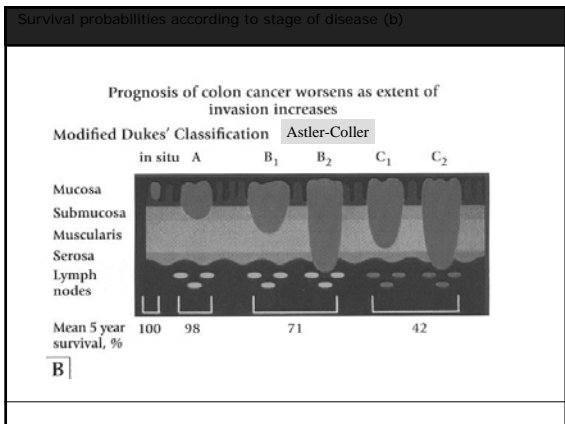
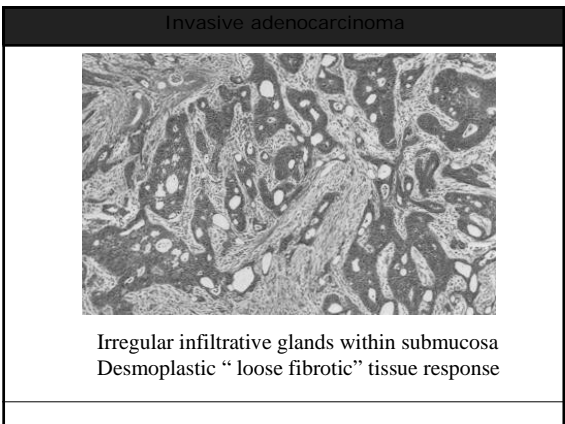
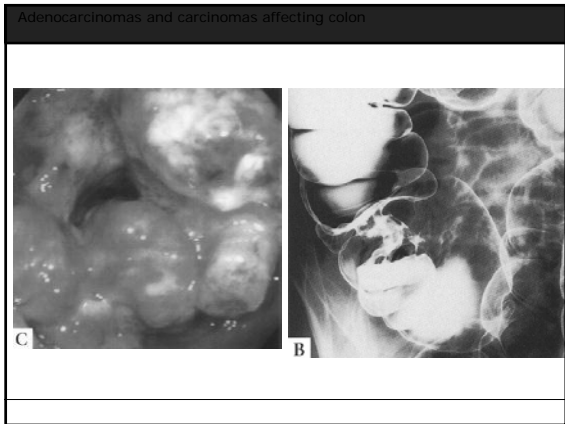
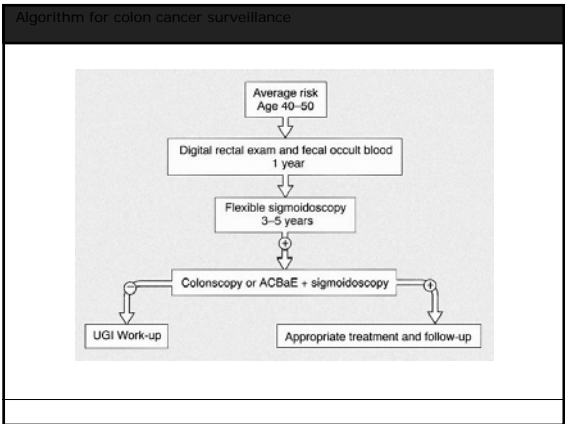


Adenoma – Carcinoma Sequence

Populations that have a high prevalence of adenomas have a high prevalence of colorectal carcinoma.

- The distribution of adenomas within the colorectum is similar to that of colorectal carcinoma.
- Peak incidence of adenomas antedates the peak for colorectal carcinoma.
- Adenomatous epithelium is often co-existent with adenocarcinoma.

•Screening programs that carefully follow patients for the development of adenomas and remove all that are identified, reduce the incidence of colorectal cancer.



TNM classification of colorectal adenocarcinoma

T- Primary tumor

Tx Primary tumor cannot be assessed
 T0 No evidence of primary tumor
 Tis Carcinoma in situ (intraepithelial or intramucosal invasion of lamina propria)***
 T1 Tumor invades submucosa
 T2 Tumor invades muscularis propria
 T3 Tumor invades through muscularis propria into subserosa or into pericolic/perirectal fat.
 T4 Tumor directly invades other organs or structures and/or perforates visceral peritoneum.

*** In the colon, unless a tumor invades into the submucosa, it is not considered an invasive adenocarcinoma.

TNM classification of colorectal adenocarcinoma

N-Regional Lymph Nodes

Nx Regional lymph nodes cannot be assessed
 N0 No regional lymph node metastasis
 N1 Metastasis in 1 to 3 regional lymph nodes
 N2 Metastasis in 4 or more regional lymph nodes

M- Distant Metastases

Mx Distant metastasis cannot be assessed
 M0 No distant metastasis
 M1 Distant metastasis

Major classes of proteins encoded by cancer-associated genes:
 Tumor suppressor genes, DNA repair genes, Protooncogenes, Proteins regulating apoptosis.

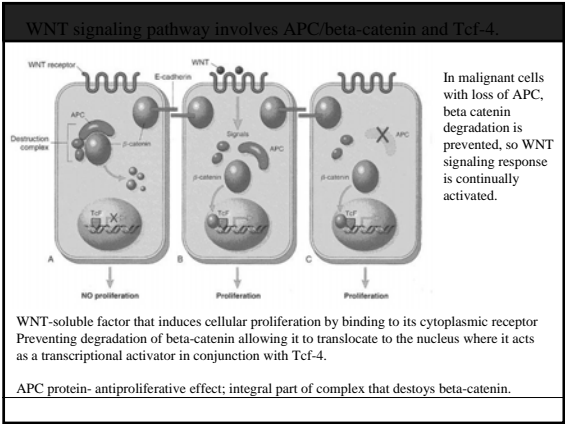
Familial Adenomatous Polyposis

Familial adenomatous polyposis (FAP)

APC- tumor suppressor gene
 Germline mutation of APC gene
 Patients develop thousands of polyps by their 2nd decade.
 The second APC gene must be lost for adenoma formation.
 Virtually 100% risk for developing Colorectal adenocarcinoma; also high risk of ampullary carcinoma.

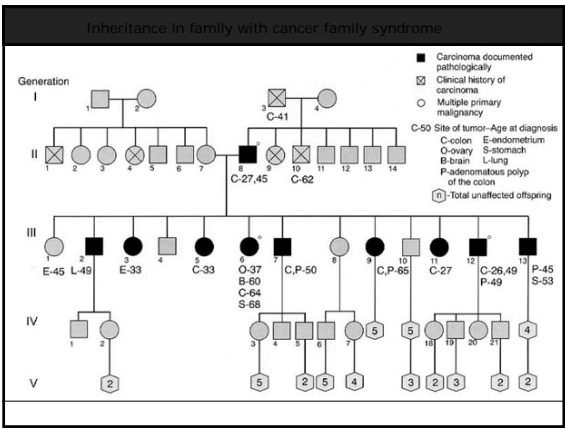
Earliest precursor lesion – “aberrant crypt”

Familial Adenomatous Polyposis (FAP)



HNPCC

Hereditary Non-Polyposis Colon Cancer



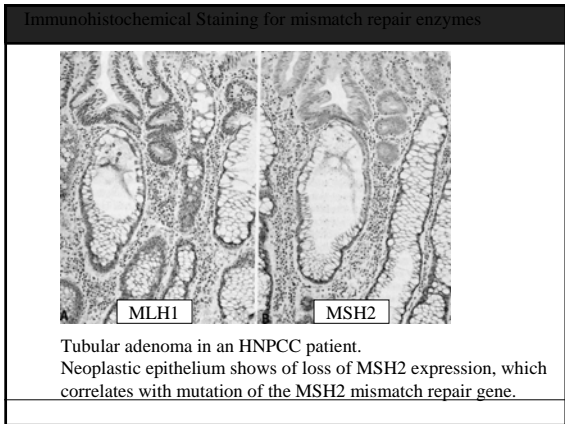
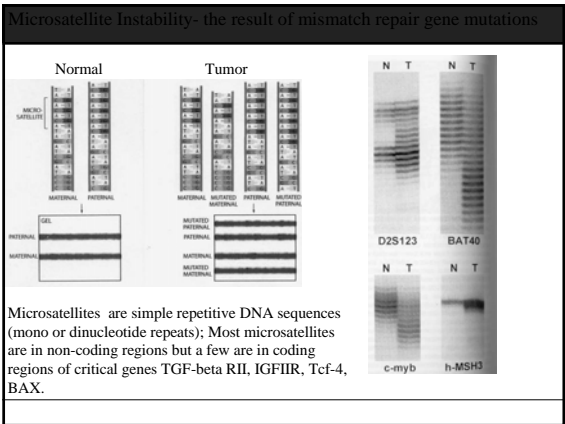
HNPCC

Clinical Criteria for HNPCC

Amsterdam criteria: At least 3 relatives with colon cancer and all of the following:

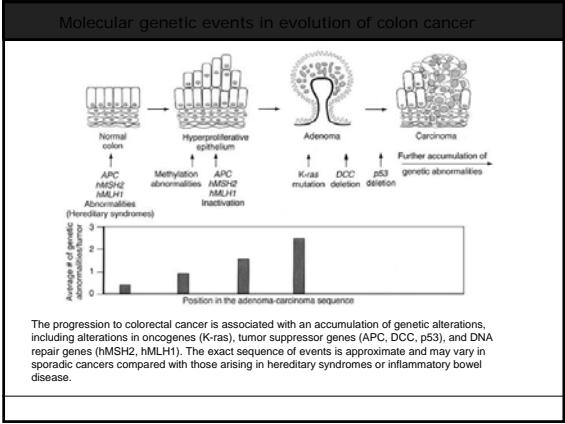
- One affected person is a first degree relative of the other two affected persons
- Two successive generations affected.
- At least one case of colon cancer diagnosed before age 50 y
- FAP excluded

Modified Amsterdam criteria: same as Amsterdam criteria except cancer can involve (colon, endometrium, small bowel, ureter or renal pelvis) instead of only colon cancer.



Summary of clinical, pathological and genetic features of HNPCC	
-	Familial clustering of colorectal and/or endometrial cancer
-	Excess risk of cancer of the ovary, ureter/renal pelvis, small bowel, stomach, brain, hepatobiliary tract, and skin (sebaceous tumors)
-	Development of multiple cancers at an early age
-	Features of colorectal adenoma include: <ol style="list-style-type: none"> variable numbers (one to a few) high degree of dysplasia rapid progression from adenoma to carcinoma (additional mutations rapidly accumulate – ACCELERATED TUMORIGENESIS) high frequency of MSI
-	Features of colorectal cancer include: <ol style="list-style-type: none"> predilection to proximal colon improved survival multiple colorectal tumors increased proportion of mucinous tumors, poorly differentiated tumors, and tumors with marked host lymphocytic infiltrate at tumor margin.

HNPCC clinical characteristics		
HNPCC CLINICAL CHARACTERISTICS		
	HNPCC	Sporadic
Mean age at diagnosis, y	44.6	67
Multiple colon cancers, %	34.5	4 - 11
Synchronous	18.1	3 - 6
Metachronous	24.3	1 - 5
Proximal location, %	72.3	35
Excess malignancies at other sites	Yes	No
Mucinous and poorly differentiated cancers	Common	Infrequent
RER + %	79	17



Genes altered in colon cancer

GENES ALTERED IN COLON CANCER				
Gene	Chromosome	Sporadic tumors with alterations, %	Class	Function
K - ras	12	50	Protooncogene	Signal transduction
APC	5	60	Tumor suppressor	?Cell adhesion
DCC	18	70	Tumor suppressor	Anti-proliferative function
p53	17	75	Tumor suppressor	?Cell adhesion
hMSH2	2		DNA Mismatch repair	Cell cycle control (G1/S arrest)
hMLH1	3		DNA Mismatch repair	Maintains fidelity of DNA replication

Dysplasia and Carcinoma in Inflammatory Bowel disease

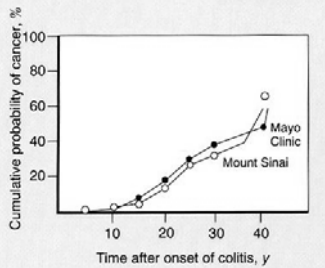
Dysplasia-associated lesion/mass (DALM) in Ulcerative Colitis

High grade Dysplasia

Risk of dysplasia in UC correlate with EXTENT and DURATION of disease. UC patients with pancolitis are at highest risk. Ulcerative proctitis (disease limited to rectum) -negligible risk.

DALM – (dysplasia associated lesions) greater than 50% chance of coexistent invasive adenocarcinoma.

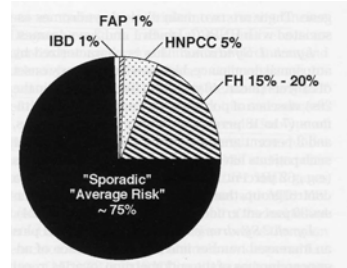
Probability of developing colorectal carcinoma in ulcerative colitis



Cumulative risk of developing adenocarcinoma correlates with duration of UC:
 5% in 5 years
 15% in 25 years
 30-50% in 40 years

1% per year cumulative incidence of carcinoma after 10 years duration of disease.

Bresalier RS, Kim YS, In Gastrointestinal Disease: Pathophysiology/Diagnosis/Management, edn 5. Edited by Sleisenger MH, Fordtran JS. Philadelphia: WB Saunders; 1993 1445-1493



Estimates of the predisposing causes of Colorectal Carcinoma

Current screening (average risk)

FOBT	FOBT annual	Positive tests
Flex sig	Flex sig - 5yr	Colonoscopy
Colonoscopy	every 10 yr	
Barium Enema	every 5 yr	

Current screening (increased risk)

1 adenoma <1cm	3-6 yr after initial polypectomy	Colonoscopy
Adenoma >1cm, Multiple adenomas	3 yrs after initial polypectomy	
Curative resection of colon cancer	Within 1 yr	If normal, repeat in 3yr.

Current screening (high risk)

FAP (family hx)	puberty	Genetic testing
HNPCC (family hx)	age 21	Genetic testing, 1-2 yr until age 40, then annually
IBD	Risk greater with Pancolitis, >10yr duration	Every 1-2 yr.

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