Cholecystitis acute	
chronic Gallbladder tumors Adenomyoma (benign) Adenocarcinoma	Intro to Gallbladder &
Pancreatitis acute chronic	Pancreas Pathology
Pancreatic tumors	Helen Remotti M.D.

Case 1

70 year old male came to the ER.

CC: 5 hours of right –sided abdominal pain that had awakened him from sleep ; also pain in the right shoulder and scapula.

Previous episodes mild right sided abdominal pain lasting 1-2 hours.

Case 1

Febrile with T 100.7 F, pulse 100, BP 150/90 Abdomen: RUQ and epigastric tenderness to light palpation, with inspiratory arrest and increased pain on deep palpation. (Murphy's sign)

Labs: WBC 12,500; (normal bilirubin, Alk phos, AST, ALT).

Ultrasound shows normal liver, normal pancreas without duct dilatation and a distended thickened gallbladder with a stone in cystic duct.

DIAGNOSIS???

Acute Cholecystitis

Epigastric, RUQ pain Radiate to shoulder Fever, chills Nausea, vomiting Mild Jaundice RUQ guarding, tenderness Tender Mass (50%)

Acute Cholecystitis

Stone obstructs cystic duct G.B. distended Mucosa disrupted Chemical Irritation: Conc. Bile <u>Bacterial Infection</u> 50 - 70% + culture: Lumen 90 - 95% + culture: Wall Bowel Organisms E. Coli, S. Fecalis Culture <u>Normal</u> Biliary Tree: No Bacteria Bacteria Normally Cleared

In G.B. with cholelithiasis Bacteria cling to stones If stone obstructs cystic duct orifice G.B. distended Mucosa Disrupted Bacteria invade G.B. Wall



Gallstones (Cholelithiasis)

- 10 20% Adults
- 35% Autopsy: Over 65
- Over 20 Million
- 600,000 Cholecystectomies
- #2 reason for abdominal operations



Gallstones (Cholelithiasis)

- Two major types- classified by composition – Cholesterol (mixed) and pigment stones
 - Mixed stones cholesterol with (bilirubin, calcium salts, protein, bile acids, fatty acids)
- Western nations: 90% stones are cholesterol/mixed stones; 10% pigment stones
- Mixed stones –associated with high cholesterol
- Pigment stones associated with hemolysis, biliary tract infections







Choledocholithiasis (Stones in the common bile duct)

5 - 25% of pts. with G.B. stones <u>Pain</u>: Epigastric, RUQ Stones may be <u>passed</u> <u>Obstructive Jaundice</u> May be intermittent <u>Ascending Cholangitis</u> Infection: to liver 20%: No pain; 25% no jaundice

Chronic Cholecystitis

- Associated with calculi in 95% of cases.
- Multiples episodes of inflammation cause GB thickening with chronic inflammation/ fibrosis and muscular hypertrophy.
- Rokitansky Aschoff Sinuses (mucosa herniates through the muscularis mucosae)
- With longstanding inflammation GB becomes fibrotic and calcified "porcelain GB"







Chronic Cholecystitis

- Fibrosis
- Chronic Inflammation
- Rokitansky Aschoff Sinuses
- Hypertrophy: Muscularis



Focal accumulation of cholesterol-laden macrophages in lamina propria of gallbladder (incidental finding).









Carcinoma: Gall Bladder

Uncommon: 5,000 cases / year Fewer than 1% resected G.B. Sx: same as with stones 5 yr. survival: Less than 5% (survival relates to stage)

90%: Stones Long Hx: symptomatic stones Stones: predispose to CA., but uncommon complication







Case 2

56 year old woman presents to ER in shock, following rapid onset of severe upper abdominal pain, developing over the previous day.

Hx: heavy alcohol use.

LABs: Elevated serum amylase and elevated peritoneal fluid lipase



Acute pancreatitis



Case 2- clinical course Patient developed rapid onset of respiratory failure necessitating intubation and mechanical ventilation.

Over 48 hours, she was increasingly unstable, with evolution to multi-organ failure, and she expired 82

hours after admission. An autopsy was performed.







Acute Pancreatitis

US: 45% of cases have gallstones and choledocholithiasis;

35% associated with heavy alcohol ingestion

Pathology: Enzyme release is triggered with digestion of pancreas, necrosis of fat and lobules, hemorrhage from damaged blood vessels.

Variable severity: may lead to liquefactive necrosis, hemorrhage. Mild cases – may have local complications: abscess, pseudocyst.























Complications of Chronic Pancreatitis

Chronic abdominal pain, severe and unremitting, radiating to back

Malabsorption due to reduced enzyme secretion. (After 90% of pancreas is fibrotic, reduced lipase and trypsin secretion lead to steatorrhea).

Pancreatic diabetes associated with decreased islets.

Pancreatic pseudocysts with extension or rupture in adjacent organs.

Risk factor for development of carcinoma of pancreas.

Case 3

67 year old woman with recent onset painless jaundice.

History of 15lb weight loss over last 3 months.

She smoked 1 pack per day x 35 years. Physical exam: palpable GB

ERCP was performed with Endoscopic Ultrasound (EUS) evidence of a large mass in the head of the pancreas.

An endoscopic FNA was performed.



Normal pancreas ductal epithelium

Patient's FNA

Dx: Adenocarcinoma

Carcinoma of Pancreas

Weight loss: 70%
Pain: Abdominal 50%
Back 25%
Persistent jaundice
Anorexia
Loose stools
Nausea, vomiting





Carcinoma of Pancreas

Enlarged, palpable G.B.: 50% Mass in upper abdomen Enlarged, nodular liver Ascites Jaundice Migratory thrombophlebitis (Trousseau's sign)

Adenocarcinoma: Pancreas

60 - 70% Head 20 - 30% Body 5 - 10% Tail













Prognosis: Adenocarcinoma: Pancreas

100 Patients

90 - 95 unresectable tumor 5 - 10 resection 1 - 2% 5 year survival Most pts. die: 6 - 12 months

Pancreas Cancer Genetics

5-10% of cases are familial, some with defined genetic syndromes

Hereditary Pancreatitis: germline mutations in trypsinogen gene on 7q35 with 40% lifetime risk of developing pancreatic cancer.

Pancreatic cancers described in BRCA2 mutations in familial breast cancer kindreds.

Associated with germline p16 mutations, and HNPCC.

Role of oncogenes: KRAS-90%, p16-95%, p53-75%



Pancreatic Cystic Lesions Pseudocyst (benign – NOT a NEOPLASM) Serous cystadenoma (benign)

- Mucinous cystic neoplasm (benign, borderline or malignant)
- Intraductal papillary mucinous neoplasm (benign, borderline or malignant)







Intraductal mucinous neoplasm



Associated with the pancreatic duct Clinical spectrum: benign to malignant

Pancreatic Endocrine Neoplasms

- 5% of pancreatic neoplasms
- "Islet cell Tumors" inaccurate; arise from pluripotential ductal cells that differentiate along neuroendocrine lines.
- All have malignant potential except microadenomas (<5mm); No definite criteria to distinguish between benign and malignant (except for mets)







Pancreatic Endocrine Neoplasms

Functional - recognizable syndrome; detect hormone in <u>serum</u>.

- Insulinoma (most common); hypoglycemia; 10% malignant
 10% assoc with MEN1
- Gastrinoma; duodenal ulcers; 75% malignant
- 25% assoc with MEN1

Nonfunctional - no syndrome; normal serum hormone levels (except Pancreatic Polypeptide).

• Incidental; Obstructive Sx- head of pancreas; 50 – 90% malignant.

Pancreatic Endocrine Neoplasms

- Usually occur in body/tail
- Hypervascular, circumscribed
- Highlighted with Octreotide Scan (somatostatin receptors)
- Usually slow growing, mets to LNs, liver, bone (recommend resection of mets)

Pancreatic Endocrine Neoplasms

Classification:

Neuroendocrine neoplasm, well differentiated

- Low grade: 0-1 mit/50HPF; no necrosis
- Intermediate grade: > 2mit/50 HPF; +/- necrosis

Neuroendocrine carcinoma, high grade

- Small cell carcinoma / large cell neuroendocrine
- High grade: >10mit/10 HPF; widespread necrosis