Antiviral Therapy

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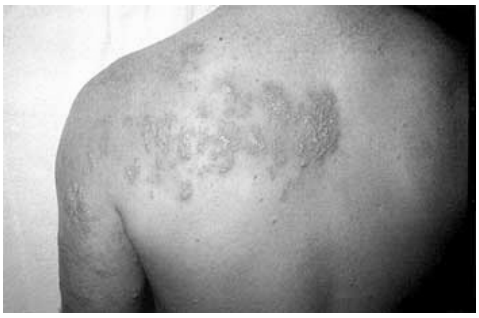
Diagnosis of Viral Infections

- Clinical suspicion
  - Is syndrome diagnostic of a specific entity?
  - Is viral disease in the differential diagnosis of a presenting syndrome?
- Knowledge of appropriate specimen(s) to send
  - Blood
  - Body fluids
  - Lesion scraping
  - Tissue
  - Proper transport is essential

Challenges to the Development of Effective Antiviral Agents

- Myriad number of agents
- Need knowledge of replication at molecular level to define targets
  - Viruses as intracellular parasites make targeting more difficult to avoid host toxicity
- Lack of culture systems for some agents hinders development
- High through-put screening plus 'rational' drug design are both labor intensive and expensive

Herpes Zoster



Challenges to the Development of Effective Antiviral Agents

- Pathogenesis of certain agents makes therapy a challenge even in the face of defined targets
- Clinical presentation of acute viral infections may be at peak of viral replication in vivo
  - May have a small window to intervene effectively
  - Need rapid diagnostic procedures

Progress in Antiviral Therapy

Herpesviruses (HSV, VZV, CMV)	
HIV-1	
Influenza	
Resp. syncytial virus	
Hepatitis B	
Hepatitis C	
Papillomaviruses	
Poxviruses	
JC virus	

Non-HIV Antiviral Therapy: Targets

- Herpesviruses
- Respiratory viruses
- Hepatitis viruses
- Others

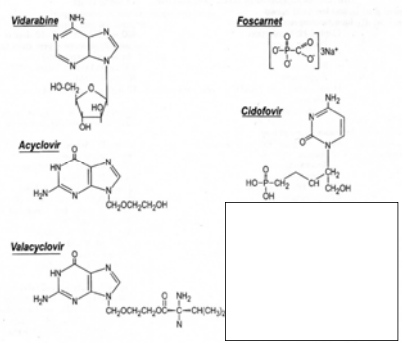
Anti-Herpesvirus Agents

Drug	Description	Active Moiety	Target Agents	Route of Admin	Toxicities
Foscarnet					
Cidofovir					
Formivirsen					
Trifluridine					
Idoxuridine					

Anti-Herpesvirus Agents

- Acyclovir
- Valacyclovir
- Famciclovir
- Ganciclovir
- Valganciclovir
- Foscarnet
- Cidofovir
- Formivirsen
- Trifluridine
- Idoxuridine

Anti-Herpesvirus Agents



Anti-Herpesvirus Agents

Drug	Description	Active Moiety	Target Agents	Route of Admin	Toxicities
Acyclovir					
Val-ACV					
Penciclovir					
Famciclovir					
Ganciclovir					
Val-GCV					

Anti-Herpesvirus Agents

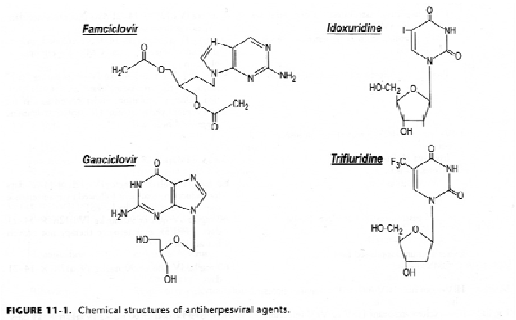


FIGURE 11-1. Chemical structures of antiherpesviral agents.

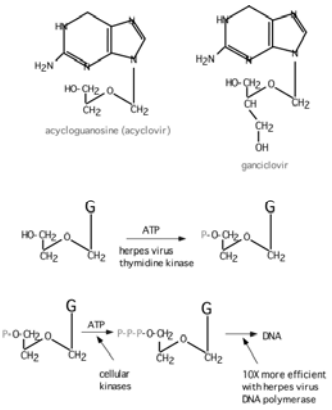
Acyclovir I

- Development represents a watershed in the field of antiviral chemotherapy
- Acyclic guanosine analog
- Active vs. HSV, VZV and modestly CMV
- Mechanism of action
  - Preferentially taken up by virally infected cells
  - Monophosphorylated by virally encoded thymidine kinases
  - Di- and triphosphorylation completed by cellular kinases
  - ACV-TP is the active moiety
    - Competitive inhibitor of viral DNA polymerase
      - Cellular DNA polymerases much less susceptible to inhibition
    - Leads to viral DNA chain termination

Anti-Respiratory Virus Agents

- Amantadine
- Rimantadine
- Zanamivir
- Oseltamivir
- Ribavirin

Acyclovir: Mechanism of Action



Amantadine and Rimantadine

- Tricyclic amines
- Active vs. influenza A only at clinically achievable concentrations
- Mechanism of action
  - Interference with function of viral M2 protein
    - M2 protein acts as an ion channel facilitating the hydrogen ion mediated dissociation of the matrix protein from the nucleocapsid
- Pharmacology:
  - Orally bioavailable
  - Amantadine: renal excretion
  - Rimantadine: hepatic metabolism and renal excretion
- Major toxicity
  - Neurotoxicity: amantadine > rimantadine
- Useful for treatment and prophylaxis of influenza A infections
  - Should not be used when amantadine resistant strains are in circulation
- Resistance mediated by mutations in M2 coding region

Acyclovir II

- Pharmacology
  - Administered by oral, intravenous and topical routes
  - Oral bioavailability 15-30%
  - $T_{1/2}$ 3 hrs
  - Primarily renally excreted
- Toxicities
  - Headache, nausea
  - Renal
  - Neurologic
- Resistance
  - Mediated by mutations in viral thymidine kinase and/or viral DNA polymerase genes
    - TK-deficient and TK altered virus can be produced
  - Clinically significant infections can be caused by drug resistant HSV and VZV

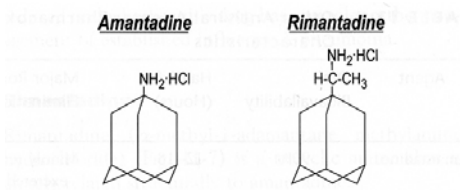


FIGURE 11-7. Chemical structures of amantadine and rimantadine.

Influenza Virus Replication Cycle

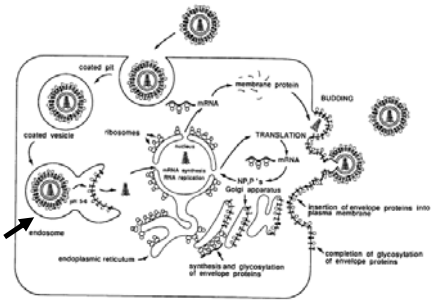
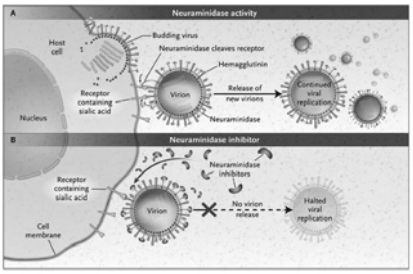


FIG. 13. Schematic diagram of the life cycle of influenza virus. See text for details of the model.

From Fields *Virology*

Mechanism of Action of Neuraminidase Inhibitors



Moscona, A. N Engl J Med 2005;353:1363-1373

The NEW ENGLAND JOURNAL of MEDICINE

Uncoating of Influenza Virus

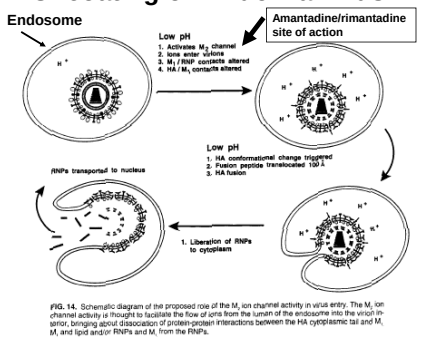


FIG. 14. Schematic diagram of the proposed role of the M_2 ion channel activity in virus entry. The M_2 ion channel activity is thought to facilitate the flow of ions from the lumen of the endosome into the virion interior, bringing about dissociation of protein-protein interactions between the HA cytoplasmic tail and M_1, M_1 and lipid and/or RNPs and M_1 from the RNPs.

From Fields *Virology*

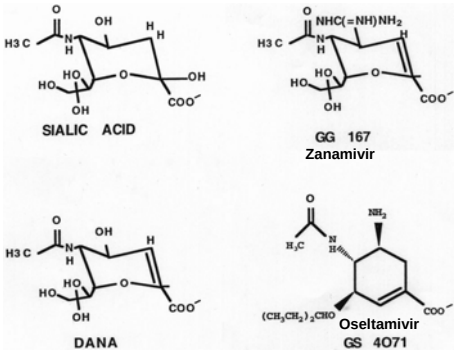
Zanamivir and Oseltamivir II

- **Pharmacology**
  - **Zanamavir**
    - **Oral inhalation**
  - **Oseltamivir**
    - **Orally bioavailable**
    - **Converted from ester prodrug to active form**
    - **Renally excreted**
- **Toxicities**
  - **Exacerbation of reactive airway disease by zanamavir**
  - **Nausea and vomiting for oseltamivir**

Zanamivir and Oseltamivir I

- **Active vs. influenza A and B**
- **Mechanism of action**
  - **Viral neuraminidase catalyzes cleavage of terminal sialic acid residues attached to glycoproteins and glycolipids, a process necessary for release of virus from host cell surfaces**
  - **Neuraminidase inhibitors thus prevent release of virions from infected cell**

Zanamavir and Oseltamivir III



Zanamivir and Oseltamivir IV

- Indications
  - Treament of influenza A and B within 24-48 hrs of symptom onset
  - Prophylaxis
  - N.B.: Neither drug interferes with antibody response to influenza vaccination
- Resistance
  - Incidence appears to be increasing
  - Ongoing surveillance necessary

Anti-Hepatitis B Virus Agents

- Interferon-alpha (pegylated)
- Lamivudine (3TC)
  - Nucleoside analog first developed for HIV
  - Lower dose used for HBV (100 mg/day)
- Emtricitabine (FTC)
  - Anti-HIV nucleoside analog with strong anti-HBV activity
- Adefovir dipivoxil
  - Nucleotide analog first developed for HIV but nephrotoxic at higher doses
  - Approved for HBV at lower dose (10 mg/day)
- Entecavir
  - Nucleoside analog with activity originally thought limited to HBV but recent reports indicate entecavir also has anti-HIV-1 activity and can induce resistance in HIV-1
  - Approved for use at dose of 0.5-1.0 mg/day
- Telbivudine
  - Nucleoside (thymidine) analog with activity vs. HBV but not HIV
  - Approved for use at a dose of 600 mg/day

Ribavirin I

- Synthetic nucleoside analog
- Active vs. broad range of RNA and DNA viruses
  - Flavi-, paramyxo-, bunya-, arena-, retro-, herpes-, adeno-, and poxviruses
- Mechanism of action complex
  - Triphosphorylated by host cell enzymes
    - For influenza
      - Ribavirin-TP interferes with capping and elongation of mRNA and may inhibit viral RNA polymerase
    - For other agents
      - Ribavirin-MP inhibits inosine-5'-monophosphate dehydrogenase depleting intracellular nucleotide pools, particularly GTP

Anti-Hepatitis C Virus Agents

- Approved
  - Interferon-alpha (pegylated)
  - Ribavirin
- In development
  - Protease inhibitors
  - Polymerase inhibitors

Ribavirin II

- Pharmacology
  - Aerosol and oral administration
  - Hepatically metabolized and renally excreted
- Major toxicity
  - Anemia
- Indications
  - Aerosol treatment of RSV in children
    - Effectiveness debated
  - Oral treatment of HCV (in combination with pegylated IFN-alpha)

Interferons I

- Part of cytokine repertoire
- Possess antiviral, immunomodulatory and antiproliferative effects
- Types
  - Alpha/Beta (leukocyte/fibroblast)
    - Coding genes located on chromosome 9
    - At least 24 subtypes of alpha, 1 of beta
  - Gamma
    - Coding gene located on chromosome 12
    - 1 subtype

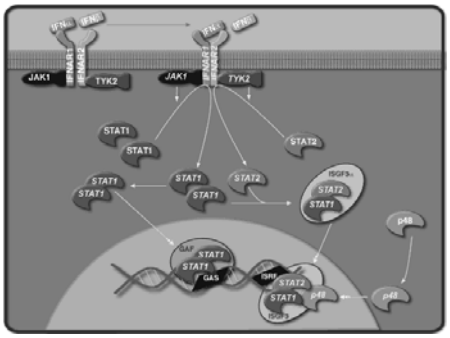
Interferons II: Mechanism of Action

- Act by inducing an antiviral state within cells
- Bind to specific receptors on cell surface
- Receptor associated tyrosine kinases activated
  - Tyk2 and JAK 1 for alpha and beta
  - JAK1 and JAK2 for gamma
- Cytoplasmic proteins [signal transducers and activators of transcription (STAT)] phosphorylated
  - Move to nucleus and bind to cis-acting elements in promoter regions of IFN inducible genes

Interferons IV

- Pharmacology
  - Injected IM or SC
  - Renal excretion and inactivation in body fluids/tissues
- Toxicities
  - Flu-like symptoms
  - Hematologic effects
    - Leukopenia and thrombocytopenia
  - Neuropsychiatric effects
- Antiviral indications
  - IFN-alpha (pegylated) SC for HCV (in combination with ribavirin)
  - Intralesional for condyloma acuminata
- Resistance can develop
  - Mutations in NS5A gene of HCV described

Interferon Mechanism



Passive Immunization for Viral Infections I

- Human immune globulin
  - Prevention of hepatitis A
  - Prophylaxis and treatment of enterovirus infections in neonates and in children with antibody deficiency
  - Treatment of B19 parvovirus infection in immunodeficient individuals
- CMV immune globulin
  - Prophylaxis of CMV in solid organ transplant recipients
  - Treatment of CMV pneumonia in combination with ganciclovir
- Hepatitis B immune globulin
  - Prophylaxis of hepatitis B infection
- Rabies immune globulin
  - Post-exposure prophylaxis for rabies (in combination with rabies vaccine)

Interferons III: Mechanisms of Action

- Synthesis of 2'-5' oligoadenylate synthetase
  - Activated by dsRNA
  - Convert ATP into a series of 2'-5' oligo(A)s
    - These activate RNAase L which cleaves single stranded mRNAs
- Synthesis of dsRNA-dependent protein kinase (PKR, eIF-2 kinase)
  - PKR activated by dsRNA and autophosphorylated
    - In turn, phosphorylates alpha subunit of eukaryotic initiation factor 2
    - Protein synthesis inhibited
- Induction of a phosphodiesterase with inhibition of peptide chain elongation
- Synthesis of MxA protein which can bind to cytoskeletal proteins and inhibit viral transcriptases
- Induction of nitric oxide by gamma IFN in macrophages

Passive Immunization for Viral Infections II

- Respiratory syncytial virus immune globulin
  - Prevention of complications of RSV infection in young children
- Palivizumab
  - Humanized RSV monoclonal antibody
  - Prevention of complications of RSV infection in young children
- Varicella-zoster immune globulin
  - Prevention of varicella infection in immunocompromised children and adults within 96 hours of exposure
- Vaccinia immune globulin
  - Available from CDC for complications of smallpox (vaccinia) vaccination

Conclusions

- **Field of antiviral therapy has matured dramatically in past 30+ years**
- **Greatest progress made for**
  - **Herpesviruses**
  - **HIV**
  - **Respiratory viruses**
  - **Hepatitis viruses**
- **Preventive vaccination remains the key to global control of viral infections**