Scleroderma

- Chronic multisystemic disease characterized by vasculopathy, variable degree of inflammation, and fibrosis
- Incidence 3.7-22.8 cases/million
- Female:male 5:1
- Pulmonary fibrosis common, severe in 16%. Pulmonary hypertension occurs in 50% of cases and can lead to cor pulmonale. Pulmonary complications are the leading cause of death in this disease.



CREST: Calcinosis, Raynaud's phenomenon, Sclerodactyly, Esophageal dysmotility, Telangiectasias









Major Clinical Sub-types of Scleroderma

Diffuse cutaneous SSc (30% of cases)

• The cardinal feature is skin sclerosis proximal to the knees and elbows.

• Raynaud's phenomenon is universal but might manifest simultaneously or shortly after the development of skin sclerosis.

• Inflammatory features are prominent during the first 3 years of disease. Skin involvement often diminishes within two years.

• ACA is rarely present, anti-ScI-70 (topoisomease-1) or anti-RNA polymerase is typical.

• There is a high frequency of interstitial lung disease, renal crisis and cardiac involvement.

Major Clinical Sub-types of Scleroderma

Scleroderma overlap syndromes

• Their features include those of limited or diffuse cutaneous SSc, together with those of one or more additional autoimmune rheumatic diseases, such as polyarthritis, myositis or SLE.

• Often associated with anti U1-ribonucleoprotein (U1-RNP), U3-RNP or polymyositis-scleroderma (PM-Scl) autoantibody reactivity.

Localized scleroderma

- Morphea scleroderma causes patches of hard skin that can persist for years.
- Linear scleroderma causes bands of hard skin across the face or an extremity, rarely involving muscle or bone
- Typically carries a good prognosis





In the blood of patients with scleroderma, naive B cells are increased in number, while memory B cells and plasmablasts/early plasma cells are diminished. Memory B cells express higher levels of CD80 and CD86, and thus are chronically activated, possibly due to CD19 over-expression. CD95 expression is also increased on memory B cells, leading to augmented CD95-mediated apoptosis. The continuous loss of memory B cells and plasmablasts/early plasma cells may increase naive B-cell production in bone marrow to maintain the B-cell homeostasis in systemic sclerosis. From: Fujimoto and Sato: *Curr. Opin. Rheumatol.* 17:746, 2005.

















If chronic over-stimulation of the PDGFR is required for the development and/or progression of scleroderma, then inhibition of PDGFR kinase activity (AG 1296), Ras post-translational processing (FTI 277), or ERK MAP kinase (PD 98059) may prove therapeutic.



Fibrosis Can Occur in Any Organ and Can Lead to Irreversible Organ Damage

• Various theories have been proposed for the pathogenesis of fibrosing diseases. One view is that fibrosis represents a pathological variant of wound healing.

- An alternate view is that fibrosis is due to "unresolved inflammation."
- Another view is that fibrosis results from an "imbalance" in the activities of proteases and anti-proteases.

• Regardless of the precise etiology of fibrosis, the pathological deposition of collagen and other components of the extracellular matrix results from persistence of mesenchymal cells assuming a fibroblastic or myofibroblastic phenotype, producing copious amounts of components of the ECM.











Diver	sity in (Cells and Con	nponent of t	he ECM
Collagen	Anchor	Proteoglycan	Cell-Surface Receptor	Cells
I. I.	fibronectin	chondroitin and dermatan	integrin	fibroblasts
н	fibronectin	chondroitin sulfate	integrin	chondrocytes
ш	fibronectin	heparan sulfate and heparin	integrin	quiescent hepatocytes, epithelial; assoc. fibroblasts
IV	laminin	heparan sulfate and heparin	laminin receptors	all epithelial cells, endothelial cells, regenerating hepatocytes
v	fibronectin	heparan sulfate and heparin	integrin	quiescent fibroblasts
VI	fibronectin	heparan sulfate	litegrin	quiescent fibroblasts
Do <u>not</u> memoriz	e this list			











The Myofibroblast, a Collagen-producing Contractile Cell Involved in Wound Healing













E-Cadherin Appears to be a Critical Regulator of EMT

Is repression/disruption of E-cadherin expression sufficient to induce EMT?





