16. Vaccination

LEARNING OBJECTIVES:

- 1. Vaccination with anti-Rh protects mothers from immunization with fetal/paternal-derived Rh at birth and prevents hemolytic disease of newborns.
- 2. Vaccination against infectious disease modifies the course of disease in individuals but does not protect individuals against infection.
- 3. Vaccination protects populations against infection because it inhibits contagion.
- 4. Controversies surround vaccination because it is not 100% effective and it carries certain risks to vaccinated individuals. Some vaccines have risks of contagion (vaccinia and oral polio vaccine).
- 5. Most vaccines work by inducing immune responses that are cross-reactive to the pathogen or its toxin.
- 6. Developing a novel vaccine requires: (a) isolating pathogen; (b) characterizing disease & pathogenicity; (c) identifying active immunogen; (d) selecting an adjuvant; (e) selecting a schedule of administration and boosting; (f) selecting a preservative. After full formulation is developed, tests must determine whether the vaccine candidate is safe and effective relative to risk of pathogen and natural disease.
- 7. So far vaccines have only mimicked natural immune responses that were successful in individuals that had successful responses. Novel approaches are probably required for HIV, malaria, TB, etc.
- 8. To develop the active immunogen, historically passage in different species was used to attenuate virulence. Increasingly, molecular biology is addressing virulence.
- 9. ISCOMs and naked DNA may be used to load antigenic peptides onto Class I HLA molecules.
- 10. Traditional adjuvants may be improved with CpG oligos and cytokines like IL-12.
- 11. Vaccines that improve responses to Hepatitis B and Human Papilloma Virus prevent cancer in part by decreasing chronic inflammation.
- 12. Vaccines that may protect against cancer might target idiotypes of B cell tumors or exploit immune responses against tumors that are normally controlled by immunity.

SUMMARY:

- 1. Vaccination against smallpox is believed to have saved >200 M lives in the 20th Century alone. No other contribution of medicine has approached the impact of vaccination.
- 2. Vaccination remains a challenge for protecting humans from incidental diseases and increasingly for bio-warfare and bio-terror.