

BREAST CANCER

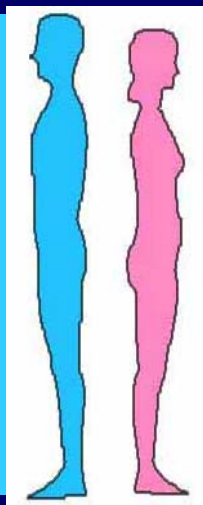
Dawn Hershman, MD MS
Florence Irving Assistant Professor of
Medicine and Epidemiology
Co-Director, Breast Program HICCC
Columbia University Medical Center

Background

- Breast cancer is the most common cancer among women in the U.S.
- Second leading cause of cancer death among women in the U.S.
- Women have a 1 in 9 lifetime risk of developing breast cancer.

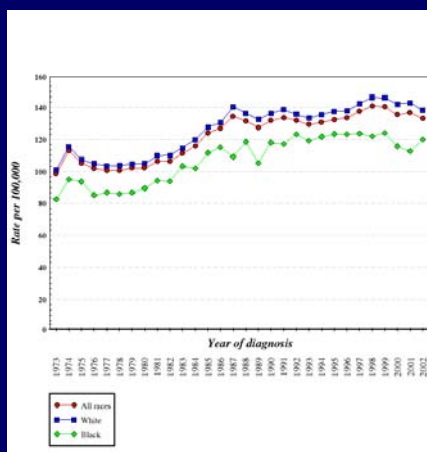
Estimated New Cancer Cases 10 Leading Sites by Gender

Prostate 31%
Lung & bronchus 14%
Colon and Rectum 10%
Urinary bladder 6%
Non-Hodgkin's lymphoma 5%
Melanoma of skin 5%
Oral cavity & pharynx 3%
Kidney & renal pelvis 3%
Leukemia 3%
Pancreas 2%
All other sites 18%

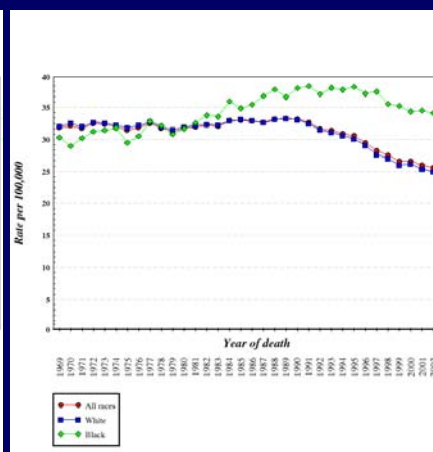


31% Breast
13% Lung & bronchus
11% Colon and Rectum
6% Uterus
4% Ovary
4% Non-Hodgkin's lymphoma
4% Melanoma of skin
2% Urinary bladder
2% Pancreas
2% Thyroid
21% All other sites

SEER Breast Cancer Incidence and Mortality Data



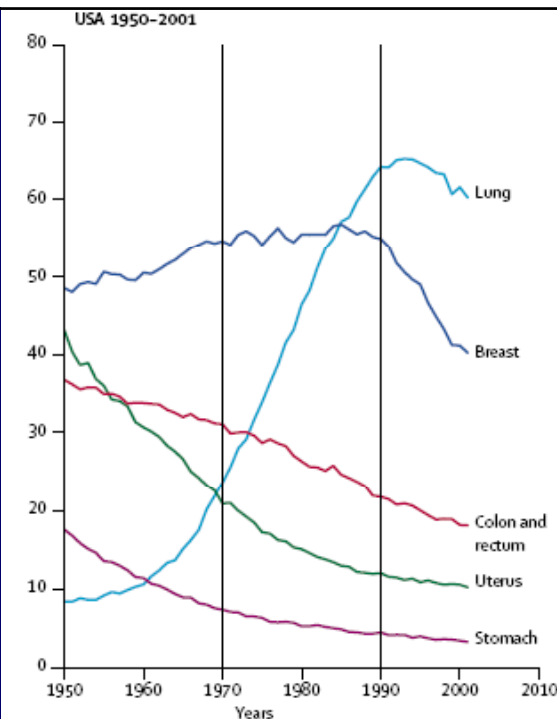
INCIDENCE



MORTALITY

**Trends since 1950
in age-standardised
death rates
comparing breast
and selected other
types of cancer,
among women in the
USA**

EBCTCG. *Lancet* 2005; 365:
1687

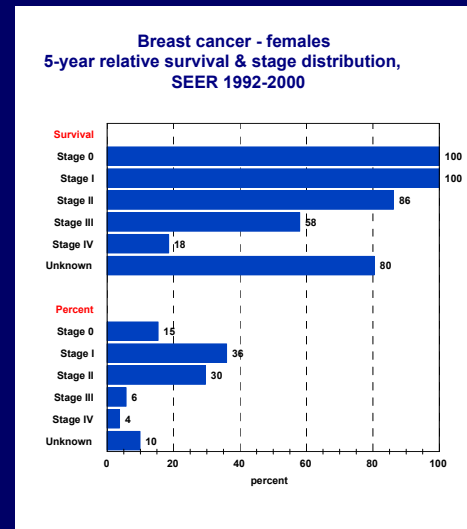


Stages of Breast Cancer

- **Stage 0**: Cancer cells are present in either the lining of a breast lobule or a duct, but they have not spread to the surrounding fatty tissue or DCIS.
- **Stage I**: The tumor is <2 cm, the lymph nodes are not involved.
- **Stage II**: The tumor can range from 2-5 cm in diameter or <4 lymph nodes are involved.
- **Stage III**: Locally advanced cancer; tumor may be larger than 5 cm in diameter or >4 LN.
- **Stage IV**: Known as metastatic; cancer has spread to other parts of the body, such as bone, liver, lung, or brain.

Breast Cancer: 5-year Relative Survival and Stage Distribution, 1992-2000

- About 15% of breast cancer diagnoses are *insitu* disease
- 5-year survival for early stage breast cancer is very good

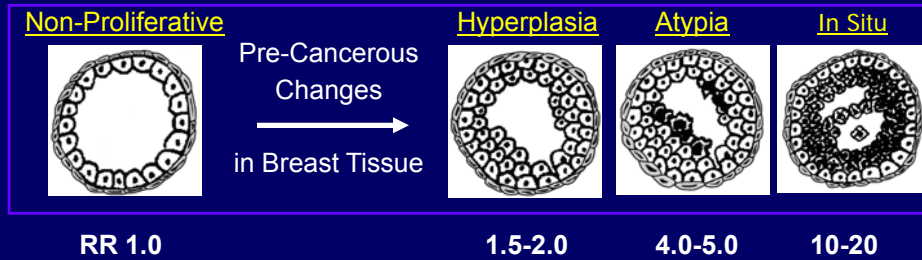


Breast Cancer Risk Factors

Risk Factor	Relative Risk
Alcohol intake (>2 drinks/day)	1.2
Body mass index	1.2
HRT use (>5 years)	1.3
Early age of first menstrual period (<12 years)	1.3
Late menopause (>55 years)	1.2-1.5
Age at first birth (>30 years or no children)	1.7-1.9
Current age (≥ 65 years)	5.8
Benign breast disease	5-20
Prior breast cancer	6.8
Family history	
2 nd degree relative with breast cancer	1.5
1 st degree relative, age>50	1.8
1 st degree relative, age<50	3.3
Prior Exposure to Radiation	5-80x
BRCA1/2 mutation carrier	15-200

Benign Breast Disease

Dupont et al. Cancer, 1993



Breast Cancer Risk Assessment: Gail Model

Gail et al. JNCI, 1989

- Age
- Race
- Age of first menstrual period
- Age of first live birth
- Number of first degree relatives with breast cancer
- Number of breast biopsies
 - Presence of atypical hyperplasia

www.cancer.gov/bcrisktool

Breast Cancer Risk Assessment: Gail Model

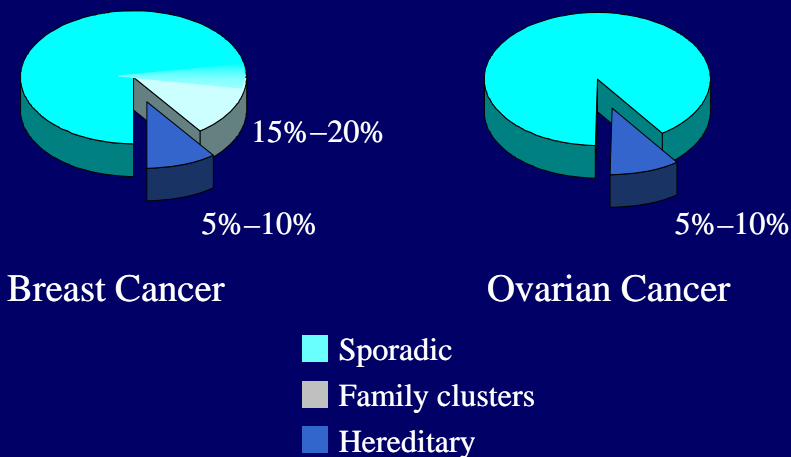
Gail et al. JNCI, 1989

- Age 45
- Race White
- Age of first menstrual period 13
- Age of first live birth 32
- Number of first degree relatives with breast cancer 1
- Number of breast biopsies 1
 - Presence of atypical hyperplasia No

www.cancer.gov/bcrisktool

5-Year Risk = 2.6%
Lifetime Risk = 21.9%

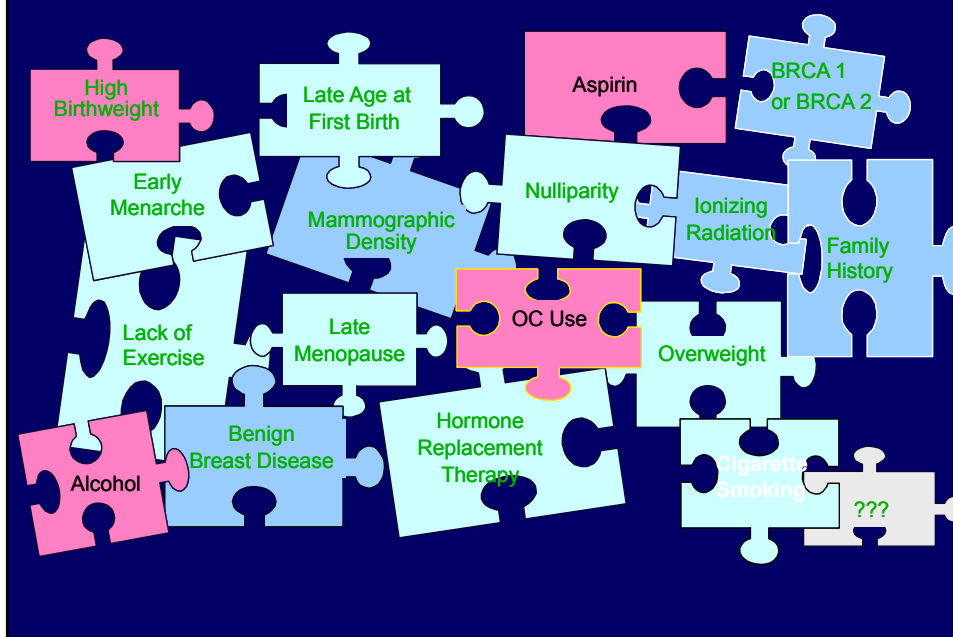
How Much Breast and Ovarian Cancer Is Hereditary?



Features That Indicate Increased Likelihood of Having BRCA Mutations

- Multiple cases of early onset breast cancer
- Ovarian cancer (with family history of breast or ovarian cancer)
- Breast and ovarian cancer in the same woman
- Bilateral breast cancer
- Ashkenazi Jewish heritage
- Male breast cancer

Risk Factors Related to Breast Cancer



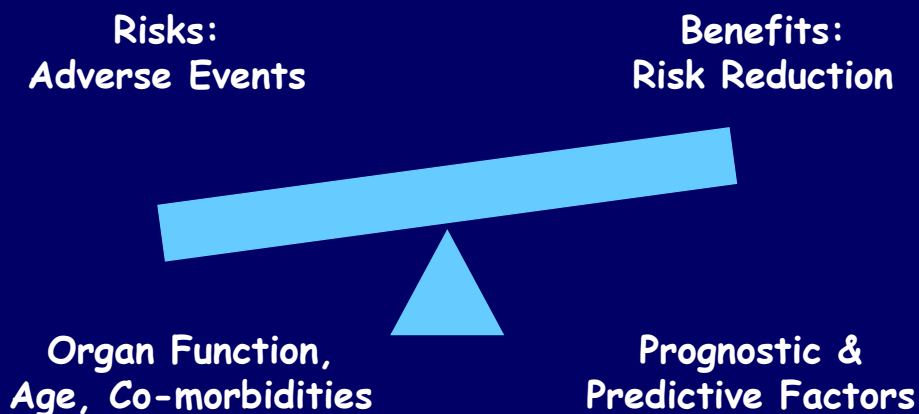
Comparing Relative Risk to other Risk Factors

< 2-Fold	> 2-Fold	4 to 6-Fold
Early Menarche Never Pregnant Never Breastfed Late Age at First Birth Late Menopause Lack of Exercise Overweight Alcohol Hormone Use (HRT, OC)	Family History Benign Breast Disease	Mammographic Density

Multi-modality Treatment of non-metastatic Breast Cancer

- Local therapy
 - Surgery
 - Radiation therapy
- Systemic therapy
 - Endocrine manipulations
 - Chemotherapy
 - Novel Therapies

Adjuvant Systemic Therapy for Breast Cancer: Decision making



Adjuvant Systemic Therapy for Breast Cancer: Decision Making

- Prognostic Factors
 - Estimate outcome *independent* of systemic treatment
 - Reflect tumor biology: Who should be treated?
- Predictive Factors
 - Reflect a relative resistance or sensitivity to specific therapy
 - What specific treatment(s) should be offered to an individual?

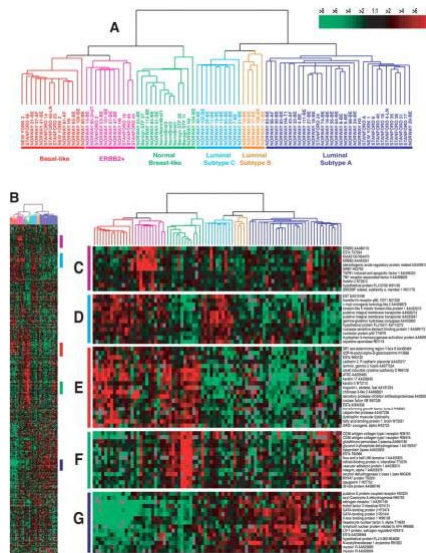
Breast Cancer Prognostic Factors

Strength	Marker
Strong	TNM Stage Axillary Nodal Status Tumor Size
Moderate	Tumor Grade Lymphatic or Vascular Invasion
Weak	ER Content PR Content
Investigational	HER2, <i>Gene arrays</i> , Proteomics Novel imaging

Breast Cancer Predictive Factors

- Accepted
 - Age
 - ER
 - Grade
 - HER2
- Investigational
 - *Gene arrays*, proteomics
 - Novel imaging

Breast Cancer Subtypes

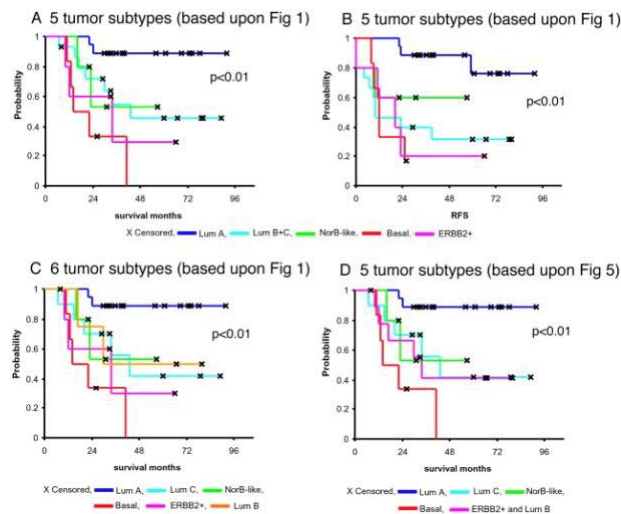


Slamon, T. et al. (2001) Proc. Natl. Acad. Sci. USA 98, 10869-10874

Copyright 2001 by the National Academy of Sciences

PNAS

Breast Cancer Subtypes



Slamon, T. et al. (2001) Proc. Natl. Acad. Sci. USA 98, 10869-10874

Copyright 2001 by the National Academy of Sciences

PNAS

OncotypeDX Recurrence Score (RS) Assay Predicts Distant Relapse Rates at 10 Years if Five Years of Tamoxifen

16 Cancer and 5 Reference Genes From 3 Studies

PROLIFERATION

Ki-67
STK15
Survivin
Cyclin B1
MYBL2

ESTROGEN

ER
PR
Bcl2
SCUBE2

GSTM1

CD68

BAG1

INVASION

Stromolysin 3
Cathepsin L2

HER2

GRB7
HER2

REFERENCE

Beta-actin
GAPDH
RPLPO
GUS
TFRC

$$\begin{aligned} \text{RS} = & + 0.47 \times \text{HER2 Group Score} \\ & - 0.34 \times \text{ER Group Score} \\ & + 1.04 \times \text{Proliferation Group Score} \\ & + 0.10 \times \text{Invasion Group Score} \\ & + 0.05 \times \text{CD68} \\ & - 0.08 \times \text{GSTM1} \\ & - 0.07 \times \text{BAG1} \end{aligned}$$

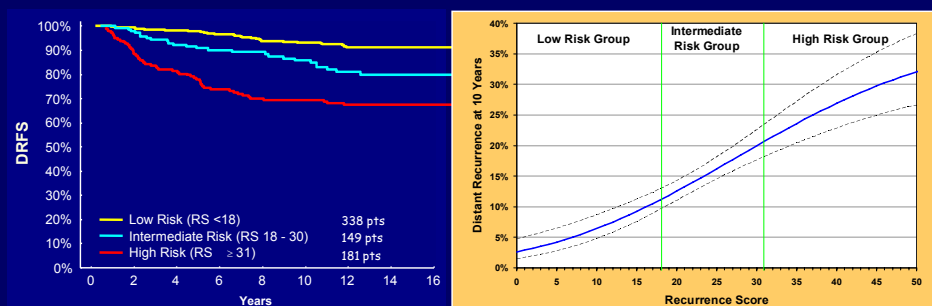
Category	RS (0 – 100)
Low risk	RS < 18
Intermediate risk	RS ≥ 18 and < 31
High risk	RS ≥ 31

Paik S, et al. NEJM 2004

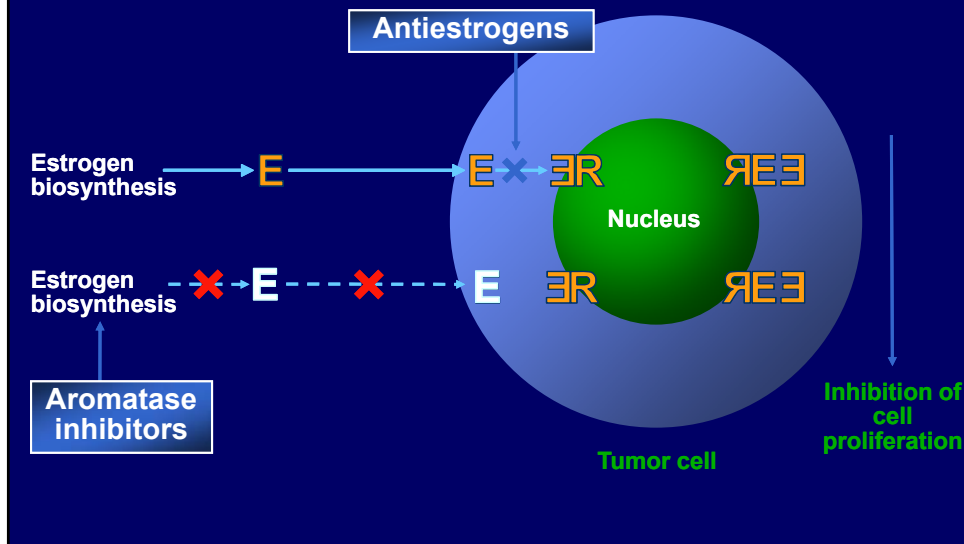
Validation Study of Oncotype DX

Tamoxifen treated patients from NSABP B-14
(N=668)

Performance exceeded standard measures of patient age,
tumor size



Inhibition of Estrogen-Dependent Growth

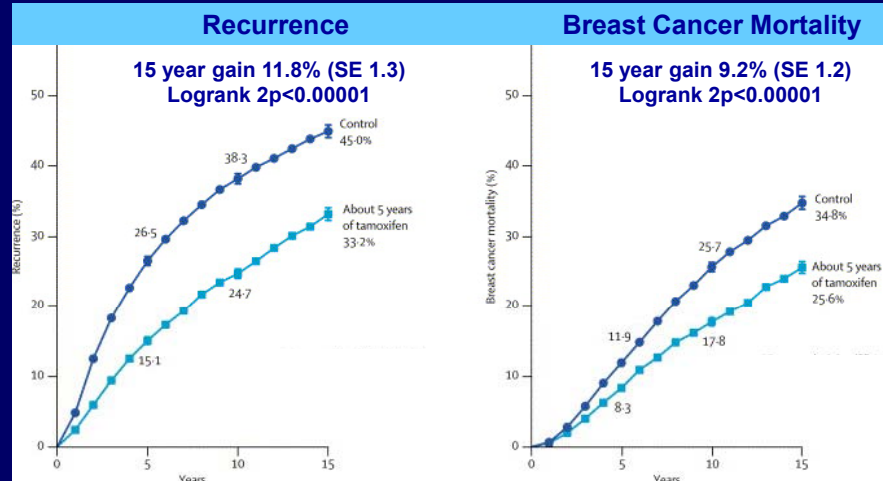


Tamoxifen: Oxford Overview Data

- Effective in all hormone receptor positive women:
 - ER+/PR+ > ER-/PR+ > ER+/PR-
- Regardless of age, stage, tumor grade
- Optimal duration: 5 years
 - 5 ys > 2 ys, but 10 ys not > 5 ys

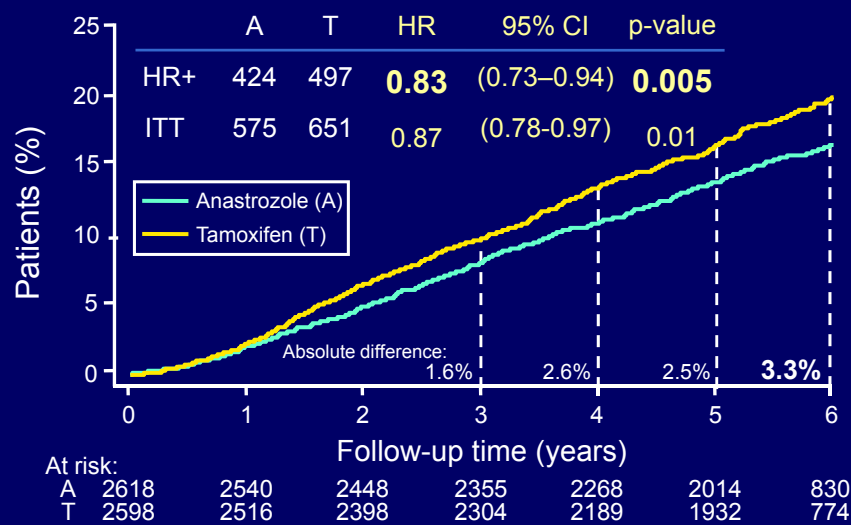
EBCTCG. *Lancet* 2005; 365: 1687–1717

5 years of Tamoxifen vs. Not: 15-year Probabilities of Recurrence and Breast Cancer Mortality (ER-positive/ unknown, n = 10,386)



EBCTCG. *Lancet* 2005; 365: 1687–1717

ATAC: Disease-Free Survival

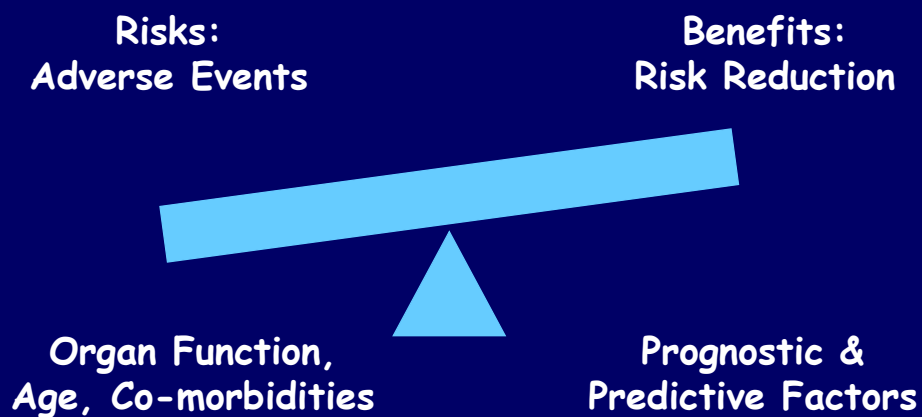


DFS includes all deaths as a first event

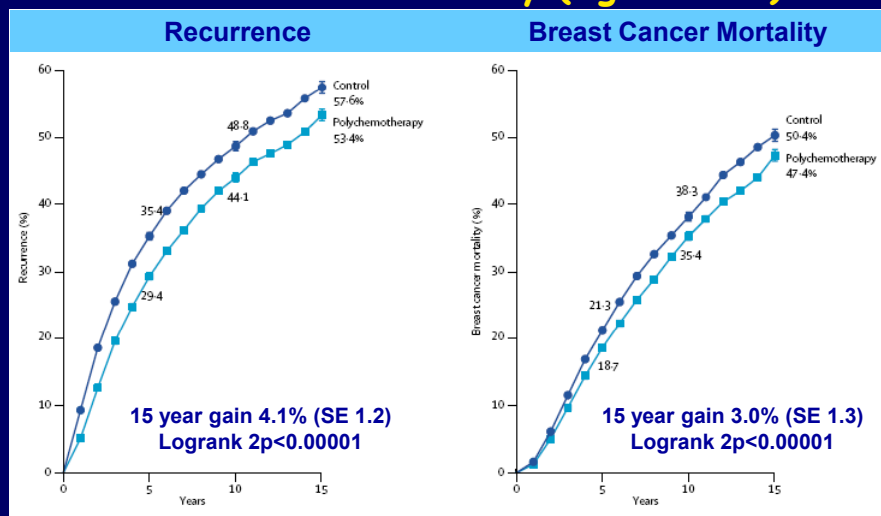
Adjuvant Chemotherapy

1. Who should be treated?
2. Which regimen?
3. What duration?
4. How intense?
5. When to administer?

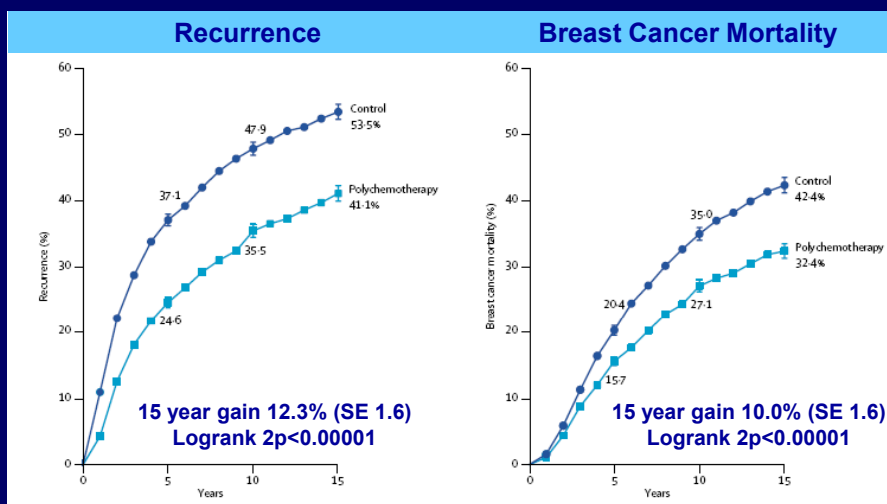
1. Who should be Treated?



Polychemotherapy vs. Not, by Entry Age: 15-year Probabilities of Recurrence and Breast Cancer Mortality (Age 50-69)

EBCTCG. *Lancet* 2005; 365: 1687-1717

Polychemotherapy vs. Not, by Entry Age: 15-year Probabilities of Recurrence and Breast Cancer Mortality (Age <50)

EBCTCG. *Lancet* 2005; 365: 1687-1717

2. Which Regimen? Results from the Oxford Overview

- Polychemotherapy is superior to single agent chemotherapy
- Anthracycline-based therapy is superior to CMF-based therapy
- All women gain benefit but younger women, and those with poorly differentiated, hormone receptor negative-tumors more likely to benefit

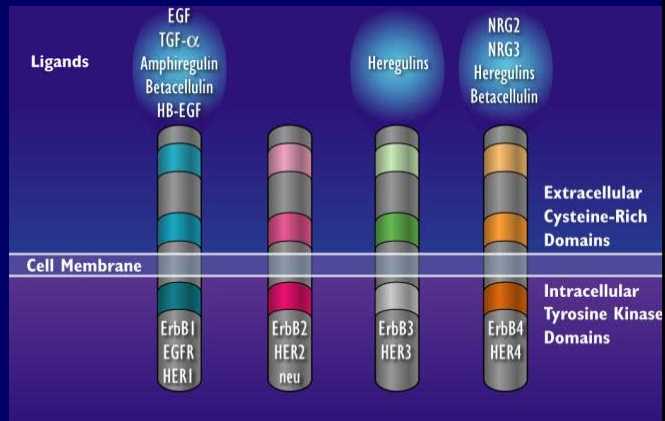
Stearns & Davidson. Diseases of the Breast 2004.
3rd Ed. Chapter 54. Tables 1-3

Common Breast Cancer Treatments

- Endocrine Therapies
 - Tamoxifen
 - Aromatase Inhibitors
 - Other
- Chemotherapy
- Novel Therapies
 - Trastuzumab (Herceptin)

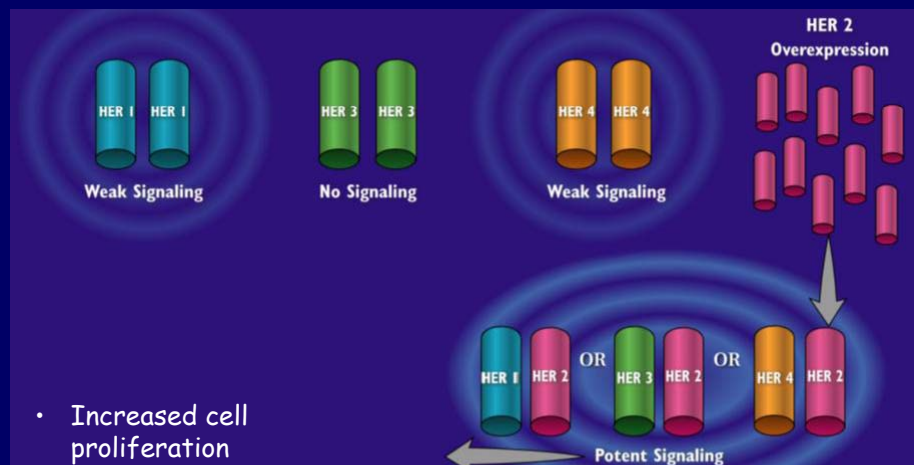
Trastuzumab Targets the Human Epidermal Growth Factor Receptor 2 (HER2)

- The HER2 gene is localized to chromosome 17q
- HER2 is a tyrosine kinase transmembrane growth factor receptor



Fernandes et al, *Cancer Lett* 1999; Moghal et al, *Curr Opin Cell Biol* 1999; Yarden et al, *Nat Rev Mol Cell Biol* 2001

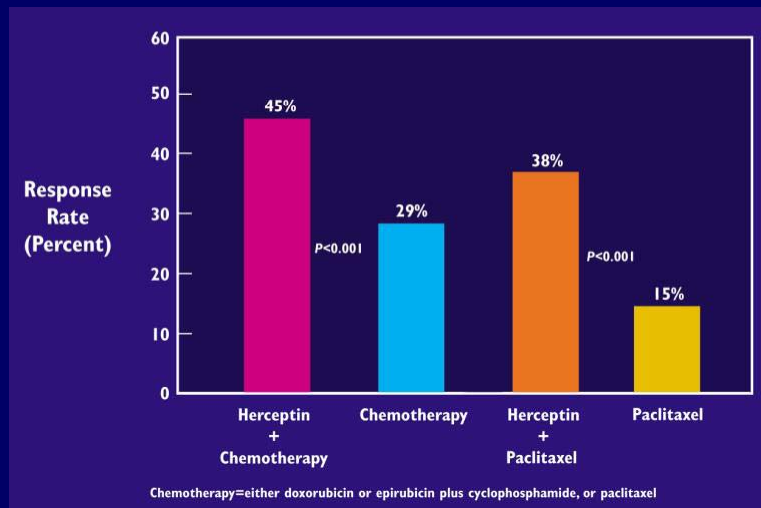
HER2 Overexpression Leads to Increased Signaling



- Increased cell proliferation
- Increased cell migration
- Resistance to apoptosis

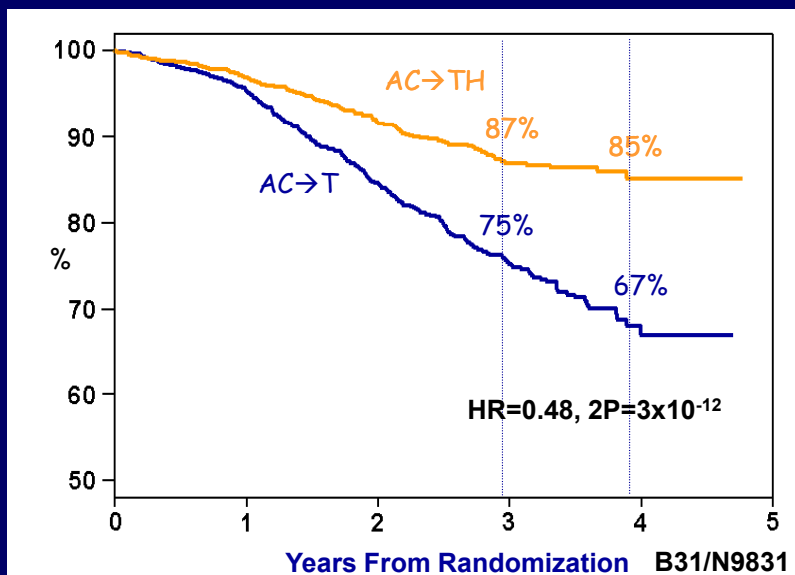
Yarden et al, *Nat Rev Mol Cell Biol* 2001

Trastuzumab Plus Chemotherapy Increased Response Rates

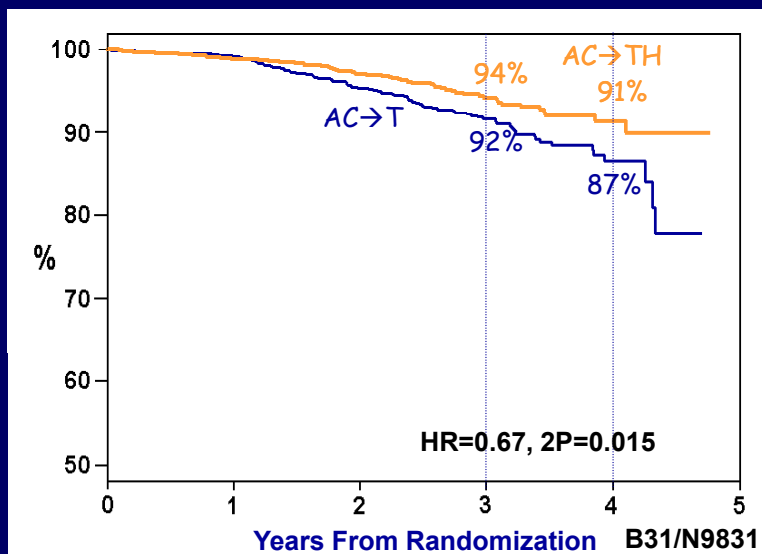


Slamon et al, *N Engl J Med* 2001

B-31/N9831 Disease-Free Survival



B-31/N9831 Overall Survival



Metastatic Breast Cancer: Goals of Therapy

- Cure
- Improve overall survival
- Improve time to progression
- Improve symptoms related to the disease
- Improve quality of life

Therapeutic options

- Endocrine therapies
- Chemotherapy
- Novel therapies
- ✓ Supportive Therapy
 - Local therapy: surgery, radiation
 - Bisphosphonates
 - For women with skeletal metastases
 - Reduces pain/risk of fracture/RT requirements
 - Symptom management

Monitoring Response

- History and physical
- Tumor markers
- Imaging
 - Standard: CT, bone scan, MRI
 - Emerging: PET, functional imaging
- Circulating cells
- Other

Conclusions and Future Directions

- Many therapies available to women with metastatic breast cancer
 - Improve overall survival, time to progression, QOL
 - Well tolerated
- Individualized treatment
- Optimal dose, schedule, combination
- Numerous emerging novel therapies

Thank You