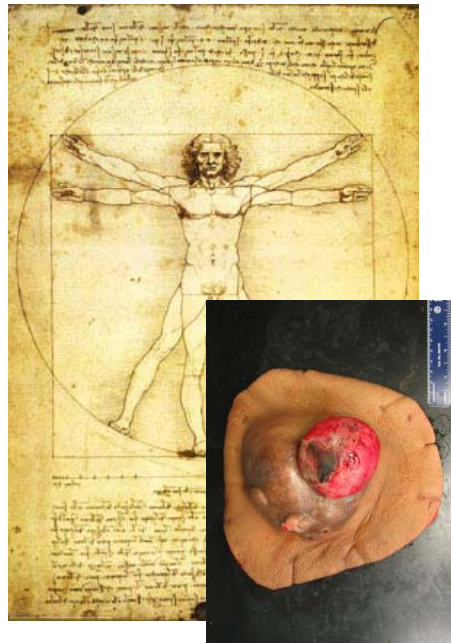


BONE AND SOFT TISSUE TUMORS

Fabrizio Remotti MD

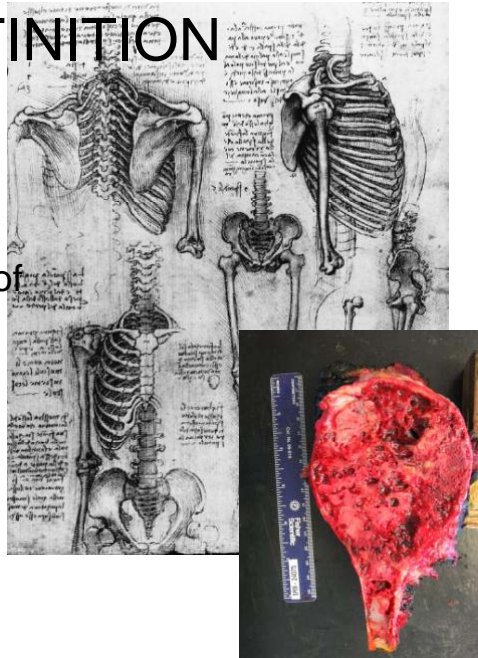
DEFINITION

- **Soft tissue pathology** deals with tumors of the connective tissues.
- The concept of soft tissue is understood broadly to include **non-osseous** tumors of extremities, trunk wall, retroperitoneum and mediastinum, and head & neck.
- Excluded (with a few exceptions) are organ specific tumors.



DEFINITION

- **Bone pathology** deals with tumors of the skeletal system.
- Included are subsets of tumors from extra-osseous sites that show osseous and cartilaginous differentiation.

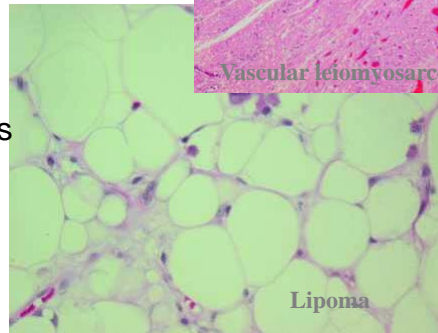


CLASSIFICATION

- Purpose of classification is to link similar tumors in order to understand their behavior, determine the most appropriate treatment, and investigate their biology.
- However, purpose of a classification system is simplicity and reproducibility
- Therefore tumors are classified according to the cell type they resemble.
- Refinements are coming from cytogenetics, molecular, and gene expression studies.
- The majority arise from -or show differentiation toward- mesenchymal cells, but some show other differentiation (neuroectodermal, histiocytic).
- A small subset is of unknown histogenesis.

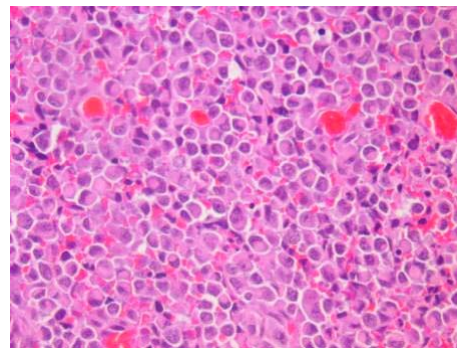
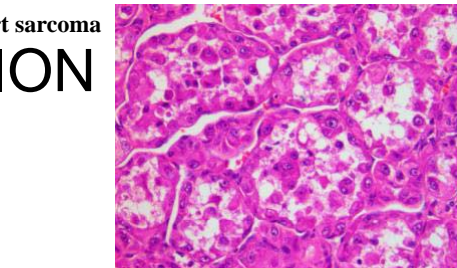
CLASSIFICATION

- Many tumors resemble tissues present in the region of origin.
- These tumors may be derived from stem cells that belong to local, organ-specific pools.
- Other involved stem cells may be bone marrow derived.



CLASSIFICATION

- Some tumors have no resemblance to normal tissue in the region (metaplastic foci within a tumor, or tumors of different histogenesis from the normal cells of the region)
- Some sarcomas have no normal cell counterparts, probably reflecting a unique genetic makeup.



Epithelioid sarcoma, proximal type

CLASSIFICATION

- Tumors are **also** classified according their biologic potential.
- A three-tiered system is used:
 - **1. Benign**
 - **2. Borderline (intermediate malignant)**
 - **3. Malignant.**

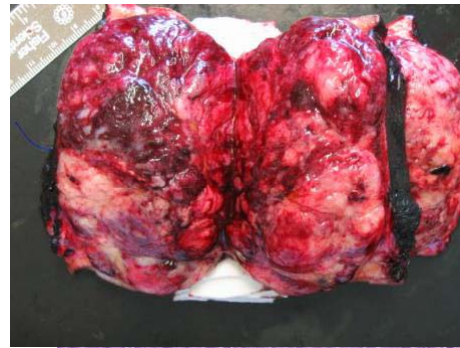
EPIDEMIOLOGY

- Soft tissue (ST) sarcomas are rare tumors compared to other malignancies: **8,700** new sarcomas in 2001, with **4,400** deaths.
- The incidence of ST sarcomas in the USA is approximately **3.3 cases per 100,000** people.
- This is roughly **5%** of each of some of the most common carcinomas (prostate, breast and lung), half of all brain tumors, and approximately equal to AML.

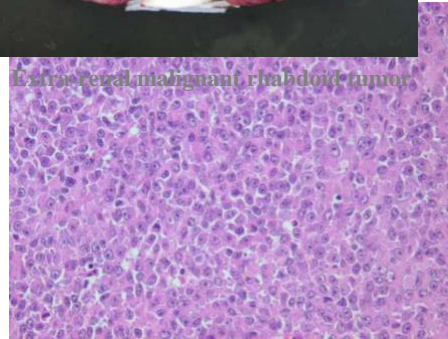


EPIDEMIOLOGY

- There is a slight male predominance (with some subtypes more common in women).
- The majority of soft tissue tumors affect older adults (some sub-groups occur predominantly or exclusively in children).
- Incidence of benign soft tissue tumors not known, but probably outnumber malignant tumors **100:1**.

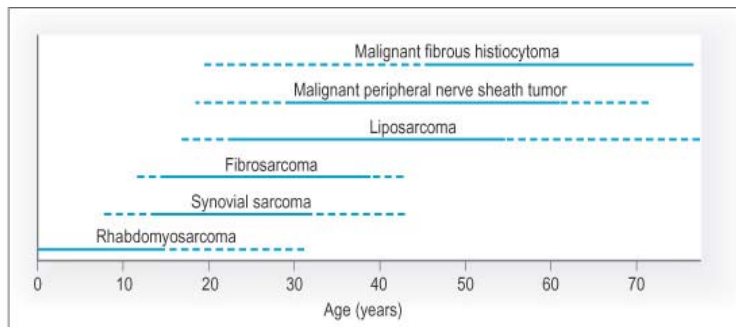


Extra-renal malignant rhabdoid tumor



EPIDEMIOLOGY

- The knowledge of epidemiologic data may help in diagnosis.

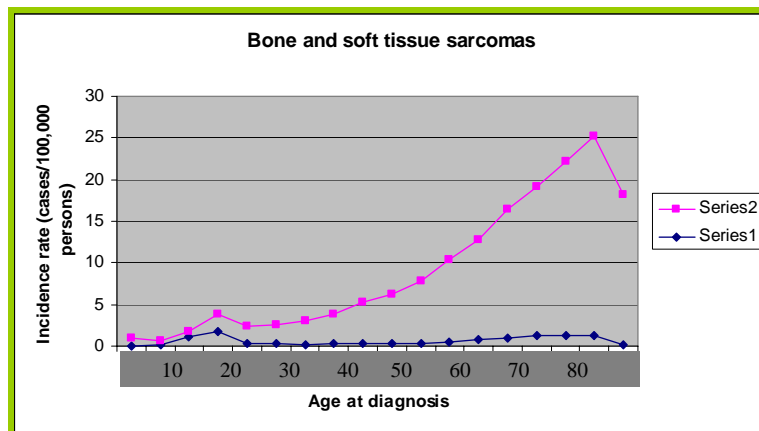


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BONE TUMORS- EPIDEMIOLOGY

- Primary bone tumors are **rare**.
- Bone sarcomas account for 0.2% of all neoplasms (SEER Cancer Statistics Review, 1973-1996).
- **Soft tissue sarcomas are approximately 10 times more common than primary bone sarcomas.**

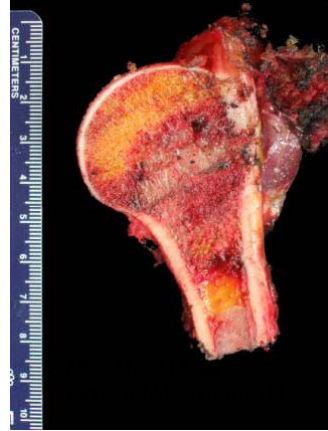
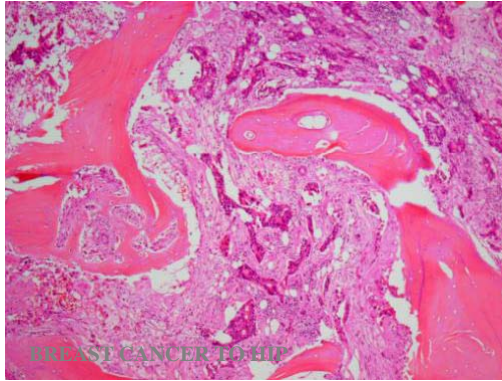
EPIDEMIOLOGY



- ◆ Soft tissue sarcomas
- ◆ Bone sarcomas

BONE TUMORS-EPIDEMIOLOGY

- The majority of tumors involving bone are secondary (or metastatic):
 - secondary (metastases) (95%)
 - primary (5%)



Secondary Tumors of Bone

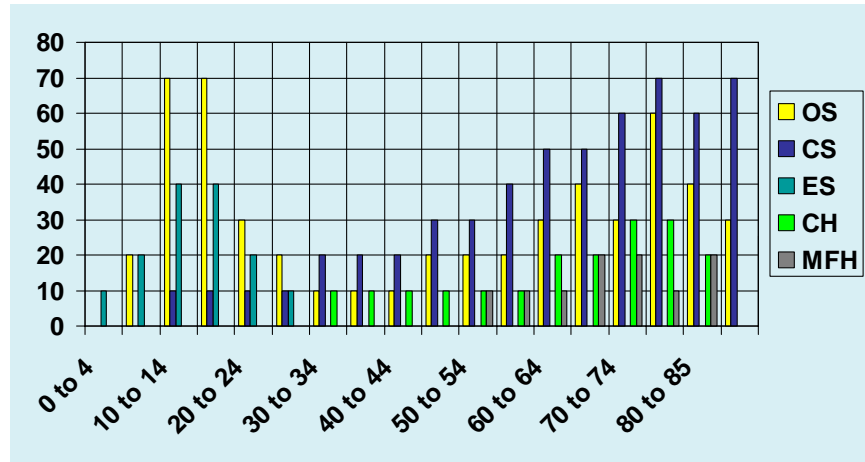
- The carcinomas most frequently involved with bone metastasis originate from:



- Lung
- Breast
- Prostate
- G.I
- Kidney
- Thyroid

BONE TUMORS

- Bone sarcomas as a group have a bimodal distribution.
- The first peak is in the second decade.
- The second peak occurs in patients older than sixty.

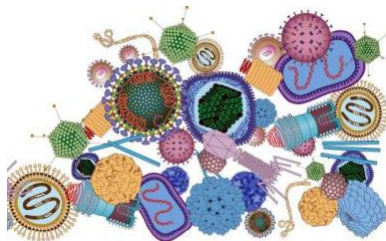
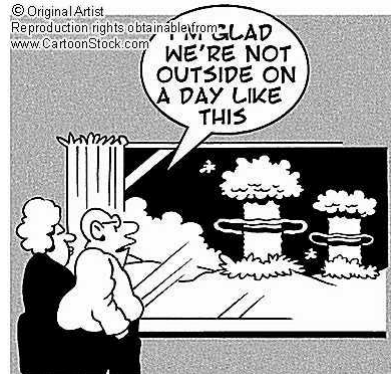


ETIOLOGY

- The etiology of sarcomas is poorly understood, and what is known apply only to a small fraction of the group.
- The known etiologic agents are **ionizing radiation**, **oncogenic viruses**, and **chemicals**.
- These agents are able to cause genetic alterations that can lead to tumorigenesis.

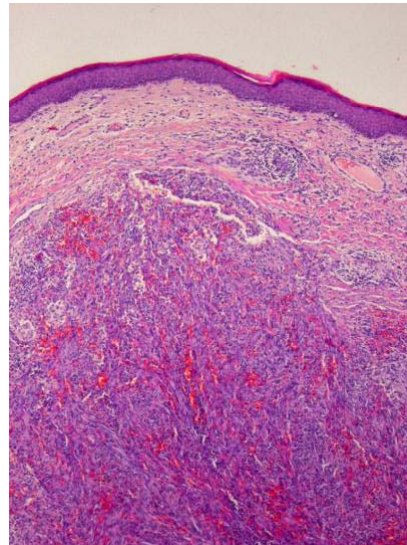
ETIOLOGY

- Radiation induced sarcomas develop in 1% of patients who have undergone therapeutic irradiation.
- The interval between irradiation and diagnosis of sarcoma varies between **5 and 10 years**.
- The majority of radiation-induced sarcomas are **high grade and poorly differentiated** (MFH, FS, OS, and AS).


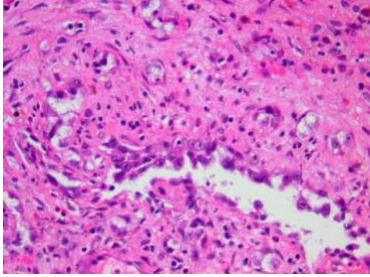
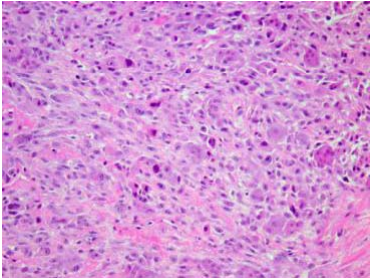


ETIOLOGY

- Oncogenic viruses introduce new genomic material in the cell, which encode for oncogenic proteins that disrupt the regulation of cellular proliferation.
- Two DNA viruses have been linked to soft tissue sarcomas:
 - **Human herpes virus 8 (HHV8) linked to Kaposi's sarcoma**
 - **Epstein-Barr virus (EBV) linked to subtypes of leiomyosarcoma**
- In both instances the connection between viral infection and sarcoma is more common in immunosuppressed hosts.




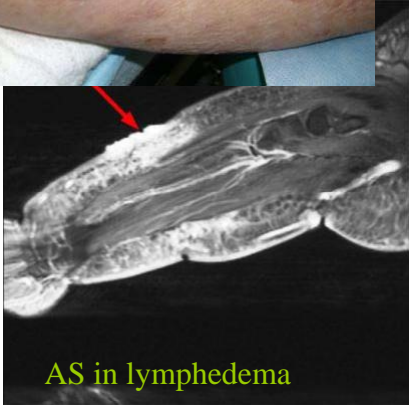
ETIOLOGY

- Herbicides (“agent orange”) and peripheral soft tissue sarcomas
- Retained metal objects (shrapnel, surgical devices) and OS, AS and MFH
- Vinyl chloride, inorganic arsenic, Thorotrast, anabolic steroids linked to AS and MFH.

ETIOLOGY

- Host factors may also play a role in the development of soft tissue sarcomas.
 - **Immunosuppression**, besides Kaposi’s sarcoma, may be associated with sarcomas.
 - **Lymphedema**, congenital or acquired (post-mastectomy) is a rare cause of extremity-based AS.

AS in lymphedema

CONGENITAL SYNDROMES ASSOCIATED WITH BONE AND SOFT TISSUE TUMORS				
Disorder	Inheritance	Locus	Gene	Tumor
Albright hereditary osteodystrophy	AD	20q13	GNAS1	Soft tissue calcifications and osteomas
Bannayan -Riley- Ruvalcaba syndrome	AD	10q23	PTEN	Lipomas, hemangiomas
Beckwith- Wiedemann syndrome	Sp/AD	11p15	Complex	Embryonal RMS, myxomas, fibromas, hamartomas
Bloom syndrome	AR	15q26	BLM	Osteosarcoma
Carney complex (Familial myxoma syndrome)	AD	17q23-24 2p16	PRKAR1AK	Myxomas and pigmented schwannomas
Familial chordoma	AD	7q33	-	Chordomas
Costello syndrome	Sporadic	-	-	Rhabdomyosarcomas
Cowden disease (Multiple hamartoma syndrome)	AD	10q23	PTEN	Lipomas, Hemangiomas
Diaphyseal medullary stenosis	AD	9p21-22	-	MFH
Familial adenomatous polyposis	AD	5q21	APC	Craniofacial osteomas, desmoid tumors
Familial expansile osteolysis	AD	18q21	TNFRSF11A	Osteosarcomas
Familial infiltrative fibromatosis	AD	5q21	APC	Desmoid tumors
Langer- Gledits syndrome	Sporadic	8q24	EXT1	Osteochondromas, chondrosarcomas
Li-Fraumeni syndrome	AD	17p13 22q11	TP53 CHEK2	Osteosarcomas, RMS, other sarcomas
Familial multiple lipomas	AD	-	-	Lipomas
Symmetrical lipomatosis	Sporadic	-	-	Lipomas; lipomatosis of head and neck

CONGENITAL SYNDROMES ASSOCIATED WITH BONE AND SOFT TISSUE TUMORS				
Disorder	Inheritance	Locus	Gene	Tumor
Maffucci syndrome	Sporadic	-	-	Enchondromas, CS, hemangiomas, AS
Mazabraud syndrome	Sporadic	20q13	GNAS1	Fibrous dysplasia, OS, IM myxomas
McCune -Albright syndrome	Sporadic	20q13	GNAS1	Fibrous dysplasia, osteosarcomas
Multiple osteochondromas, non- syndromic	AD	8q24 11p11-12	EXT1 EXT2	Osteochondromas, chondrosarcomas
Myofibromatosis	AR	-	-	Myofibromas
Neurofibromatosis type 1	AD	17q11	NF1	Neurofibromas, MPNST
Neurofibromatosis type 2	AD	22q12	NF2	Schwannomas
Oliver disease	Sporadic	3p21-22	PTHR1	Enchondromas, chondrosarcomas
Paget disease of bone, familial	AD	18q21 5q31 5q35		Osteosarcomas
Proteus syndrome	Sporadic	-	-	Lipomas
Retinoblastoma	AD	13q14	RB1	Osteosarcomas, soft tissue sarcomas
Rhabdoid predisposition syndrome	AD	22q11	SMARCB1	Malignant rhabdoid tumors
Rothmund- Thompson syndrome	AR	8q24	RECQL4	Osteosarcomas
Rubinstein- Taybi syndrome	AD	16p13	CREBBP	Rhabdomyosarcomas
Venous malf. With glomus cells	AD	1p21-22	-	Glomus tumors
Werner syndrome	AR	8p11-12	WRN	Bone and soft tissue sarcomas

SOFT TISSUE TUMORS CLASSIFICATION

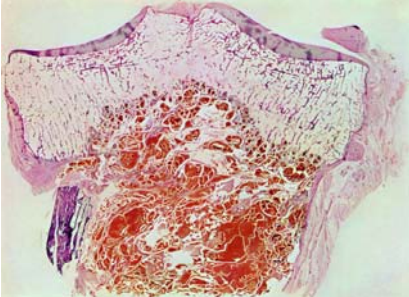
MAJOR TYPES OF SOFT TISSUE TUMORS		
Cell type	Benign tumor	Malignant tumor
(Myo)fibroblast	Fibroma, myxoma	Fibrosarcoma, MFH
Adipocyte	Lipoma	Liposarcoma
Smooth muscle cell	Leiomyoma	Leiomyosarcoma
Skeletal muscle cell	Rhabdomyoma	Rhabdomyosarcoma
Endothelial cell	Hemangioma	Angiosarcoma
Schwann cell	Schwannoma, neurofibroma	MPNST
Cartilage cell	Chondroma	Chondrosarcoma
Interstitial cell	GIST	GIST
Histiocyte	JXG, GCTTS, RDD	True histiocytic sarcoma
Unknown	No benign counterparts	ES, SS, ES, ASPS

WHO CLASSIFICATION OF BONE TUMORS	Cartilage tumors	Osteochondroma	
		Chondroma	Enchondroma
		Periosteal chondroma	
		Mult. chondromatosis	
		Chondroblastoma	
		Chondromyxoid fibroma	
		Chondrosarcoma	Central
			Peripheral
			Dedifferentiated
			Mesenchymal
			Clear cell
	Osteogenic tumors	Osteoid osteoma	
		Osteoblastoma	
		Osteosarcoma	Conventional
			Telangiectatic
			Small cell
			Low grade central
			Secondary
			Parosteal
			Periosteal
			High grade surface
	Fibroblastic tumors	Desmoplastic fibroma	
		Fibrosarcoma	
	Fibrohistiocytic tumors	Desmoplastic fibroma	
		Fibrosarcoma	



Osteosarcoma

WHO CLASSIFICATION OF BONE TUMORS


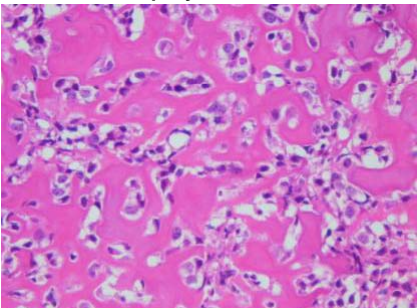



Aneurysmal bone cyst

Ewing/PNET	Ewing sarcoma
Hematopoietic tumors	Plasma cell myeloma
	Malignant lymphoma
Giant cell tumor	Giant cell tumor
	Malignant giant cell tumor
Notochordal tumors	Chordoma
Vascular tumors	Hemangioma
	Angiosarcoma
Smooth muscle tumors	Leiomyoma
	Leiomyosarcoma
Lipogenic tumors	Lipoma
	Liposarcoma
Neural tumors	Schwannoma
Miscellaneous tumors	Adamantinoma
	Metastatic malignancy
Miscellaneous lesions	Aneurysmal bone cyst
	Simple cyst
	Fibrous dysplasia
	Osteofibrous dysplasia
	Langerhans cell histiocytosis
	Erdheim-Chester disease
	Chest wall hamartoma
Joint lesions	Synovial chondromatosis

CLINICAL EVALUATION

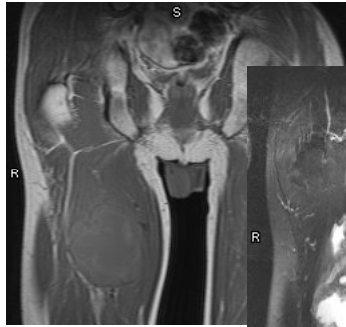
- Clinical presentation
- Physical examination
- Pretreatment evaluation:
 - 1. biopsy

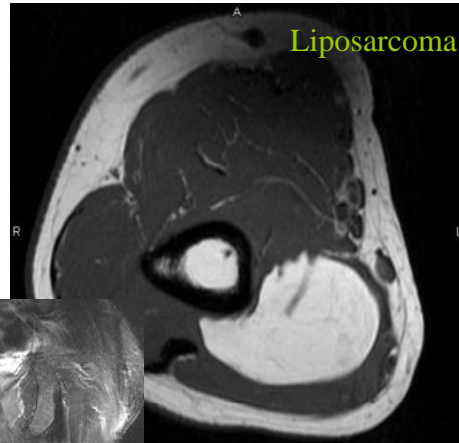
Osteosarcoma, 18M

IMAGING STUDIES

- The ultimate goal is:
 - 1. Detecting lesions
 - 2. Giving a specific diagnosis or a reasonable differential diagnosis
 - 3. Staging the lesion



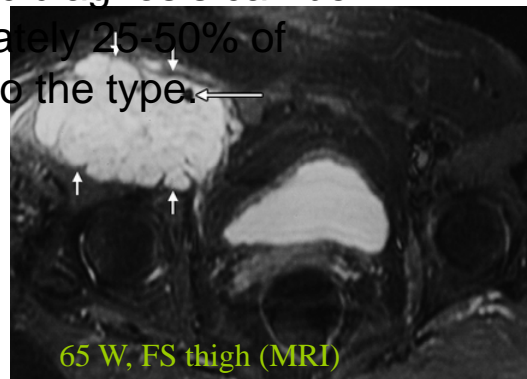
MFH



Liposarcoma

IMAGING STUDIES

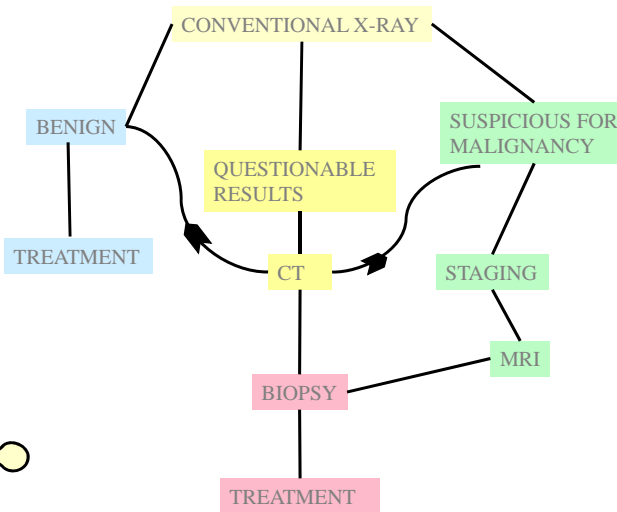
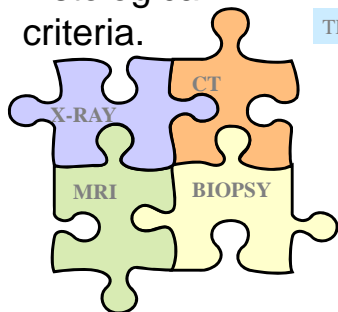
- CT and particularly MRI allow detection and staging by delineating anatomical extent in virtually all cases.
- A relatively specific diagnosis can be given in approximately 25-50% of cases, according to the type.



65 W, FS thigh (MRI)

BONE TUMORS

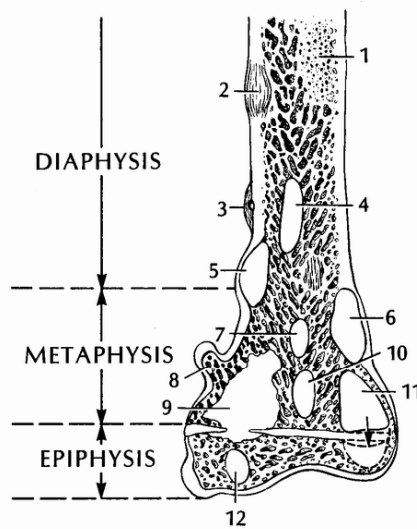
- The diagnosis is based on imaging and histological criteria.




BONE TUMORS

- Conventional radiographs are still important in the diagnosis of bone tumors.
- Many tumors are site-specific.
- Many tumors have a characteristic radiographic appearance.


1. Multiple myeloma, lymphoma, myeloma
2. Osteofibrous dysplasia, adamantinoma
3. Osteoid osteoma
4. Fibrous dysplasia
5. Chondromyxoid fibroma
6. Non-ossifying fibroma
7. Bone cyst, osteoblastoma
8. Osteochondroma
9. Osteosarcoma
10. Enchondroma, chondrosarcoma
11. Giant-cell tumor
12. Chondroblastoma




BONE TUMORS




Sclerotic Margin




Geographic With Sharp Margin




Geographic With




Moth-eaten




Permeate




Solid




Cloud-Like




Ivory-Like



Stippled



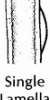







Flocculent



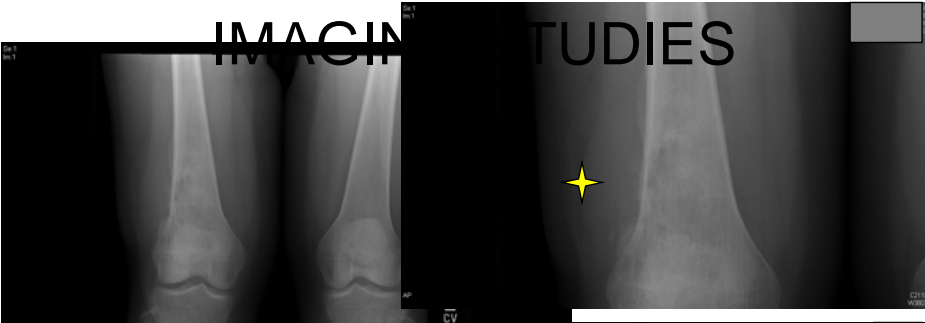
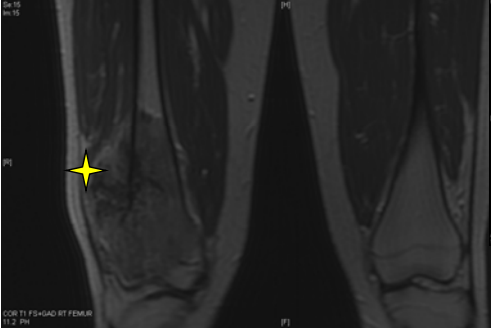
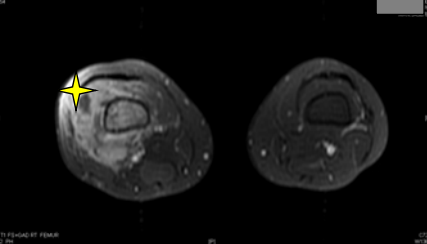
Rings and Arcs

PERIOSTEAL REACTIONS

CONTINUOUS	INTERRUPTED
 Solid	 Buttress
 Single Lamella	 Codman Angle
 Onion-Skin	 Lamellated
 Spiculated	 Spiculated

Some fancy words from the world of shadows

IMAGING STUDIES

14F R distal femur Osteosarcoma

✦ Soft tissue mass

IMAGING STUDIES

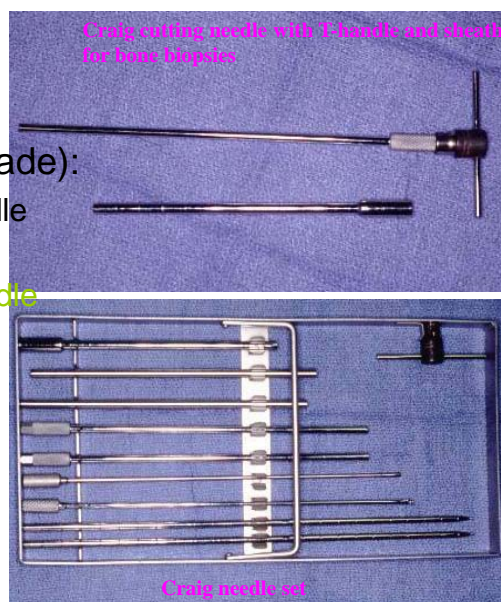
- Although imaging studies may give a reasonably accurate diagnosis on the biological potential of a lesion, there are not many lesions that may be accurately diagnosed by imaging studies alone.
- The biopsy is the gold standard for diagnosis.

TABLE 3-12	SOFT TISSUE MASSES FREQUENTLY DIAGNOSED WITH IMAGING ALONE
	Lipomatous lesions
	Angiomatous lesions
	Neurogenic tumors
	Elastofibroma
	Pigmented villonodular synovitis (PVNS)
	Synovial chondromatosis
	Myositis ossificans
	Tumoral calcinosis
	Ganglion
	Synovial cyst
	Giant cell tumor of tendon sheath
	Fibromatosis (particularly superficial lesions hand/foot)
	Nodular fasciitis
	Myxoma
	Abscess
	Hematoma

The content of Chapter 3 is derived from the Armed Forces Institute of Pathology and is therefore in the public domain.

BIOPSY

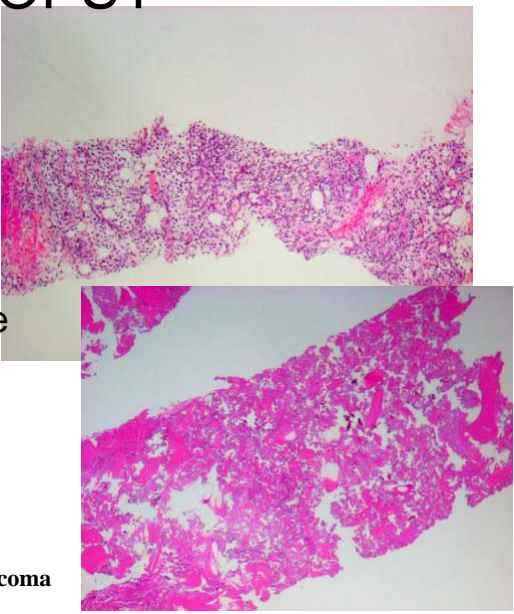
- Select least invasive technique that allows diagnosis (including grade):
 - Percutaneous fine needle aspiration.
 - Percutaneous core needle biopsy (blind or image-guided).
 - Incisional biopsy.
 - Excisional biopsy.



BIOPSY

Metastatic myxoid liposarcoma
to liver


- Percutaneous needle core biopsy usually yield adequate tissue for diagnosis.
- There is enough tissue for morphological studies.



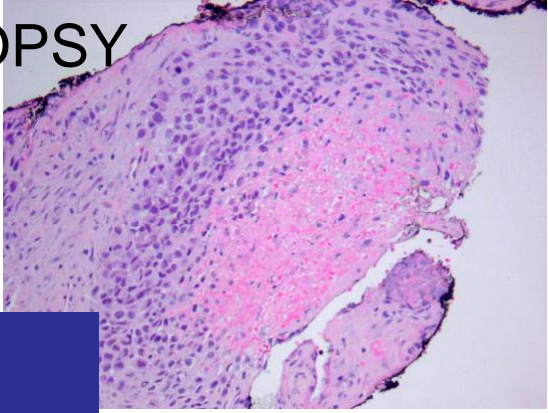
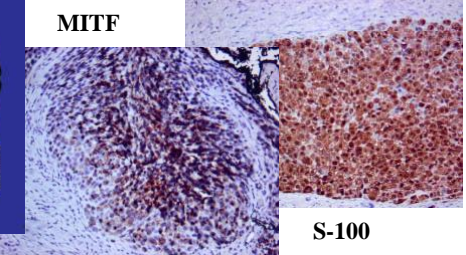
Osteosarcoma

BIOPSY

- Core biopsies yield enough material for extensive immunohistochemical stains.



24M, arm, clear cell sarcoma

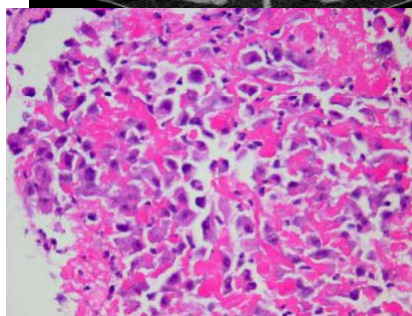



MITF

S-100

BIOPSY

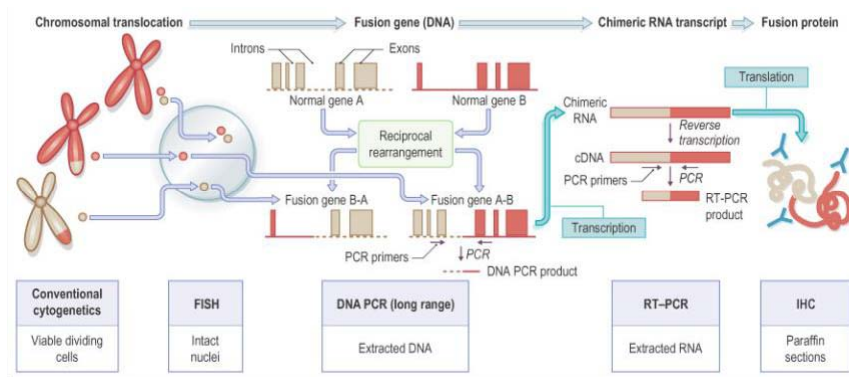
- Incisional biopsies are required in many cases.



50M, angiosarcoma of ischium.

SPECIAL DIAGNOSTIC STUDIES

- Many sarcomas require additional studies to confirm the diagnosis and, in some cases, to add prognostic information.



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GENETICS OF CONNECTIVE TISSUE NEOPLASMS

- Numerous cancer-specific genetic alterations have been described, **unfortunately almost exclusively for soft tissue neoplasms**.
- Some of them (such as translocations, numerical changes, large deletions and gene amplifications) are seen at the cytogenetic level.
- Subtle changes (such as single base pair substitutions, small deletions) require molecular genetic detection.

Soft tissue tumor	Translocation	Gene fusion	Approximate prevalence ¹
Alveolar rhabdomyosarcoma	t(2;13)(q35;q14)	<i>PAX3-FKHR</i>	65%
	t(1;13)(p36;q14)	<i>PAX7-FKHR</i>	15%
Angiomatoid fibrous histiocytoma	t(2;22)(q33;q12)	<i>EWS-CREB1</i>	*
	t(12;22)(q13;q12)	<i>EWS-ATF1</i>	*
	t(12;16)(q13;p11)	<i>FUS-ATF1</i>	*
Alveolar soft part sarcoma	t(X;17)(p11;q25) ²	<i>ASPL-TFE3</i>	>95%
Clear cell sarcoma	t(12;22)(q13;q12)	<i>EWS-ATF1</i>	>90%
	t(2;22)(q33;q12)	<i>EWS-CREB1</i>	*
Dermatofibrosarcoma protuberans/giant cell fibroblastoma	t(17;22)(q21;q13) ³	<i>COL1A1-PDGFB</i>	>90%
Desmoplastic fibroblastoma	t(2;11)(q31;q12)	Unknown	*
Desmoplastic small round cell tumor	t(11;22)(p13;q12)	<i>EWS-WT1</i>	>95%
Epithelioid hemangioendothelioma	t(1;3)(p36.3;q25)	Unknown	*
Extraskeletal myxoid chondrosarcoma	t(9;22)(q22-q3;q12)	<i>EWS-NR4A3</i>	75%
	t(9;17)(q22;q11)	<i>TAF15-NR4A3</i>	25%
Ewing sarcoma/PNET	t(11;22)(q24;q12)	<i>EWS-FLI1</i>	90%
	t(21;22)(q22;q12)	<i>EWS-ERG</i>	5%
	t(7;22)(p22;q12)	<i>EWS-ETV1</i>	<1%
	t(2;22)(q33;q12)	<i>EWS-FEV</i>	<1%
	t(17;22)(q12;q12)	<i>EWS-E1AF</i>	<1%
	t(16;21)(p11;q22)	<i>FUS-ERG</i>	<1%
Fibromyxoid sarcoma (low-grade)	t(7;16)(q33;p11.2)	<i>FUS-CREB3L2</i>	>95%
	t(11;16)(p13;p11.2)	<i>FUS-CREB3L1</i>	<5%
	t(1;2)(p13;q37)	<i>CSF1-COL6A3</i>	*
Giant cell tumor of tendon sheath	t(12;15)(p13;q26)	<i>ETV6-NTRK3</i>	>95%
Infantile fibrosarcoma	t with 2p23	<i>ALK</i> fusions	>50%
Inflammatory myofibroblastic tumor	t with 8q12	<i>PLAG1</i> fusions	*
Lipoblastoma	t with 12q15	<i>HMGA2</i> fusions	*
Lipoma, ordinary	t with 6p21	<i>HMGA1</i> rearrangements ⁴	*
Myxoid/round cell liposarcoma	t(12;16)(q13;p11)	<i>FUS-CHOP</i>	>95%
	t(12;22)(q13;q11)	<i>EWS-CHOP</i>	<5%
Pericytoma	t(7;12)(p2;q13)	<i>ACTB-GLI</i>	*
Synovial sarcoma	t(X;18)(p11.2;q11.2)	<i>SYT-SSX1</i>	65%
		<i>SYT-SSX2</i>	35%
		<i>SYT-SSX4</i>	<1%

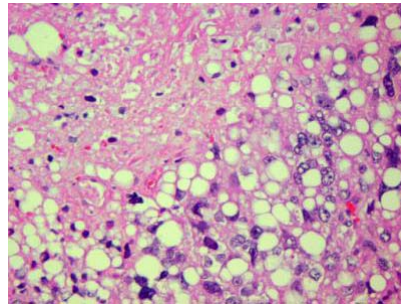
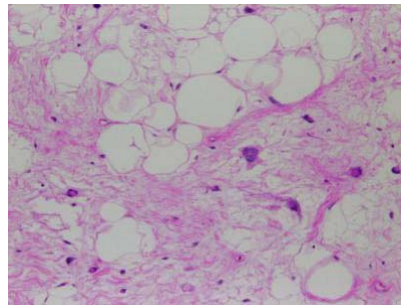
¹Insufficient data to estimate prevalence.
²Translocation usually present in unbalanced form as der(X) only (see text for details).
³Translocation usually present and amplified as ring chromosome (see text for details).
⁴*HMGA1* rearrangements usually do not result in fusion transcripts (see text for details).

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GRADING

- Grading is an **element of any current staging system**.
- Correct grading requires correct histologic typing of the sarcoma, as demonstrated by the inclusion of **“histologic type”** as a grading variable.

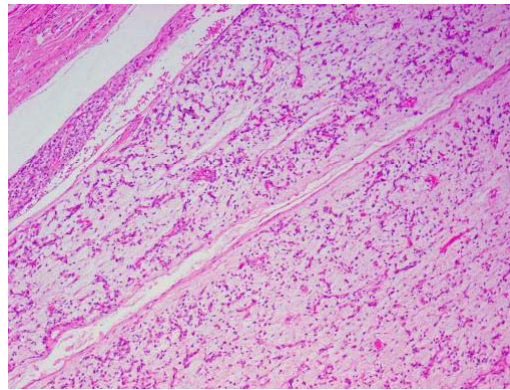
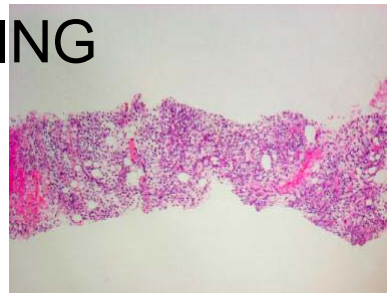
Well-differentiated liposarcoma



Pleomorphic liposarcoma

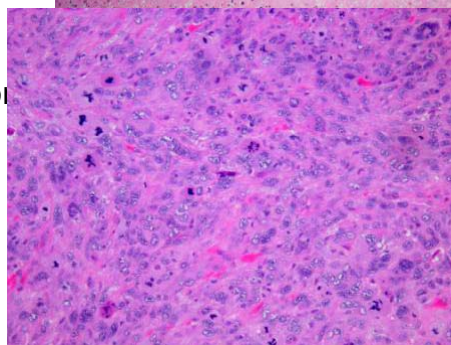
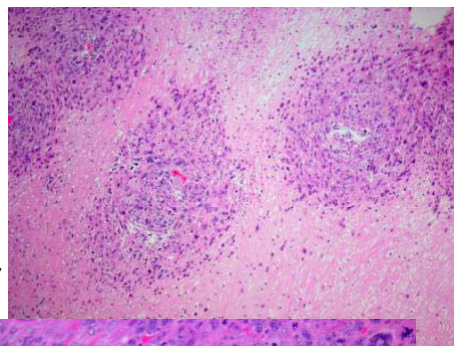
GRADING

- **Grading applies best to excision specimen because biopsies may be non-representative of the correct grade.**
- Preoperative treatments, such as radiation, chemotherapy, or embolization, can make grading of the resection specimen **inapplicable**.



GRADING

- Weak points of grading:
 - Subjective elements (number of mitoses, percent of necrosis, tumor differentiation)
 - Sampling
 - Frequent vs. rare tumors



MFH

GRADING

- Any diagnostic entity has a range of malignancy.
- The grade within the overall range depends on the histologic features (cellularity, pleomorphism, mitotic activity, necrosis, etc.)

Histologic type	Histologic grade		
	I	II	III
Fibrosarcoma			
Infantile fibrosarcoma			
Dermatofibrosarcoma protuberans			
Malignant fibrous histiocytoma			
Liposarcoma			
Well-differentiated liposarcoma			
Myxoid liposarcoma			
Round cell liposarcoma			
Pleomorphic liposarcoma			
Leiomyosarcoma			
Rhabdomyosarcoma			
Angiosarcoma			
Malignant hemangiopericytoma			
Synovial sarcoma			
Malignant mesothelioma			
Malignant PNST			
Neuroblastoma			
Ganglioneuroblastoma			
Extraskeletal chondrosarcoma			
Myxoid chondrosarcoma			
Mesenchymal chondrosarcoma			
Extraskeletal osteosarcoma			
Malignant granular cell tumor			
Aveolar soft part sarcoma			
Epithelioid sarcoma			
Clear cell sarcoma			
Extraskeletal Ewing sarcoma/PNET			

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GRADING- ST SARCOMAS

GRADING SYSTEM SOFT TISSUE SARCOMAS (FFCC)	
	Score (1-3)
TUMOR DIFFERENTIATION	
well diff	1
defined histogenetic types	2
poorly diff & undef histogenesis	3
MITOTIC COUNT	
0-9/10HPF	1
10-19/HPF	2
>20 HPF	3
TUMOR NECROSIS	
none	0
<50%	1
>50%	2
HISTOLOGIC GRADE	
	Sum of scores
1	2 or 3
2	4 or 5
3	6, 7 or 8

GRADING-ST SARCOMAS

DIFFERENTIATION SCORE 1
Well differentiated sarcoma (fibro-, lipo-, leiomyo-, chondro-) Well differentiated MPNST (neurofibroma with malignant transformation)
DIFFERENTIATION SCORE 2
Conventional fibrosarcoma, leiomyosarcoma, angiosarcoma Conventional MPNST Myxoid sarcomas (MFH, liposarcoma, chondrosarcoma) Storiform-pleomorphic MFH
DIFFERENTIATION SCORE 3
Sarcomas of undefined histog. (ASPS, SS,ES,CCS, undiff. Sarc.,malig. rhabdoid tumor) Ewing family of tumors Pleomorphic sarcomas (lipo-, leio-) Round cell and pleomorphic liposarcoma Rhabdomyosarcoma (except botryoid and spindle cell) Poorly differentiated angiosarcoma Triton tumor, epithelioid MPNST Extraskkeletal mesenchymal CS, and osteosarcoma Giant-cell and inflammatory MFH

STAGING

- The stage is an estimate of the extent or dissemination of a tumor (**and in the current systems includes tumor grade**).
- Staging is important for planning of treatment and prognostication.
- Clinical data and imaging studies are part of staging process
- (Visceral sarcomas excluded)

STAGING (G-TNM)- ST SARCOMAS

STAGE	GRADE	PRIMARY TUMOR	LYMPH NODES	METASTASIS
I - IV	LOW OR HIGH	T1 (<5 CM) OR T2 (>5 CM)	NEG/POS	ABSENT/PRESENT
Ia	LOW	T1a or T1b	NEGATIVE	ABSENT
Ib	LOW	T2a or T2b	NEGATIVE	ABSENT
IIa	HIGH	T1a or T1b	NEGATIVE	ABSENT
IIb	HIGH	T2a	NEGATIVE	ABSENT
III	HIGH	T2b	NEGATIVE	ABSENT
IV	ANY	ANY	POSITIVE	ABSENT
	ANY	ANY	POSITIVE OR NEGATIVE	PRESENT

“a” superficial tumors of trunk and extremities (above fascia)

“b” deep tumors of trunk and extremities or intra-abdominal, intra-thoracic or retro-peritoneal

STAGING OF ST SARCOMAS

5-yr survival	
Stage	%
I	86
II	72
III	52
IV	10-20

NEJM 2005; 353: 701-711

BONE SARCOMAS

- Like ST sarcomas, bone sarcomas need to be graded (grading is an important element of the staging and determines if the tumor is stage I or II).
- The TNM system for bone sarcomas follows a 2 tier grading system: **low- and high-grade.**

BONE TUMORS

- The staging of bone sarcomas follows the TNM system.

Primary tumor (T)	TX	Primary tumor cannot be assessed
	T0	No evidence of primary tumor
	T1	Tumor less or equal to 8 cm in greatest dimension
	T2	Tumor equal or more than 8 cm in greatest dimension
	T3	Discontinuous tumors in the primary bone site
	Regional lymph nodes (N)	
	NX	Regional lymph nodes cannot be assessed
	NO	No regional lymph node metastasis
	N1	Regional lymph node metastasis
	Distant metastases (M)	
	MX	Distant metastasis cannot be assessed
	M0	No distant metastasis
	M1	Distant metastasis:
		M1a: lung
	M1b: other sites	

AJCC Cancer Staging Manual, 6th Edition, Springer, New York

BONE TUMORS

Stage IA	T1	N0, NX	M0	Low grade
Stage IB	T2	N0, NX	M0	Low grade
Stage IIA	T1	N0, NX	M0	High grade
Stage IIB	T2	N0, NX	M0	High grade
Stage III	T3	N0, NX	M0	Any grade
Stage IVA	Any T	N0, NX	M1a	Any grade
Stage IVB	Any T	N1	Any M	Any grade
	Any T	Any N	M1b	Any grade

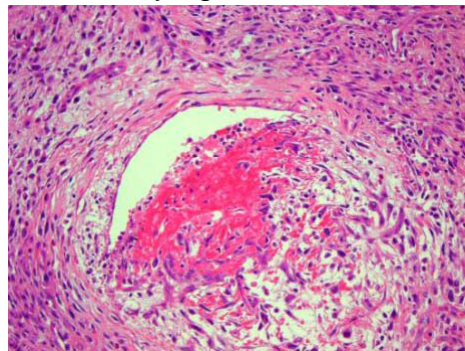
AJCC Cancer Staging Manual, 6th Edition, Springer, New York

BONE TUMORS

- **Stage I:** low grade intra-compartmental (risk of metastasis <25%)
- **Stage II:** high-grade extra-compartmental (risk of metastasis >25%)
- **Stage III:** any grade, discontinuous tumor in the primary bone site
- **Stage IV:** any grade, metastatic

PARAMETERS TO BE INCLUDED IN REPORT OF A SARCOMA

- | | |
|--|--|
| <ul style="list-style-type: none"> • FINAL REPORT <ul style="list-style-type: none"> – 1. Tumor site, type of excision – 2. Depth of the tumor – 3. Tumor type and variant – 4. Grade (if possible) – 5. Tumor size – 6. Status of margins & L.N. – 7. Percent of necrosis – 8. Vascular invasion, | <ul style="list-style-type: none"> • ADDENDUM REPORT(S) <ul style="list-style-type: none"> – 1. Immunohistochemistry – 2. Electron microscopy – 3. Cytogenetics |
|--|--|



TREATMENT

- Surgery and pre- or postoperative external beam radiation treatment in the primary local treatment for most patients with localized disease.
- Adjuvant chemotherapy is usually reserved for patient with **high-grade sarcomas**.
- Patients with metastatic disease considered for chemotherapy and selected cases may undergo metastasectomy.



TREATMENT

- Currently approximately 90% of patients with localized extremity sarcomas undergo limb-sparing surgery.



31F with OS 9 year s/p surgery