

# Cestodes

P & S, 2008

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## Helminths

- Phylum Nematoda (Roundworms) - “Nematodes”
  - Pinworm, Whipworm, Ascaris + VLM, Hookworm + CLM
  - Elenphantiasis, River Blindness, Dracunculiasis, etc.

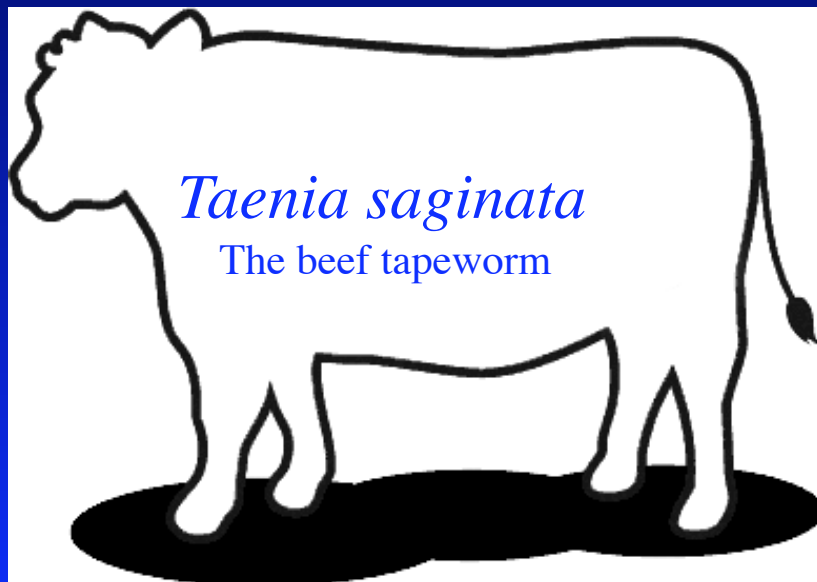


- Phylum Platyhelminthes (Flatworms)
  - Class Cestoidea (segmented flatworms) - “Cestodes”
  - Class Trematoda (non-segmented flatworms) - “Trematodes”

## The tapeworms

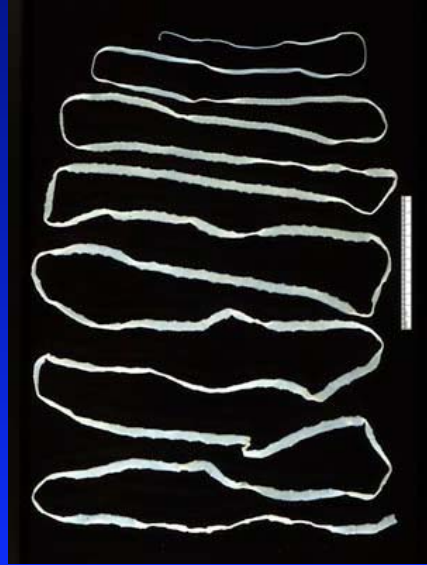
(Cestodes ==> Non-segmented flatworms)

- *Taenia saginata* (beef tapeworm)
- *Taenia solium* (pork tapeworm)  
---> Cysticercosis
- *Echinococcus granulosus* (dog tapeworm)  
---> Hydatid Disease



## Taenia saginata adult

“Bowl o’ Worms”



[www.Healthinplainenglish.com/health/infectious\\_diseases/tapeworm](http://www.Healthinplainenglish.com/health/infectious_diseases/tapeworm)

## “Fields o’ beeves”



D. Despommier, master photographer and fly-fisherman

## “Plate o’ Beef” a la “Wellington”



D. Despommier, expert chef

## Cysticercosis - heart of cow

Veterinary Pathology Laboratory, Univ. Penn



Cysticercus  
cysticerci

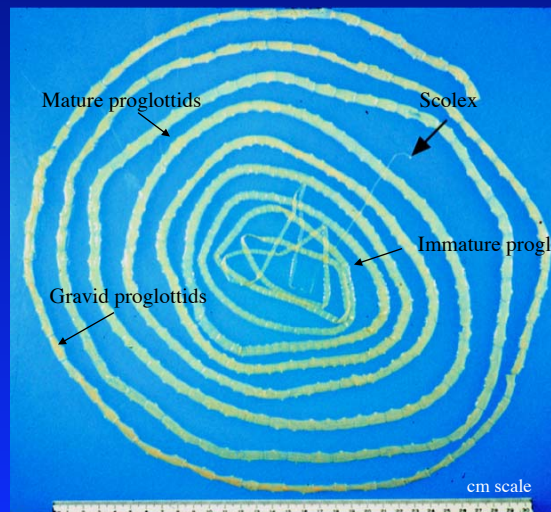
## Cestode hosts

### *T. saginata*

Definitive Host: Human

Intermediate Host: Cow

## Adult *Taenia saginata*

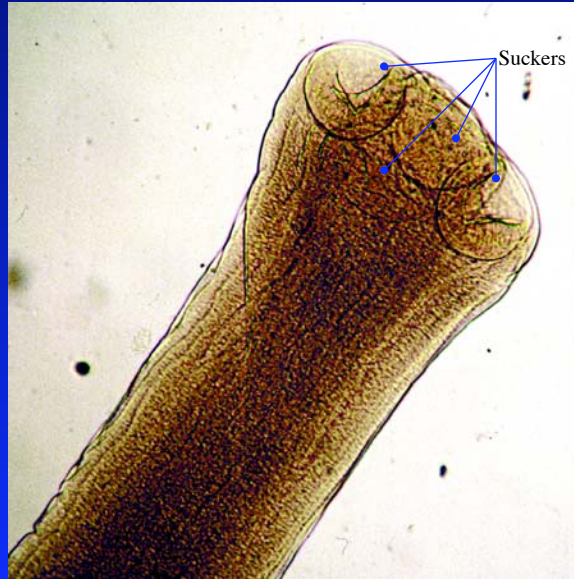


Scolex (head)

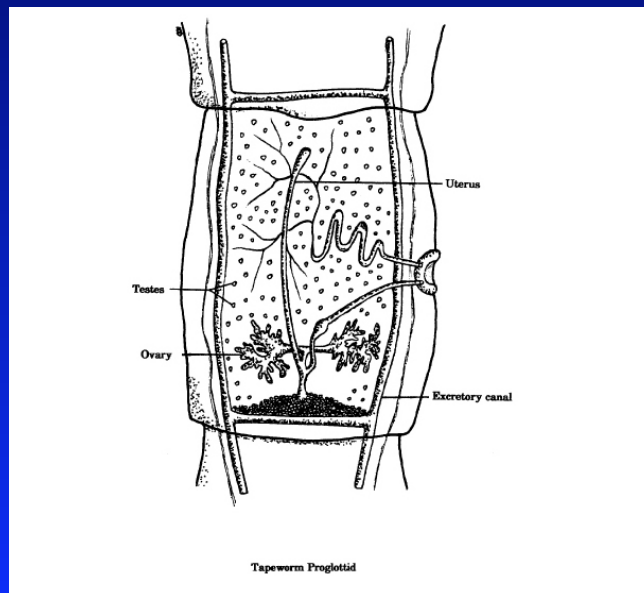
Proglottids  
(segments)

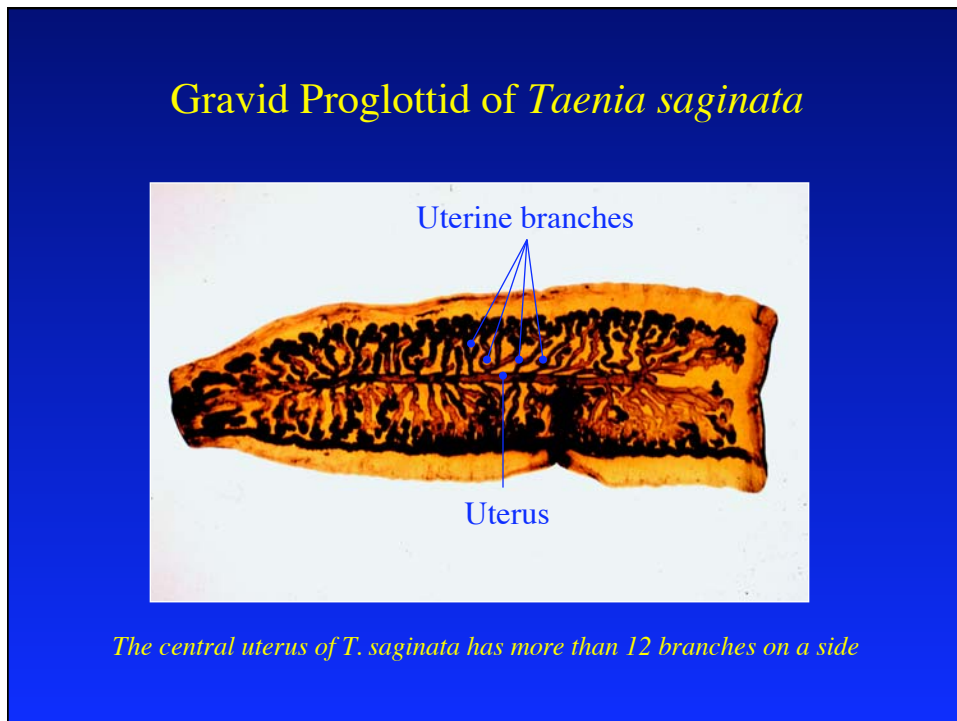
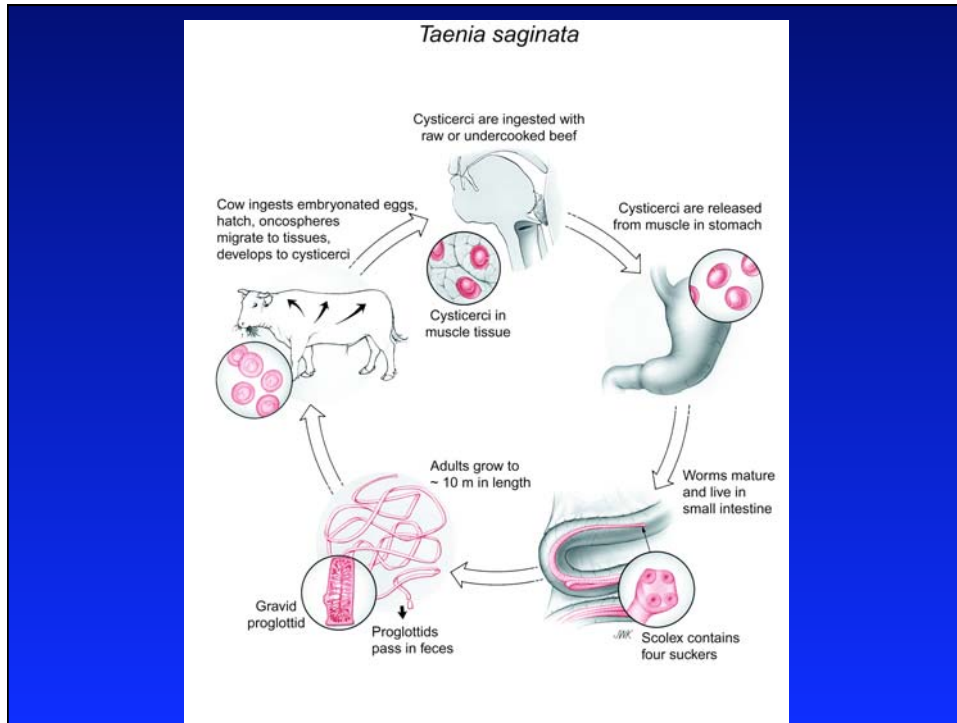
Strobila  
(body and head)

## *Taenia saginata scolex*

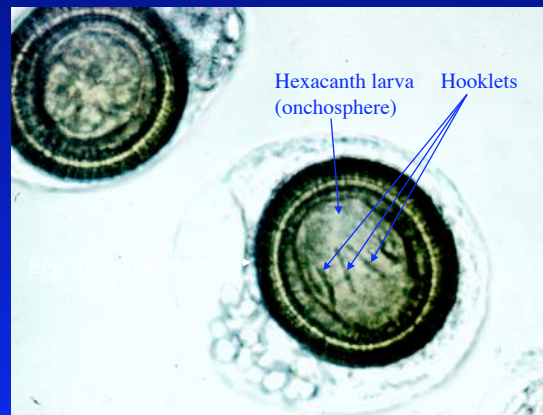


## Proglottid - Sex organs





## Embryonated, infectious taeniid eggs



Cannot distinguish species of *Taenia* tapeworms based on morphology of eggs

## Pathogenesis:

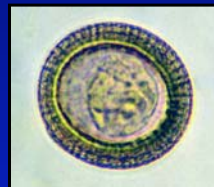
None

## Clinical Disease:

None in humans

## Diagnosis:

1. Find eggs or proglottids in stool



2. Identify species based on proglottid morphology, after formalin and India Ink

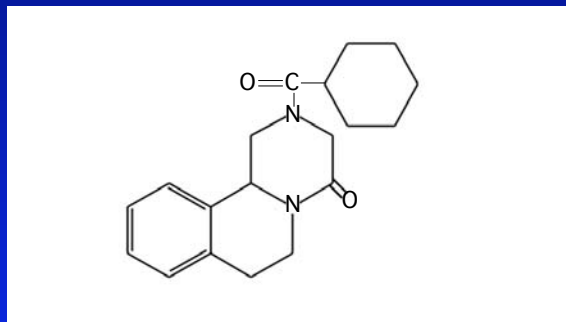


3. Identify scolex



## Drug of Choice

### Praziquantel



#### Mode of Action:

Increases permeability of flatworm tegument to  $\text{Ca}^{2+}$  ions,  
Causing muscle tetany and worm detachment.

## Prevention and Control:

1. Sanitary disposal of human feces

## Prevention and Control (cont'd):

2. Prevent cows from coming into contact with human feces, ie good sanitation and physical restraints.
3. Freeze and/or cook all beef until well-done  
Good luck Paris, good luck New York!!  
(No more rare filet mignon or steak tartar)
4. Federal meat inspection programs (muscle exam or serum ELISA specific to larval stage).

## *Taenia solium*

The Pork Tapeworm

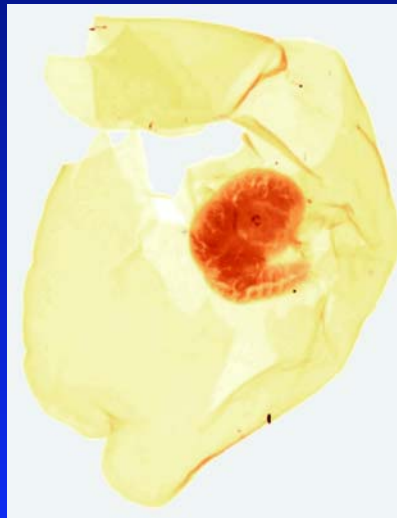


*Still Life With Ham. (Or not?)*



Oil on canvas, Paul Gauguin

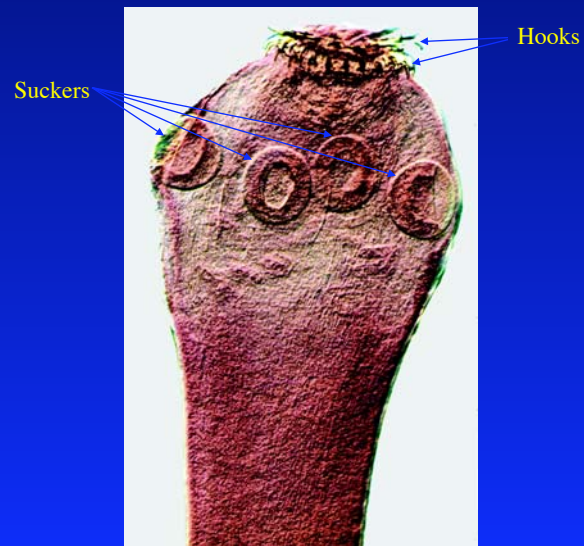
Whole cysticercus of *Taenia solium*



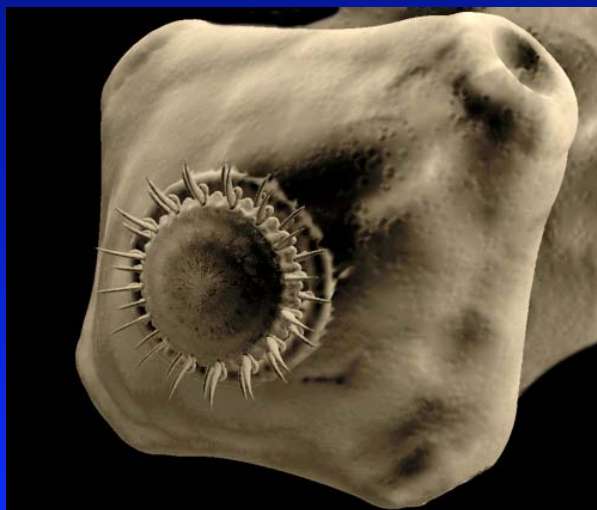
*Adult Taenia solium*



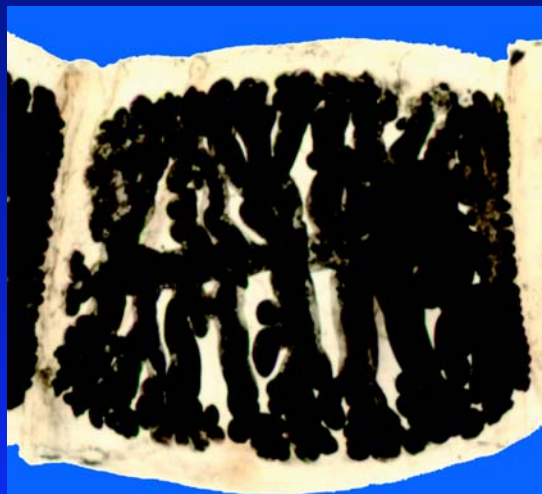
*Taenia solium scolex*



## T. Solium Scolex

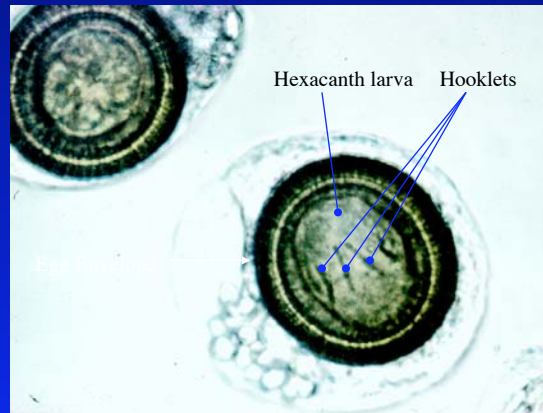


## Gravid proglottid *Taenia solium*

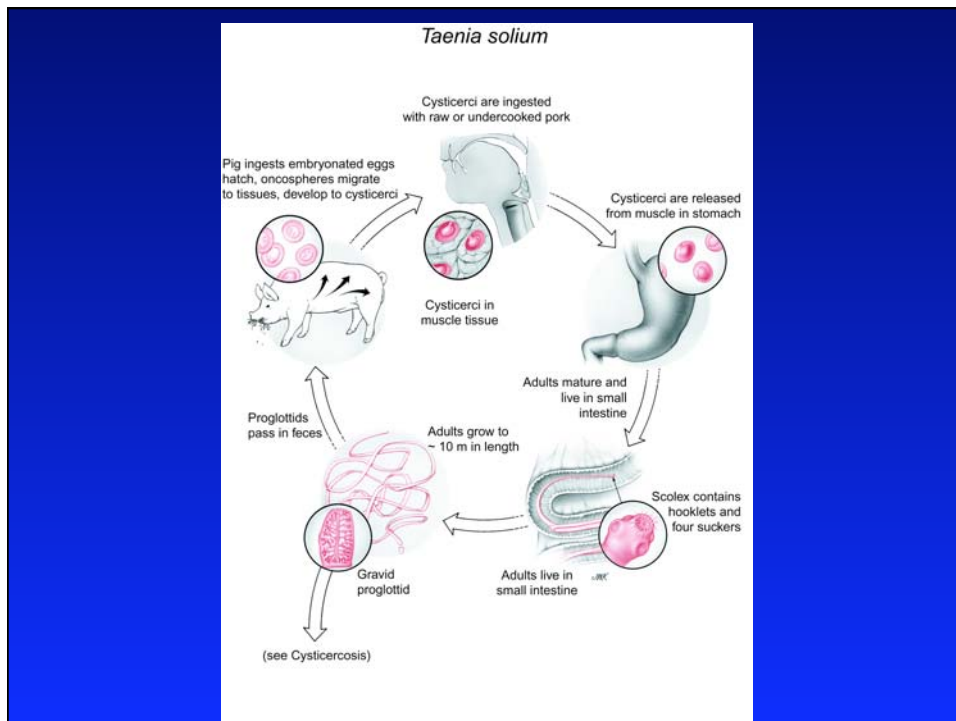


Uterine branches number less than 10 per side

## Embryonated, infectious taeniid eggs



Cannot determine the species of *Taenia* based on egg morphology



## Pathogenesis:

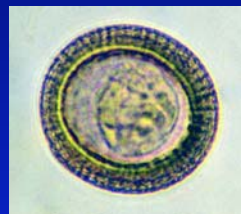
None

## Clinical Disease:

None

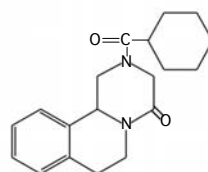
## Diagnosis:

1. Find eggs or proglottids in stool
2. Identify species based on proglottid morphology
3. Identify scolex
4. Stool PCR or ELISA (not readily available)



## Drug of Choice:

1. Praziquantel



2. Niclosamide
  - Not absorbed systemically
  - Uncouples cestode oxidative phosphorylation, preventing ATP production.
  - Parasite is then digested by host enzymes.

## Prevention and Control:

1. Sanitary disposal of feces

## Prevention and Control (cont'd):

2. Sanitary practices on pig farms; separate human feces from pigs.
3. Cooking and/or freezing pork products thoroughly.
4. Federal meat (pork) inspection programs.
5. Treat pigs or vaccinate pigs,  
using new oncosphere mRNA vaccine, in eradication  
programs. (WHO Assembly, 2003).

## Cestode hosts

	<i>T. saginata</i>	<i>T. solium</i>
Definitive Host:	Human	Human
Intermediate Host:	Cow	Pig Human

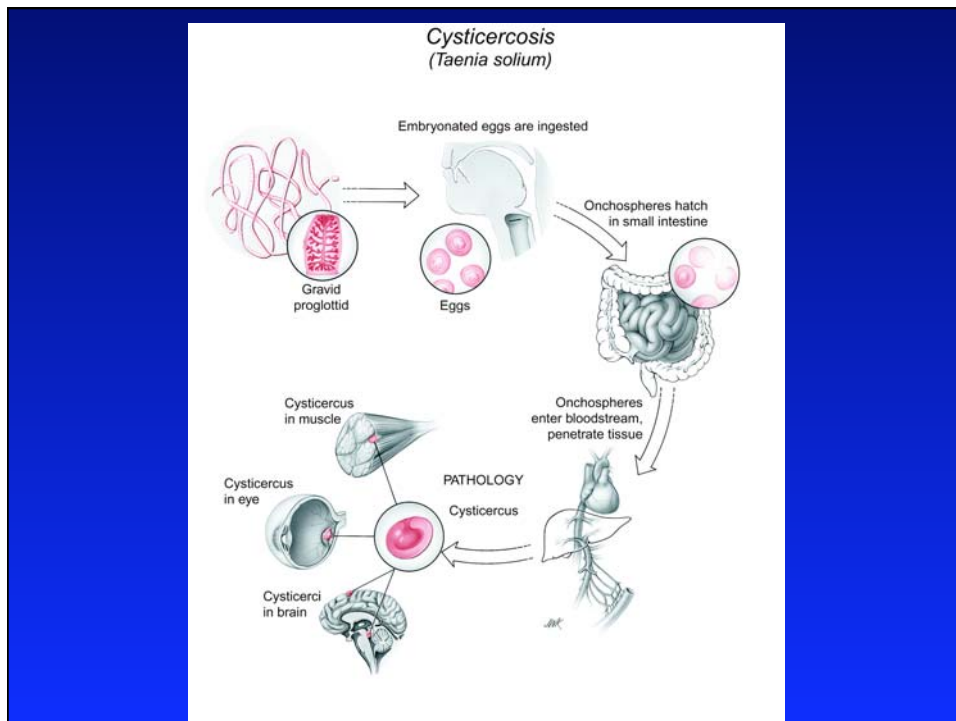
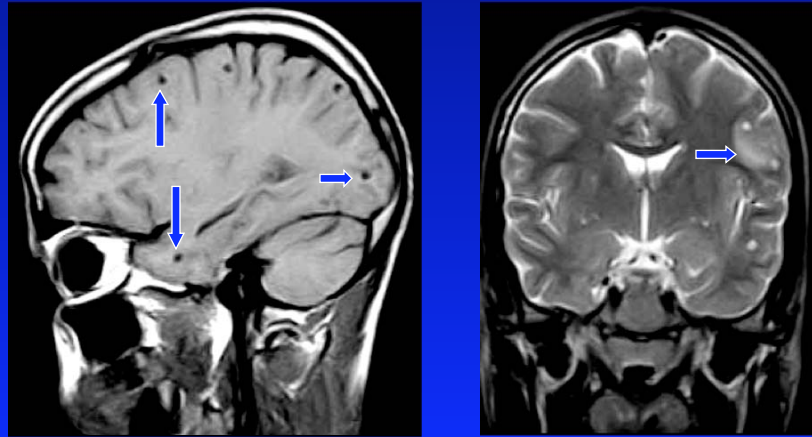
## Cysticercus in brain, on post-mortem pathology



Asymptomatic cyst. Actual cause of death, mesothelioma

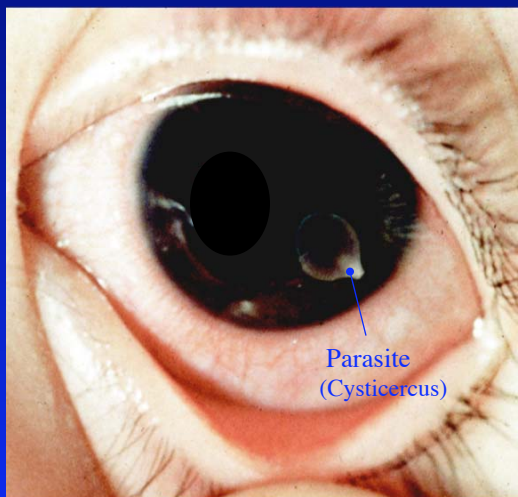
# Cysticercosis and Neurocysticercosis

## Multiple Intracerebral Cysts



## Manifestations of Cysticercosis in Humans

Cysticercus floating freely  
in anterior chamber



**Cysticercosis of eye:**  
cysticercus near optic nerve,  
mis-diagnosed as retinoblastoma.



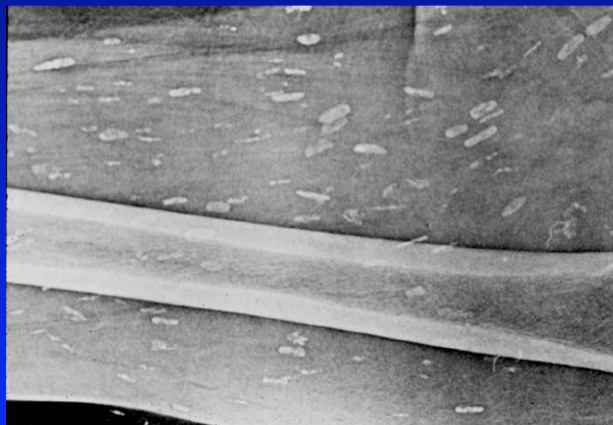
Enucleated globe in cross-section

Cysticercus



"The Alien"

**Radiogram of lower leg with numerous  
calcified cystercerci of *T. solium***



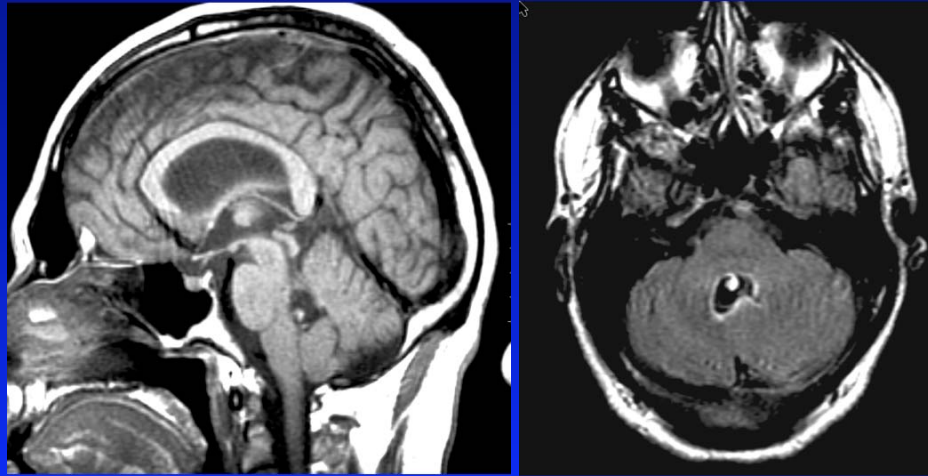
## Subcutaneous Cysts



Neurocysticercosis  
of the spine

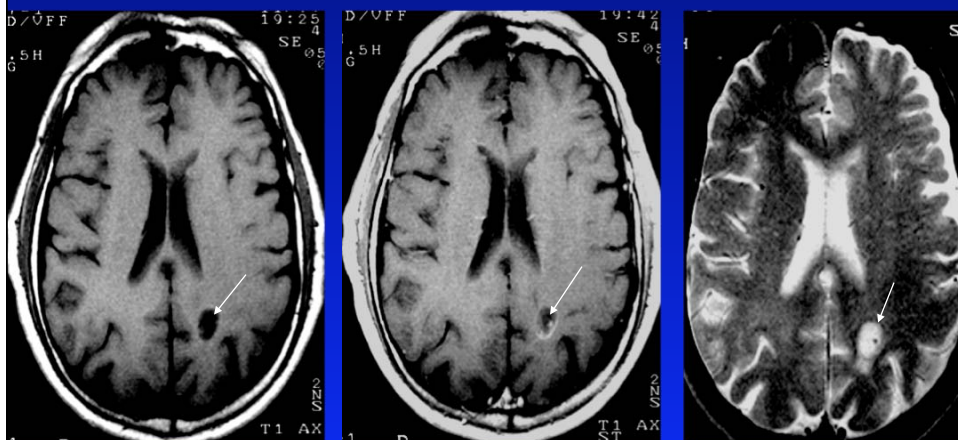
## Cerebello-pontine angle cysticercus

This may cause hydrocephalus



MRI sagittal (T1) and axial views (T1 + C)

## Neuro-cysticercosis



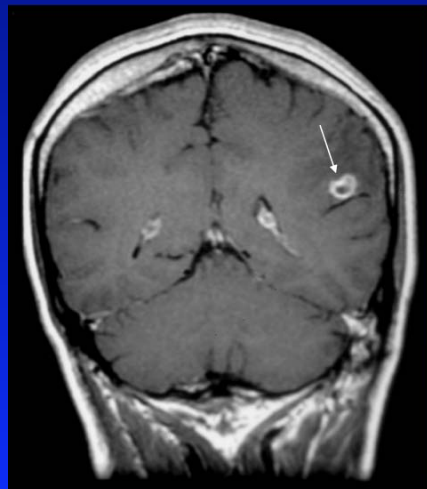
T1 weighted

T1 with contrast

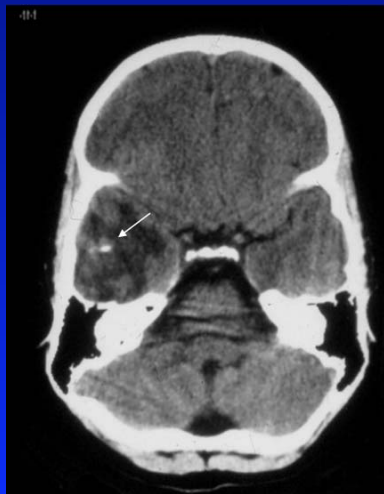
T2 weighted

## Neurocysticercosis

MRI



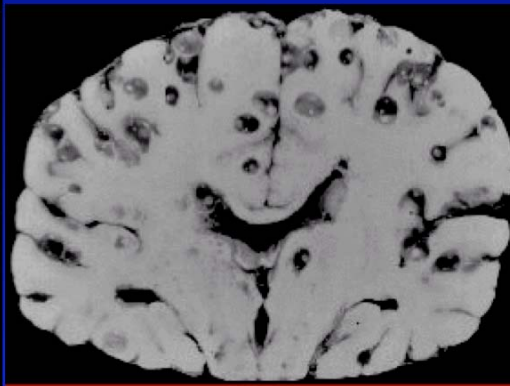
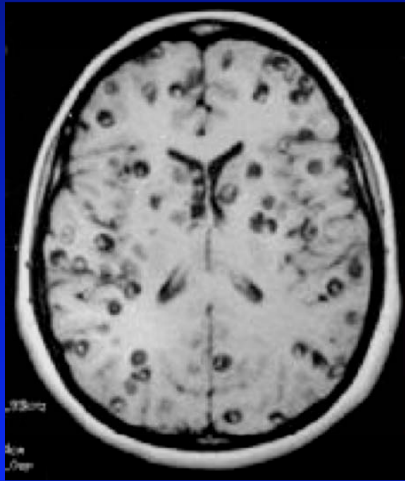
CT Scan



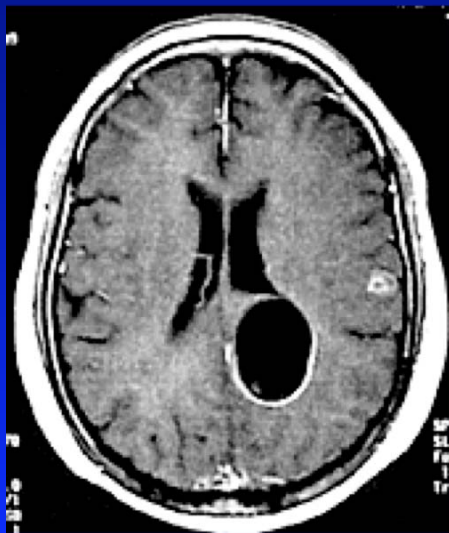
## Intracerebral Calcifications



## How bad can things get?



## a GIANT cyst

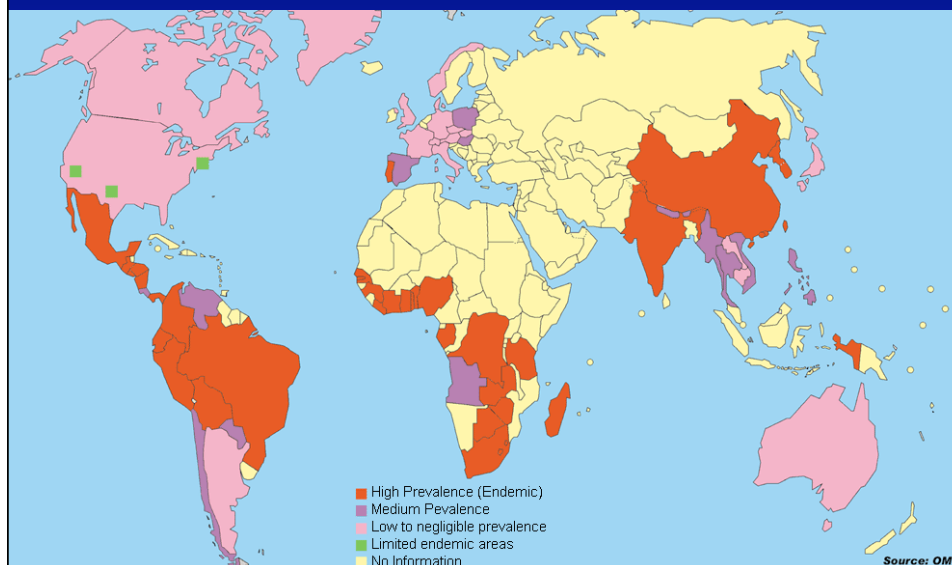


- Single vs multiple cysts
- Growing/living cysts vs
- Calcified/dead cysts
- Small vs GIANT Cysts
- Seizures,
- CSF obstruction
- Hydrocephalus,
- Arachnoiditis,
- Mass effect,
- Focal neurologic deficits...

## Immuno-modulation

- Taeniastatin
  - protease inhibitor
- Paramyocin
  - Inhibits complement
- Other proteases:
  - Degrade Interleukin-12, immunoglobulins and interferon

## Neurocysticercosis and Taeniasis: Global Prevalence Map



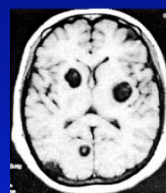
## Clinical Epidemiology of Cysticercosis

- Est. 50 million people with Intestinal Taeniasis, world-wide
- 20% have cysticercosis; at least half will be symptomatic (Sz)
- Leading cause of adult-onset seizures worldwide (~40%)
  - Other causes are trauma, TB, tumors, toxins, other.
- In US: Est. 1000 new cases per year (no mandatory reporting)
  - Immigrants account for > 95% annually
  - Travelers account for ~3%
  - Autochthonous transmission: rare

## Pathogenesis:

Space-Occupying lesion

Local Immunologic Reaction



## Clinical Disease:

- Vision impairment / Blindness
- Seizures/Death
- Hydrocephalus/Coma/Death
- Focal Neurologic deficits that depend upon location of mass and area affected.

## Diagnosis:

Must differentiate between cysticercosis and other possible lesions (benign cysts, solid tumors, etc.)

1. Biopsy whenever possible
2. Physical (palpation) and X-ray evidence
3. Enzyme-linked immunoblot serological test, can be as high as 98% sensitive, 100% specific.
4. MRI

## Treatments:

1. Surgical removal of cysticercus when appropriate
2. Steroids (e.g., dexamethazone) during time of neurological symptoms
3. Anticonvulsants (e.g. Dilantin - Phenytoin)
4. Antiparasitic antibiotics: Praziquantel or albendazole + steroids + anticonvulsants for multiple or symptomatic cysticerci, or for inoperable cysts - under study)

## *Echinococcus granulosus*

The Dog tapeworm  
Hydatid Disease in Humans

## Cestode hosts

	<i>T. saginata</i>	<i>T. solium</i>	<i>Echinococcus granulosus</i>
Definitive Host:	Human	Human	Dog
Intermediate Host:	Cow	Pig	Sheep
		Human	Human

Traditional sheep husbandry and farming practices help to maintain the cycle in animals and humans.



Navaho, Arizona



Tibet

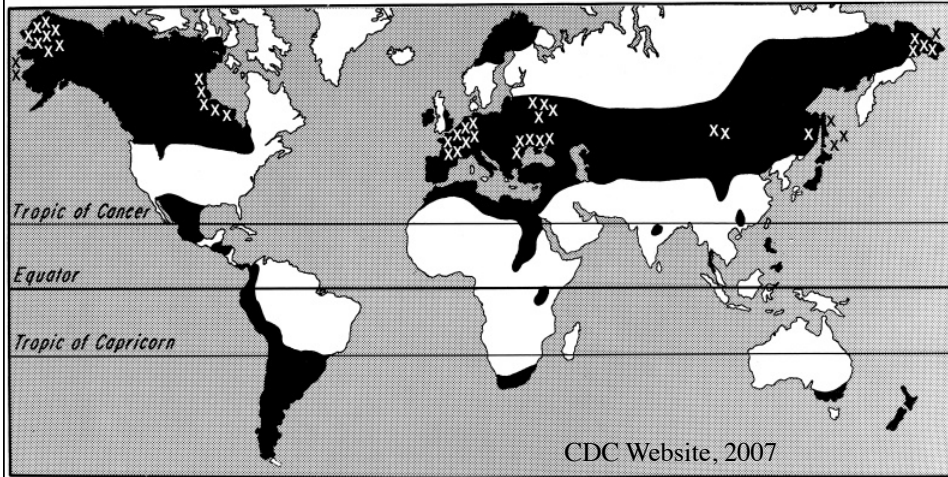


Scotland



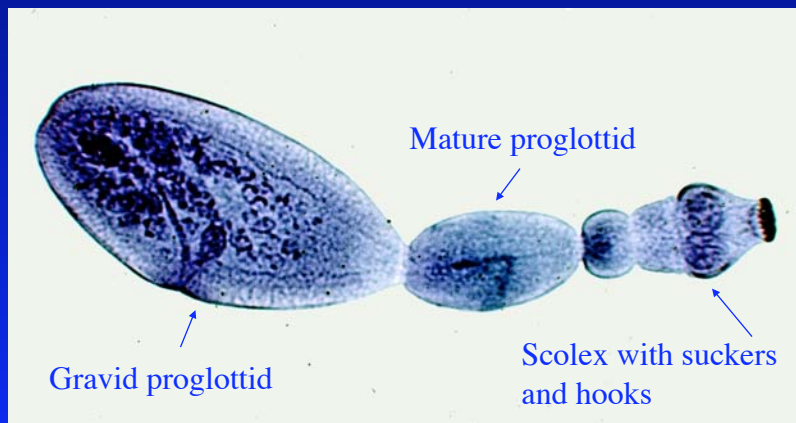
Abattoir, Ecuador

## Echinococcus Granulosus Global Prevalence Map



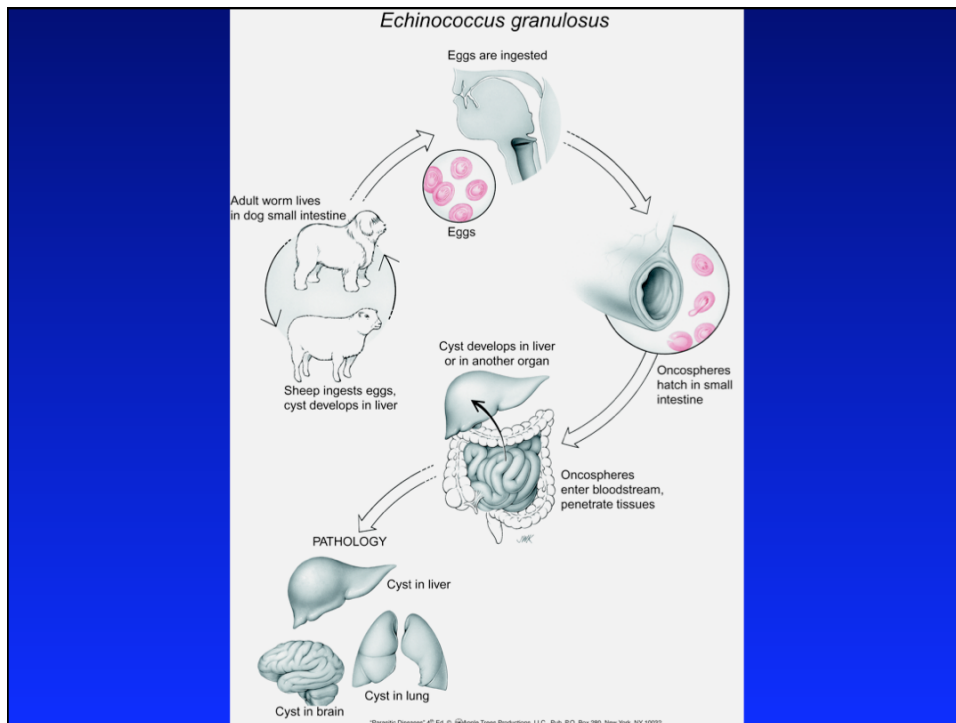
Distribution map of *Echinococcus granulosus* (black) and *E. multilocularis* (marked by 'X:'). The latter is now also found in Hokkaido (Japan), Alaska and also in the whole of Germany.

## Adult of *Echinococcus granulosus*

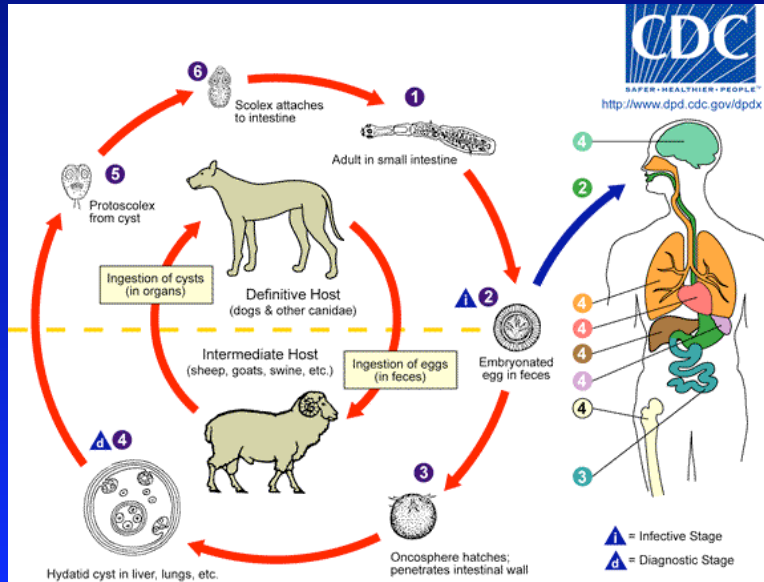




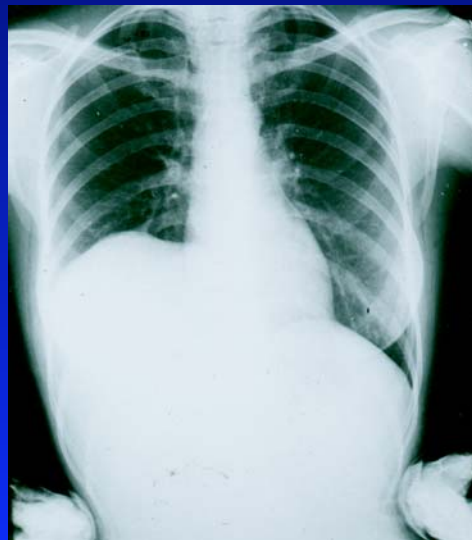
**Echinococcus Granulosus Adult**  
cute, n'est-ce pas?



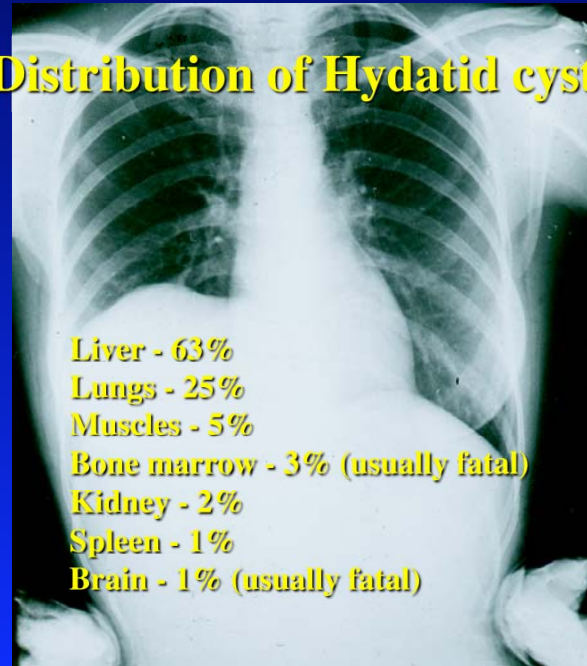
# Echinococcus Lifecycle



Radiogram of upper body showing elevation in right lobe of liver due to large hydatid cyst



## Distribution of Hydatid cysts



- Liver - 63%
- Lungs - 25%
- Muscles - 5%
- Bone marrow - 3% (usually fatal)
- Kidney - 2%
- Spleen - 1%
- Brain - 1% (usually fatal)

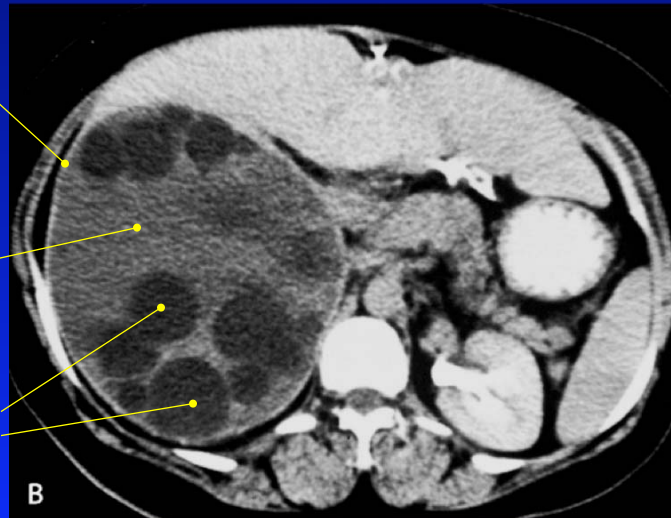
## Hydatid cyst of Liver

Visualize:

1. Hydatid Cyst

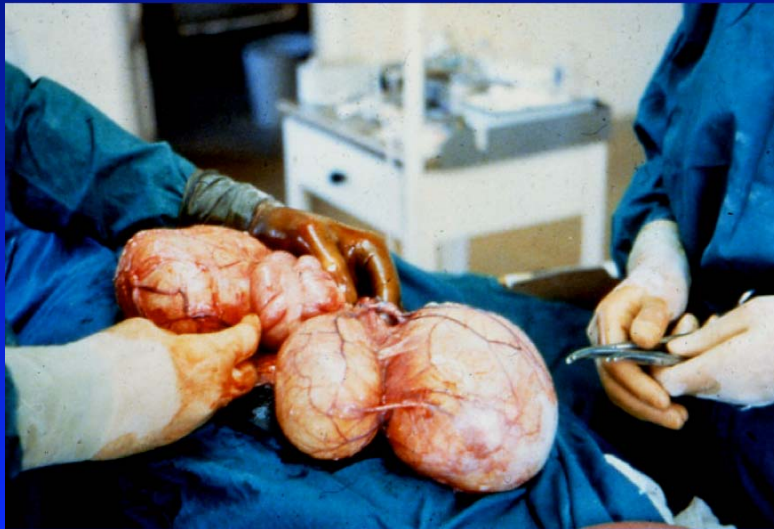
2. Hydatid Fluid

3. Daughter Cysts

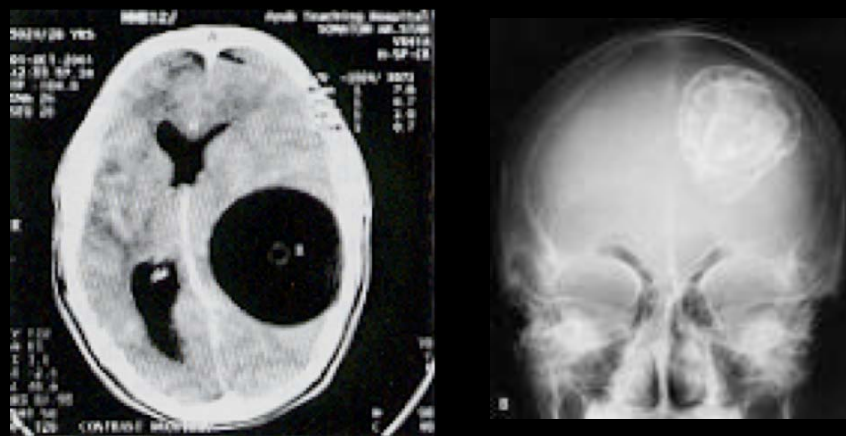


B

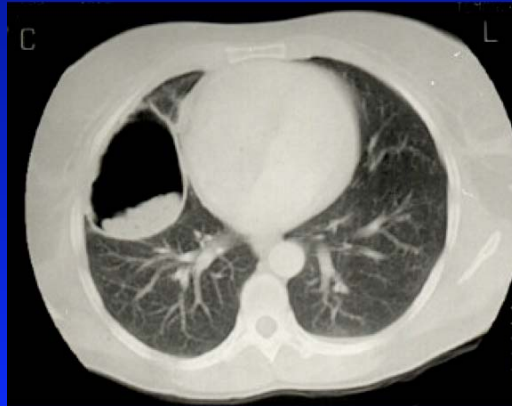
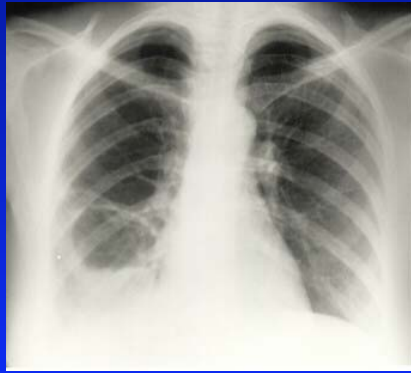
## Hydatid cysts removed from human liver



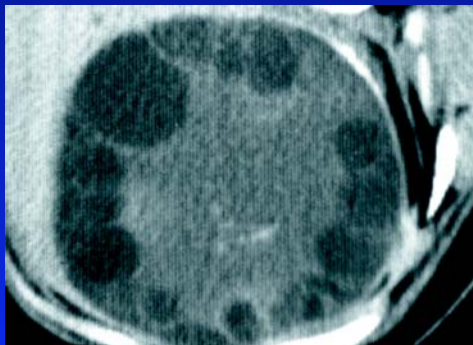
## Hydatid cyst of Parietal Lobe



## Pulmonary Echinococcus



## Liver infected with **hydatid** cyst of *Echinococcus granulosus*



CT Scan

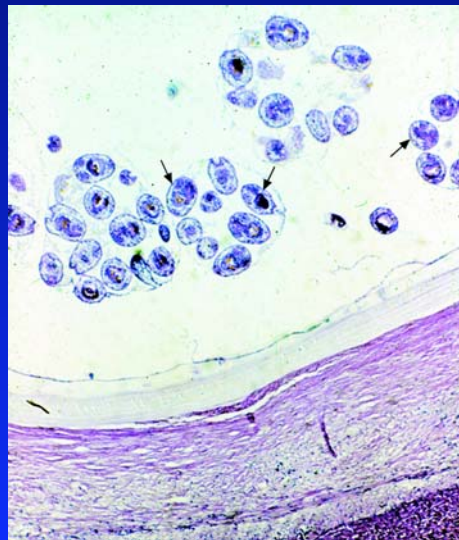


Ultrasound

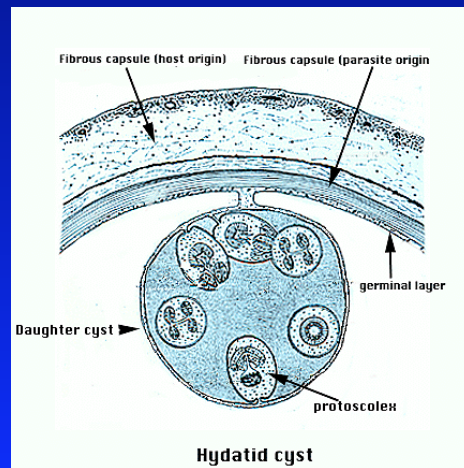
Petri dish filled with daughter cysts of  
*Echinococcus granulosus*



Histological section through brood capsules in  
hydatid cyst of *Echinococcus granulosus*



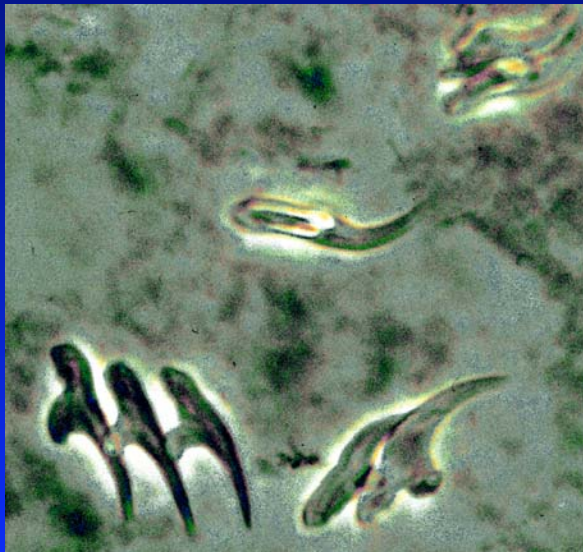
## Hydatid Cyst diagram



## Brood capsule with protoscolices of *Echinococcus granulosus*



## “Hydatid sand”



### Pathogenesis and Clinical disease:

- When intact, hydatid cysts are immunologically and often clinically silent, especially in the liver.
- In other organs (e.g., brain, lung, bone marrow), hydatid cyst is a space-occupying lesion.
- It may leak or rupture, seeding/metastasizing adjacent areas.
- When hydatid cyst ruptures, allergic reactivity and anaphylaxis often ensue. This may be fatal.

## Diagnosis:

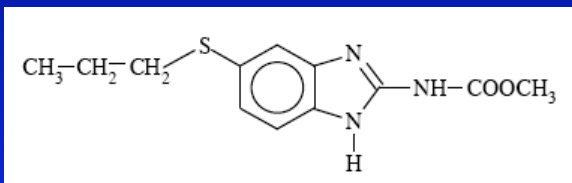
- A. Direct
  1. NO BIOPSY!
  2. CAN remove surgically. Find “hydatid sand” on microscopic examination of fluid from hydatid cyst
  
- B. Indirect
  1. ELISA-based serology
  2. Imaging: MRI, CAT scan, X-ray, Ultrasound
  3. Accurate case history (ownership of dogs, living on a sheep farm, etc.)

## Treatment:

- Surgical, whenever possible
  
- PAIR Technique for liver lesions
  - (puncture, aspirate, Inject, re-aspirate)
  
- Pharmacologic has less than 50% success

## Drug of Choice:

### Albendazole (for 1-6 months)



#### Mode of Action:

Prevents microtubule polymerization,  
blocking glucose absorption, starving worm

## Prevention and Control:

- Regularly treat all shepherding dogs with niclosamide. This drug kills the adult parasites (by inhibiting ATPase).
- Avoid feeding hydatid cyst material (sheep offal) to dogs.
- Public health education of sheep farmers.



Now that I can't eat meat or pork  
or play with dogs, cats or sheep,  
what'll I do with my nights off?  
I think I'll have a scotch.

-Abraham