

Cestodes

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Helminths

- Phylum Nematoda (Roundworms) - “Nematodes”
 - Pinworm, Whipworm, Ascaris + VLM, Hookworm + CLM
 - Elephantiasis, River Blindness, Dracunculiasis, etc.



- Phylum Platyhelminthes (Flatworms)
 - Class Cestoidea (segmented flatworms) - “Cestodes”
 - Class Trematoda (non-segmented flatworms) - “Trematodes”

The tapeworms

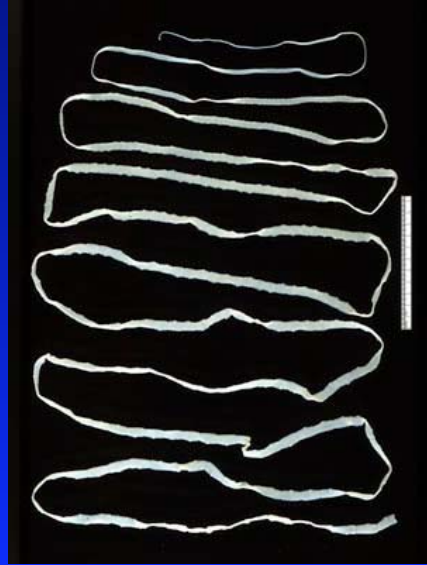
(Cestodes – All are flat, segmented worms and adults are obligate parasites of the intestinal tract)

- *Taenia saginata* (beef tapeworm)
- *Taenia solium* (pork tapeworm)
---> Cysticercosis
- *Echinococcus granulosus* (dog tapeworm)
---> Hydatid Disease



Taenia saginata adult

“Bowl o’ Worms”



www.Healthinplainenglish.com/health/infectious_diseases/tapeworm

“Fields o’ beeves”



D. Despommier, master photographer and fly-fisherman

“Plate o’ Beef” a la “Wellington”



D. Despommier, expert chef

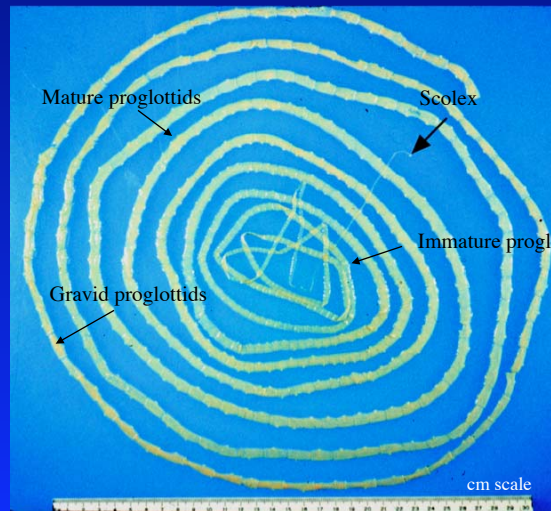
Cysticercosis - heart of cow

Veterinary Pathology Laboratory, Univ. Penn



Cysticercus
Cysticerci
Cysticercosis

Adult *Taenia saginata*



Scolex (head)

Proglottids
(segments)

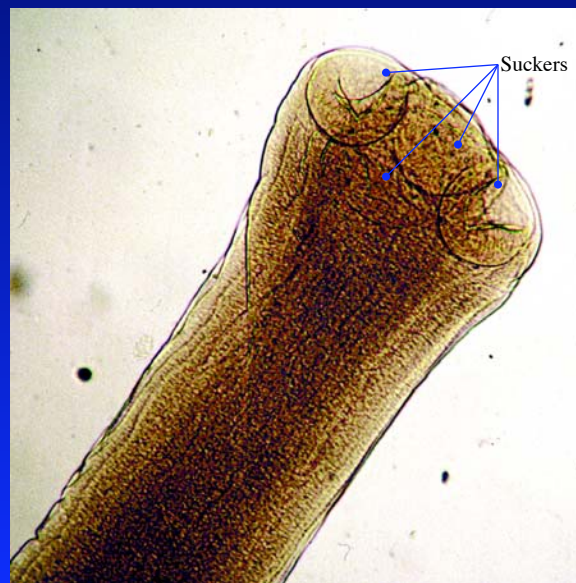
Strobila
(body and head)

Tegument

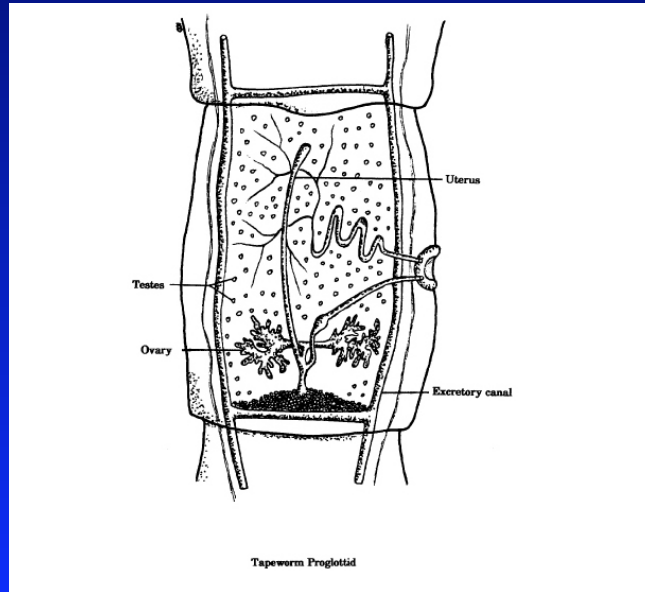
Nervous System

Locomotion

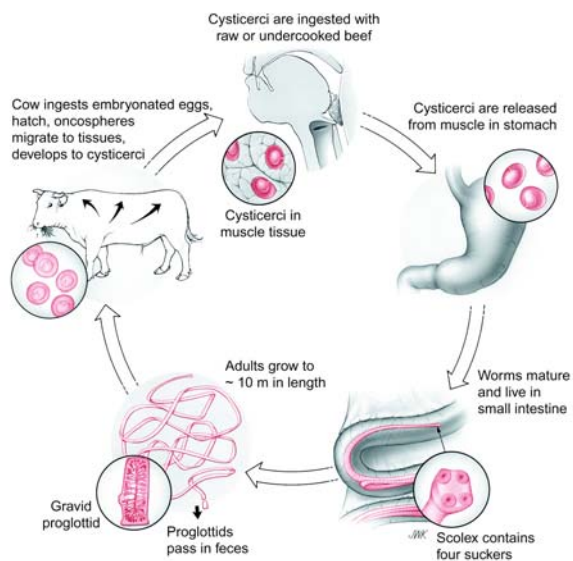
Taenia saginata scolex



Proglottid - Sex organs



Taenia saginata



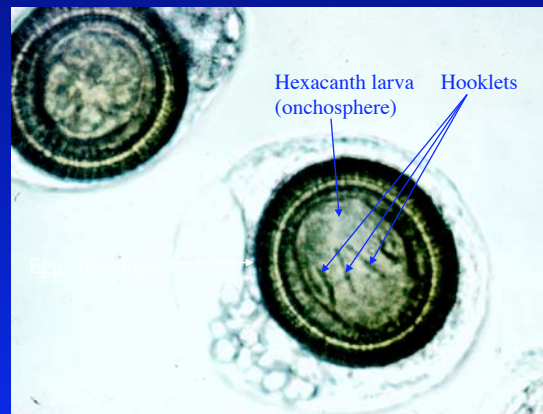
Cestode hosts

T. saginata

Definitive Host: Human

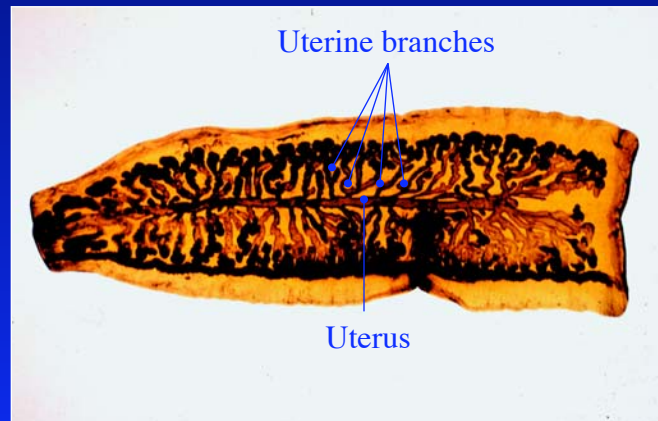
Intermediate Host: Cow

Embryonated, infectious taeniid eggs



Cannot distinguish species of *Taenia* tapeworms based on morphology of eggs

Gravid Proglottid of *Taenia saginata*



The central uterus of T. saginata has more than 12 branches on a side

Pathogenesis:

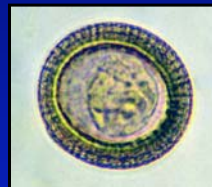
None

Clinical Disease:

None in humans

Diagnosis:

1. Find eggs or proglottids in stool



2. Identify species based on proglottid morphology, after formalin and India Ink

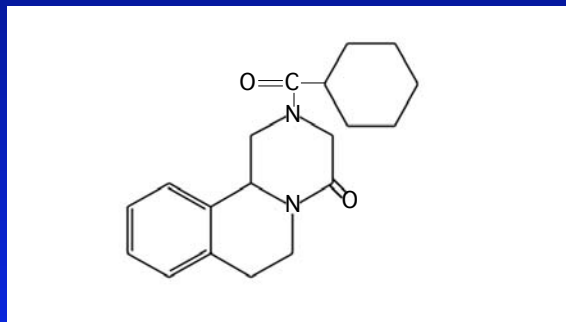


3. Identify scolex



Drug of Choice

Praziquantel



Mode of Action:

Increases permeability of flatworm tegument to Ca^{2+} ions,
Causing muscle tetany and worm detachment.

Prevention and Control:

1. Sanitary disposal of human feces

Prevention and Control (cont'd):

2. Prevent cows from coming into contact with human feces, ie good sanitation and physical restraints.
3. Freeze and/or cook all beef until well-done
Good luck Paris, good luck New York!!
(No more rare filet mignon or steak tartar)
4. Federal meat inspection programs (muscle exam or serum ELISA specific to larval stage).

Taenia solium

The Pork Tapeworm

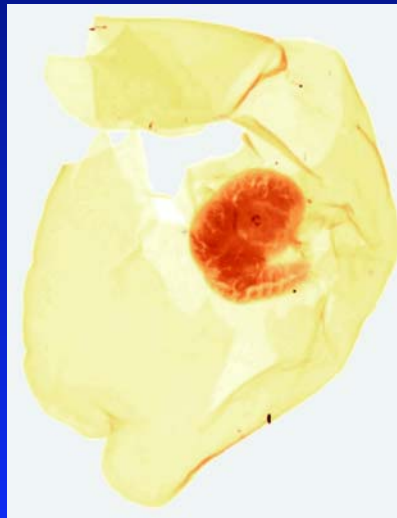


When is a 'still life' With Ham still alive?



Oil on canvas, Paul Gauguin

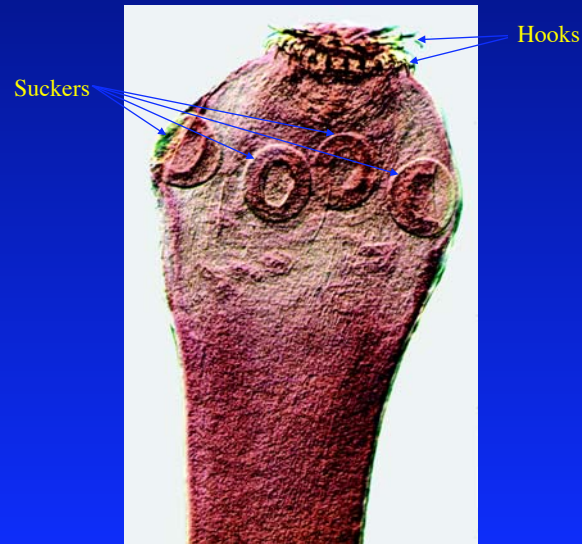
Whole cysticercus of Taenia solium



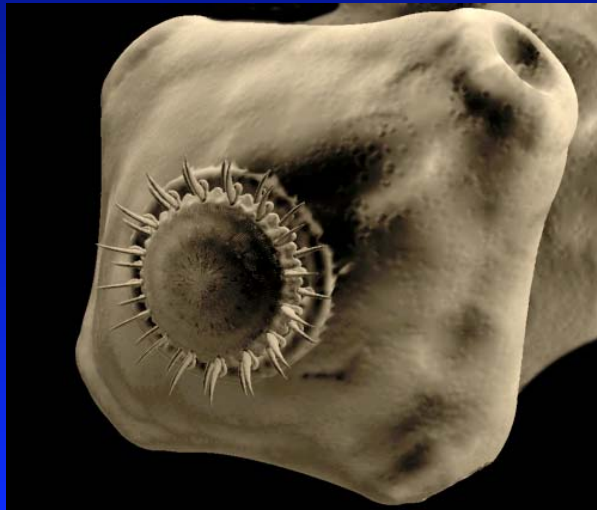
Adult Taenia solium



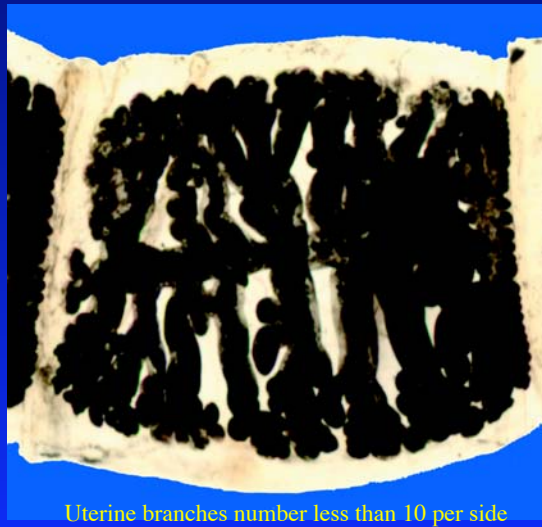
Taenia solium scolex



T. Solium Scolex

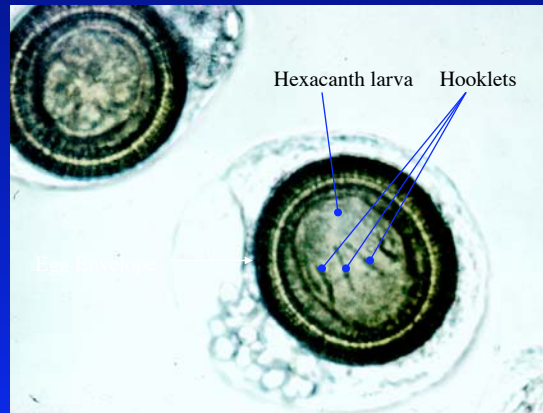


Gravid proglottid *Taenia solium*

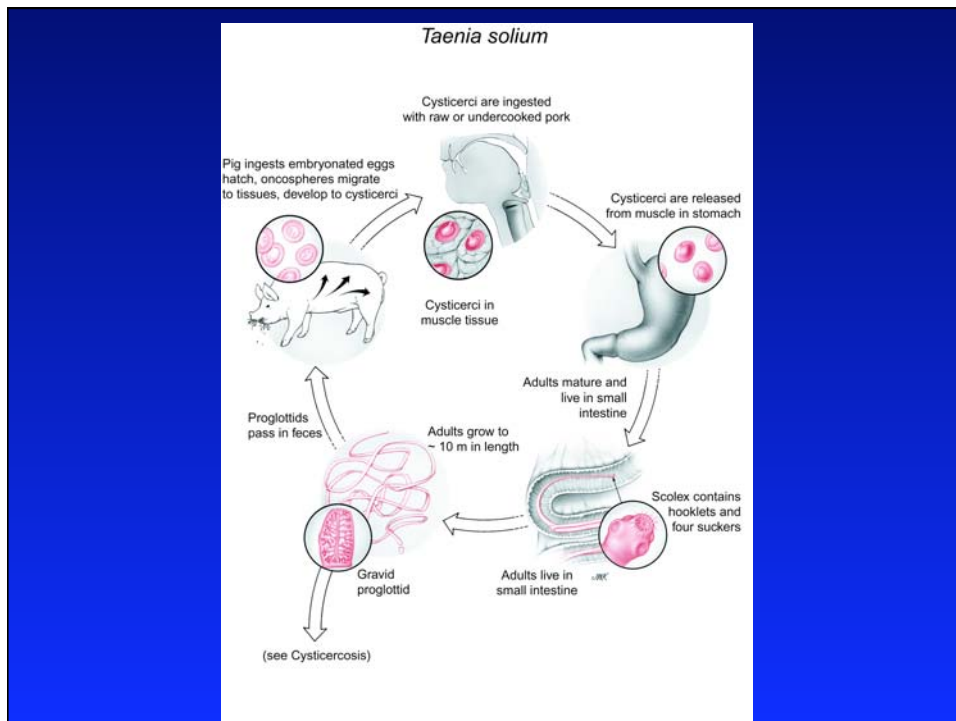


Uterine branches number less than 10 per side

Embryonated, infectious taeniid eggs



Cannot determine the species of *Taenia* based on egg morphology



Pathogenesis:

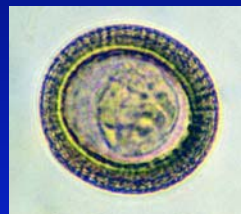
None

Clinical Disease:

None

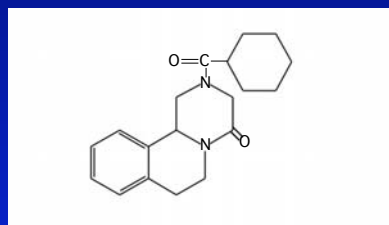
Diagnosis:

1. Find eggs or proglottids in stool
2. Identify species based on proglottid morphology
3. Identify scolex
4. Stool PCR or ELISA (not readily available)



Drug of Choice:

1. Praziquantel -



2. Niclosamide
 - Not absorbed systemically
 - Uncouples cestode oxidative phosphorylation, preventing ATP production.
 - Parasite is then digested by host enzymes.

Prevention and Control:

1. Sanitary disposal of human feces

Prevention and Control (cont'd):

2. Sanitary practices on pig farms;
separate disposal of human feces from pigs' range.
3. Cooking and/or freezing pork products thoroughly.
4. Federal Pork inspection programs.
5. Treat pigs (oxfendazole) or vaccinate pigs.
There is a new oncosphere mRNA vaccine in trial in eradication programs. (WHO Assembly, 2003).

Cestode hosts

	<i>T. saginata</i>	<i>T. solium</i>
Definitive Host:	Human	Human
Intermediate Host:	Cow	Pig Human

Human Cysticercosis

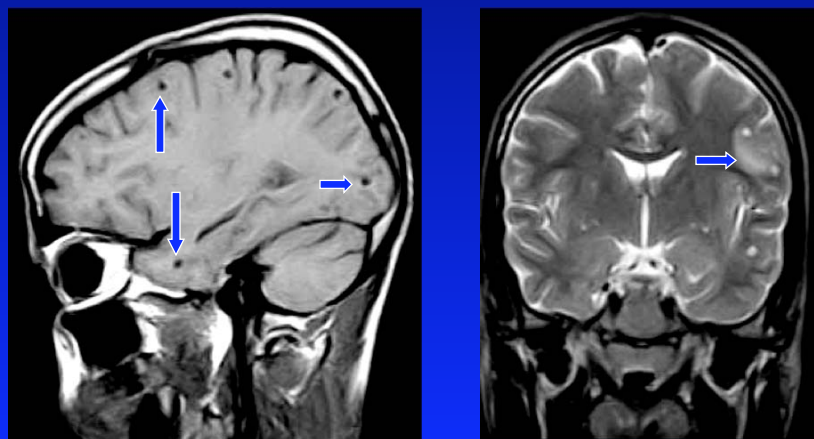
Cysticercus in brain, on post-mortem pathology



Asymptomatic cyst. Actual cause of death, mesothelioma

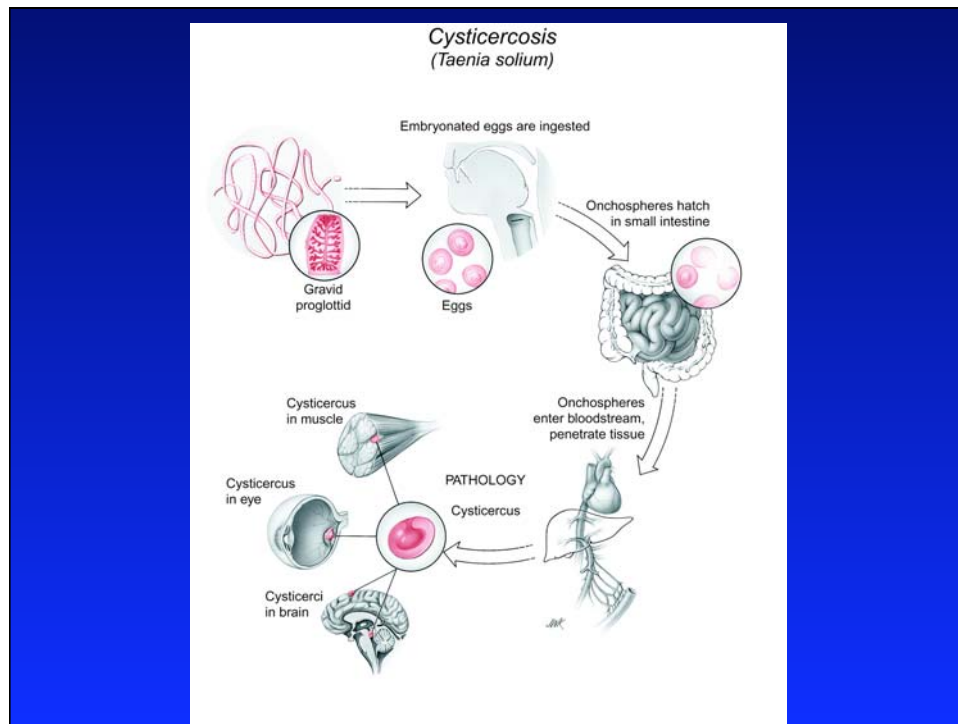
Cysticercosis and Neurocysticercosis

Multiple Intracerebral Cysts



Human Acquisition of Cysticercosis

- Foods contaminated by human feces in endemic locations - another person's worm
- Auto-inoculation (est. 15%) - one's own worm
- Reverse peristalsis or vomiting



Manifestations of Cysticercosis in Humans

**Cysticercus floating freely
in anterior chamber**



Cysticercosis of eye:
cysticercus near optic nerve,
mis-diagnosed as retinoblastoma.



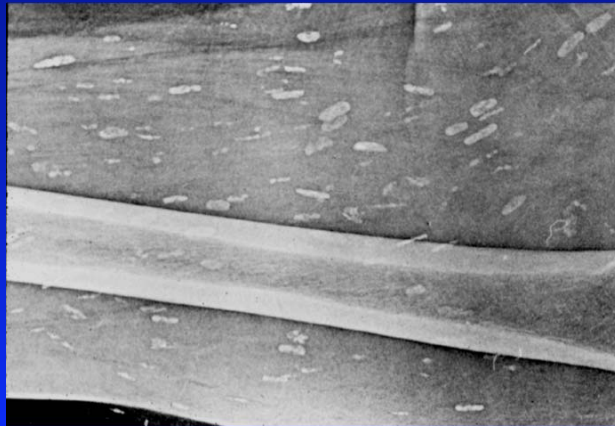
Enucleated globe in cross-section

Cysticercus



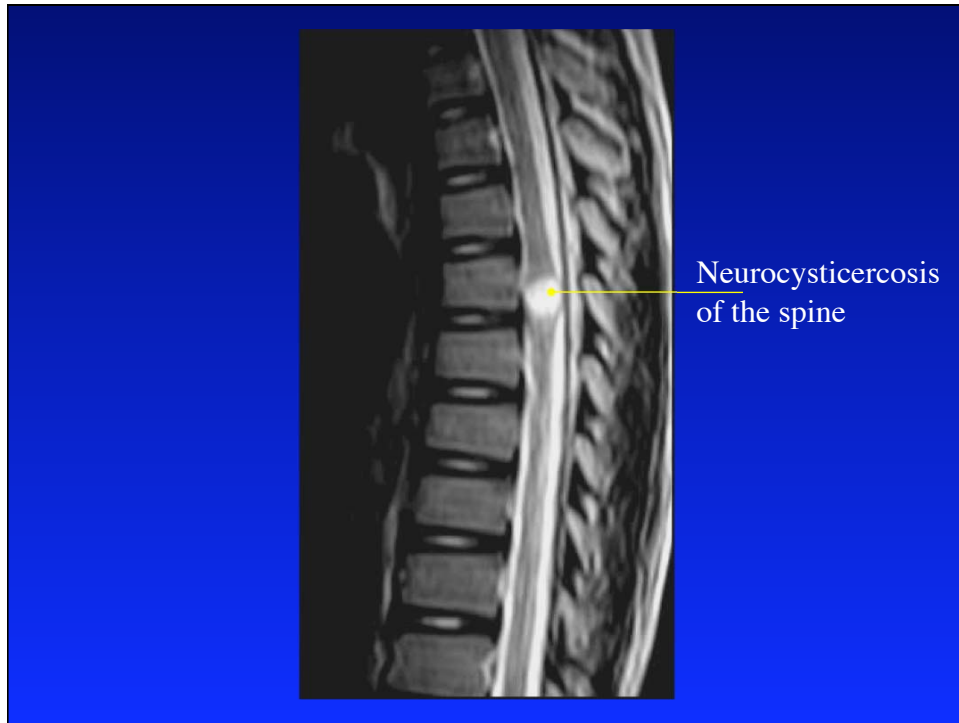
"The Alien"

Radiogram of lower leg with numerous
calcified cystercerci of *T. solium*



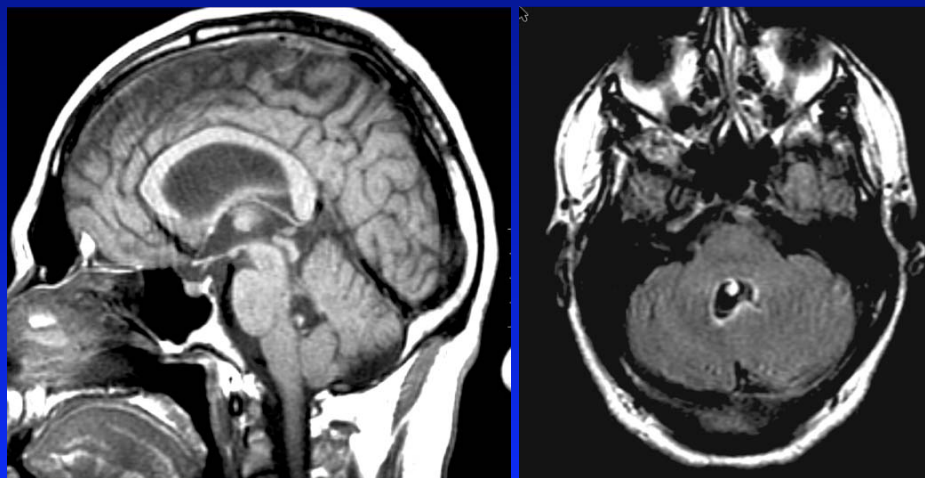
Subcutaneous Cysts





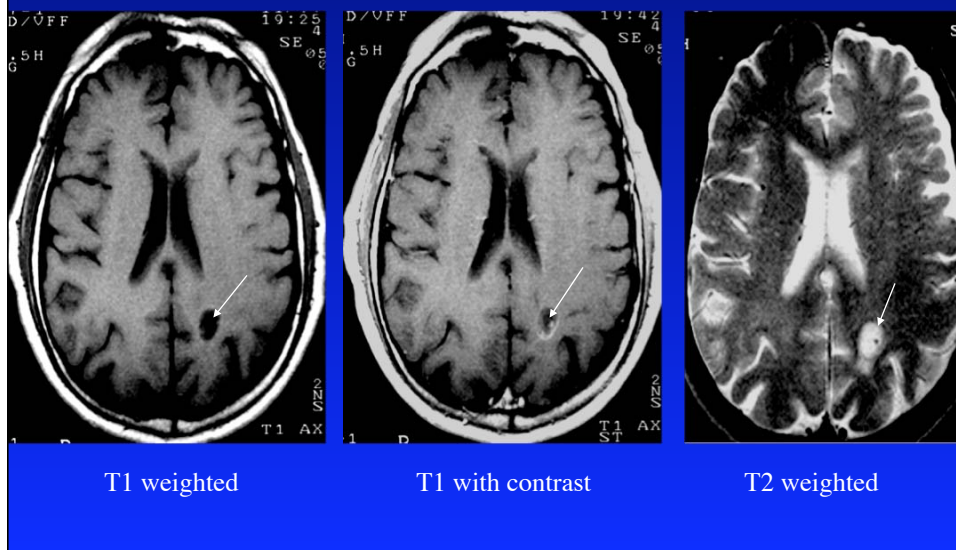
Cerebello-pontine angle cysticercus

This may cause hydrocephalus



MRI sagittal (T1) and axial views (T1 + C)

Neuro-cysticercosis

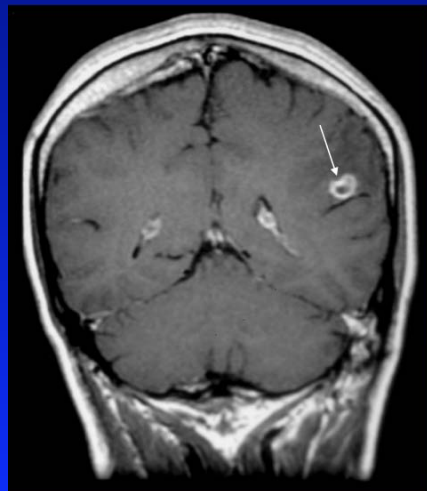


Immuno-modulation

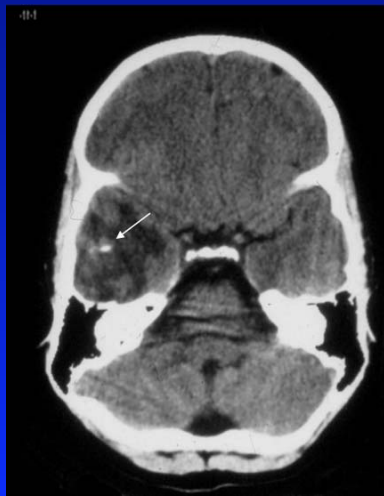
- Taeniastatin
 - protease inhibitor
- Paramyocin
 - Inhibits complement
- Other proteases:
 - Degrade Interleukin-12, immunoglobulins and interferon

Neurocysticercosis

MRI



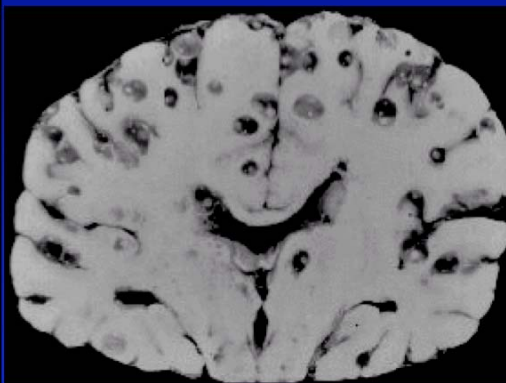
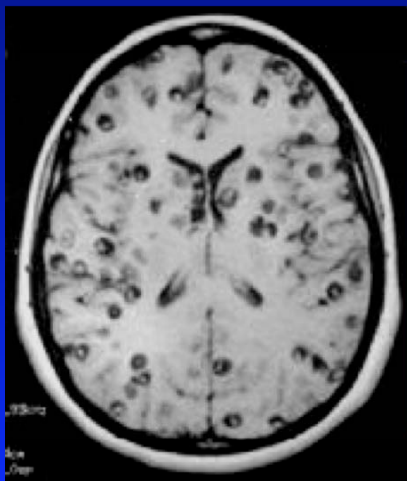
CT Scan



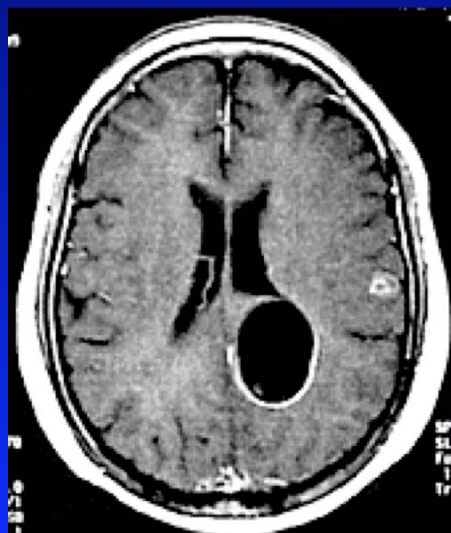
Intracerebral Calcifications



How bad can things get?



Rare GIANT Cyst



Symptoms vary based on cyst:

Number: Single or multiple

Size: GIANT or small

State: cysts are living, degenerating, or dead and calcified

Neurologic Effects may be:

Seizures

CSF obstruction

Hydrocephalus

Arachnoiditis

Mass effect

Focal neurologic deficits...

Pathogenesis:

Space-Occupying lesion

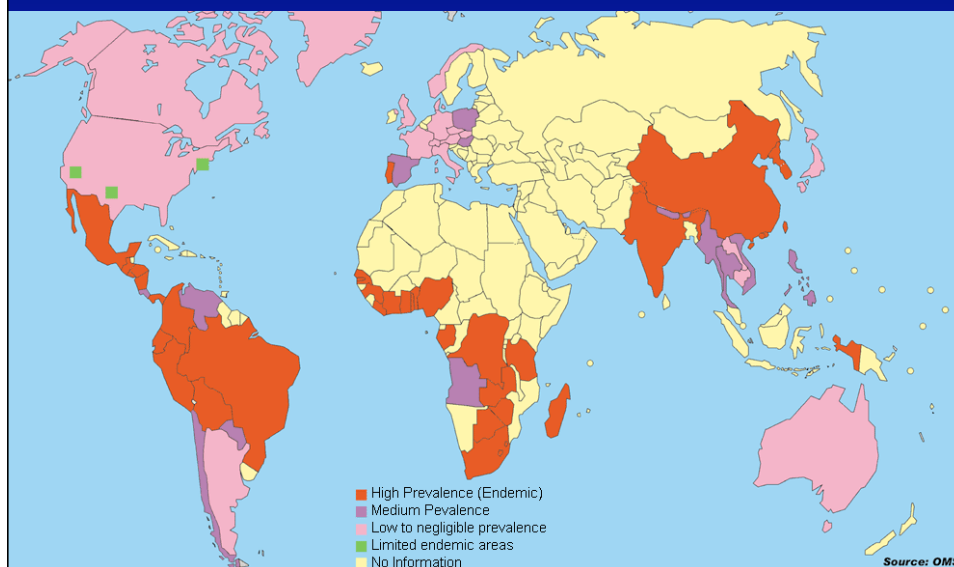
Local Immunologic Reaction



Clinical Disease:

- Vision impairment / Blindness
- Seizures/Death
- Obstructive Hydrocephalus/Coma/Death
- Focal Neurologic deficits that depend upon location of mass and area affected.

Neurocysticercosis and Taeniasis: Global Prevalence Map



Clinical Epidemiology of Cysticercosis

- Est. 50 million people with Intestinal Taeniasis, world-wide
- 20% have cysticercosis; at least half will be symptomatic (Sz)
- Leading cause of adult-onset seizures worldwide (~40%)
 - Other causes are trauma, TB, tumors, toxins, other.
- Leading cause of epilepsy among children in endemic areas
- In US: Est. 1000 new cases per year (no mandatory reporting)
 - Immigrants account for > 95% annually
 - Travelers account for ~3%
 - Autochthonous transmission: rare. Typically within families where one member harbors adult tapeworm.

Diagnosis:

Must differentiate between cysticercosis and other possible lesions (benign cysts, solid tumors, etc.)

1. Biopsy whenever possible
2. Physical (palpation) and X-ray evidence
3. Enzyme-linked immunoblot serological test, can be as high as 98% sensitive, 100% specific.
4. MRI

Treatments:

1. Surgical removal of cysticercus when appropriate
2. Steroids (e.g., dexamethazone) during time of neurological symptoms
3. Anticonvulsants (e.g. Dilantin - Phenytoin)
4. Anti-emetics if patient has intestinal taeniasis
5. Antiparasitic antibiotics: Praziquantel or albendazole + steroids + anticonvulsants for multiple or symptomatic cysticerci, or for inoperable cysts - under study)

Echinococcus granulosus

The Dog tapeworm
Hydatid Disease in Humans

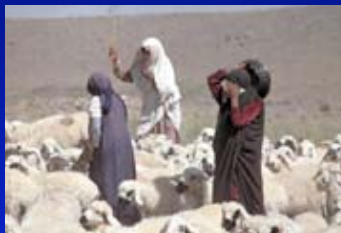
Cestode hosts

	<i>T. saginata</i>	<i>T. solium</i>	<i>Echinococcus granulosus</i>
Definitive Host:	Human	Human	Dog
Intermediate Host:	Cow	Pig	Sheep
		Human	Human

Traditional sheep husbandry and farming practices help to maintain the cycle in animals and humans.



Navaho, Arizona



Tibet

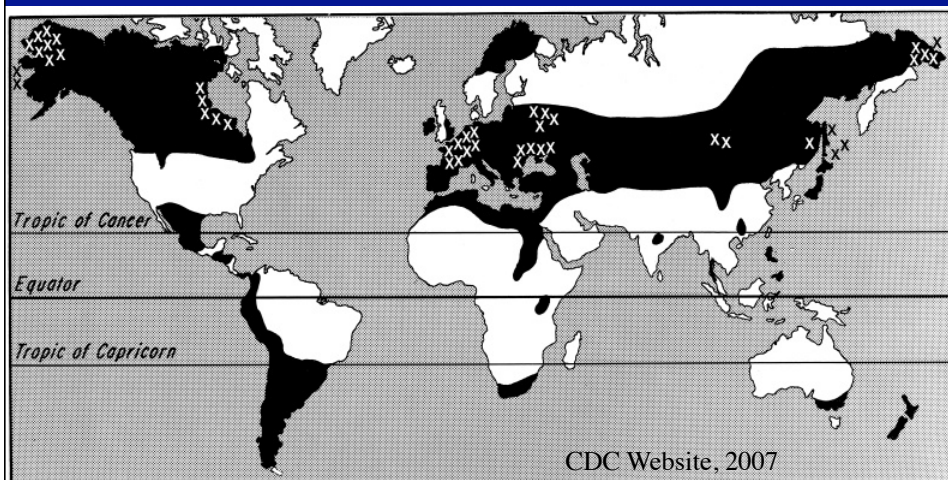


Scotland



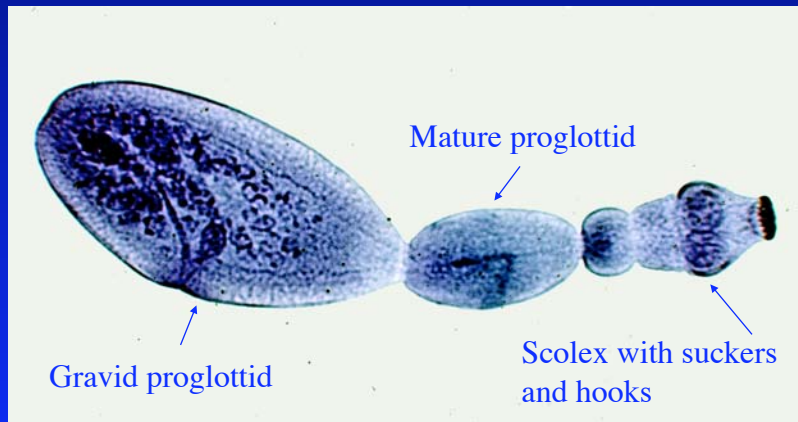
Abattoir, Ecuador

Echinococcus Granulosus Global Prevalence Map



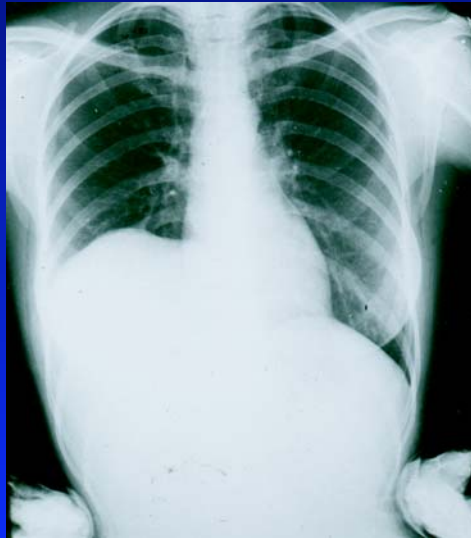
Distribution map of *Echinococcus granulosus* (black) and *E. multilocularis* (marked by 'X'). The latter is now also found in Hokkaido (Japan), Alaska and also in the whole of Germany.

Adult of Echinococcus granulosus

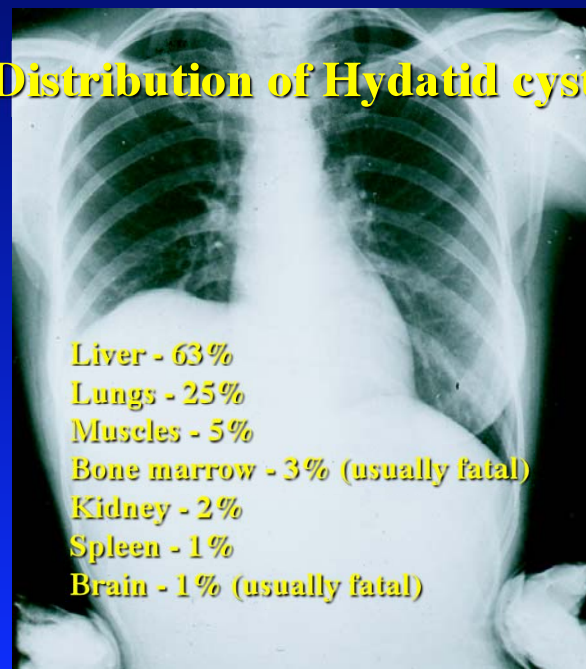


Echinococcus Granulosus Adult
cute, n'est-ce pas?

Radiogram of upper body showing elevation in right lobe of liver due to large hydatid cyst



Distribution of Hydatid cysts



- Liver - 63%
- Lungs - 25%
- Muscles - 5%
- Bone marrow - 3% (usually fatal)
- Kidney - 2%
- Spleen - 1%
- Brain - 1% (usually fatal)

Hydatid cyst of Liver

Visualize:

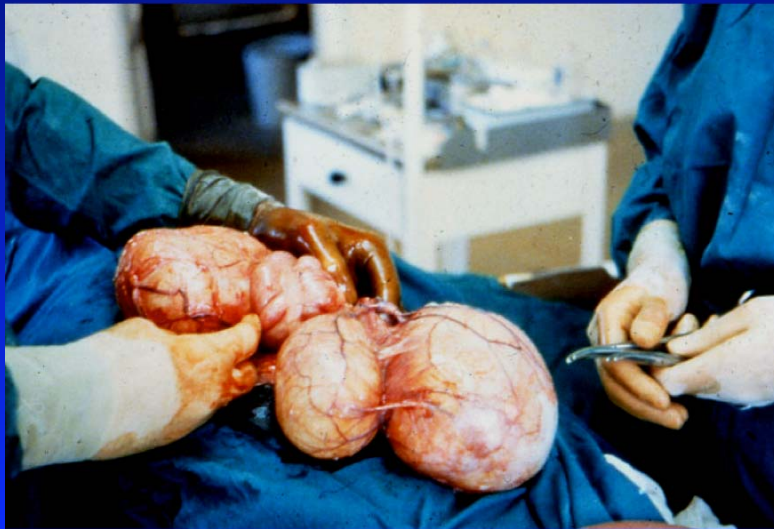
1. Hydatid Cyst

2. Hydatid Fluid

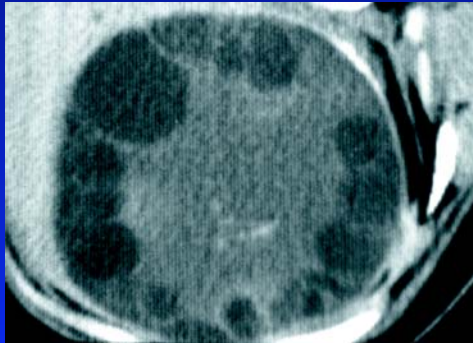
3. Daughter Cysts



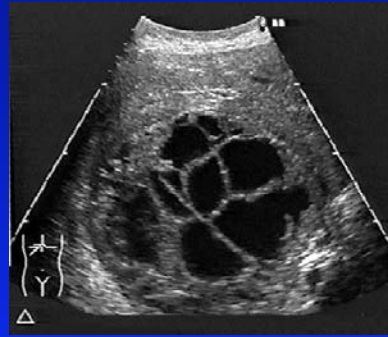
Hydatid cysts removed from human liver



Liver infected with **hydatid cyst** of
Echinococcus granulosus



CT Scan

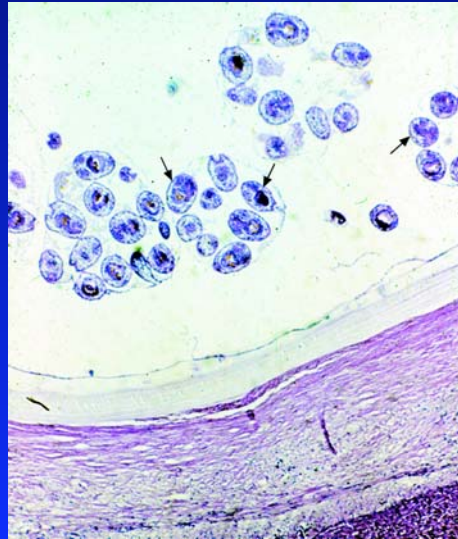


Ultrasound

Petri dish filled with daughter cysts of
Echinococcus granulosus

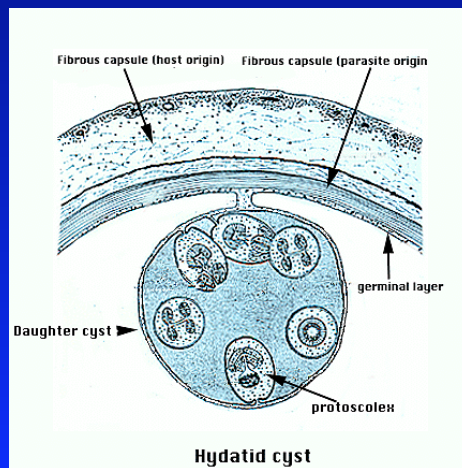


Histological section through brood capsules in hydatid cyst of *Echinococcus granulosus*



Daughter cysts
↓
Brood Capsules
↓
Protoscoleces
Protoscolex

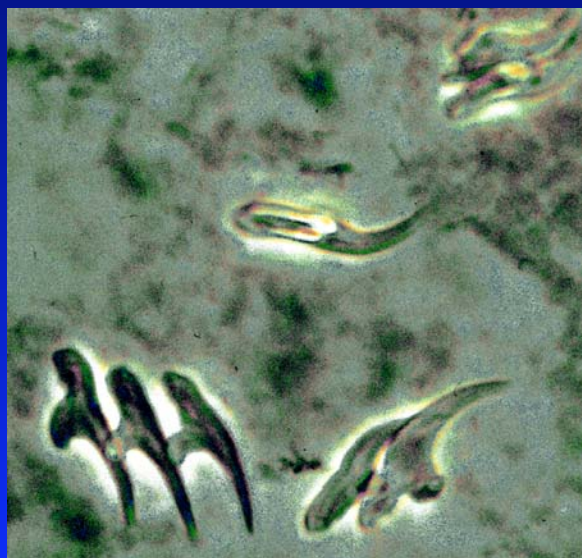
Hydatid Cyst diagram



Brood capsule with protoscolices of
Echinococcus granulosus



“Hydatid sand”



Pathogenesis and Clinical disease:

- When intact, hydatid cysts are immunologically and often clinically silent, especially in the liver.
- In other organs (e.g., brain, lung, bone marrow), hydatid cyst is a space-occupying lesion.
- It may leak or rupture, seeding/metastasizing adjacent areas.
- When hydatid cyst ruptures, allergic reactivity and anaphylaxis often ensue. This may be fatal.

Diagnosis:

A. Direct

1. NO BIOPSY!
2. CAN remove surgically. Find “hydatid sand” on microscopic examination of fluid from hydatid cy

B. Indirect

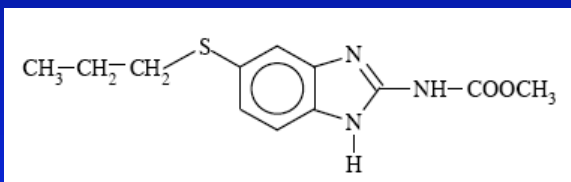
1. ELISA-based serology
2. Imaging: MRI, CAT scan, X-ray, Ultrasound
3. Accurate case history (ownership of dogs, living on a sheep farm, etc.)

Treatment:

- Surgical, whenever possible
- PAIR Technique for liver lesions
 - (puncture, aspirate, Inject, re-aspirate)
- Pharmacologic has less than 50% success

Drug of Choice:

Albendazole (for up to 6 months)



Mode of Action:

Prevents microtubule polymerization,
blocking glucose absorption, starving worm

Prevention and Control:

- Regularly treat all shepherding dogs with niclosamide. This drug kills the adult parasites (by inhibiting ATPase).
- Avoid feeding hydatid cyst material (sheep offal) to dogs.
- Public health education of sheep farmers.



Now that I can't eat beef or pork
or play with dogs, cats or sheep,
what'll I do with my nights off?
I think I'll have a scotch.

-Abraham