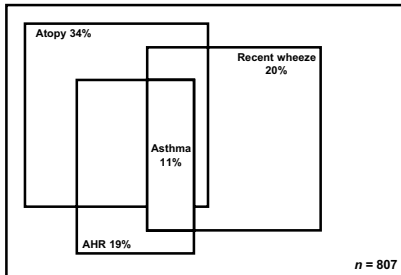
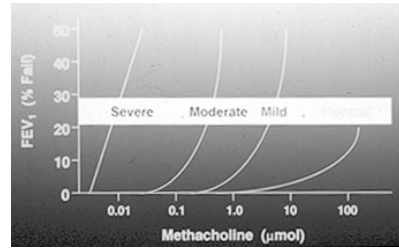


Defining Asthma: Clinical Criteria

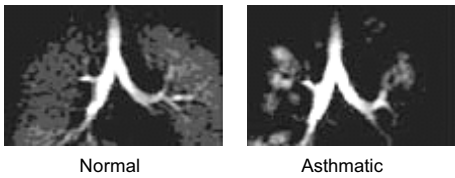


From: Woolcock, A.J. "Asthma" in *Textbook of Respiratory Medicine*, 2nd ed. Murray, Nadel, eds. (Saunders, Philadelphia) pp. 1288-1330, 1994

Defining Asthma: Bronchial Hyperresponsiveness

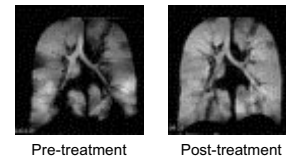


Impaired Ventilation in Asthma

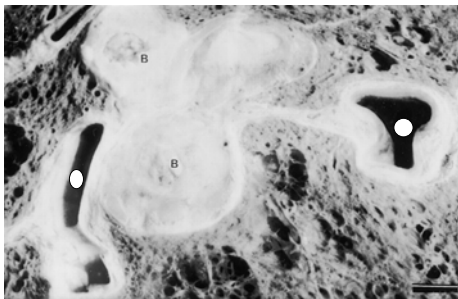


From: Klarreich, *Nature* 424:873, 2003

Dynamic Imaging of Asthma



Mucus Plugging is a Prominent Feature of Moderate to Severe Asthma



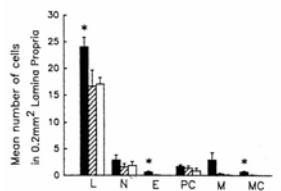
From: Bousquet et al., *Am. J. Respir. Crit. Care Med.*, 161:1720, 2000

Some Landmarks in the History of the Immunology of Asthma*

- 1989: Early genetic mapping assigns chromosome 5q to the "cytokine gene cluster"
- Early 1990s: Asthma is an inflammatory disease
- 1990: Upregulation of ICAM-1 and LFA-1, adhesion molecules, in a primate model of asthma
- 1992: T_H2 bias of lymphocytes in asthma
- 1997: Experimental support grows for the "Hygiene hypothesis," first proposed in 1989
- 2000: Role of Tregs in regulation of asthma

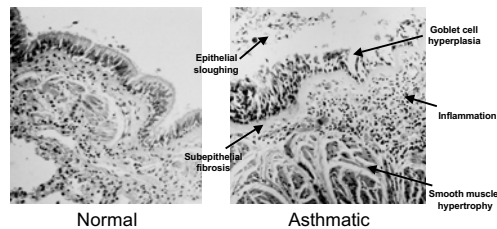
*Highly biased view; therefore, commit to memory

Nature of Inflammatory Cells in Biopsies From Airways of Asthmatics



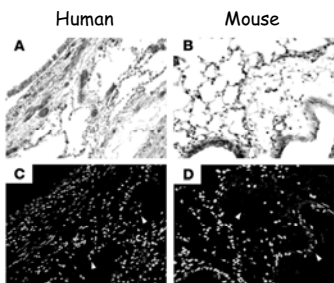
From: Ollerenshaw and Woolcock, *Am. Rev. Resp. Dis.* 145:922, 1992

Defining Asthma: Pathological Features



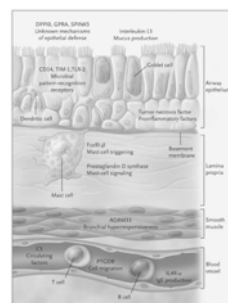
From: Bousquet et al., *Am. J. Respir. Crit. Care Med.*, 161:1720, 2000

Fibrin Deposition in the Airways of Asthmatics

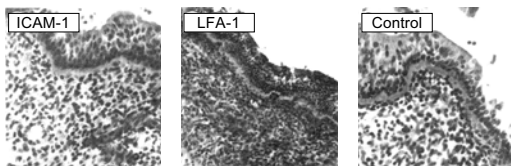


From: Wagers et al. *J. Clin. Invest.* 114:104-111, 2004

Tissue "Compartments" in Asthma



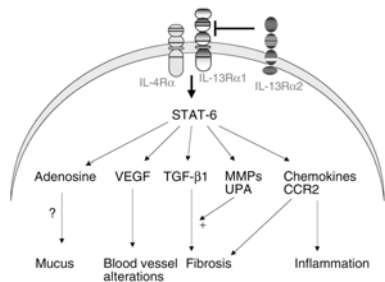
Adhesion Molecules ICAM-1 and LFA-1 in Experimental Asthma



From: Wegner et al., *Science* 247:456, 1990

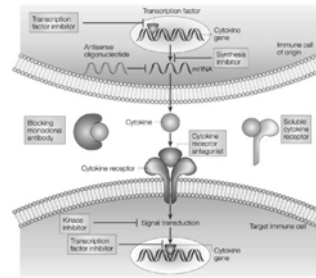
Asthma and the Immune Response

STAT-6 Signaling Pathways Leading to the Asthmatic Phenotype



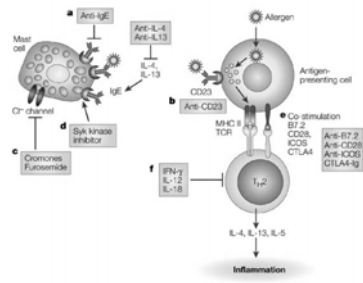
From: Elias et al., *J. Clin. Invest.* 111:291, 2003

Potential Drug Targets in Asthma



From: Barnes, *Nature Reviews Drug Discovery* 3:831,2004

Understanding the Immunology of Asthma Leads to Insights Into Novel Therapeutics



From: Barnes, *Nature Reviews Drug Discovery* 3:831,2004

Who Gets Asthma?

The Inverse Association Between Tuberculin Responses and Atopic Disorder
 Taro Shimizu, Toshiro Koyama, Shin-ichi Shimizu, Julian M. Hopkin

Abstract
 Tuberculin responses are inversely associated with atopic disorders. We investigated the association between tuberculin responses and atopic disorders in a large, population-based, cross-sectional study of Japanese schoolchildren. The association between tuberculin responses and atopic disorders was examined in 867 Japanese schoolchildren aged 12 years. The association between tuberculin responses and atopic disorders was examined in 867 Japanese schoolchildren aged 12 years. The association between tuberculin responses and atopic disorders was examined in 867 Japanese schoolchildren aged 12 years.

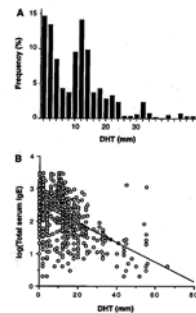


Fig. 1. Delayed hypersensitivity to tuberculin (DHT, in millimeters) and relation to serum IgE. (A) Histogram showing bimodal distribution of responses to tuberculin, assayed as DHT at 12 years of age in 867 Japanese schoolchildren. (B) Plot of log10 total serum IgE versus DHT in the same children ($r = -0.492$, $P < 0.001$).

From: Shirakawa et al., *Science* 275:77, 1997

Table 1. History of infectious diseases, atopic symptoms, IgE levels, and cytokine profiles in subjects grouped by tuberculin reactivity, ASE, allergen-specific IgE, UD, undetectable.

Measurement	Group 1 (n = 293)	Group 2 (n = 289)	Group 3 (n = 213)	Group 4 (n = 75)	Total (n = 867)
Tuberculin response					
At 6 years	-	-	+	+	
At 12 years	-	-	+	-	
Positive antiviral immunity (%)					
Measles (history + vaccine)	83.4	87.2	84.5	81.3	84.3
Chicken pox (history + vaccine)	86.9	82.3	82.2	82.7	83.9
Mumps (history + vaccine)	62.8	60.9	60.1	57.3	61.0
Number with IgE to Ascaris	2	2	2	1	7
Symptoms (%)					
Atopy (past + present)	46.8	33.911	25.811	36.7	36.6
Atopy (present)	32.1	7.8111	9.8111	20.7	18.5
Asthma (past + present)	13.4	4.111	3.711	6.8	7.4
Rhinitis (past + present)	16.2	4.811	8.61	14.6	10.4
Eczema (past + present)	22.7	12.811	12.211	16.0	16.2
Geometric mean IgE (IU/ml)	208	149**	98***	178	154
Positive ASE (%)	55.8	43.811	41.811	53.3	48.2
Atopic high IgE or positive ASE (%)	65.5	54.011	49.211	61.3	57.3
Median cytokine level (pg/ml)					
IL-4	1.88	0.961	0.921	1.66	1.22 (10.2-UD)
IL-10	18.3	10.2111	7.8111	19.1	14.2 (45.0-UD)
IL-12	5.9	3.111	2.911	5.9	3.9 (10.2-UD)
IFN- γ	7.8	11.011	13.211	8.4	10.5 (23.2-UD)
Positive family history within three generations (%)	54.1	49.8	49.8	48.0	51.0
Mean DSI	21.1	22.0	21.9	21.2	21.6

P < 0.05, *P < 0.001 on the basis of the Student's t-test. *P < 0.05, **P < 0.01, ***P < 0.001 on the basis of a median test. #P < 0.05, ##P < 0.01, ###P < 0.001 on the basis of a χ^2 against group 1, respectively. [Maximum minimum values.]

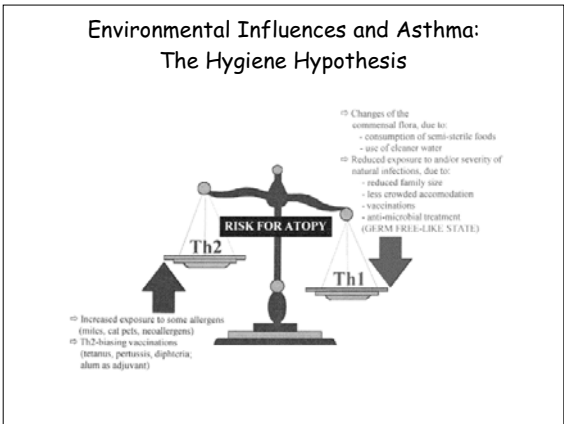
From: Shirakawa et al., *Science* 275:77, 1997

Table 2. Odds ratios for atopy and for occurrence and remission of atopic symptoms in positive versus negative tuberculin responders by age. Multiple logistic analysis was conducted with the SPSSX package, version 2.2. In all models, allowance was made for dichotomized variables including sex, life-style, nutritional status, environmental factors, and family history. Only significant values are shown.

Tuberculin response	Odds ratio		
	Atopy	Occurrence	Remission
Conversion to positive up to 6 years of age	0.50 (0.29 to 0.83)*	Asthma: 0.31 (0.22 to 0.45)* Eczema: 0.50 (0.33 to 0.91)*	Asthma: 8.2 (6.0 to 9.8)** Eczema: 1.6 (1.0 to 2.2)*
Conversion to positive between 6 and 12 years of age	0.43 (0.25 to 0.83)**	Asthma: 0.42 (0.24 to 0.56)*	Asthma: 6.0 (2.8 to 10.3)*** Eczema: 6.7 (4.8 to 11.4)*** Rhinitis: 9.0 (6.2 to 14.2)***

*P < 0.05, **P < 0.01, ***P < 0.005.

From: Shirakawa et al., *Science* 275:77, 1997



Asthma, rhinitis, other respiratory diseases

Hay fever and asthma in relation to markers of infection in the United States

Paula Maria Machado, MD,* Francisco Rosamilha, DSc,† Valeria Pereira, DSc,† Luísa Ferreira, BSc,* and Sergio Barata, MSc (Epid.)

Background: The hygiene hypothesis proposes that declining rates of infectious diseases in industrialized countries are related to the increasing prevalence of allergic diseases. We sought to test this hypothesis by examining the relationship of hay fever, rhinitis, and asthma symptoms with markers of infection in a large general population sample of the United States.

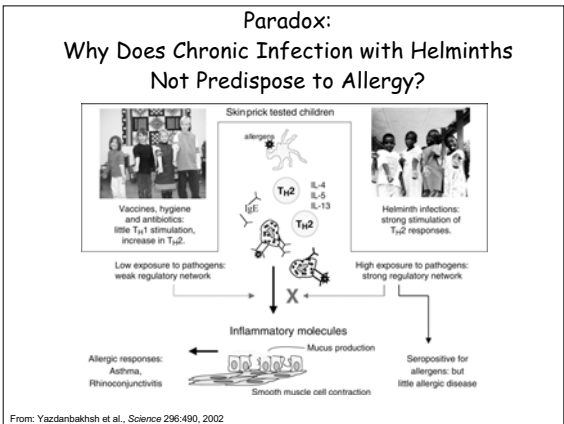
Methods: We conducted a cross-sectional study of 10,000 subjects aged 18 to 74 years in the United States. We measured the prevalence of hay fever, rhinitis, and asthma symptoms and the prevalence of markers of infection (antibodies to Toxoplasma gondii, Cytomegalovirus, Epstein-Barr virus, and Helicobacter pylori). We also measured the prevalence of markers of infection in the United States.

Results: We found that the prevalence of hay fever, rhinitis, and asthma symptoms was significantly higher in subjects with markers of infection. The prevalence of hay fever, rhinitis, and asthma symptoms was significantly higher in subjects with markers of infection in the United States.

Conclusions: Our findings support the hygiene hypothesis, suggesting that the level of exposure to microbial and parasitic infections might influence the development of allergic diseases.

Keywords: Hay fever, asthma, rhinitis, infection, United States.

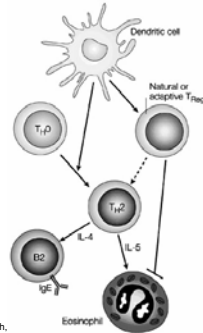
From: *Journal of Allergy and Clinical Immunology*, 2002



An Alternative to the Hygiene Hypothesis: Regulatory T-cells

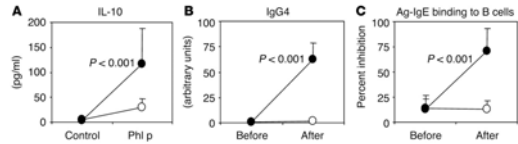
From: Yazdanbakhsh et al., *Science* 296:490, 2002

The Role of Regulatory T-cells in Modifying T_H2 Immunity



Modified from: Maizels & Yazdanbakhsh, *Nature Rev. Immunol.* 3:733, 2003

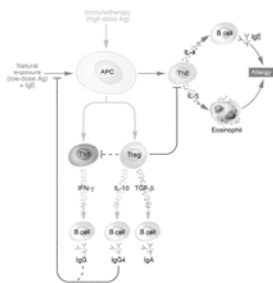
Immunotherapy of Atopic Diseases: a Role for Tregs?



Following 2-year grass pollen immunotherapy (closed circles), there were significant increases in (A) allergen-stimulated PBMC production of IL-10; (B) serum concentrations of grass pollen allergen-specific IgG4; and (C) serum inhibitory activity for allergen-IgE binding to B cells compared with controls (open circles). These changes were accompanied by a reduction in symptoms and inhibition allergen-induced late cutaneous response.

From: Robinson et al., *J. Clin. Invest* 114:1389, 2004

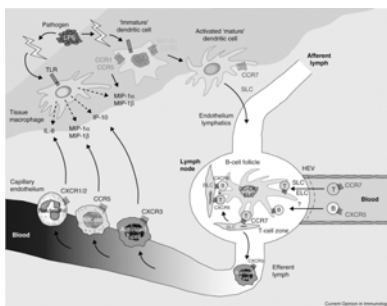
Regulatory T-cells (Tregs) in Asthma



From: Robinson et al., *J. Clin. Invest* 114:1389, 2004

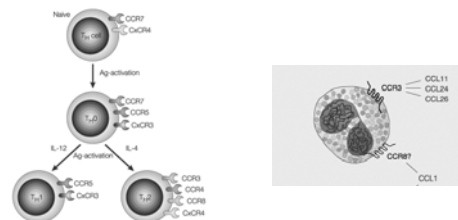
Chemokines: the Gatekeepers of Inflammation

Chemokines Direct Traffic

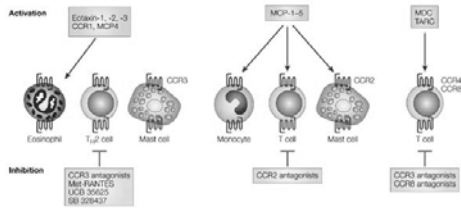


From: Luster, *Curr. Opin. Immunol.* 14:129, 2002

Chemokine Receptor Specificity in T_H2 Cells and Eosinophils



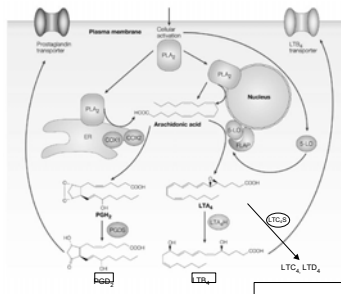
Potential Drug Targets in Asthma: Chemokines and their Receptors



From: Barnes, *Nature Reviews Drug Discovery* 3:831,2004

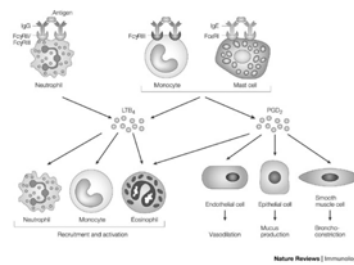
Inflammatory Mediators as Novel Drug Targets

Lipid Mediators in Asthma: LTB₄, PGD₂, LTC₄



From: Luster and Tager *Nature Reviews Immunol.* 4:711, 2004

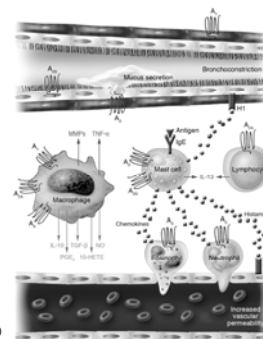
Biological Activities of LTB₄ and PGD₂



From: Tilley and Boucher *J. Clin. Invest.* 115:13-16 (2005)

Adenosine Receptors as Drug Targets in Asthma

Pro- and Anti-inflammatory Activities of Adenosine in Asthma



From: Tilley and Boucher
J. Clin. Invest. 115:13-16 (2005)

Summary of Genes Associated With Atopy

Gene	Chromosome	Phenotype	Gene(s) synonym(s)	Association	Reference
IL13	5q31	Total IgE, eosinophilia	Haptoglobin	Yes	[20]
C4orf40	4q11	Allergy (sensitized)	Haptoglobin	Yes	[24]
IL1A	2q14	Allergy	IL1A	Yes	[25]
ITGA4	10q26	Allergy severity	ITGA4	Yes	[27]
IL4	5q31	AD	IL4	Yes	[28]
IL13	5q31	Allergy	IL13	Yes	[29]
IL13	5q31	Allergy	IL13	Yes	[30]
IL13	5q31	Allergy	IL13	Yes	[31]
CD44	5q31	Allergy, asthma, SIBS, IgE, AD, Allergic Rhinitis	CD44	Yes	[32]
CD44	5q31.34	Allergy	CD44	Yes	[33]
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From: Halapi and Hakonarson, *Curr Opin Pulm Med*. 10:22, 2003

AD, atopy; SIBS, sensitized infant bronchitis; FC, forced vital capacity; FEV1, forced expiratory volume in 1 second.