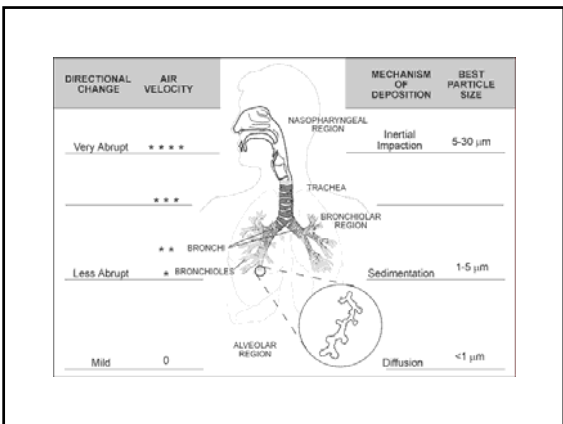


- ### Respiratory tract defense mechanisms
- Upper airway**
    - Mechanical barriers
      - Nasal turbinates
      - Glottis
    - Reflexes
      - Cough, sneeze
    - Maintenance of oropharyngeal flora
      - Saliva
      - Bacterial competition
      - Naturally occurring bacterial binding site analogues
      - Local immunoglobulins
  - Lower Airway**
    - Branching airways
      - Mucociliary escalator
    - Alveolar space defenses
      - Alveolar lining fluid
        - Free fatty acids
        - Lysozyme
        - Iron-binding proteins
        - IgG
        - Surfactant
      - Cellular components
        - Macrophages
        - Polymorphonuclear cells
        - Lymphocytes

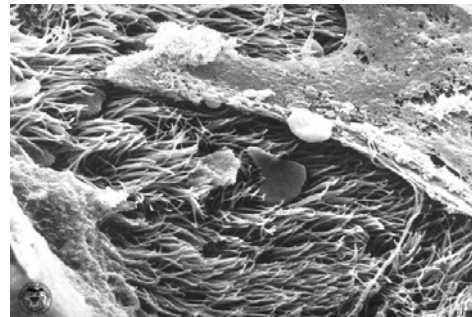
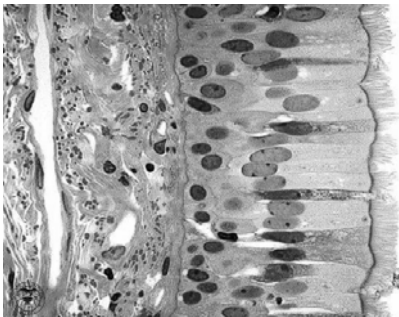
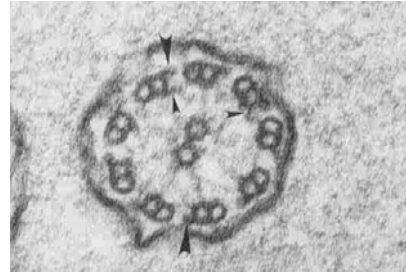
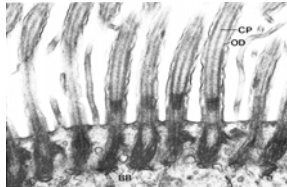
- ### Mechanical lung host defenses
- The nose and mucociliary transport systems comprise the main mechanical defense system of the lungs
  - Particles greater than 10 microns settle in the upper airways and rarely enter the lower airways
  - Particles between 5-10 microns deposit in the trachea and main bronchi and can be removed by mucociliary transport



### Ciliary structure and function

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- 9 + 2 microtubule structure
- Major proteins: tubulin and dynein
- Ciliary beat frequency 12-15 Hz



The cilia are partially covered by a mucous sheet.

### Stimulators and inhibitors of ciliary function

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- **Increase ciliary beat frequency**
  - beta-adrenergic agonists (via adenylate cyclase, cAMP, and protein kinase A pathways)
  - Anticholinergic agents (via protein kinase C pathways)
  - Increase in intracellular Na<sup>+</sup>/Cl<sup>-</sup> ratio
- **Decrease ciliary beat frequency**
  - Neuropeptide Y, major basic protein
  - Bacterial products (pyocyanin, 1-hydroxyphenazine, and others)

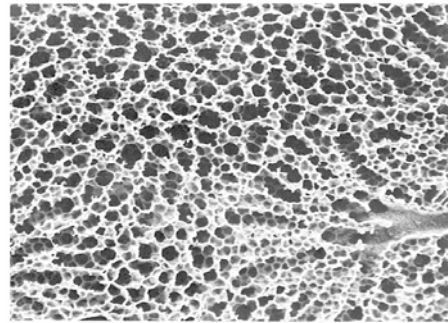
### Diseases associated with abnormal ciliary function

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- Primary ciliary dyskinesia; immotile cilia syndrome; Kartagener's syndrome; autosomal recessive
- Young's syndrome: sinusitis, bronchiectasis, obstructive azospermia; ? location of defect
- Cystic fibrosis; autosomal recessive
- Chronic bronchitis

## Tobacco smoke and ciliary structure and function

- Smokers and ex-smokers have a higher level of ciliary structural abnormalities (17% of cilia) than never smokers (0.7%)
  - Verra F et al. Ciliary abnormalities in bronchial epithelium of smokers, ex-smokers, and nonsmokers. *Am J Respir Crit Care Med* 1995;151:630-4
- Ciliary beat frequency is not diminished by age, but is decreased similarly in smokers and those exposed to environmental tobacco smoke
  - Agius et al. Age, smoking and nasal ciliary beat frequency. *Clin Otolaryngol* 1998; 23: 227-30



SEM of terminal bronchioles and alveolar ducts

## Humoral immune functions of the lung

- Lymphocytes in the lung are found in submucosal collections known as bronchial associated lymphoid tissue (BALT); Ig may also diffuse into the lung
- IgG, IgA, and IgE are all present in measurable amounts in the lung
- IgA, IgG<sub>3</sub> and IgG<sub>4</sub> are present in greater concentration in the lung than in serum
- IgG and IgA contribute significantly to defense against infection in the lung

## Absolute and relative concentrations of immunoglobulin species in serum and BAL fluid

	Albumin	IgG1	IgG2	IgG3	IgG4	IgA	IgE
Serum*	49	4.5	2.1	0.03	0.09	1.98	199
BAL**	655	50	22	1.4	4.0	183	9.1
ratio [BAL/serum]		0.88	0.95	4.2	5	7.9	3.8

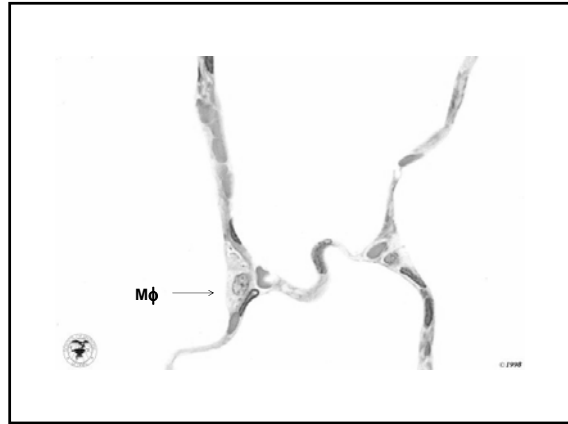
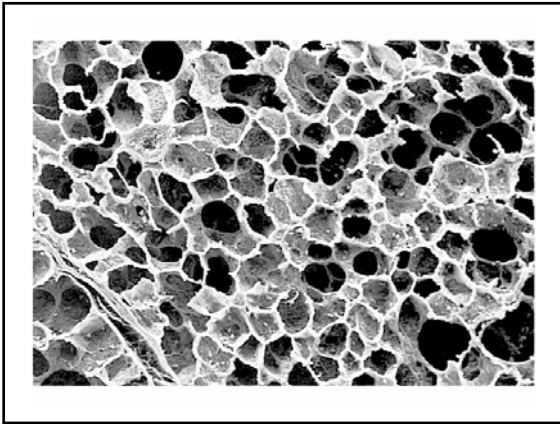
\*mg/mL  
\*\*µg/mL

## Humoral immunodeficiency syndromes and the lung

Syndrome	Abnormality	Age of onset	Organisms Causing infection
Bruton's X-linked Agammaglobulinemia	IgG < 200mg/dl IgA, IgM, IgE, IgD absent	infancy	<i>S. pneumoniae</i> <i>H. influenzae</i> <i>S. aureus</i>
Common Variable Immune Deficiency	IgG < 300mg/dl IgA, IgM low; antibody responses to vaccines impaired	adulthood	same as above

## Humoral immunodeficiency syndromes and the lung

Syndrome	Abnormality	Age of onset	Organisms Causing infection
IgA deficiency	IgA < 5 mg/dl	adulthood	similar to CVID, but much less severe
IgG subclass deficiency	most severe clinically with IgG <sub>1</sub> , IgG <sub>3</sub>	adulthood	similar to CVID



### Cellular immune defenses of the lung

- Alveolar macrophages: 95% of cells recovered by BAL
- Dendritic cells: 0.5% of cells recovered by BAL
- Lymphocytes: 1-2 % of cells recovered by BAL
  - CD4+ T cells
  - CD8+ T cells
- Neutrophils: not present in healthy lungs; recruited to the lung by a variety of stimuli

### Alveolar macrophages

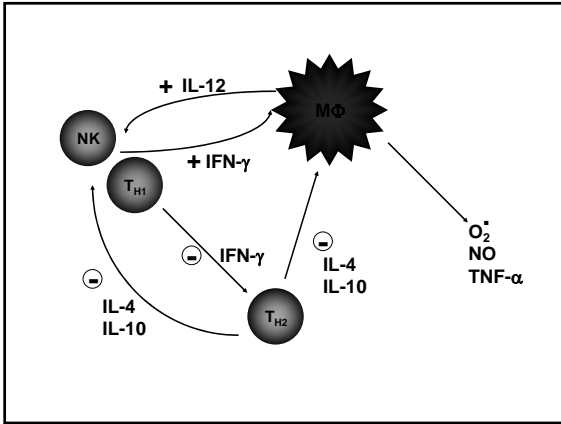
- The resident immune cell of the alveolar space
- Derived from bone marrow precursors, by way of the blood monocyte
- Proliferation may occur in the interstitium and alveolar space
- Key roles: phagocytosis and immune interactions

### Cytokines and other bioactive substances released from alveolar macrophages

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• Arachidonate metabolites           <ul style="list-style-type: none"> <li>– Thromboxane A<sub>2</sub></li> <li>– PGE<sub>2</sub>, D<sub>2</sub>, F<sub>2</sub></li> <li>– LTB<sub>4</sub></li> <li>– 5-HETE</li> </ul> </li> <li>• Cytokines/chemokines           <ul style="list-style-type: none"> <li>– IL-1, IL-1RA</li> <li>– IL-6</li> <li>– TNF-<math>\alpha</math></li> <li>– IFN-<math>\alpha/\beta</math></li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• Reactive oxygen species           <ul style="list-style-type: none"> <li>– O<sub>2</sub><sup>-</sup></li> <li>– H<sub>2</sub>O<sub>2</sub></li> <li>– Hydroxyl radical</li> </ul> </li> <li>• Nitric oxide           <ul style="list-style-type: none"> <li>– Constitutive</li> <li>– Inducible?</li> </ul> </li> <li>• Enzymes           <ul style="list-style-type: none"> <li>– Metalloproteinases</li> <li>– Elastase</li> <li>– Procoagulant activity</li> </ul> </li> </ul> |
|---|--|

### Receptors expressed and ligands recognized by alveolar macrophages

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• Immunoglobulins (Fc receptors)           <ul style="list-style-type: none"> <li>– IgG<sub>1</sub>, IgG<sub>3</sub>, IgE, IgA</li> </ul> </li> <li>• Protein, cytokine, and matrix receptors           <ul style="list-style-type: none"> <li>– Fibronectin, fibrin, lactoferrin, transferrin, GM-CSF, IFN-<math>\gamma</math>, IL-2, IL-4, IL-1, IL-1RA</li> </ul> </li> <li>• Adhesion molecules and other receptors           <ul style="list-style-type: none"> <li>– MHC-II, CD4, CD1, CD18 (<math>\beta</math>-integrin), CD29 <math>\beta</math>-integrin, ICAM-1, CD14 (LPS)</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• Complement receptors           <ul style="list-style-type: none"> <li>– C3b, C4b, C3d, C5a</li> </ul> </li> <li>• Lectin receptors           <ul style="list-style-type: none"> <li>– alpha-linked galactose receptors, N-acetylgalactosamine residues, a-linked fructose residues, mannose residues</li> </ul> </li> </ul> |
|---|--|



### Syndromes associated with impaired cellular immune function in the lung

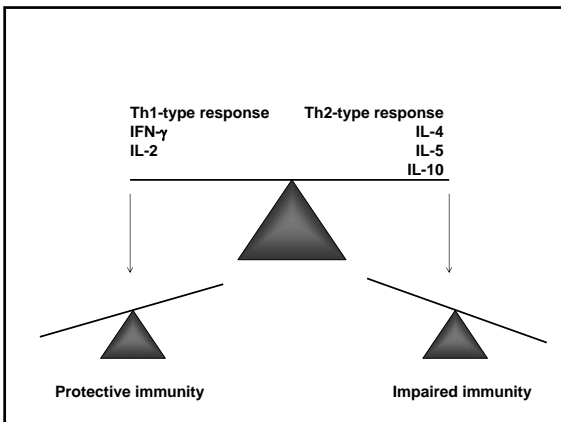
Syndrome	Defect	Infections
Chronic granulomatous disease	Loss of respiratory burst of macrophages	encapsulated organisms, GNR
AIDS corticosteroid use transplant-related immunosuppression	Decreased T-cell number and function	parasites mycobacteria fungi

### Infectious pulmonary complications of HIV infection

- CD4+ T-cell count >250/mm<sup>3</sup>
  - Bacterial pneumonia
  - Reactivation tuberculosis
- CD4+ T-cell count <250/mm<sup>3</sup>
  - *Pneumocystis carinii* pneumonia
  - Primary tuberculosis
  - Fungal infections:
    - Cryptococcus
    - Geophilic fungus
    - Aspergillus spp.
  - CMV pneumonitis

### Understanding the human host response to tuberculosis

- Development of adjunctive immunotherapy for tuberculosis:
  - Treatment of drug resistant organisms
  - Shorten duration of treatment for drug susceptible disease
- Identify correlates of immunity to *M. tuberculosis* infection and disease
  - Predict success of candidate vaccines
- Identify new diagnostic approaches



### Lung-specific host responses in pulmonary tuberculosis

Hypothesis: clinical manifestations of tuberculosis are affected by the local immune response elicited by *M. tuberculosis*

Study design:

- BAL performed on patients with active, untreated, pulmonary tuberculosis
- cells and BALF obtained from one radiographically involved and one uninvolved lung segment
- cell count and differential performed on samples
- aliquot of cells (10<sup>6</sup>/ml) cultured for 24 hr in serum-free RPMI and supernatants assayed for TNF-α, IL-1-β, IFN-γ, TGF-β

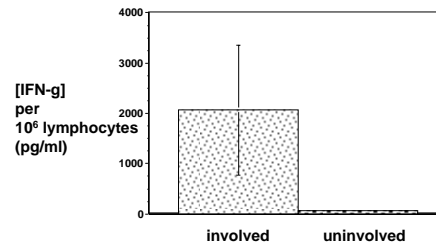
AJRCCM 1998; 157: 729-735

### Local cellular immune responses in patients with pulmonary tuberculosis

BAL cells	no. of pts.	HIV +	smear +	cavitary CXR
>80% macrophages	10	6	6	2
>20% lymphocytes	8	2	0	0
>20% PMN	13	2	12	7

AJRCCM 1998; 157: 729-735

### Local IFN- $\gamma$ production in lymphocyte predominant pulmonary tuberculosis



AJRCCM 1998; 157: 729-735

### Interferon- $\gamma$ as adjunctive immunotherapy for MDR-TB

- Hypothesis: interferon- $\gamma$  may aid outcome in MDR-TB by improving host defenses against *M. tuberculosis*
- Study design:
  - patients: smear positive MDR-TB despite documented compliance with best possible medical regimen
  - administration of IFN-g: drug given as 500 mg dose via aerosol nebulizer t.i.w. for 4 weeks
  - data collection: weekly vital signs, symptoms, sputum smears and cultures; HRCT and BAL at beginning and end of treatment

Lancet 1997; 349: 1513-1515

### Sputum AFB smear results in MDR-TB patients after IFN- $\gamma$

Patient / Drug rx	Duration of drug rx	AFB Smear results Pre-rx	AFB Smear results Post-rx
1 cipro, capreo, clofazamine, rifabutin	24 months	++	-
2 INH, oflox, cyclo, ethionamide	12 months	++	-
3 capreo, cipro, PZA, cyclo, ethionamide	13 months	++++	-
4 ethambutol, PAS, oflox, ethionamide, capreo	10 months	+	-
5 PAS, cyclo, amikacin, ethionamide, clofazamine	5 months	+++	-

Lancet 1997; 349: 1513-1515