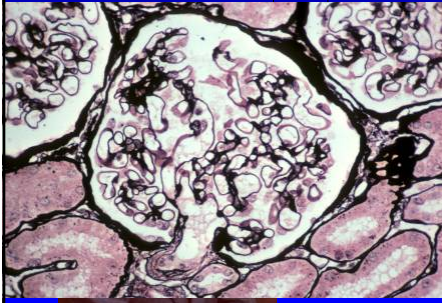


# **CPC: Glomerulonephritis**

**Gerald B Appel, MD**

**Vivette D'Agati, MD**



## **Classification of Renal Glomerular Diseases**

- Morphological
- Immunological
- Etiological
- Clinical

## **Vulnerability of Glomerulus to IC Injury**

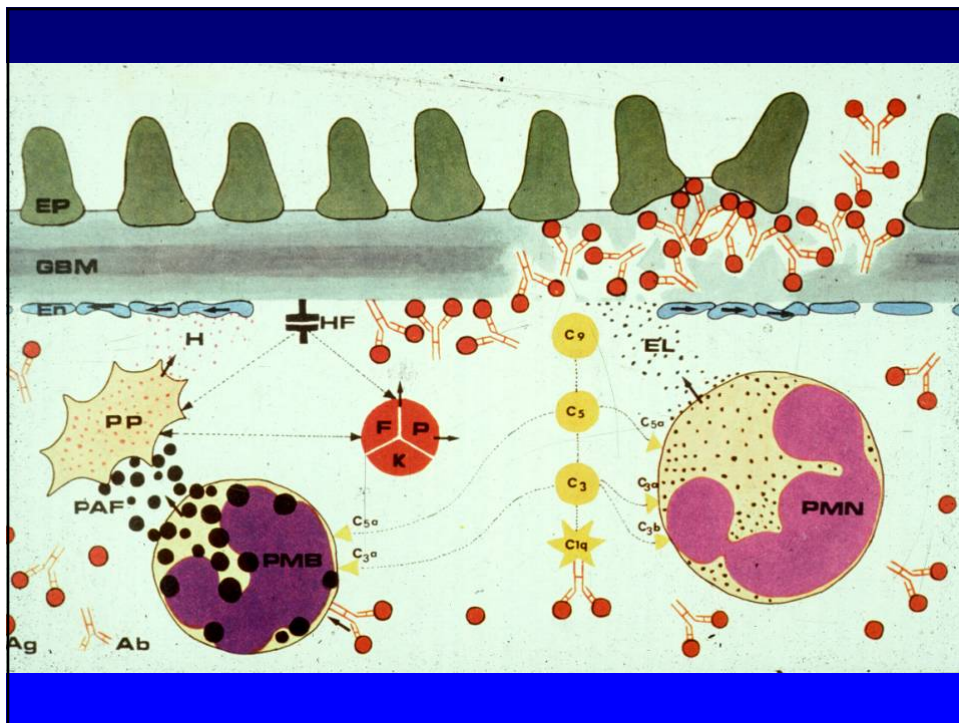
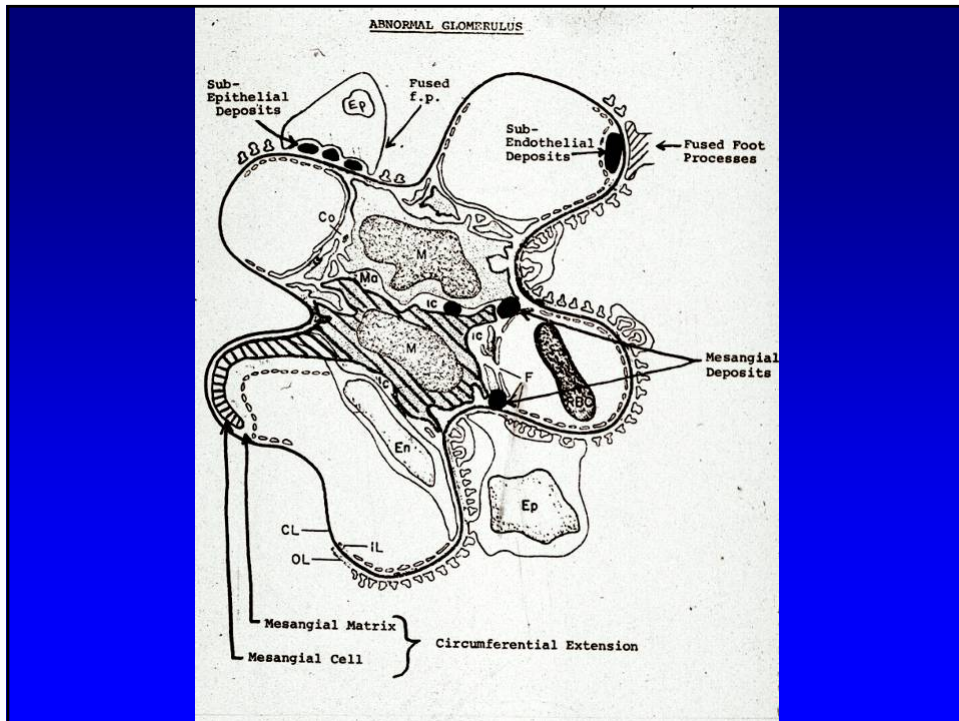
---

1. 20-25% Cardiac Output
2. High glomerular capillary pressure
3. Fenestrated endothelium
4. Concentration (sieving effect)

## **Mechanisms of Immunologic Injury to the Glomerulus**

---

1. Glomerular deposition of circulating Ag-Ab complexes
2. Binding of Circulating Ab to structural glomerular Ag (i.e. anti-GBM Ab)
3. In situ immune complex formation



## Glomerular Proliferation

---

1. Endocapillary



2. Extracapillary (crescentic)



## Patterns of Glomerular Disease

---

1. Focal



Vs

Diffuse



2. Segmental

Vs

Global

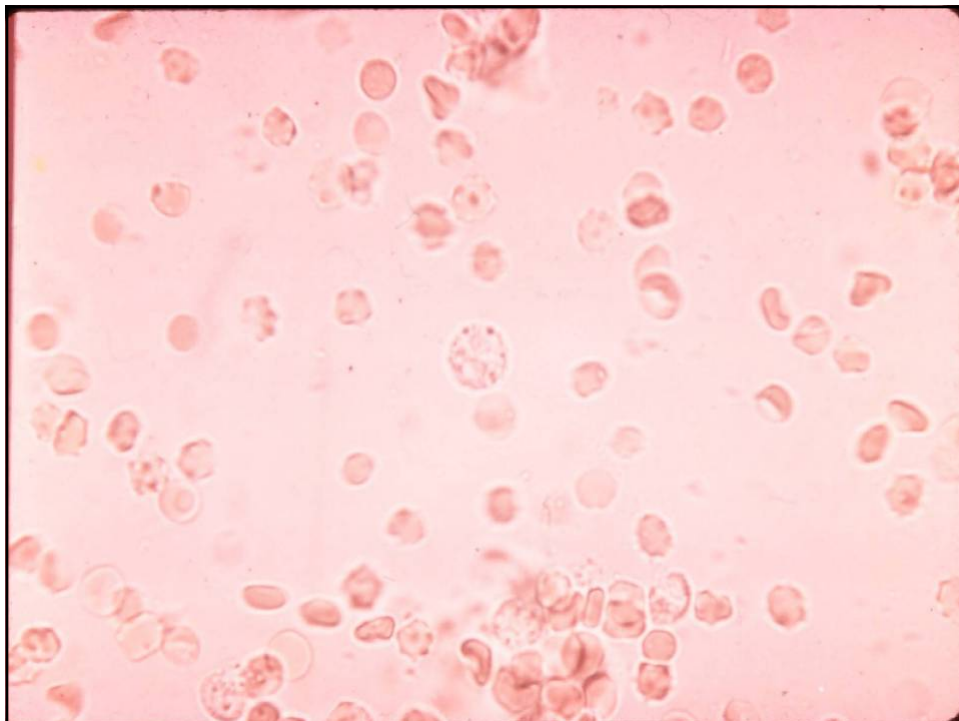


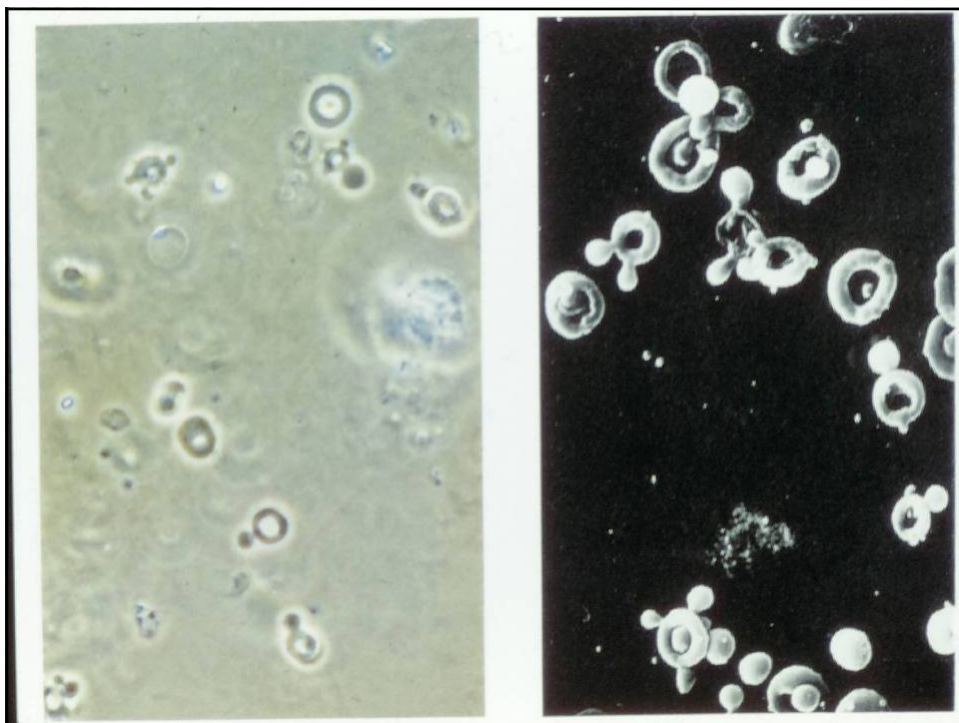
# Signs of Glomerular Disease

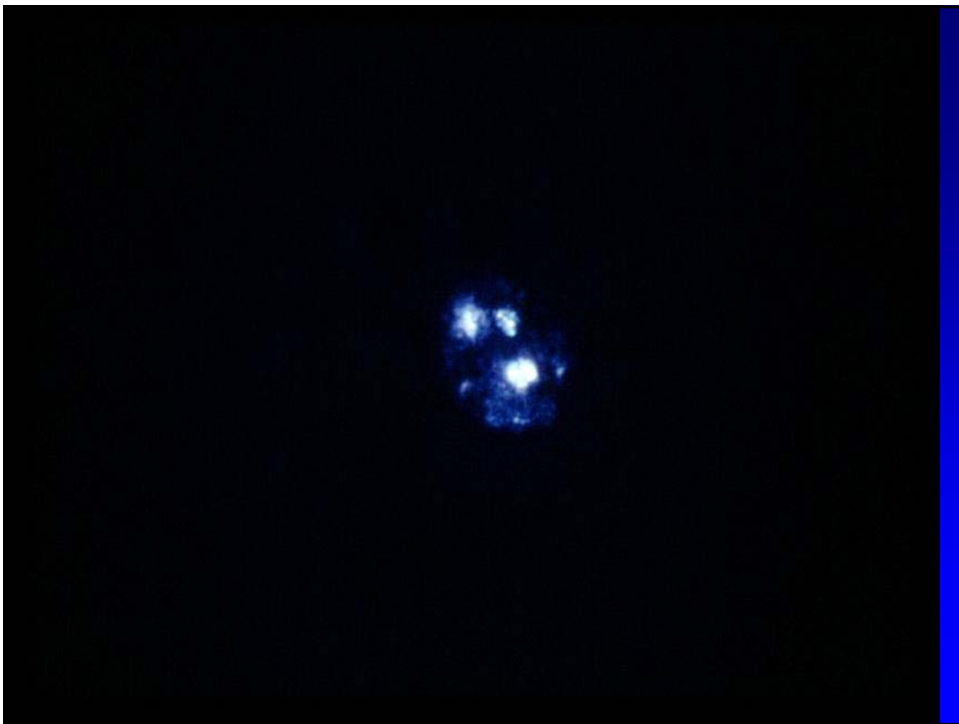
Erythrocyte Casts

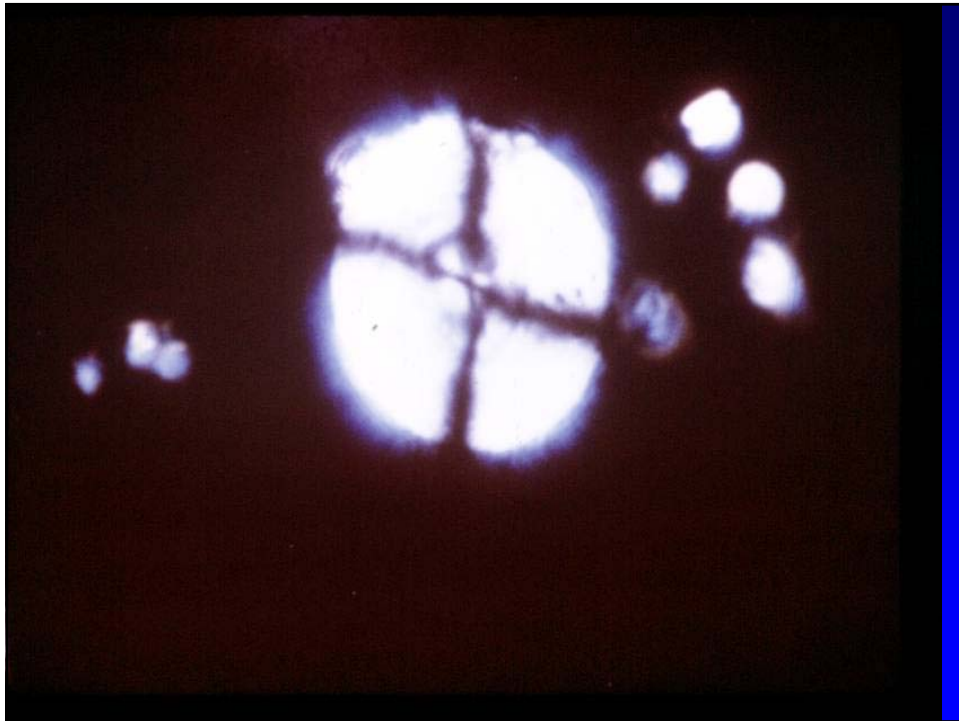
Deformed-Crenated Urinary RBC's

Large amounts Albuminuria  
( >3g/D )

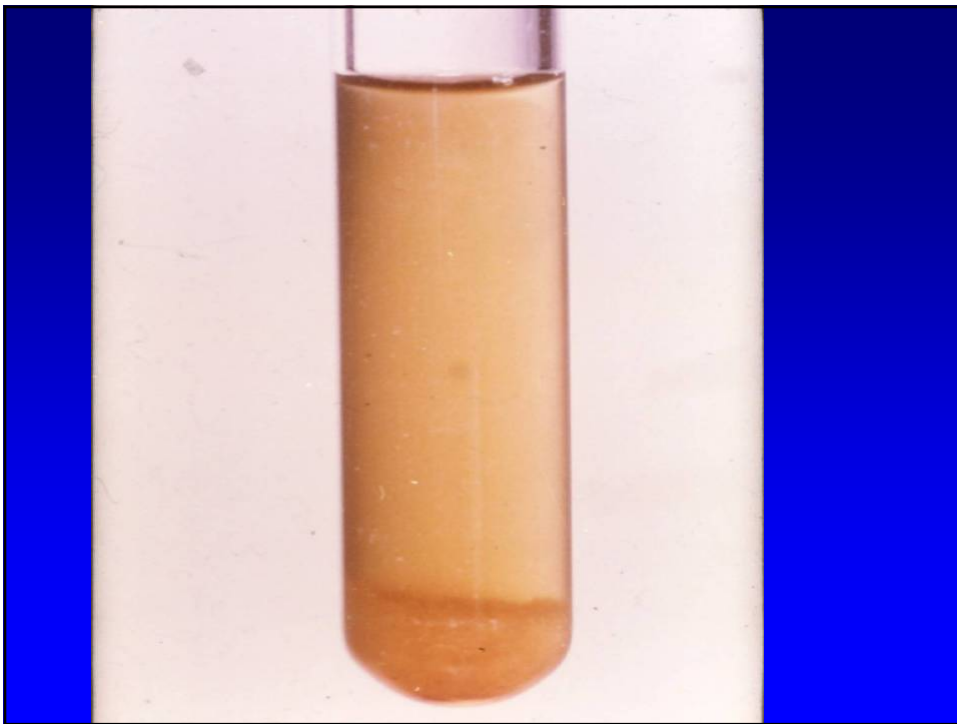
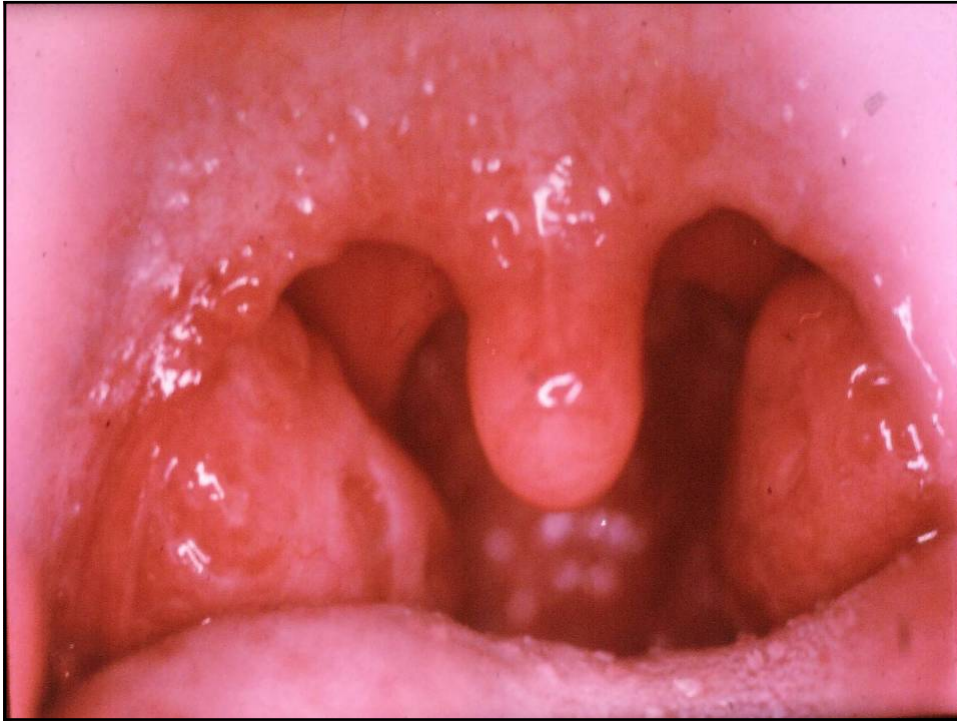








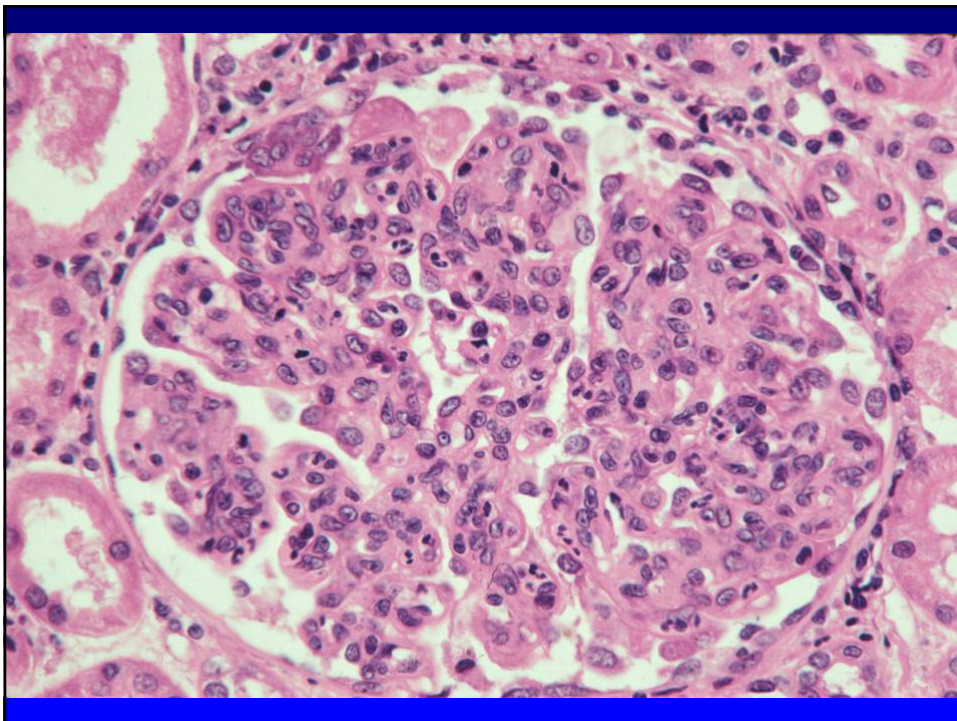
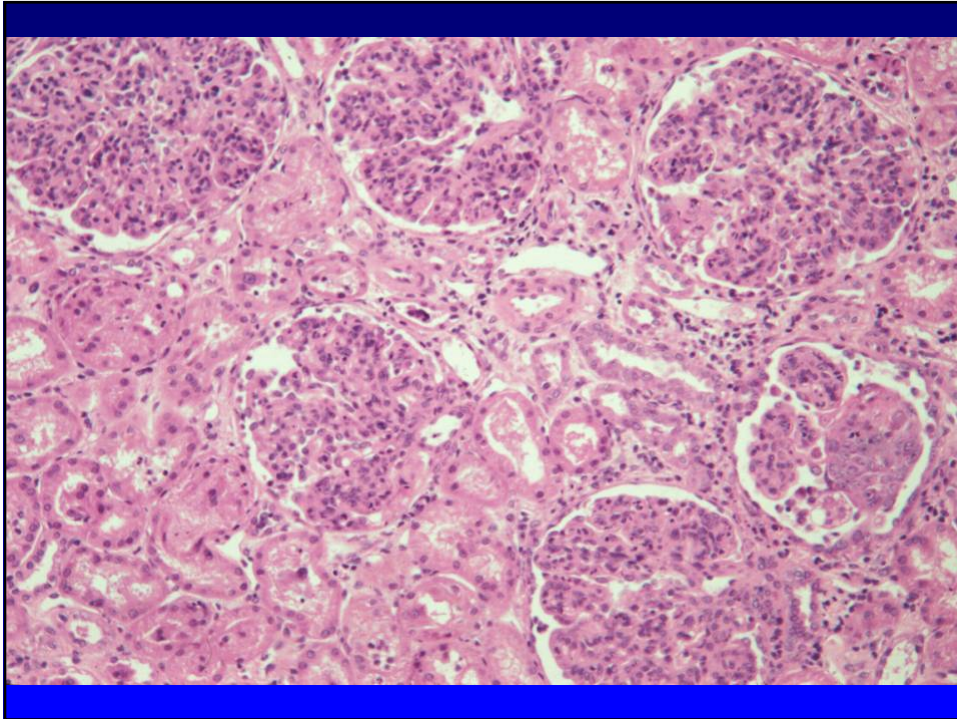
- 7 y o W M c/o x several days bad sore throat + low grade temperature; he is given acetaminophen, and recovers uneventfully. 2 wks later develops dark, coca-cola colored urine and notes urinating less. On Px pedal edema and an elevated blood pressure.
- Labs:
  - U/A rbc's, rbc casts, 2+ prot.
  - Creatinine 2.4 mg/dl
  - Complement 22 (normal 50-150)
  - C3 level low
  - ASLO 1250 (normal < 250)

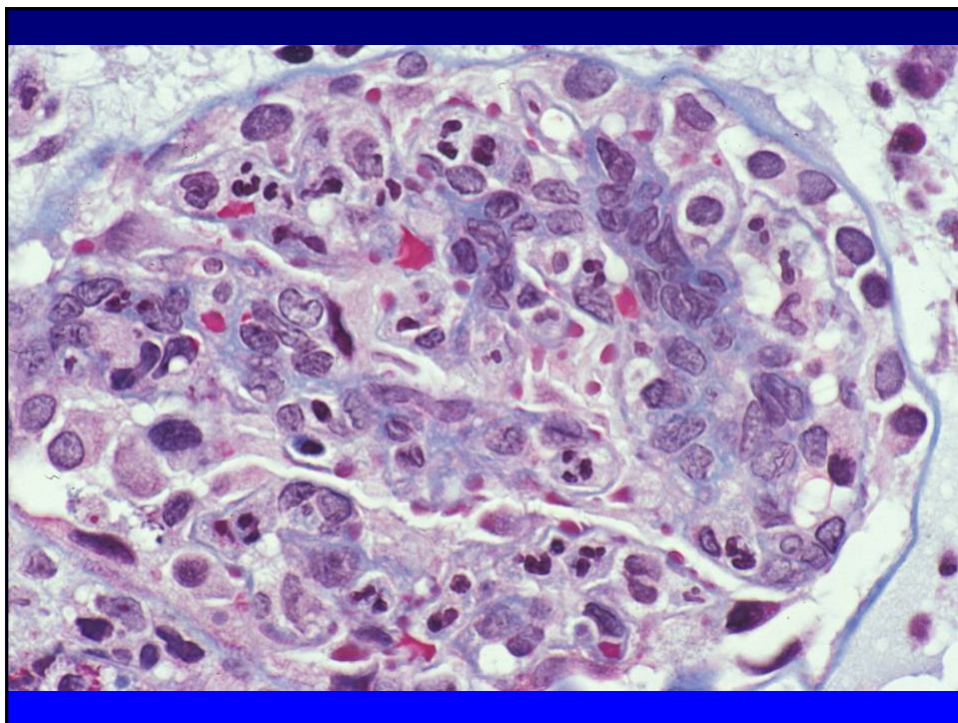
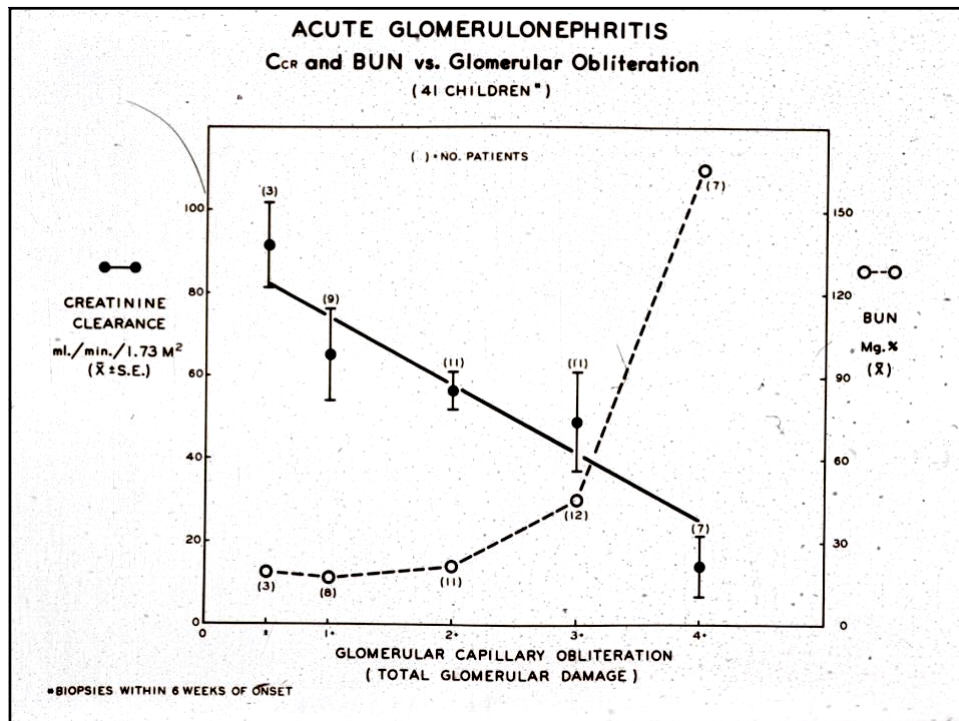


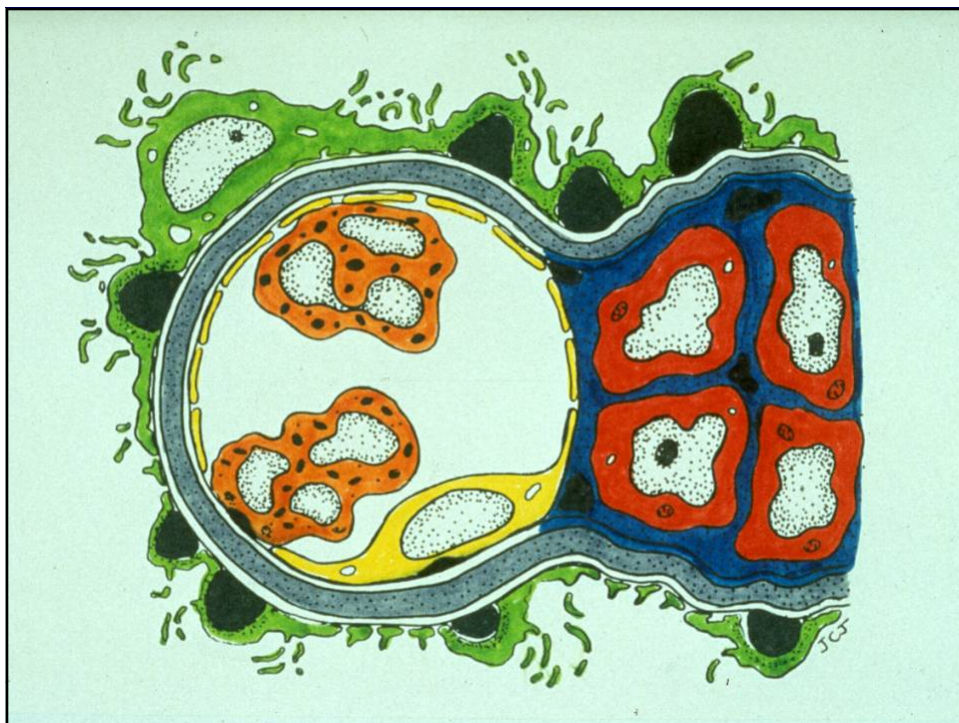
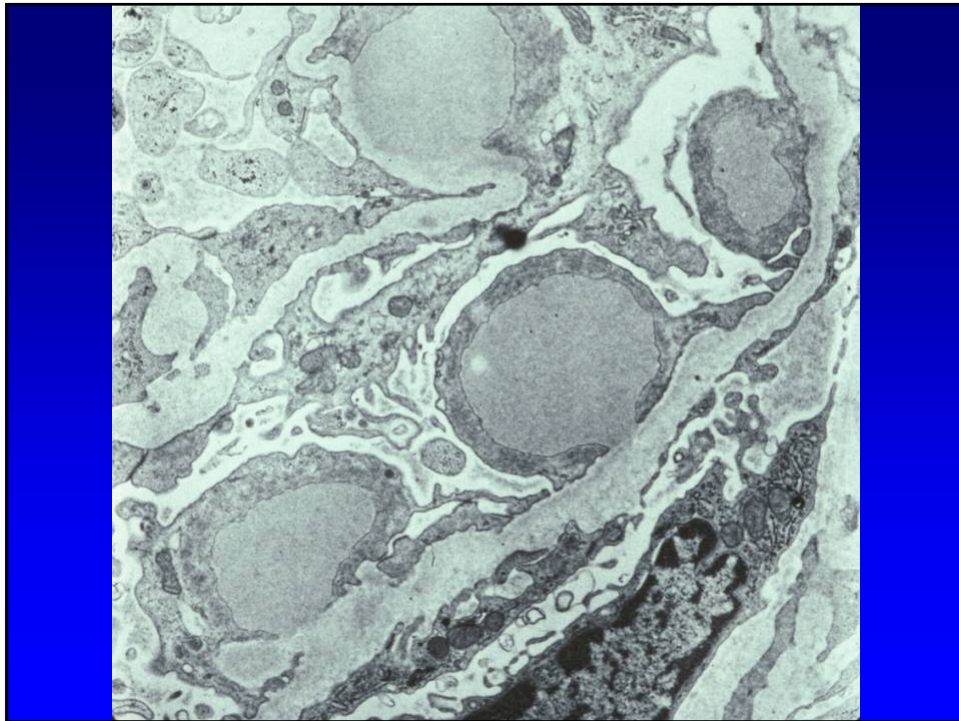


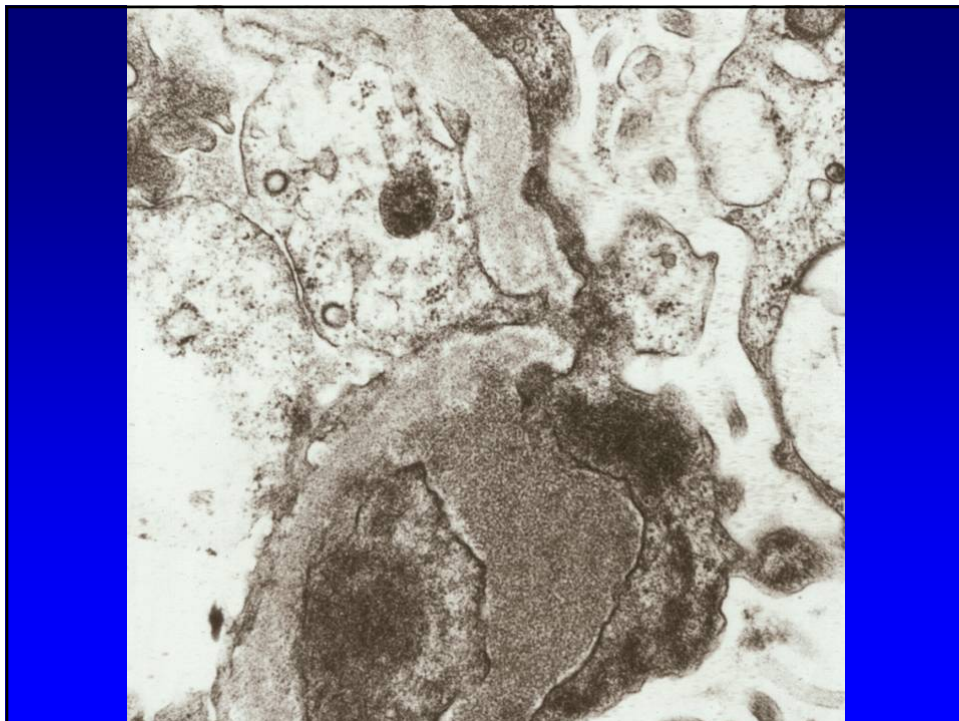
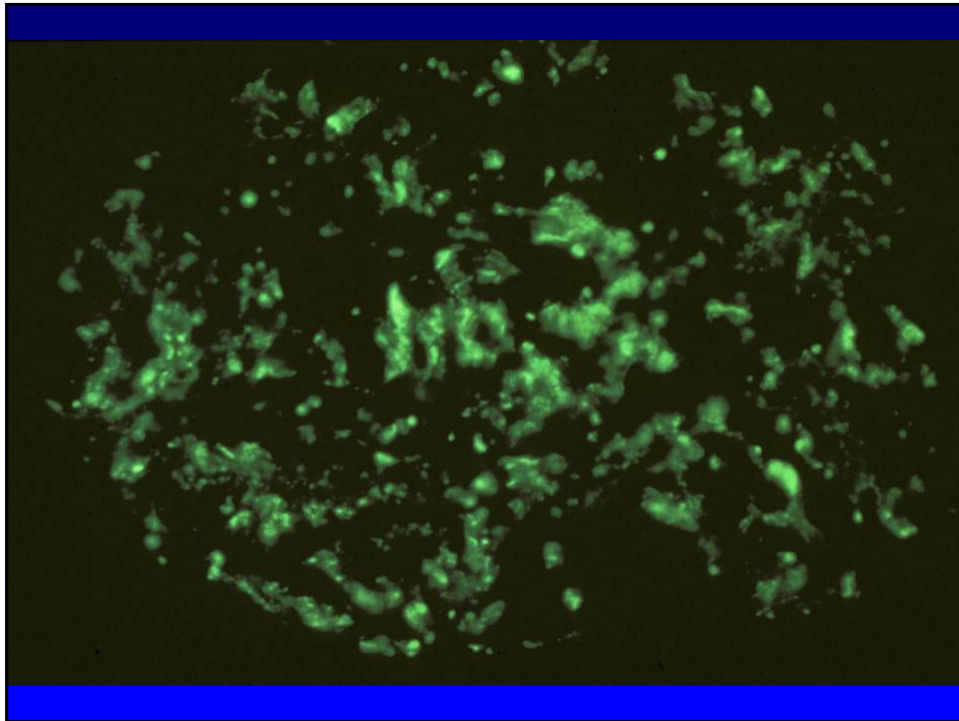
## **Nephritic Syndrome**

- **Decreased GFR**
- **Oliguria**
- **Edema**
- **Hypertension**
- **Active urinary sediment**

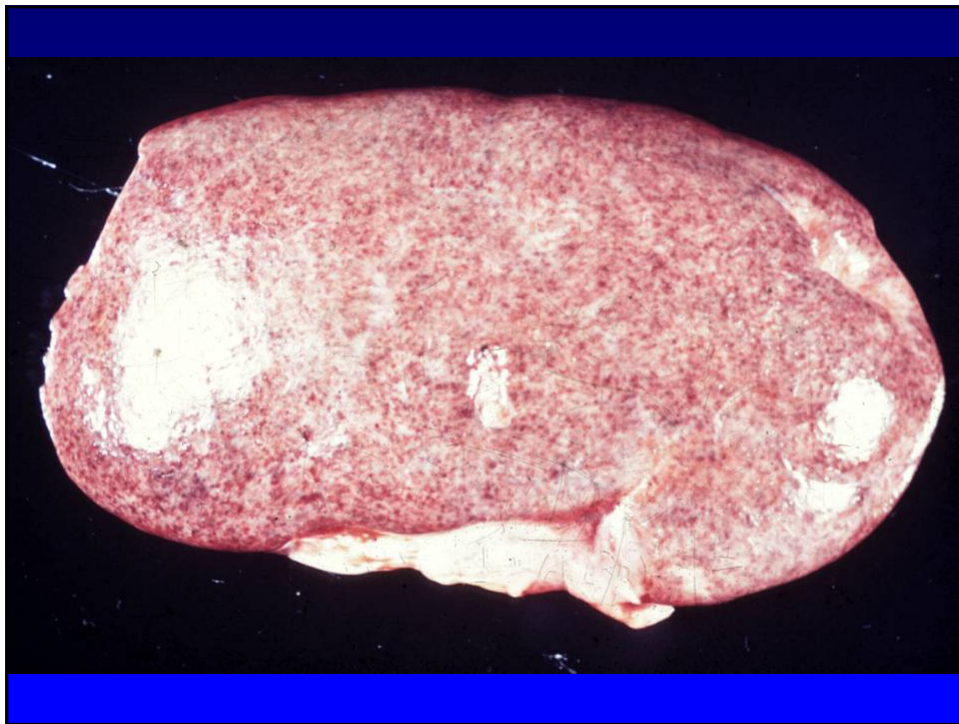
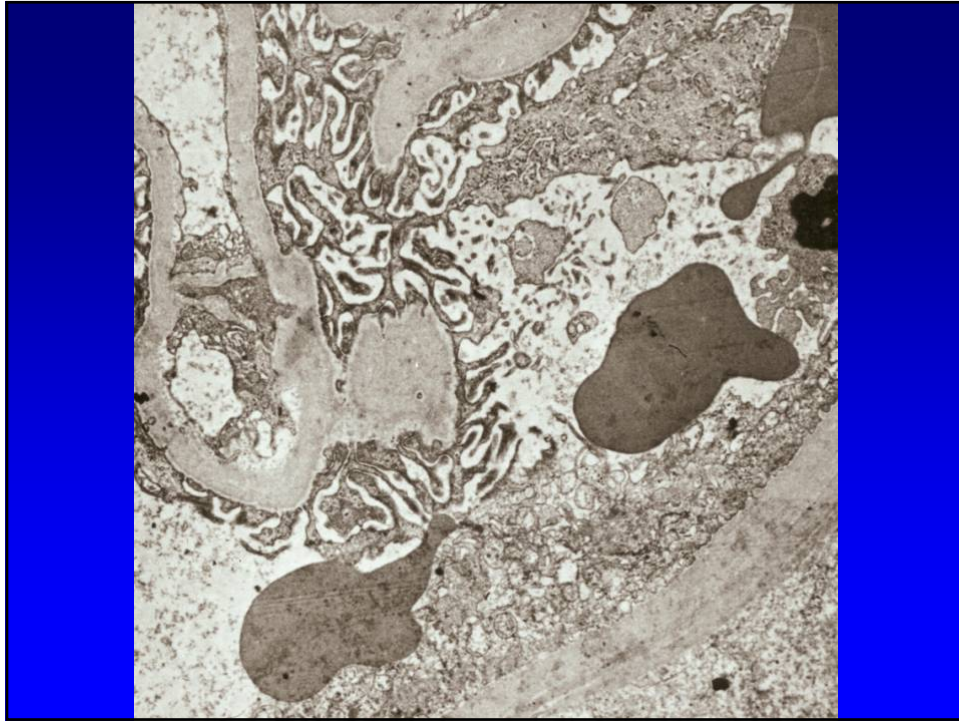


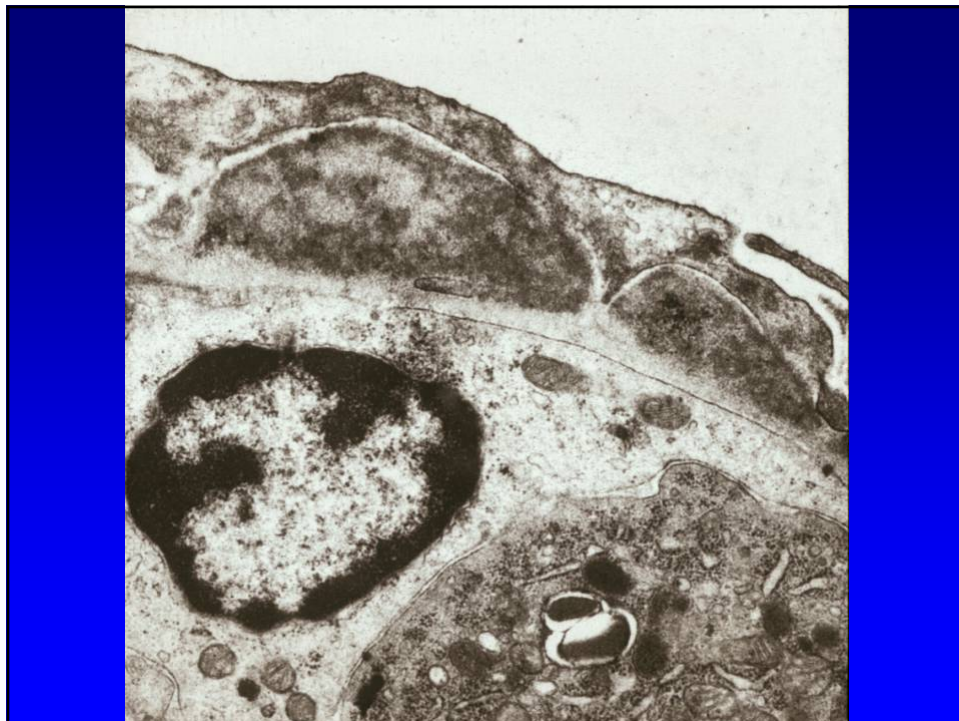
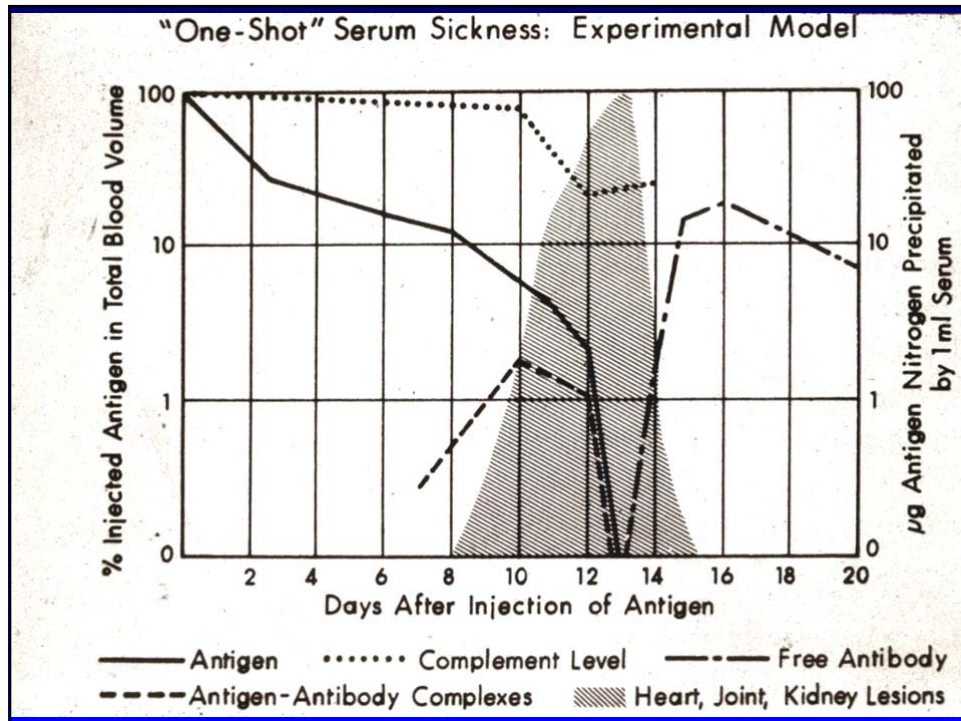


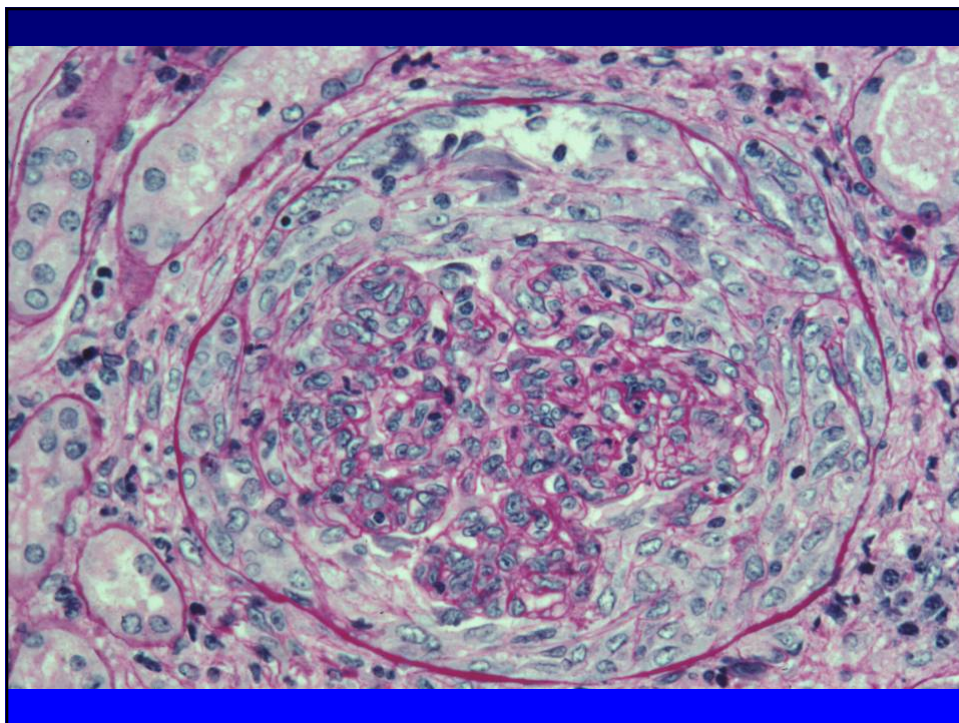
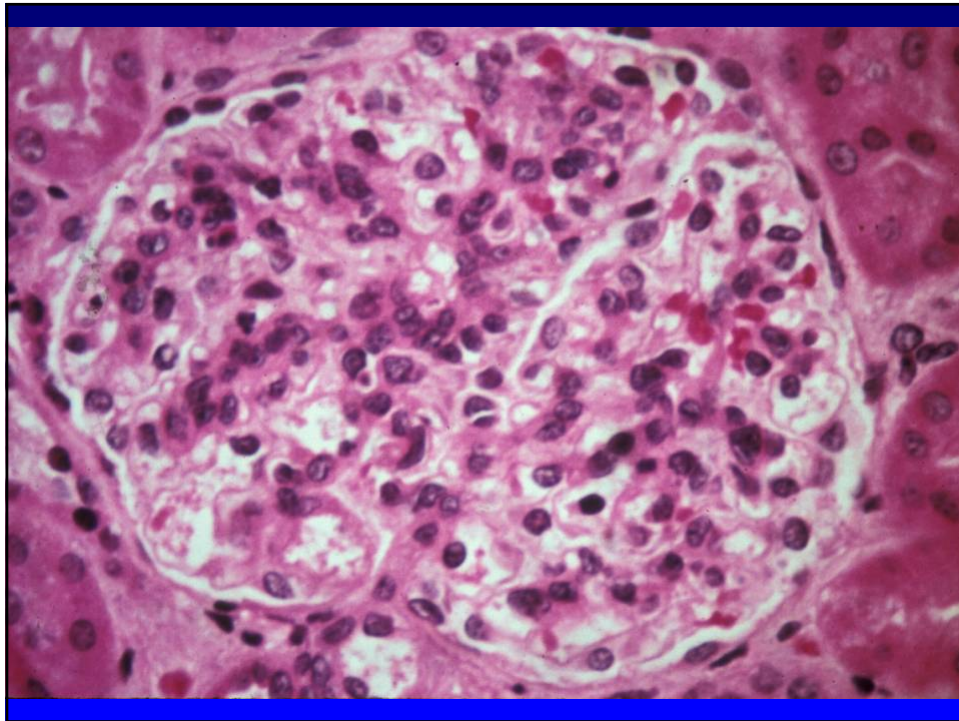


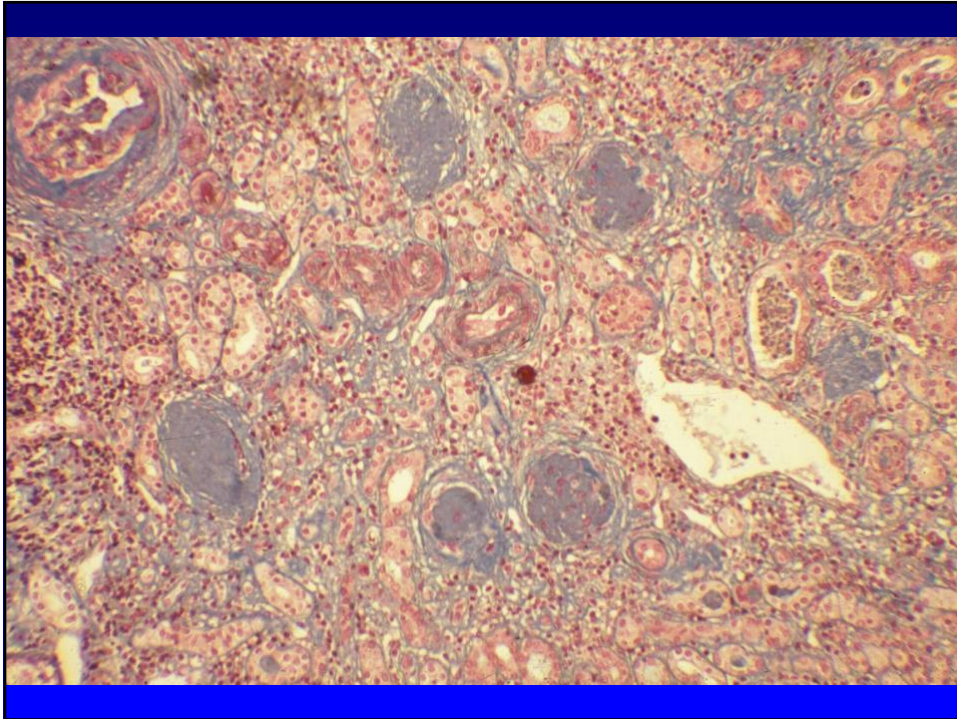


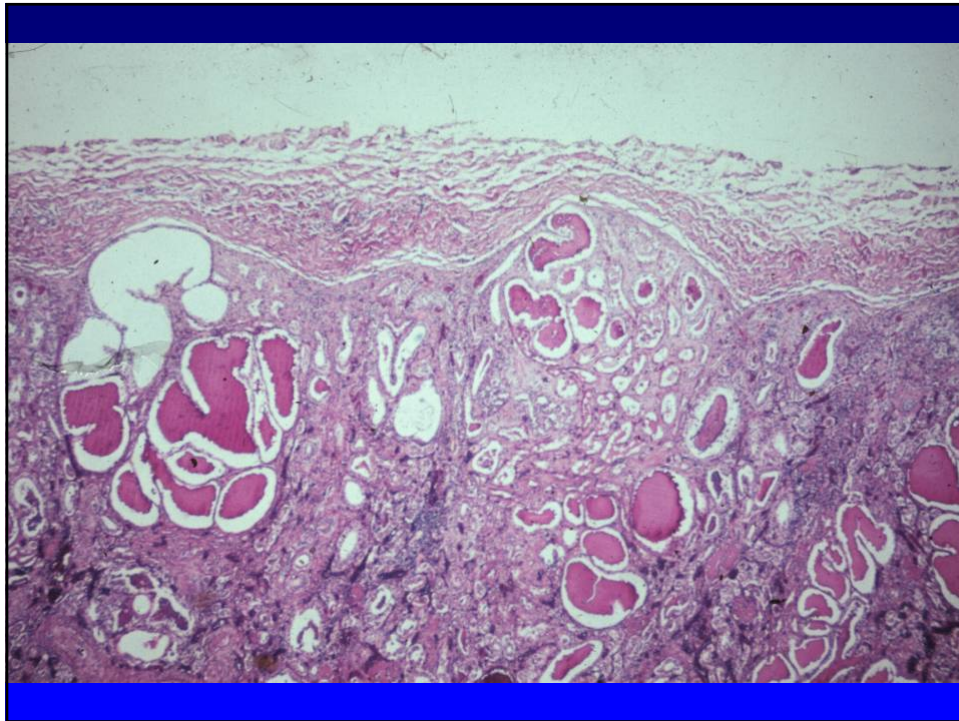


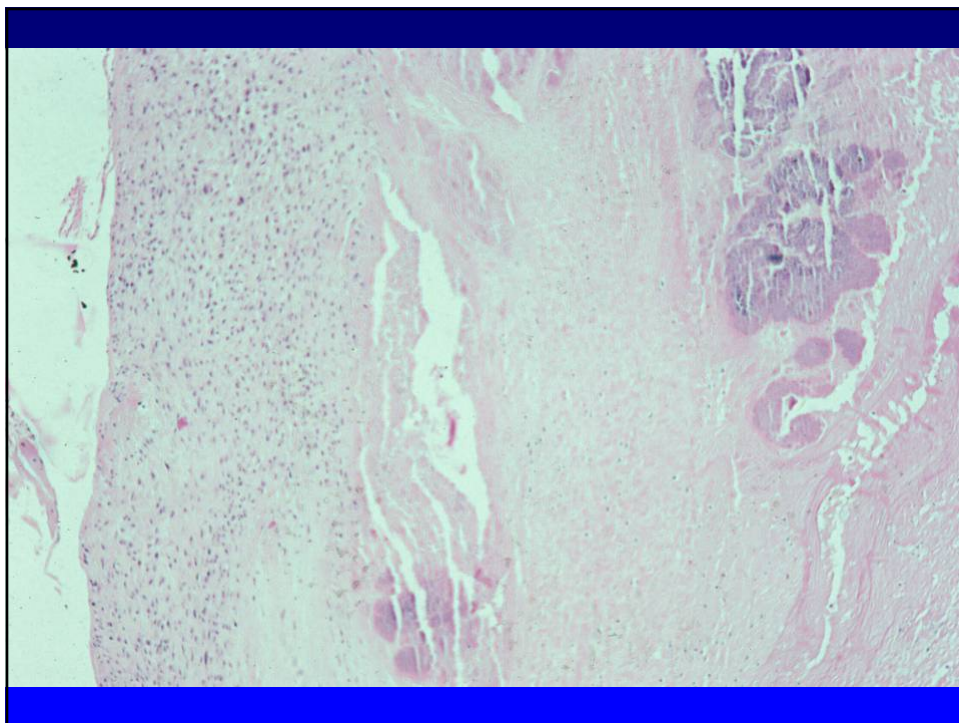


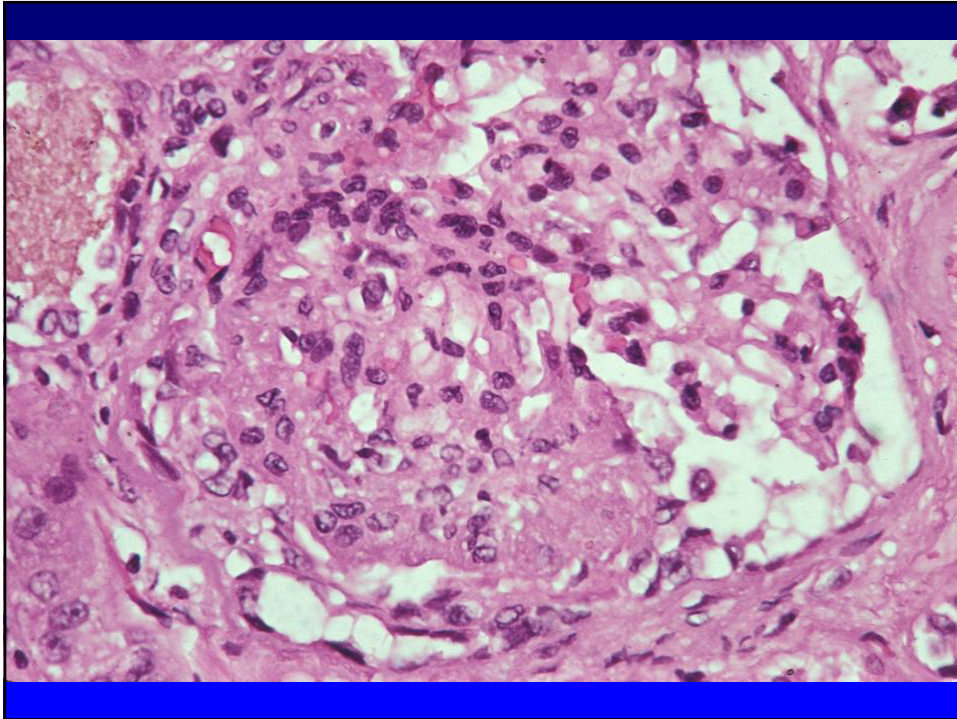












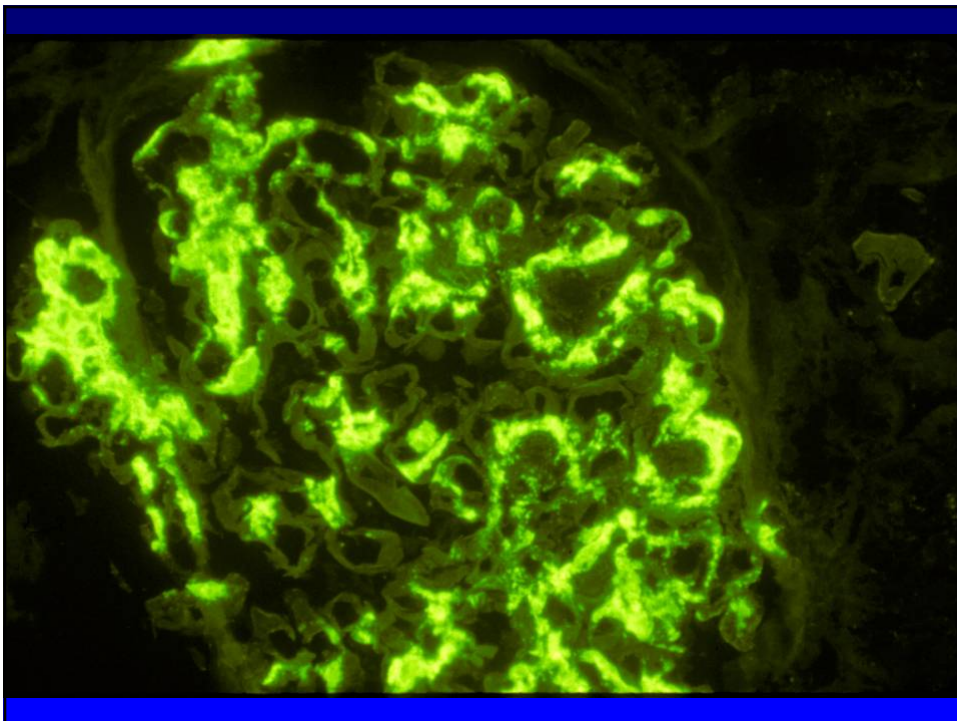
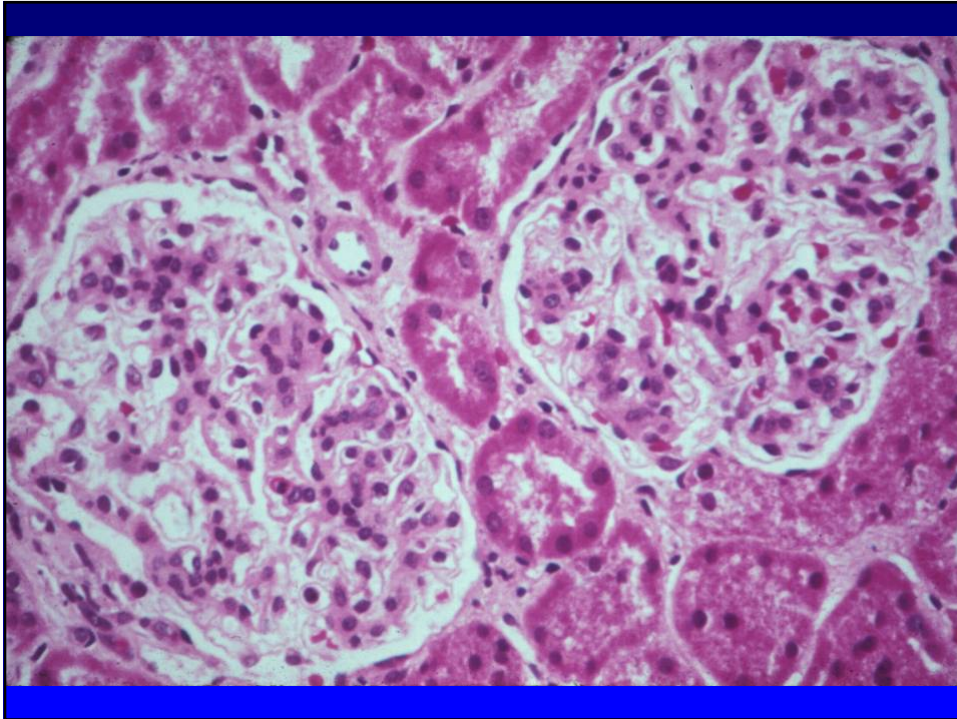
## **Post-Streptococcal GN**

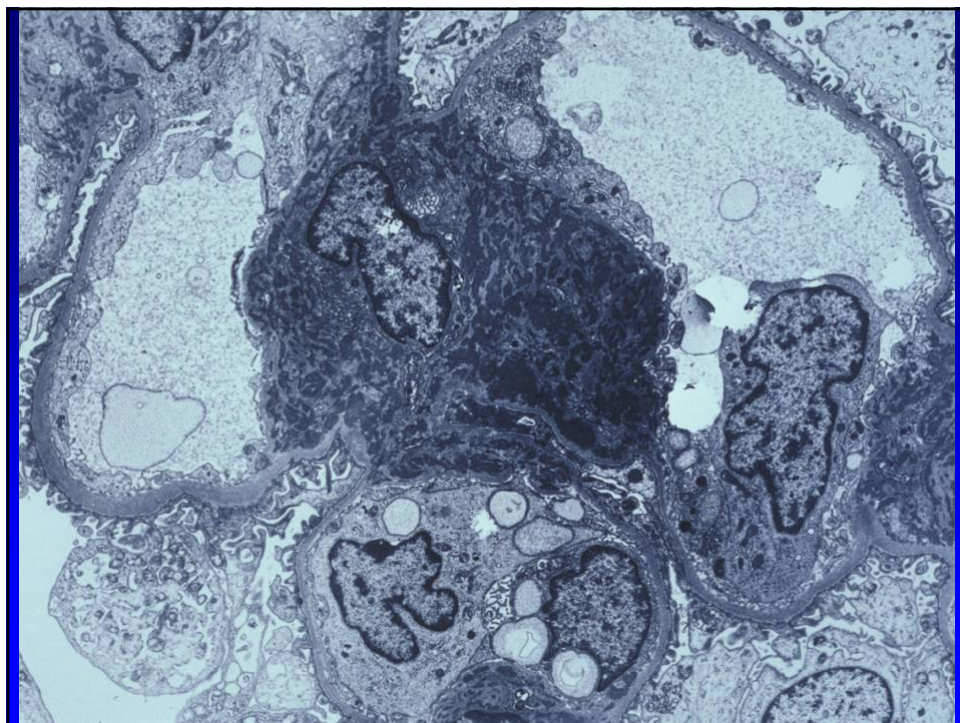
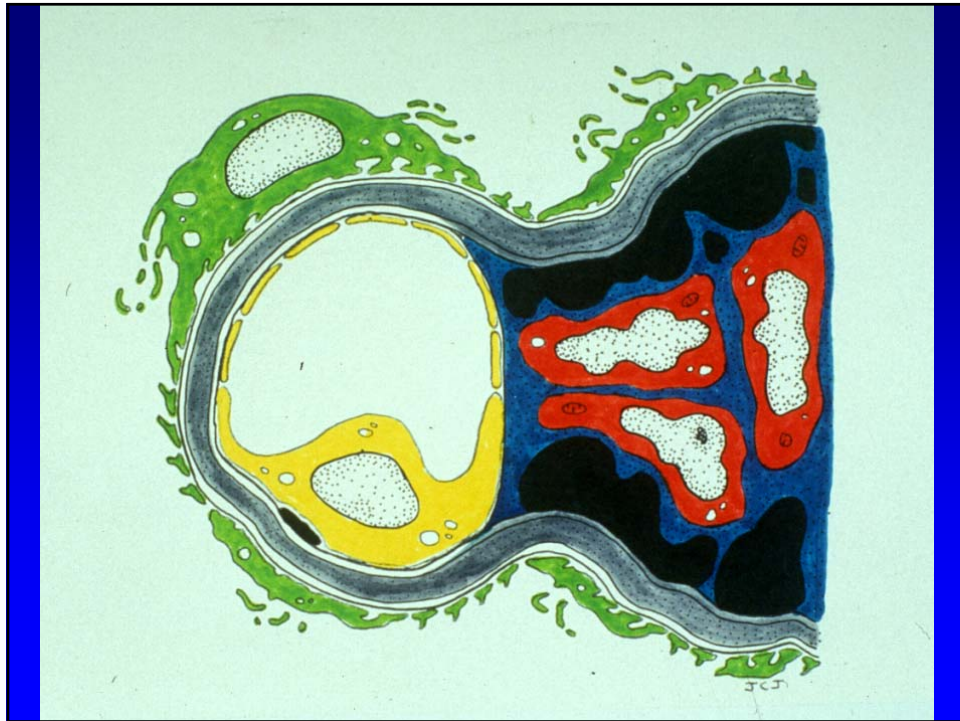
- Follows certain serotype streptococcal infections – sore throats, impetigo, etc.
- Children more common than adults
- Time lag between infection & kidney disease
- Nephritic picture common
- Serologic tests for strept infections +
- Low complement and C3 levels
- Excellent prognosis children, +/- in adults

## **Serum Complement in GN**

- **Low Levels**
  - Post-infectious GN
  - SLE
  - Cryoglobulinemia
  - Idiopathic MPGN
- **Normal Levels**
  - MCD, FSGS, Memb Neph, Amyloidosis, IgA, DM, ANCA + RPGN, Goodpastre's, HSP, etc.

- **A 16 y o high school junior notices dark brown urine after playing basketball. Urinary sediment has rbc's and rbc casts.**
- **Labs:**
  - **Creatinine 1.1 mg/dl**
  - **Creatinine clearance 128 cc/min**
  - **660 mg proteinuria/day**
  - **Serologic tests are normal or negative**





## Demographics of IgA Nephropathy

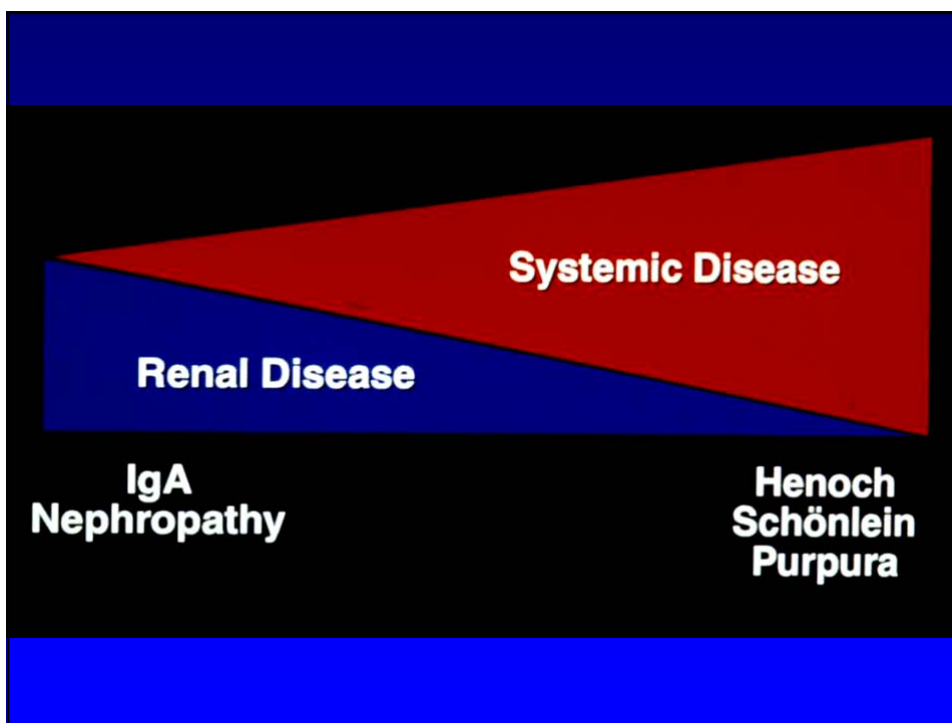
Ages 4 – 80 (mean 25) years  
(65% of patients in 2<sup>nd</sup>/3<sup>rd</sup> decade)

M/F = 2/1

Rare in blacks

### Incidence (% primary glomerulopathies)

|        |                                   |
|--------|-----------------------------------|
| 5-10%  | N. America<br>U.K.<br>Scandinavia |
| 20-30% | Europe<br>Australia               |
| 25-45% | Asia                              |



## Classification

---

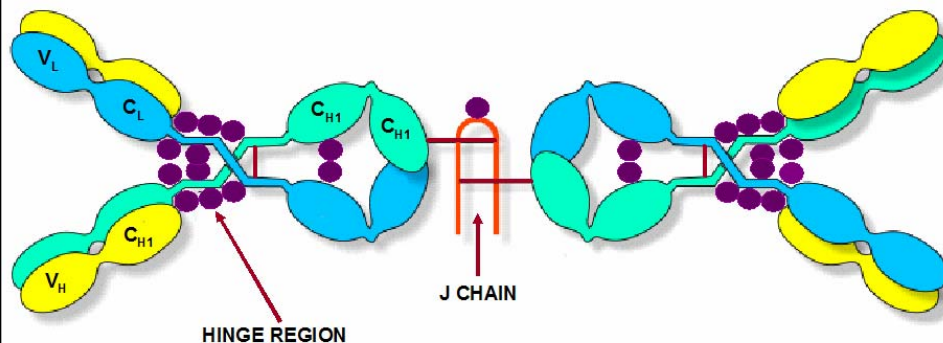
- Primary
  - IgA Nephropathy
  - Henoch-Schonlein Purpura
- Secondary
  - Liver Cirrhosis
  - Inflammatory Bowel Disease

## Pathogenesis

---

1. Defective hepatic clearance
  - Liver cirrhosis
2. Increased IgA production
  - Association with elevated serum IgA
  - Onset may follow URI or Gastroenteritis
3. Defect of antigen exclusion at the mucosal surface
  - URI
  - Gastroenteritis
  - Celiac disease

## Structure of Human Secretory IgA (sigA)



## IgA Nephropathy

- Most common idiopathic GN in world
- Defined by IgA deposition in mesangium
- Presents- Young – gross hematuria  
Adults – Proteinuria + hematuria
- Not benign hematuria ( Berger's Dis )
- 20-30 % progress ESRD over 20 years
- Rx – ACE inhib. + Stds, F.O., MMF

## Corticosteroids in IgAN: a controlled trial

86 Pts Uprot 1-3.5g/D Pcreat < 1.5 mg/dl  
Rx cyclic Pulse SM + QOD stds vs PBO x 6 mo.  
Endpoint 50% rise in Pcreat. Follow 6 yrs

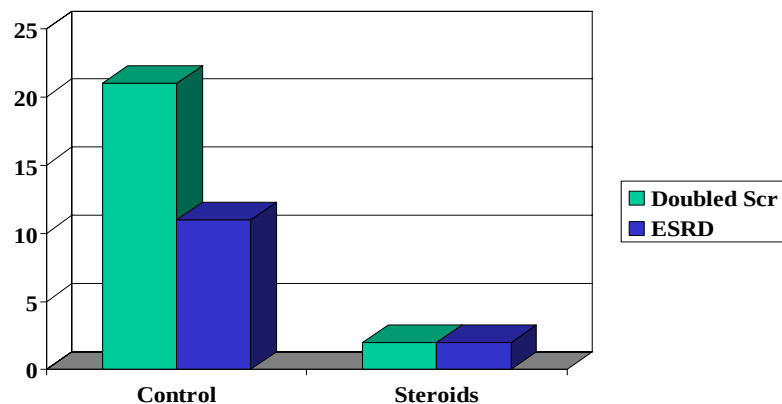
**Endpoint 9/43 Rx vs. 14/43 PBO ( p<.05 )**

High risk Pts : vascular sclerosis, males,  
no Steroid Rx

No major side effects

Pozzi et al. Lancet 353:883, 1999

## IgA Nephropathy: A Controlled Trial of Steroids (Pozzi, et al)



## Controlled Trial of Fish Oils in IgAN

106 Pts    78M/28F    age 36yo

Uprot > 1 g/D    HBP 60%

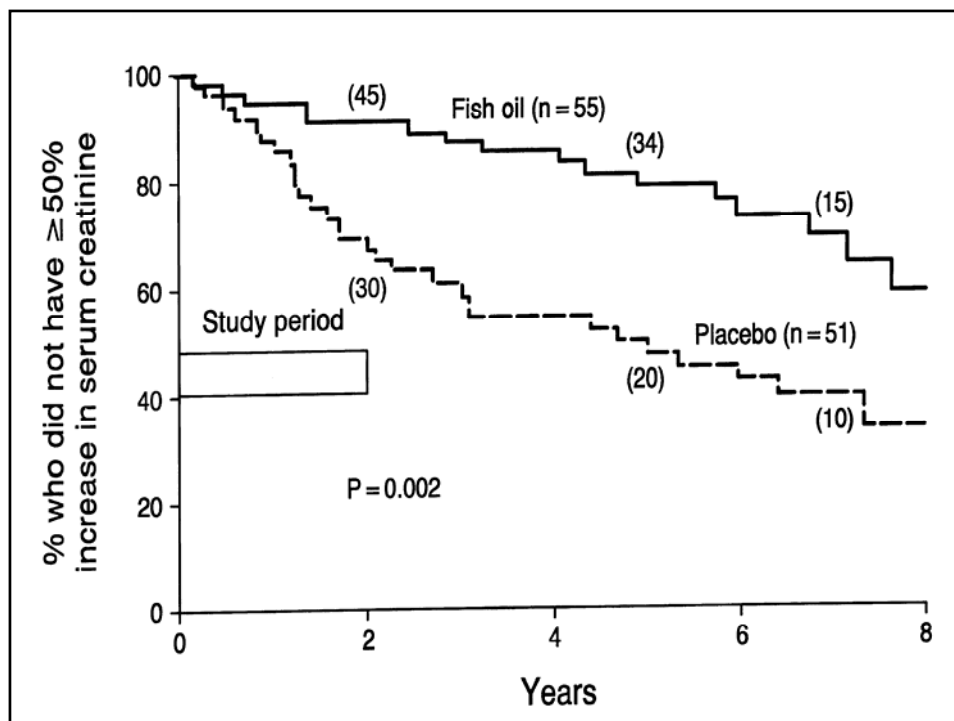
Rx Max EPA 12g/D ( 58 ) vs Olive oil ( 51 )

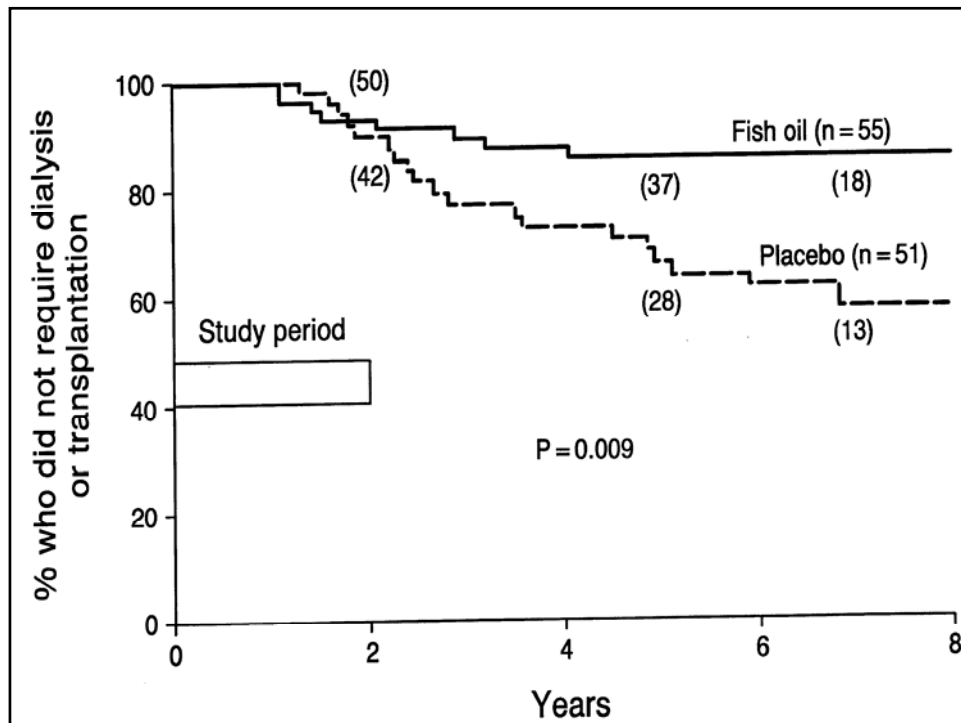
Rx 2yr    follow 5 yr

Endpoint 50% increase Pcreat.

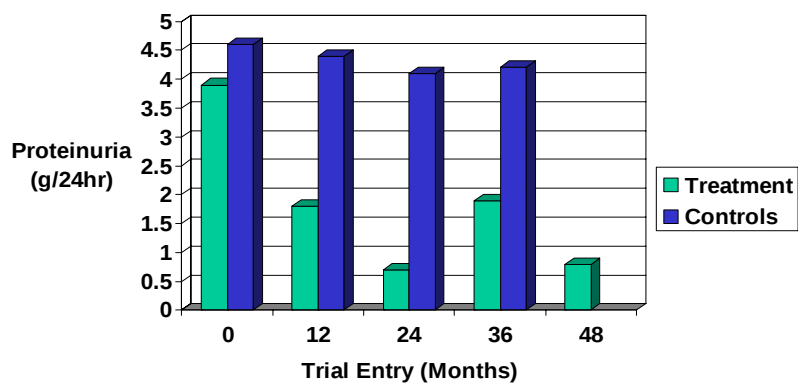
|               |           |    |           |
|---------------|-----------|----|-----------|
| Endpoint      | 6% Rx EPA | vs | 33% PBO   |
| Change Pcreat | .03 mg/dl | vs | .14 mg/dl |
| DDT           | 10%       | vs | 40%       |

Donadio et al N Eng J Med 1994





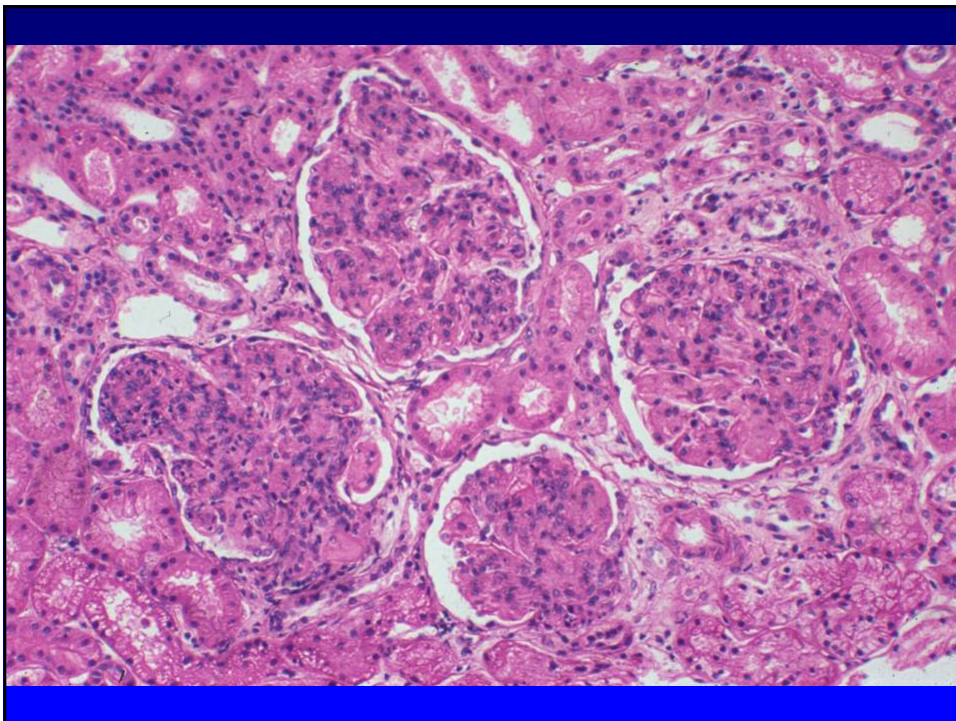
### Immunosuppressive Rx for IgAN Change in Proteinuria

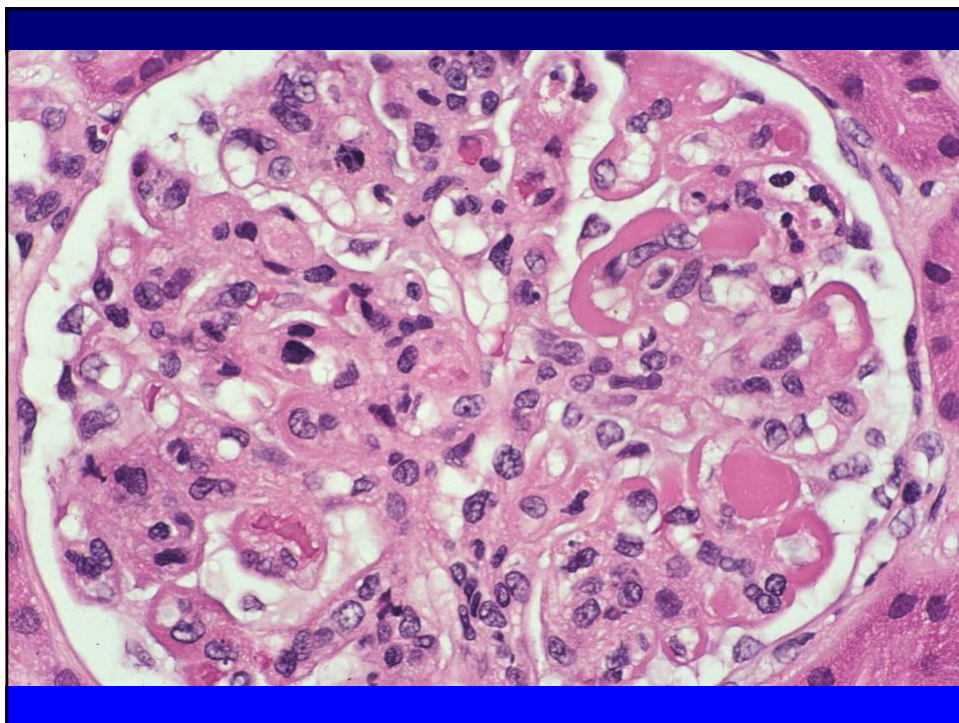
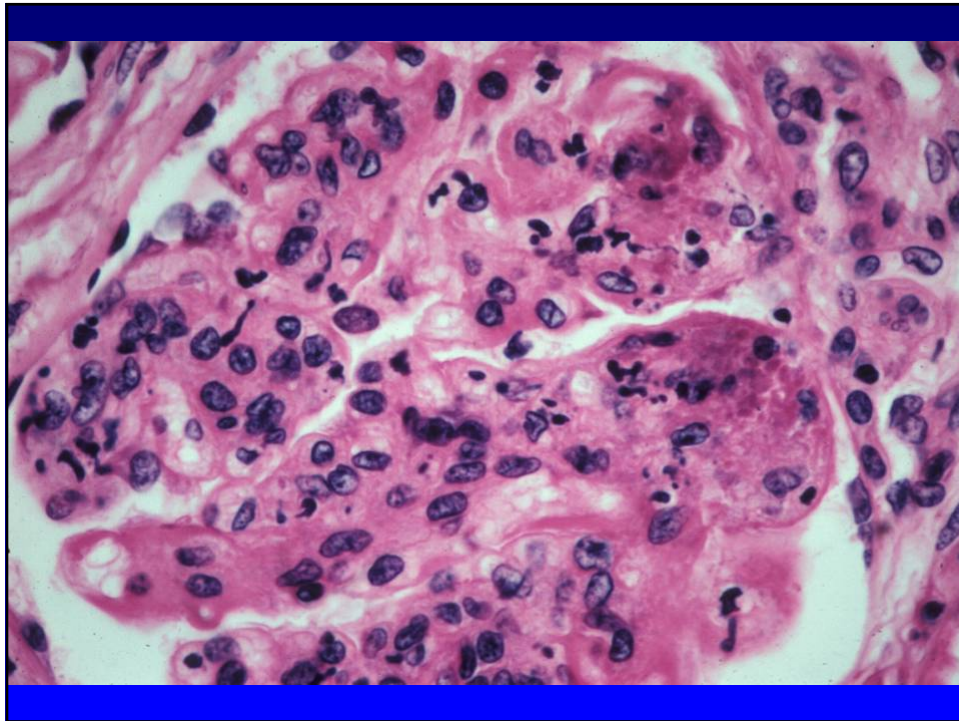


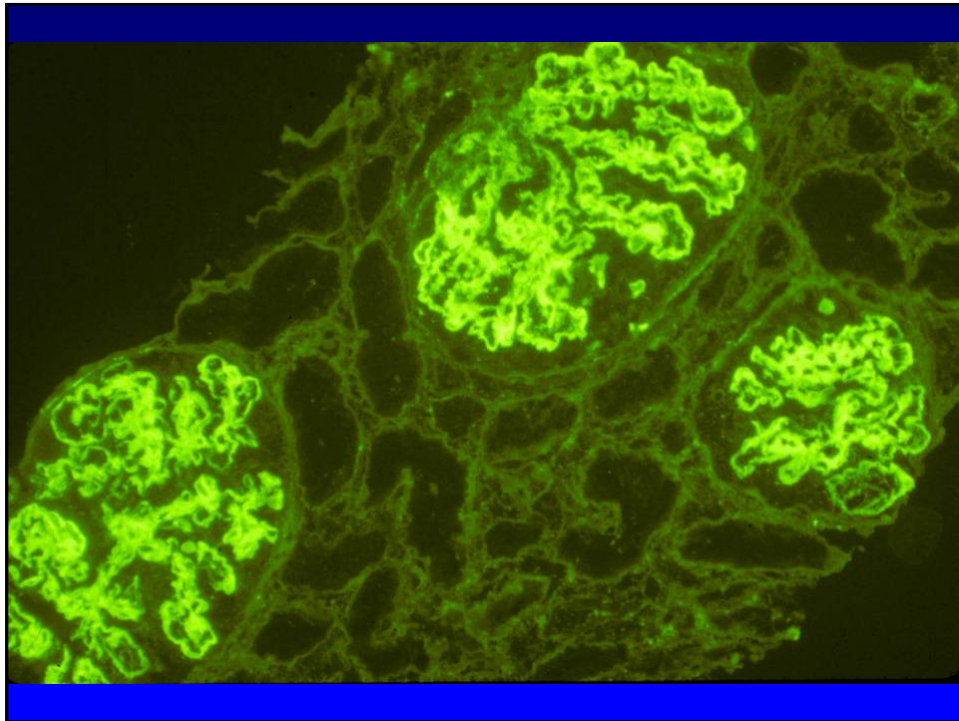
Ballardie, FW, Roberts, ID. J Am Soc Neph, 13:142-148, 2002.



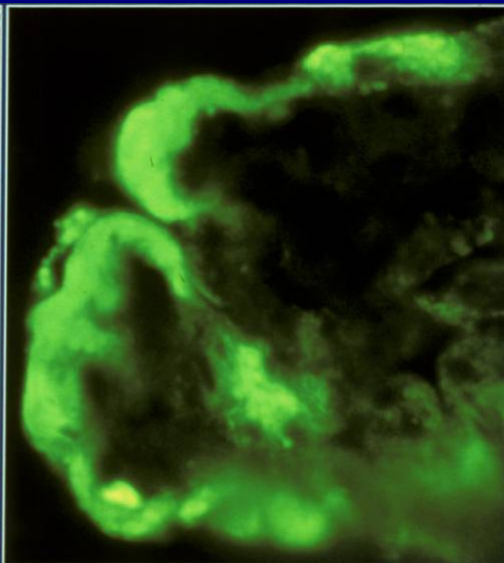
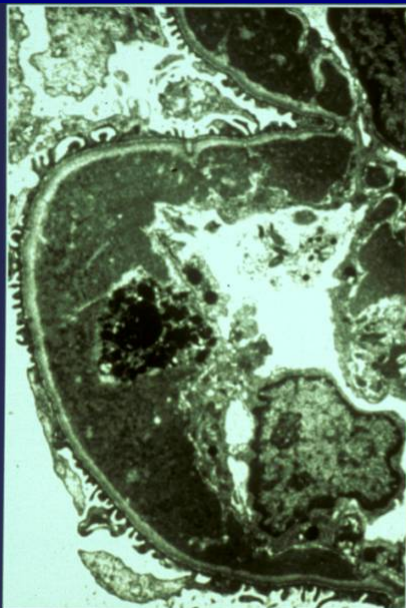
- A 29 y o saleswoman develops arthritis of multiple joints, fever, lymphadenopathy, and a malar rash.
- Labs:
  - Urinalysis 3+ protein, crenated rbc's
  - Creatinine 1.2 mg/dl
  - 24 hr. protein 1.8 g/dl
  - Complement 18% (normal 50-150%)
  - ANA positive, Anti-DNA antibody positive

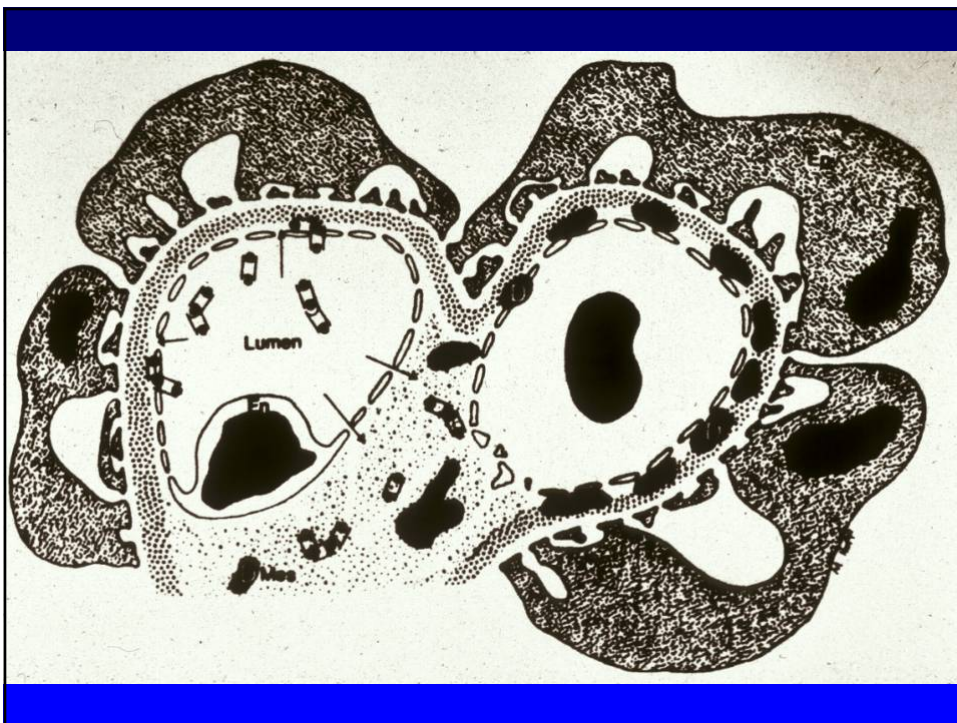
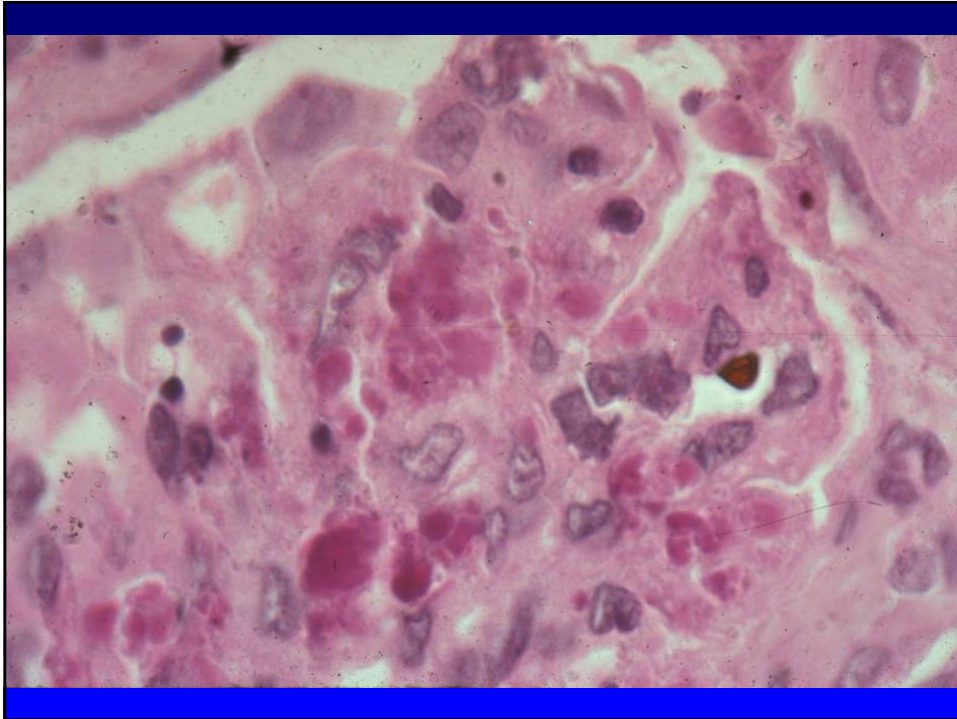






## Lupus Nephritis Class IV



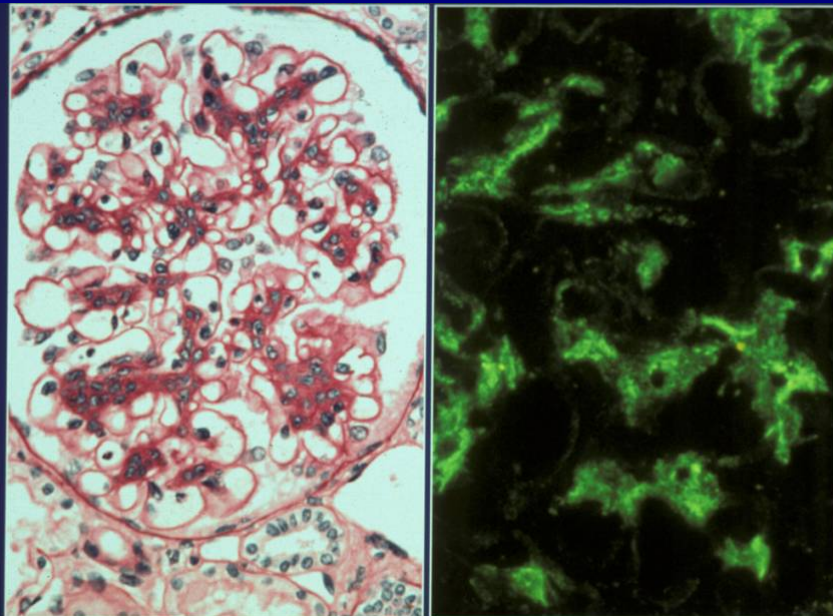


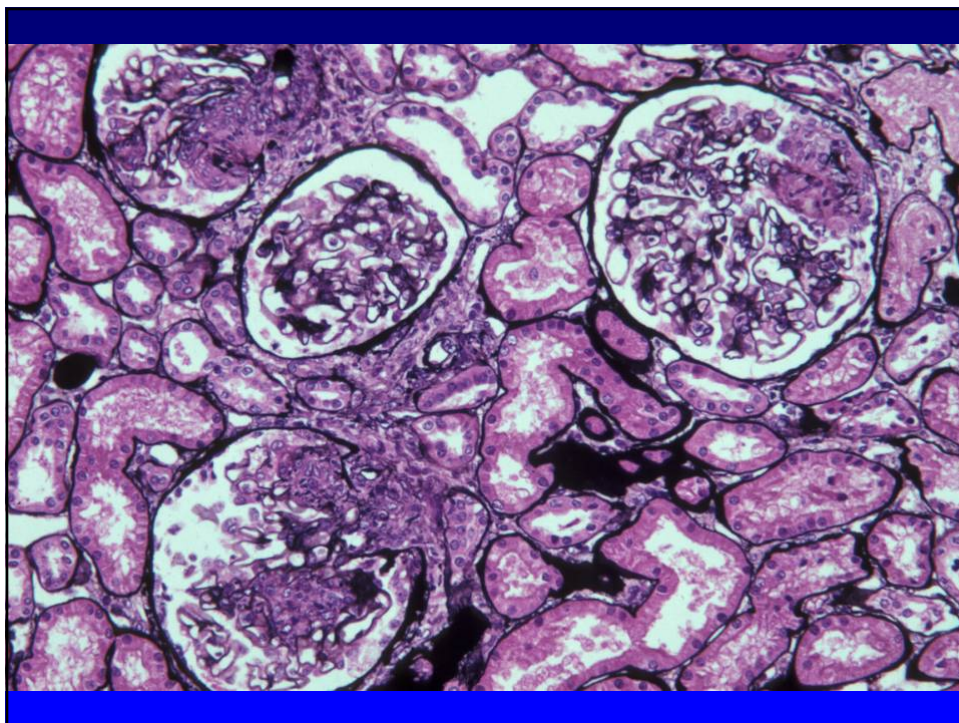
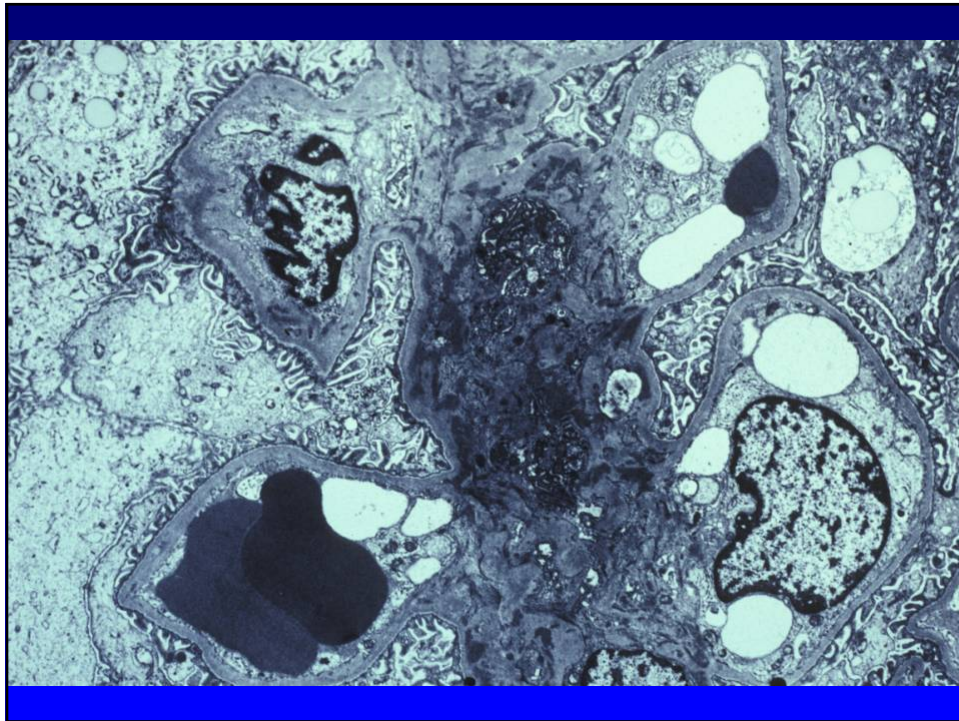
## **Lupus Nephritis WHO Classification**

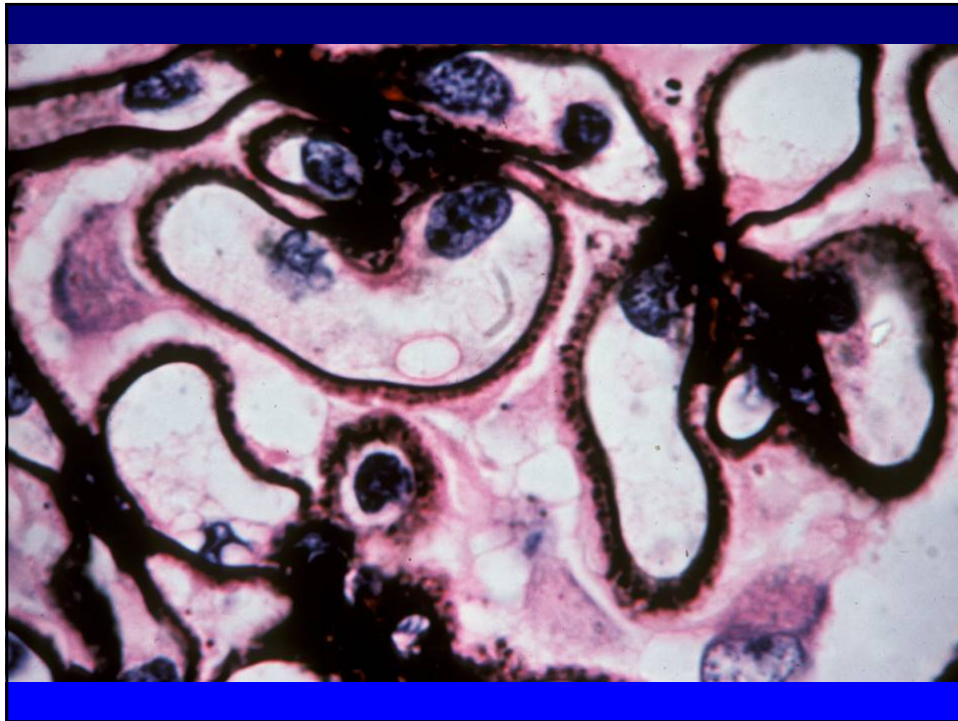
### **CLASSES**

- I Minimal mesangial**
- II Mesangial Proliferative**
- III Focal Segmental Proliferative**
- IV Diffuse Proliferative**
- V Membranous**

### **Lupus Nephritis Class II**







## **Treatment of Lupus Nephritis by Class**

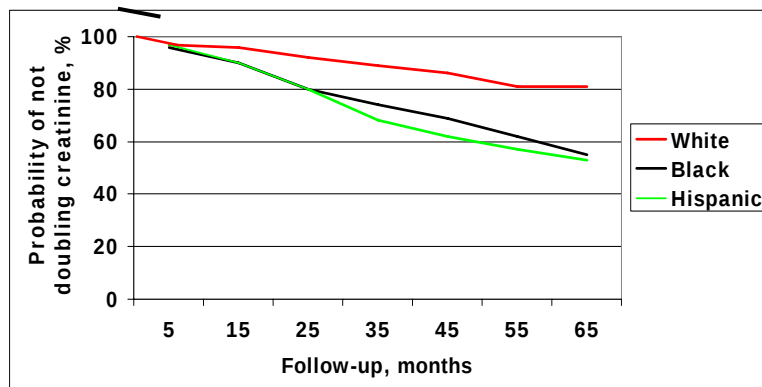
- Class I and II – Treat extra-renal findings
- Class III -FPLN – Vigorous Rx if necrotizing features, crescents, extensive proliferation.
- Class IV – DPLN – Vigorous Rx immunosuppressives
- Class V – Memb LN – Treat to induce remit proteinuria – Nephrotic syndrome

## Predictors of Progression of Lupus Nephritis in Three Ethnic Groups

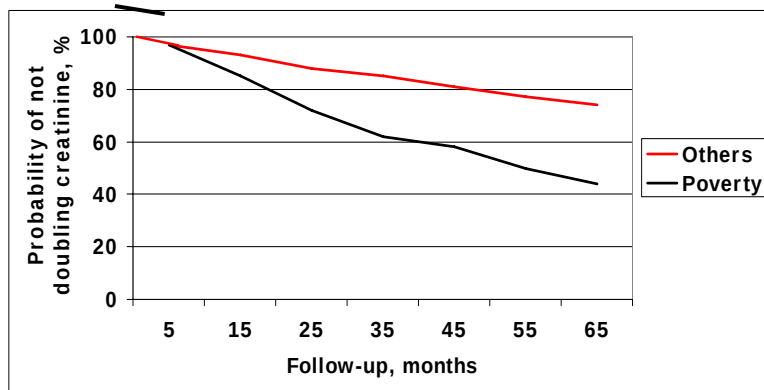
### New York City Cohort:

- 129 pts -51 H, 22 AA, 55 C Class III -IV LN
- Predictors (age-adjusted hazard ratio)
  - Hispanic ethnicity (3.7)
  - African – American race (3.1)
  - Living in neighborhood with high poverty (2.9)
  - Government insurance – Medicare (3.2)
  - Elevated creatinine (4.3)
  - Proteinuria (3.8)
  - Hypertension (3.2)
  - WHO Class IV (3.3) *Barr...Appel et al, 2003*

## Impact of Race on Renal Prognosis – NYC n= 129

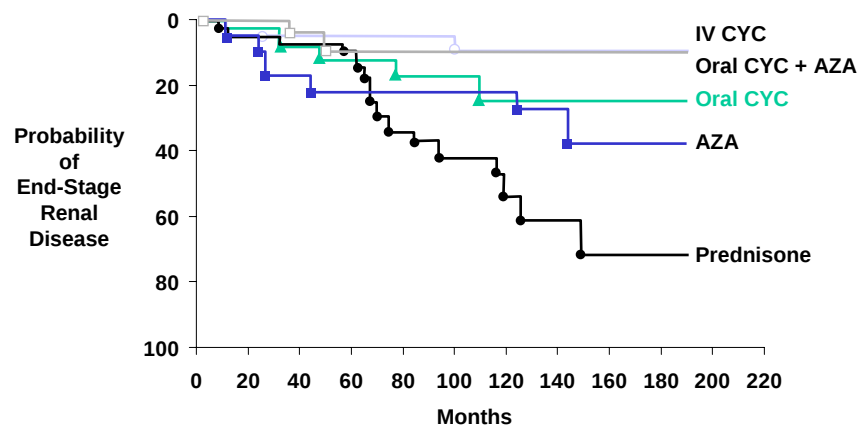


## Impact of Poverty on Renal Prognosis- NYC

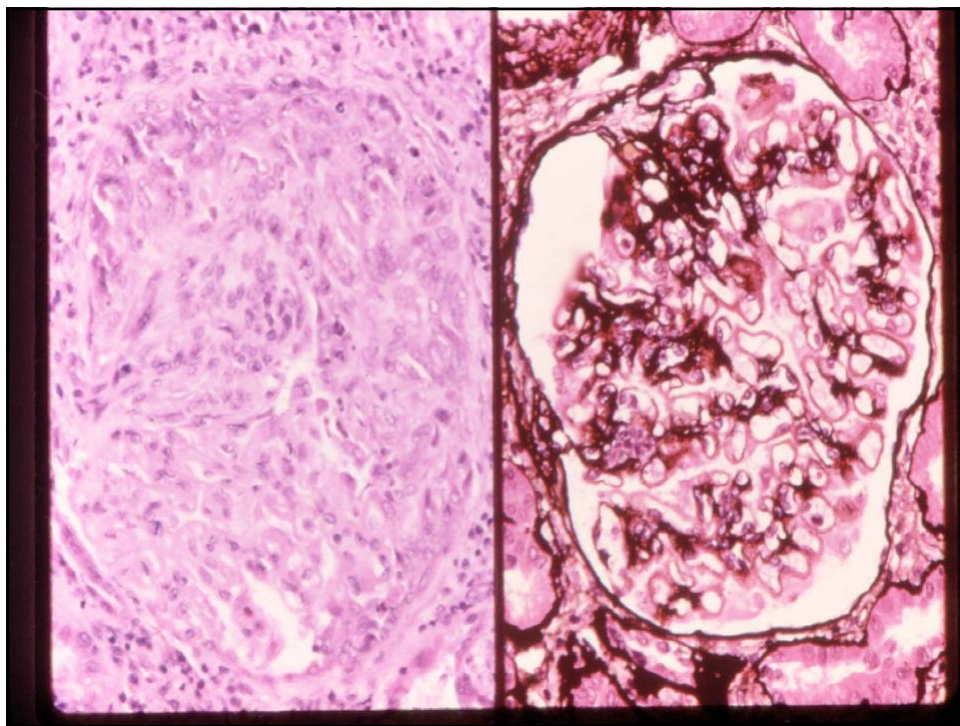
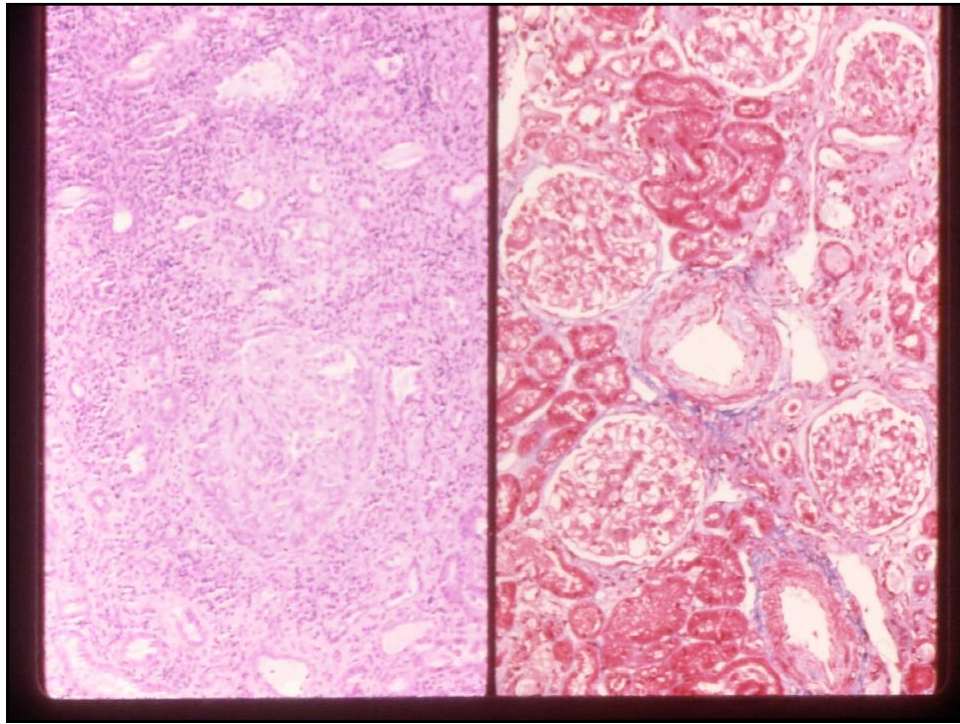


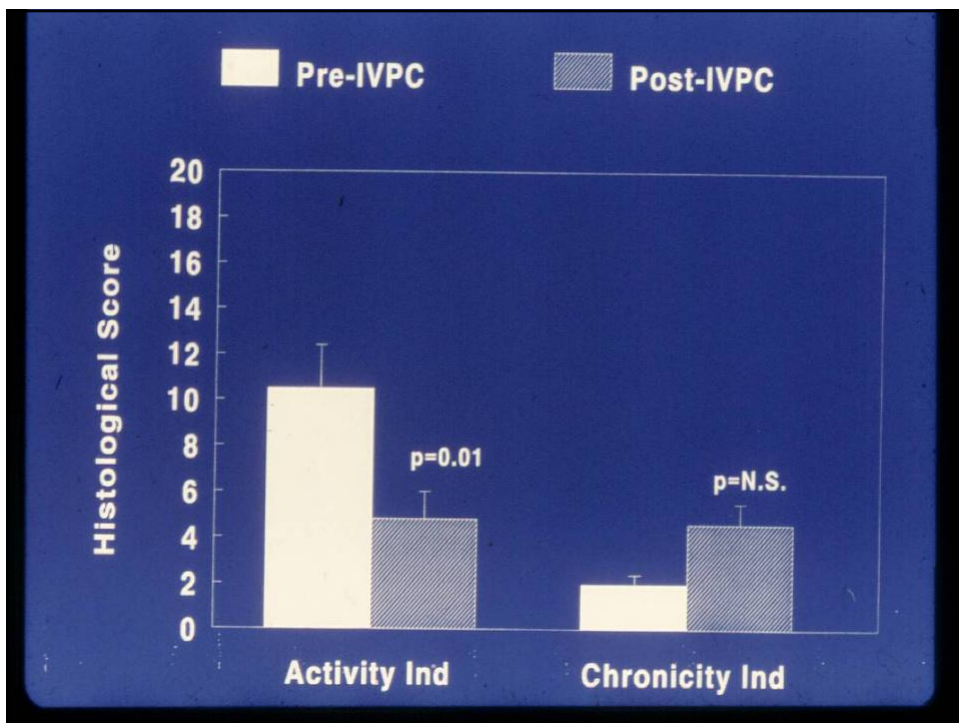
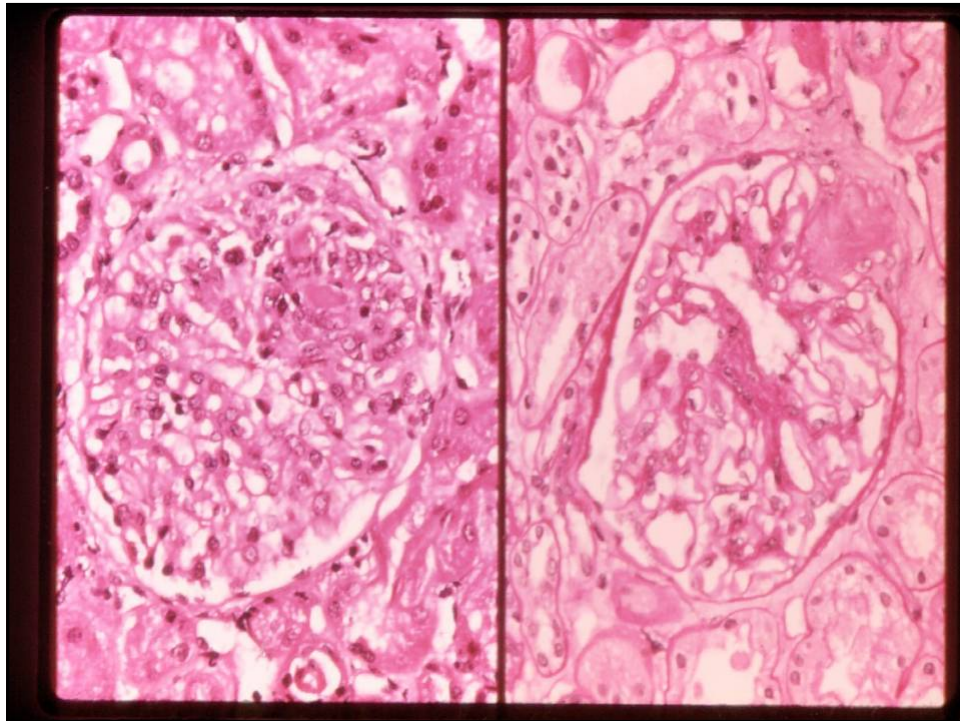


### Probability of Developing End-Stage Renal Disease: Comparison Among Lupus Nephritis Treatment Regimens



CYC = cyclophosphamide; AZA = azathioprine.  
Steinberg AD, Steinberg SC. *Arthritis Rheum.* 1991;34:945-950.





## Multicenter Trial of MMF vs IVCyc for Induction Therapy of Severe LN

- Multicenter, randomized, nonblinded trial of induction RX for severe active LN
- Designed as equivalence trial
  - Calculated sample size: 64/ Rx arm
- Hypothesis: MMF has equivalent efficacy with superior toxicity/tolerability profile vs. IVC

ACR Ginzler et al 2003, ASN Appel et al 2003

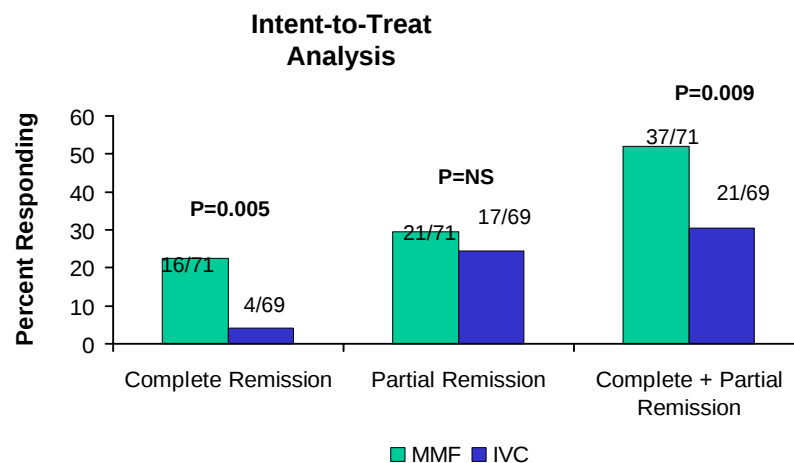
## Baseline Patient Characteristics

|                        | MMF (n=71)    | IVC (n=69)    |
|------------------------|---------------|---------------|
| Age ( yrs)             | 32.5 ± 10.0   | 31.0 ± 9.0    |
| Female                 | 61 (86%)      | 65 (94%)      |
| Black                  | 43 (61%)      | 36 (52%)      |
| Duration of SLE, mo.   | 43.72 ± 66.88 | 58.70 ± 80.64 |
| Screatinine, mg/dL     | 1.06 ± 0.52   | 1.08 ± 0.49   |
| Urine protein, g/24 hr | 4.06 ± 3.14   | 4.41 ± 3.51   |
| Urine sediment         |               |               |
| RBC/hpf                | 24.1 ± 50.3   | 33.2 ± 115.5  |
| WBC/hpf                | 12.6 ± 23.5   | 10.3 ± 17.3   |
| Salbumin, g/L          | 2.81 ± 0.95   | 2.69 ± 0.56   |

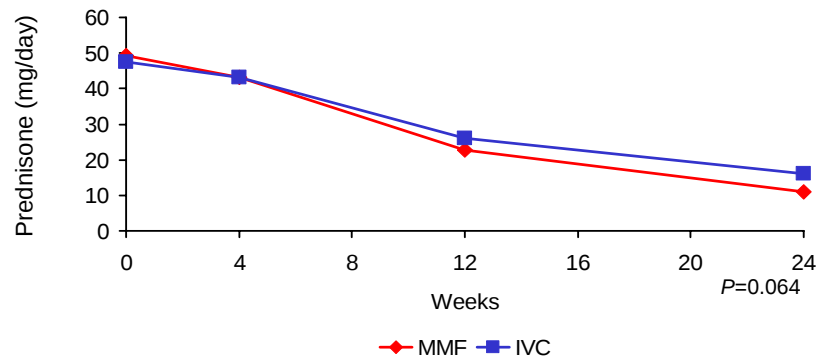
## WHO Renal Biopsy Classification of Study Population

|                      | MMF<br>(n=71) | IVC<br>(n=69) |
|----------------------|---------------|---------------|
| <b>Proliferative</b> |               |               |
| Class IV             | 39            | 37            |
| Class III            | 11            | 11            |
| Membranous ( V)      | 14            | 13            |
| Mixed                | 7             | 8             |

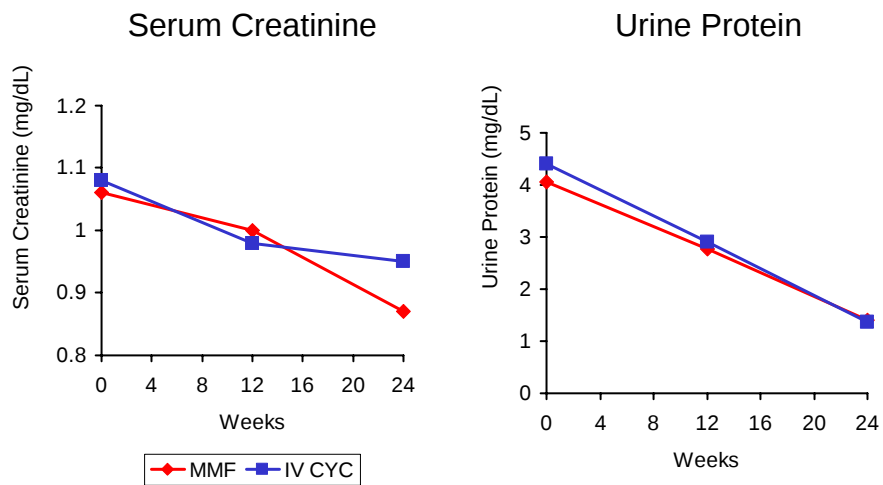
## Remission Rates: MMF vs. IVC



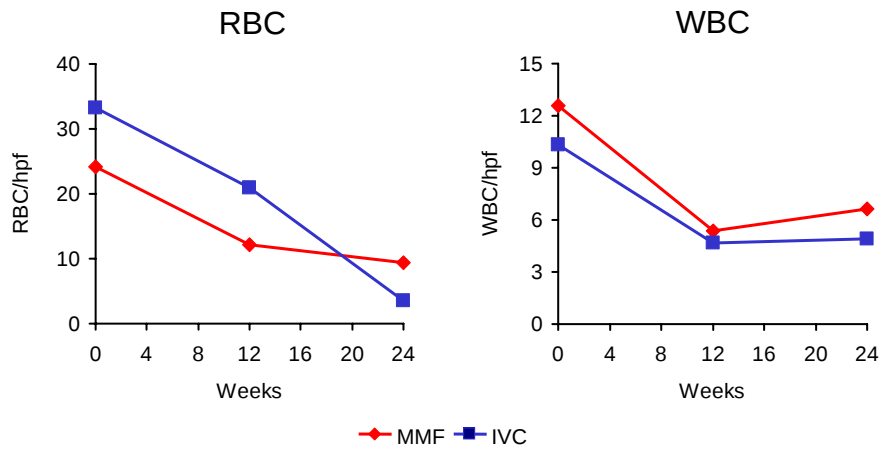
## Change in Prednisone Dose



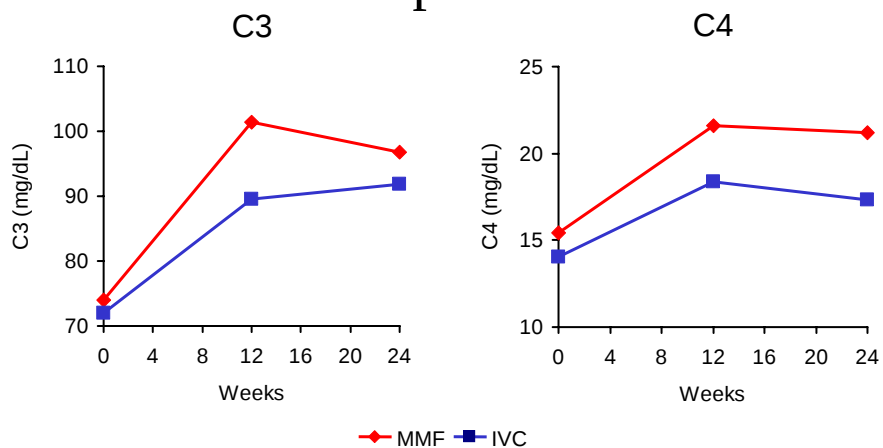
## Change in Serum Creatinine and Urine Protein Excretion



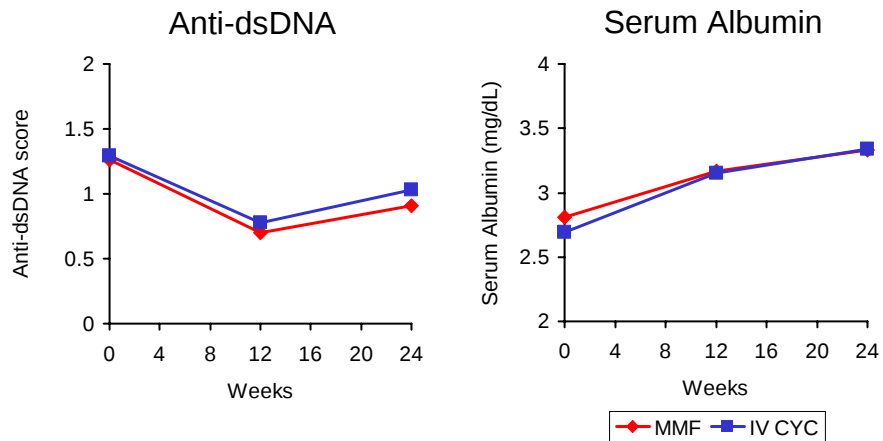
## Change in Urine Sediment



## Change in Complement Components



## Change in Anti-dsDNA and Serum Albumin



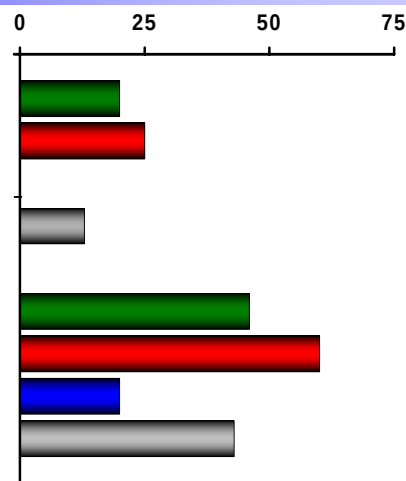
## MMF vs IVCY Induction - 24 Wk Remission Rates: AA vs Others

### Complete Remission

|      |       |
|------|-------|
| MMF  | Black |
| MMF  | Other |
| IVCY | Black |
| IVCY | Other |

### Complete + Partial

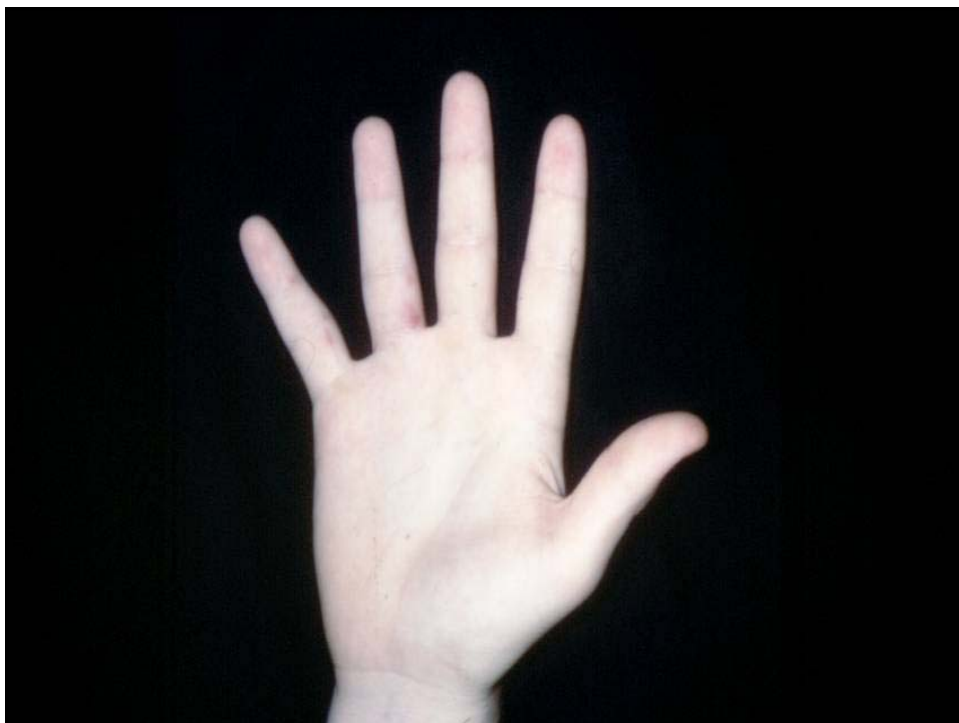
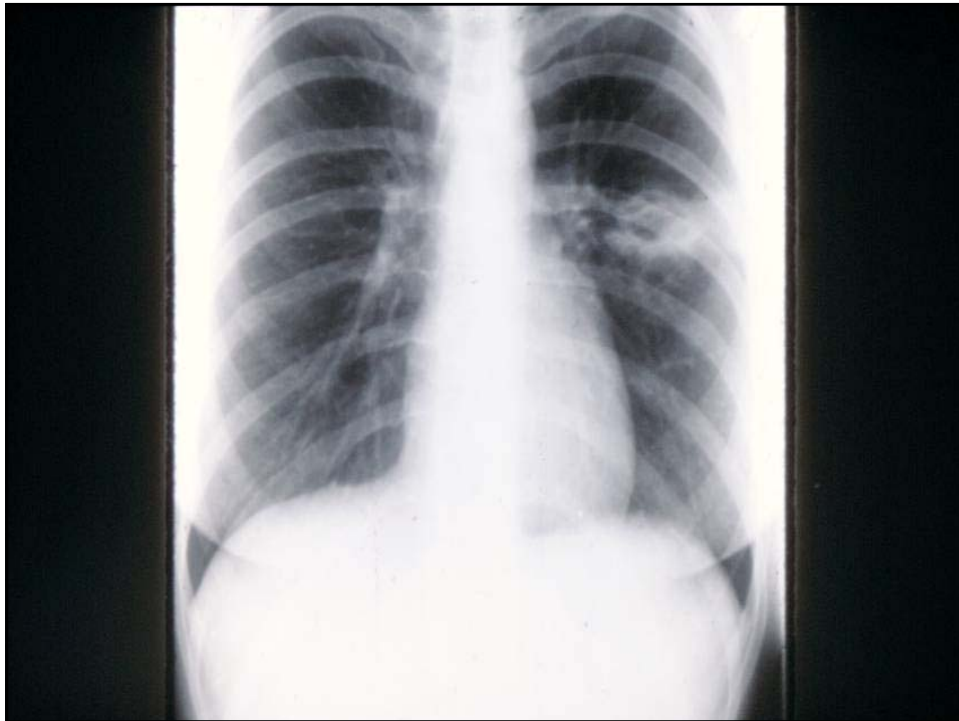
|      |       |
|------|-------|
| MMF  | Black |
| MMF  | Other |
| IVCY | Black |
| IVCY | Other |

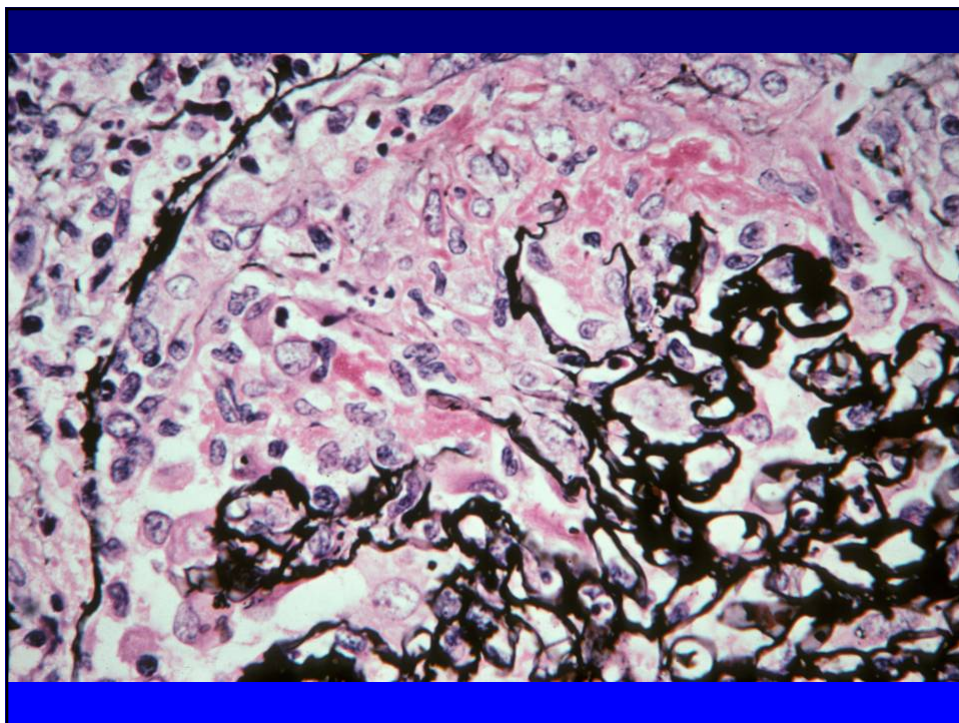
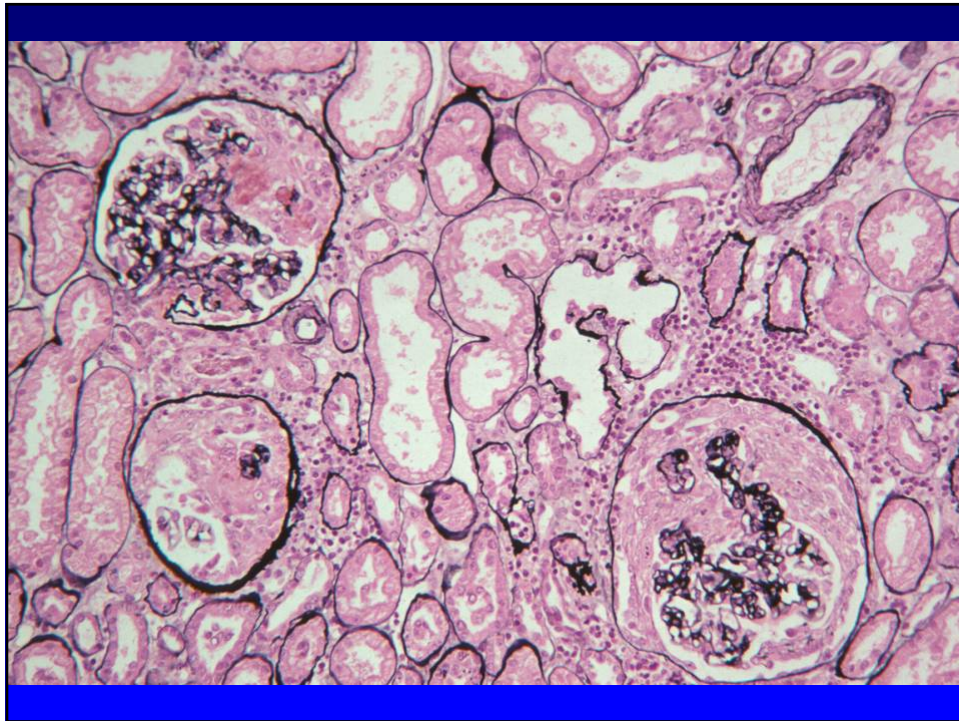


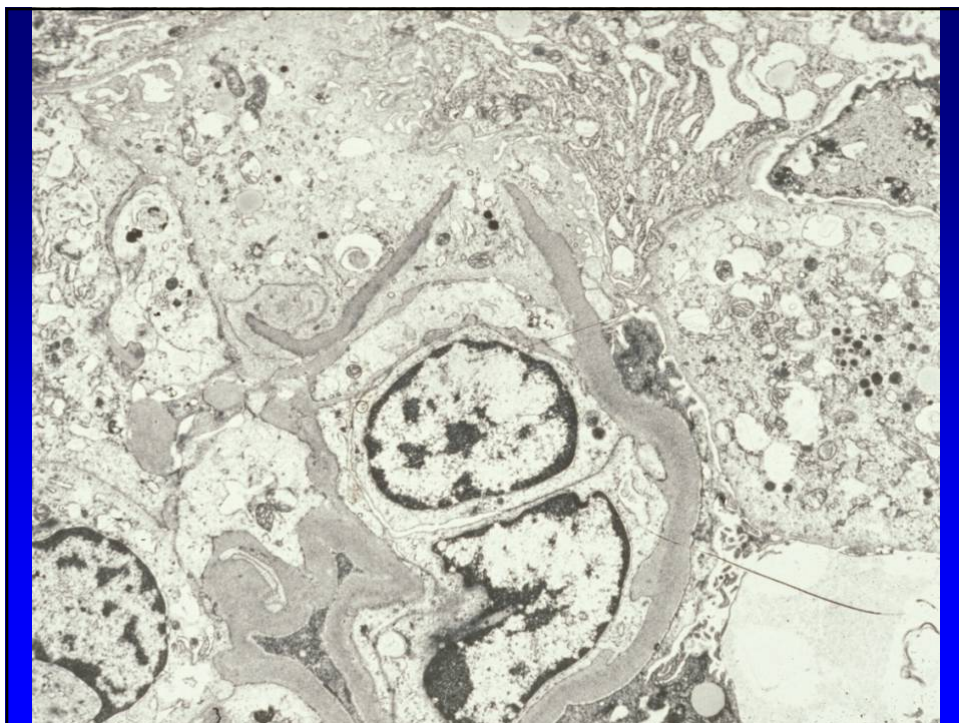
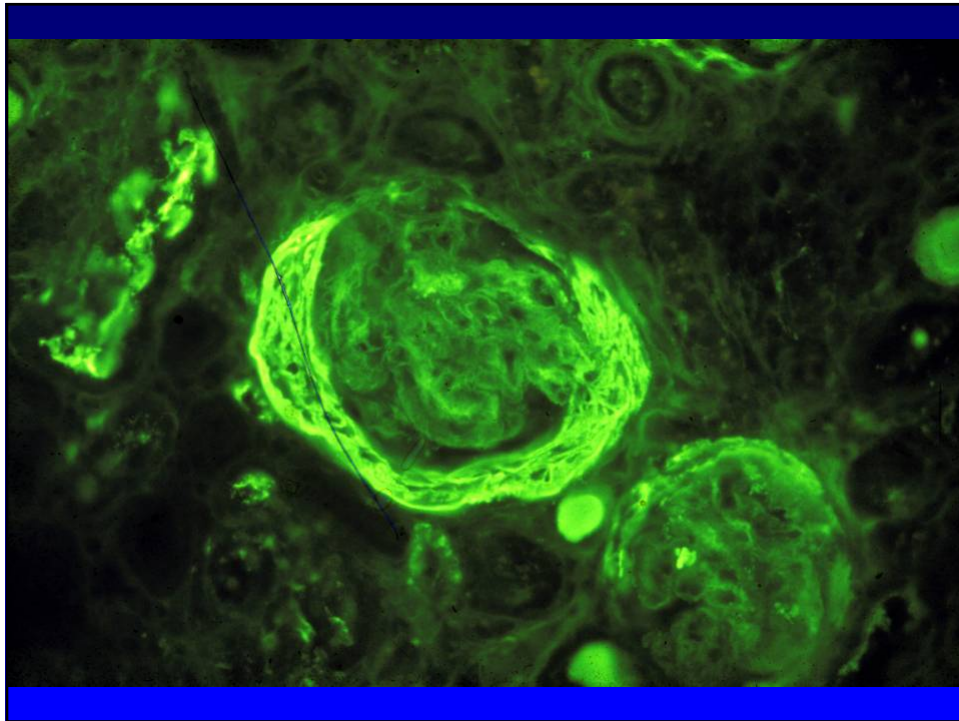
Appel et al, ASN 2003

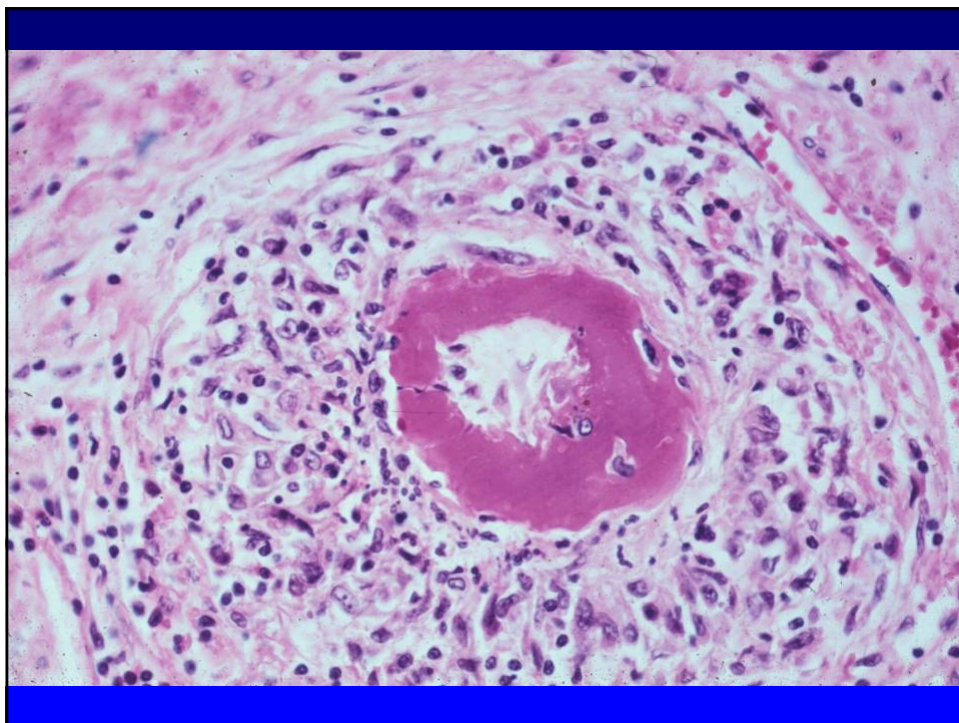
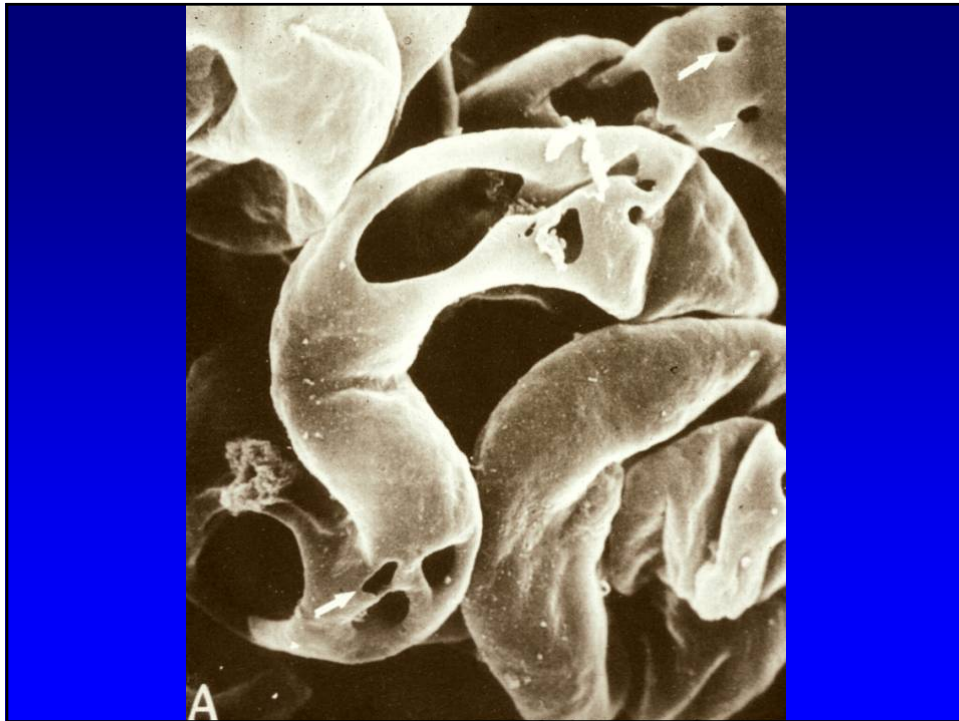
- A 58 y o insurance salesman develops sinusitis, weight loss, malaise and a dry cough over three weeks. His sinus films show opacification of the left maxillary sinus, and he is found to have a cavitory lesion on his chest X-ray.
- Labs:
  - Urinalysis: rbc's, wbc's, and rbc casts
  - Creatinine 2.7 mg/dl
  - Serum complement is normal
  - Anti-GBM antibodies are absent
  - ANCA is positive

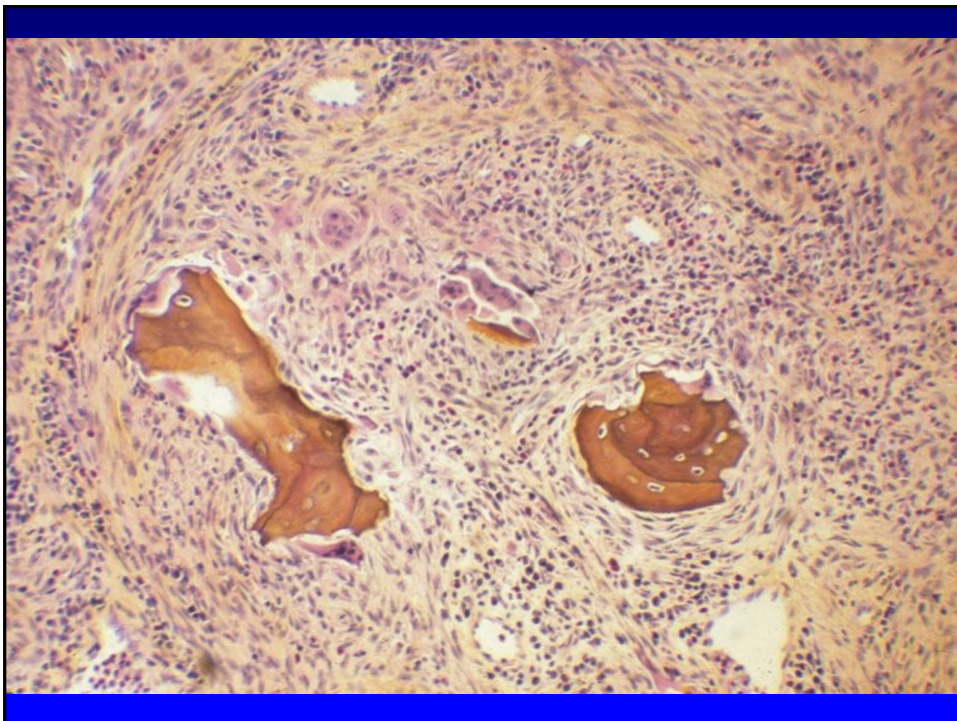
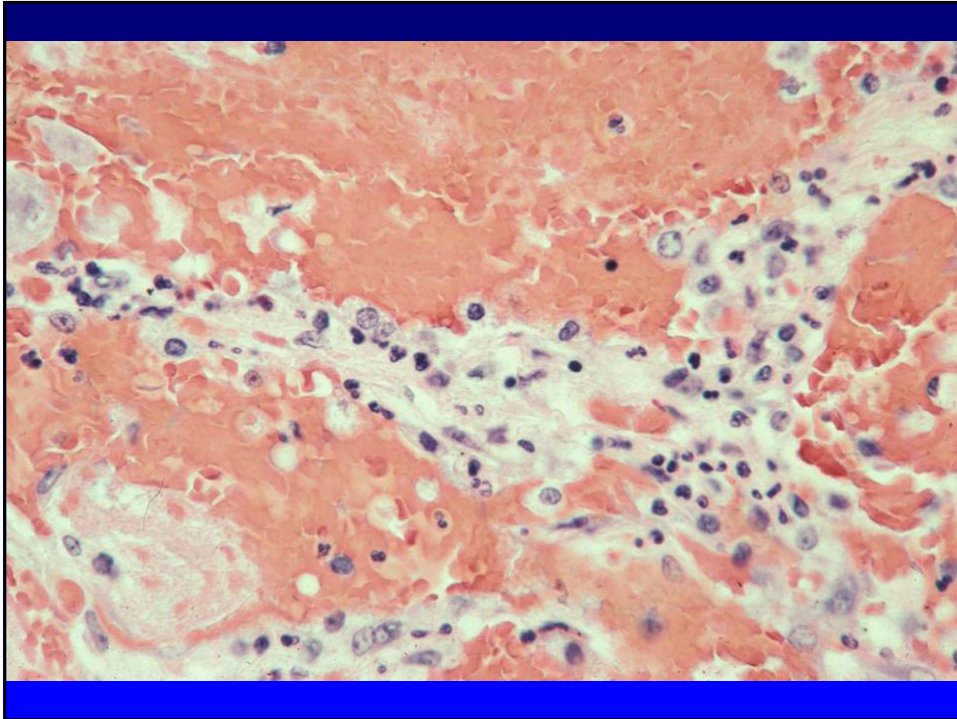


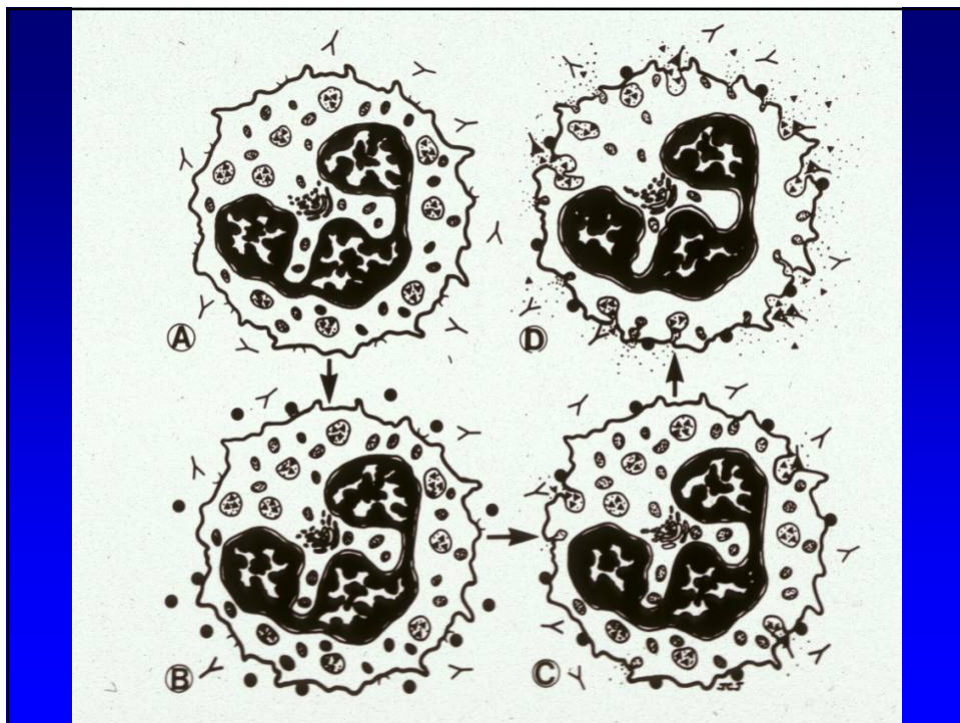
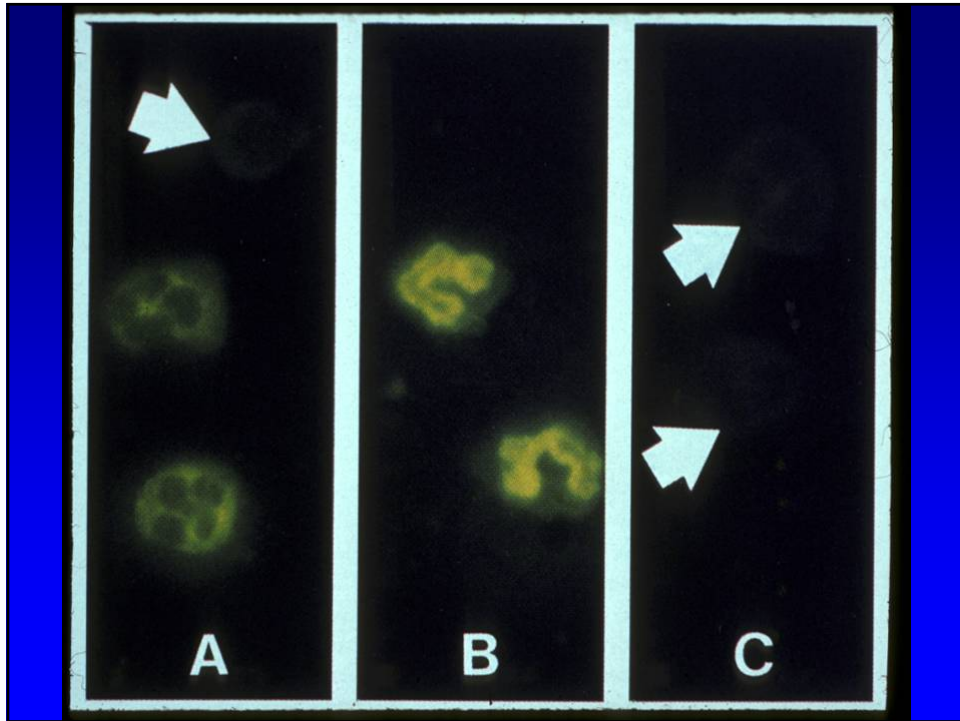










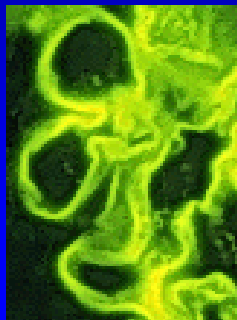


# Pulmonary-Renal Vasculitic Syndrome

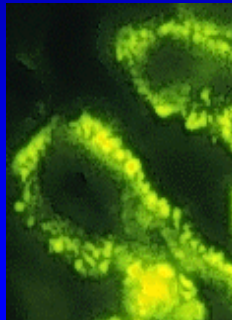
- Pauci-immune (usually ANCA-associated)
  - Wegener's granulomatosis
  - Microscopic Polyangiitis
- Immune Complex Deposits (granular)
  - SLE
  - Cryoglobulinemic vasculitis
- Anti-Glomerular Basement Membrane Antibody Deposits (linear)
  - Goodpasture's Syndrome

## ANTIBODY MEDIATED GLOMERULONEPHRITIS

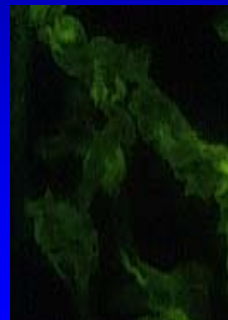
Circulating **anti-GBM** antibodies with **linear** glomerular IF staining



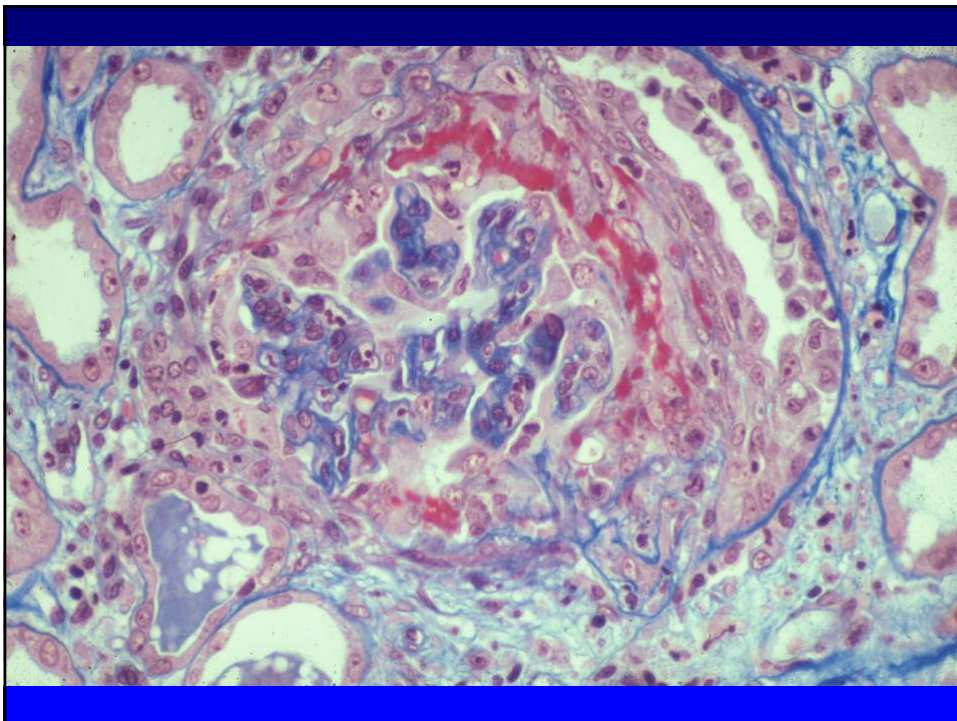
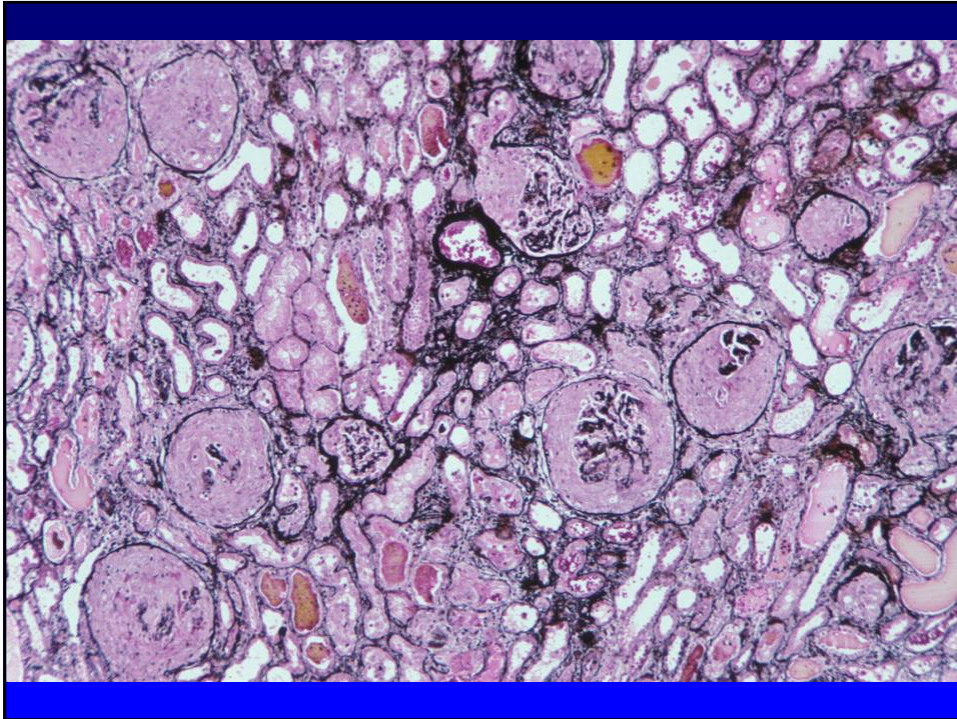
Glomerular **immune complex** localization with **granular** IF staining

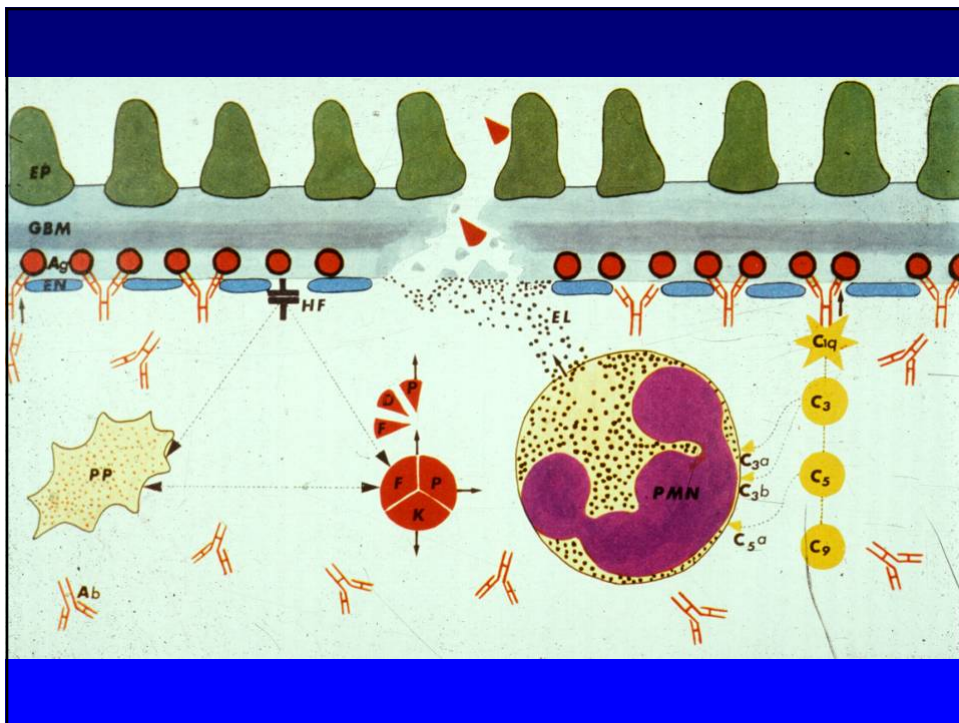
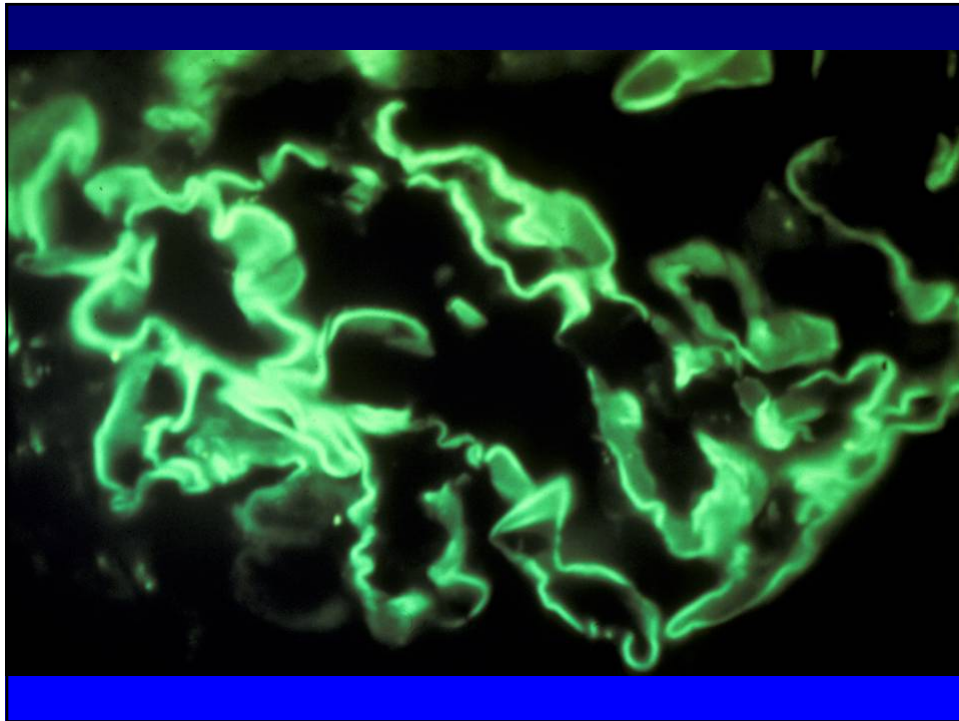


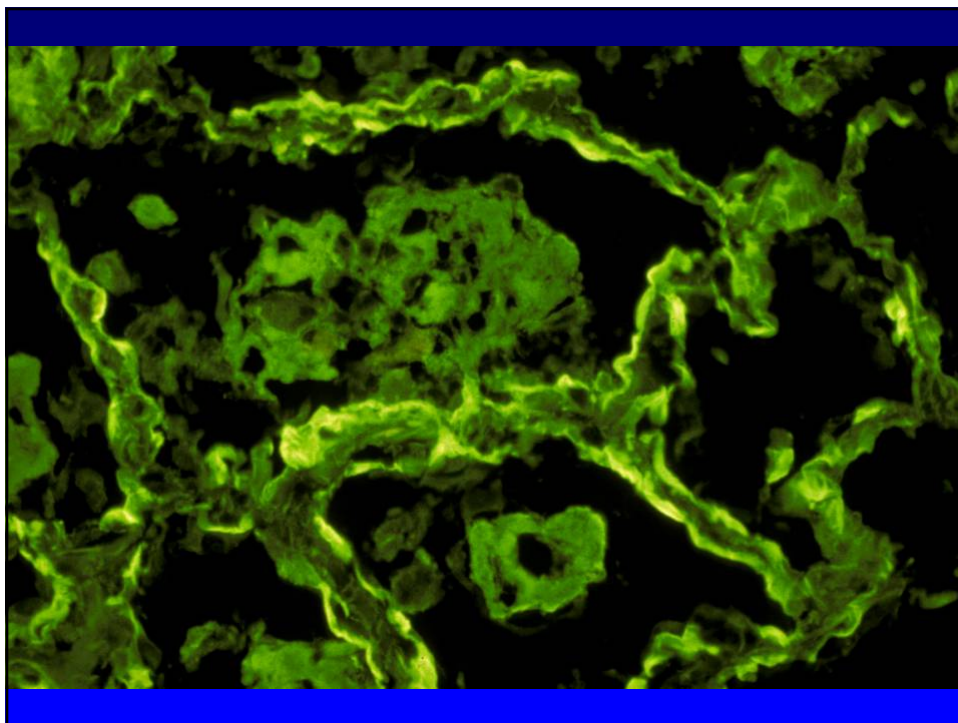
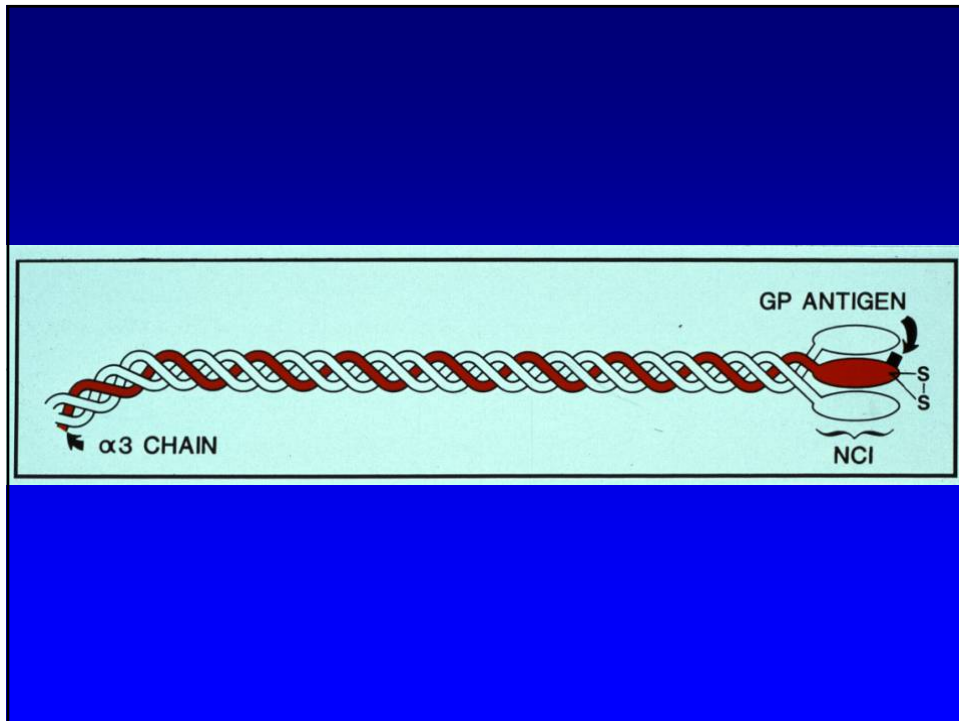
Circulating **ANCA** with **paucity** of glomerular IF immunoglobulin staining

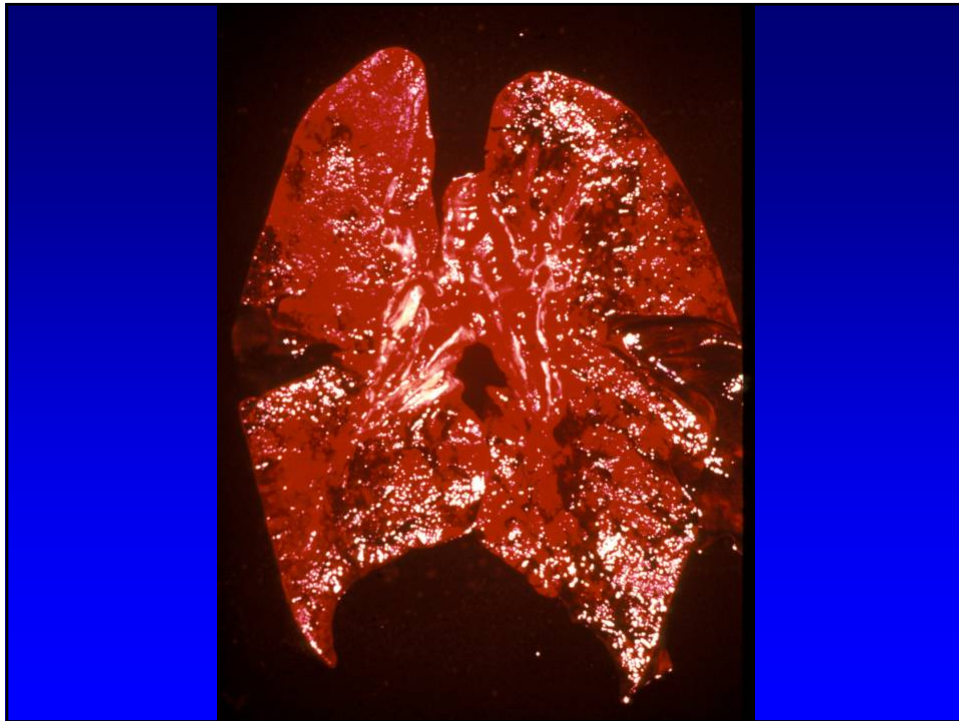


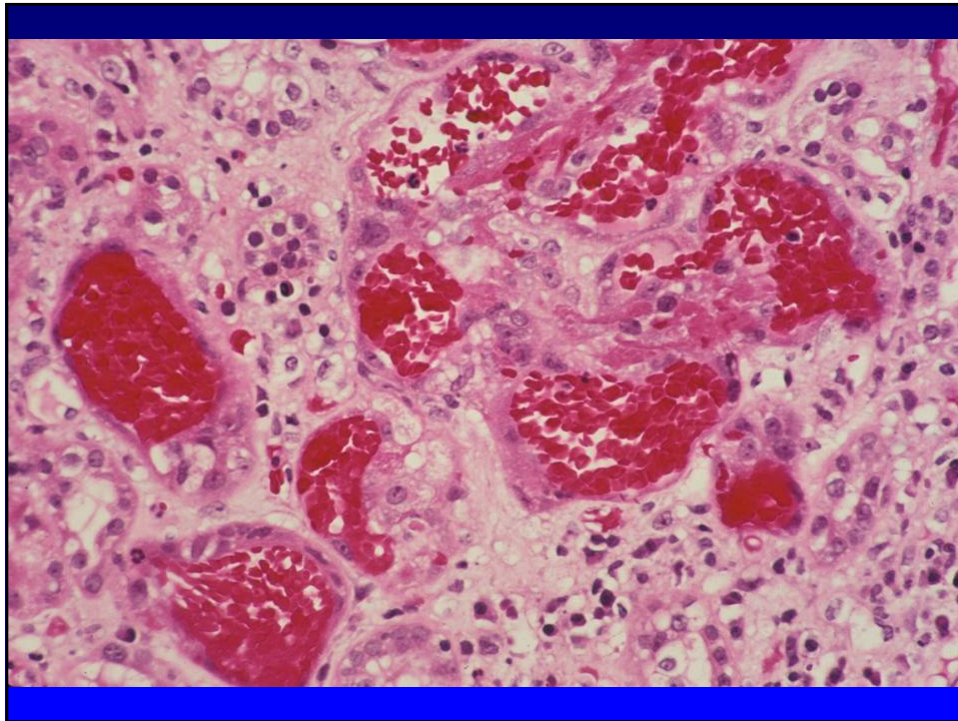
>80% ANCA+











## **Rapidly Progressive Glomerulonephritis**

**A severe form of GN leading to RF in days to months**

**RPGN = Crescentic GN**

**Secondary RPGN ( SLE, HSP, Post-infectious, etc. )**

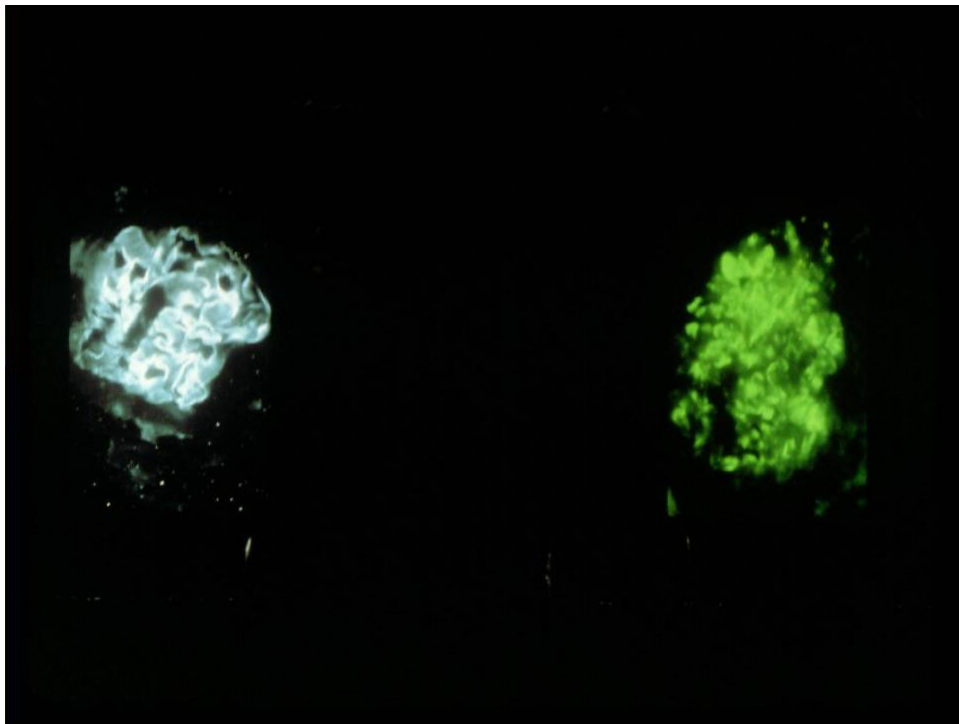
**Primary RPGN**

- anti-GBM disease
- immune complex GN
- pauci-immune GN

**Rx and Course depend on etiology and stage**

## Treatment of RPGN

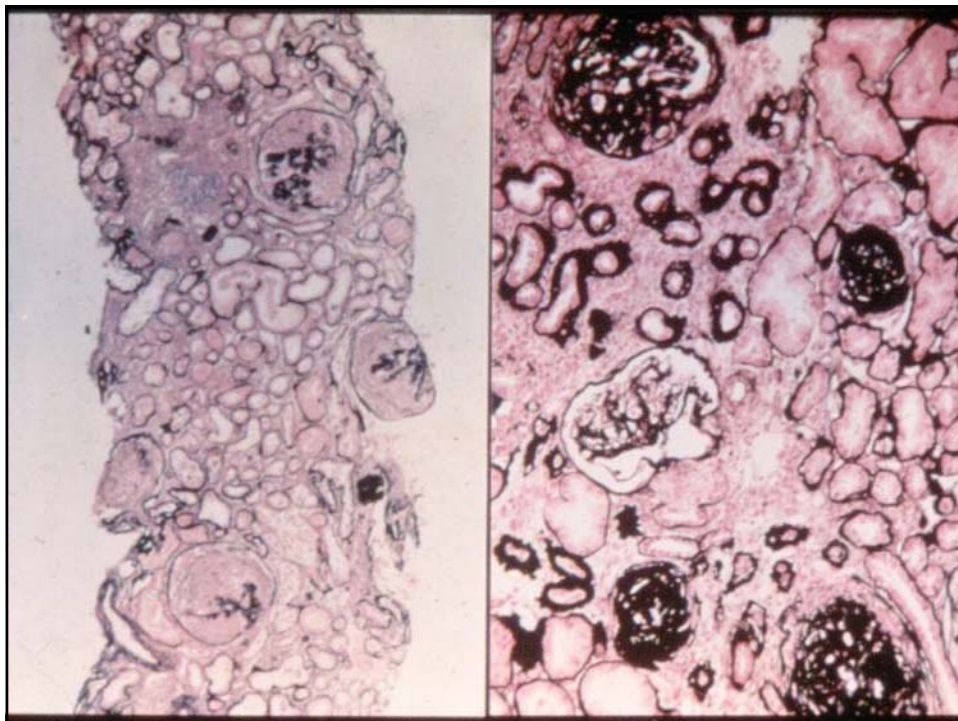
- Anti-GBM disease – Steroids , cytotoxics, and plasmapheresis
- Immune Complex GN – Treat underlying disease
- Pauci-immune RPGN ( ANCA + ) – Cytotoxics ( Iv or P.O. )



## **Anti-Neutrophil Cytoplasmic Antibodies**

- C-ANCA cytoplasmic against serine proteinase 3 ( PR3 )
- P-ANCA perinuclear against myeloperoxidase ( MPO )
- P-ANCA is an artifact of alcohol fixation

**ANCA is to RPGN as Anti-DNA is to SLE**



## **Renal Pulmonary Syndromes**

- |                       |                     |
|-----------------------|---------------------|
| • Goodpasture's Synd. | Anti GBM Abs        |
| • SLE lung dis. + LN  | aDNA + CH50         |
| • RPGN, Weg.G., PAN   | ANCA                |
| •                     |                     |
| • Pulmonary emboli    | RVT ( memb NS )     |
| • Pneumonia           | Immune complex GN   |
| • Uremic Lung         | CHF + Renal failure |