

Community HealthCorp Internship with Healthy Schools Healthy Families: Physical Activity Focus

The Healthy Schools, Healthy Families (HSHF) is a coordinated school health program for medically underserved children in New York City, and is comprised of over fifteen community-based, local government, public, and private partners in conjunction with NewYork-Presbyterian Hospital, Columbia University Community Pediatrics and Weill Cornell Medical College. HSHF began in PS 128M in 1999 and in 2004 expanded to four schools in Washington Heights (PS 4, 132, and 152) and West Harlem (PS/IS 180), adding two East Harlem schools (PS 102 and PS 206) in 2005. HSHF serves some 5,000 children and their families, as well as the staff and community of the seven elementary schools.

Intern will need to complete 900 hours before December 31, 2009. Intern will receive \$6,035 stipend and a \$2,362.50 educational allowance. Most of the 900hrs will need to be completed during March to June 2009 and September to December 2009 (NOT July and August 2009). We are willing to work with intern to help meet any internship requirements of one's educational institution.

Intern Responsibilities:

- Conduct physical activity train the trainer sessions with DOE school staff
- Conduct a needs assessment for school recess and troubleshoot barriers to physical activity.
- Facilitate school recess and train student and staff leaders to promote active play
- Collect and track physical activity data

Intern Requirements:

- Must be responsible, punctual and dependable.
- Must be able to communicate effectively with people from a variety of ethnic and educational backgrounds and comfortable working in Washington Heights and Harlem.
- Must be able to work on a team as well as independently.
- Must be computer literate and be familiar with Microsoft excel.
- Must be available during school hours (8am to 3:30pm). Days of the week are flexible, but must be able to average 25 hours/wk during the academic part of the year (all year besides July and August).
- Must be outgoing and comfortable leading exercises in front of others.
- The following are desired but not required: physical activity background, bilingual in Spanish and English, and/or experience working in schools.
- Must be willing to comply with healthy snack policy while on school grounds
- College degree preferred, but qualified undergraduate students will be considered.

If interested, please submit cover letter and resume to Melissa Pflugh at mep7006@nyp.org. We would like the intern to start as soon as possible.

Melissa Pflugh, MS, RD
Program Manager
Healthy Schools Healthy Families
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