Directory of Community
Mental Health Services for Children

Manhattan, Bronx, Brooklyn, Queens, Staten Island
Manhattan-General

Manhattan 10001

The Hudson Guild
441 West 28th Street
New York, NY 10001
Phone: (212) 760-9822

Hours of Operation:
Monday, Wednesday
9am - 8pm
Tuesday, Thursday
9am - 7pm
Friday
9am - 5pm

Mental Health Clinic with a catchment area of Manhattan’s West Side from Battery Park to 110th Street.
Patients ages 5 and up
Most major healthcare insurance accepted
Bilingual Services Available

Manhattan 10009

Roberto Clemente Family Guidance Center.
540 East 13th Street
New York, NY 10009
Phone: (212) 387-7400

Hours of Operation:
Monday-Thursday
8:30am - 8pm
Friday
8:30am - 3pm
Mental health services for children ages 7 and up
Bilingual Services Available

Manhattan 10011

St. Vincents Hospital
Child & Adolescent Outpatient Mental Health
144 W. 12th St. Reiss Bldg.
New York, NY 10011
Phone: (212) 604-8211; (212) 604-8212

Hours of Operation:
Monday-Friday
8:30am – 7pm
Mental health services for children and adolescents ages 3-18

updated 09/2006
Most major healthcare insurances accepted
Bilingual Services available

Northside Center for Child Development, Inc
35 E. 110th Street, New York, NY 10030
Phone: 212-426-3417

Central Harlem Services
247 W. 135 Street, New York, NY 10030
Phone: 646-359-2016

Hours of Operation
Monday- Friday 8am-8pm
Saturday 9am-3pm

Services: Individual, family, group therapy (adults must be accompanied by children), Parenting group available through preventative services twice a year – ADHD, ODD. Psychiatrist available for medication. Ages 5-17
Payment: Medicaid, Metroplus, Healthplus, Careplus, NY Presbyterian, Affinity, Fidelis, Centercare, Empire, Community Premiere Plus, 1199, GHI, HIP, Health First

Manhattan 10013

TARA
23 Green Street, New York, NY 10013
Phone: 212-966-6514

Hours of Operation
Call in hours: Monday-Friday 11am-5pm

Services: Referrals, info packet to callers, family educational classes, adolescent programs, mens only group, Psycho education workshops
Languages: English, French, Spanish

Manhattan 10014

Greenwich House
Children’s Safety Project
27 Barrow Street
New York, NY 10014
Phone: (212)242-4140

Hours of Operation:
Monday - Friday
9am - 7pm

Services for victims or witnesses of physical or sexual abuse as well as other crimes or traumatic experiences.
Bilingual Services Available

Manhattan 10016

Bellevue Hospital Center
Child and Adolescent Psychiatric Clinic
E. 27th St. & First Avenue
New York, NY 10016
Phone: (212)562-4991; Fax: (212)562-8653
Hours of Operation:
Monday-Friday, 8:30am – 5pm

Outpatient Child and Adolescent Clinic for children ages 3 – 17½
Most major healthcare insurances accepted
Bilingual Services available

NYU Child Study Center
577 First Avenue
New York, NY 10016
Phone: (212) 263-6622, (212) 263-8916
Website: http://www.aboutourkids.org/

Hours of Operation:
Varies depending on study/program

Provides many types of therapeutic services, including behavioral therapy, family and couples therapy, parenting training, group sessions and medication treatments.

Manhattan 10018

National Alliance for the Mentally Ill – NYC Metro Division
505 8th Avenue, Suite 1103
New York, NY 10018
Phone: (212) 684-3365
Website: www.naminycmetro.org

Hours of Operation:
Monday- Thursday 10am -6pm
Friday 10am-2pm

New York City division of this nationwide organization which provides support groups, education and other services for families living with mental illness.

Manhattan 10019

The National Institute for the Psychotherapies
250 West 57th Street, Suite 501
New York, NY 10019
Phone: (212)582-1566

Hours of Operation:
Monday - Thursday
9am - 8pm
Friday
9am - 5pm

Bilingual Services Available

Columbia University Clinic for Anxiety and Related Disorders (CU-CARD)
1775 Broadway, Suite 715
New York, NY 10019
212-246-5740

Hours of Operation:

Manhattan 10023

William A. White Institute
Training Institute/Outpatient Clinic
20 West 74th Street
New York, NY 10023
Phone: (212)873-0725; (212)362-6967

Hours of Operation:
Monday – Friday, 8:15am – 9:30pm

Psychotherapy and analysis for children ages 3 and up
No Insurance Coverage. Sliding scale between $40 and $125.
Bilingual Services Available

Manhattan 10024

Metropolitan Center for Mental Health
Outpatient Mental Health
160 West 86th Street
New York, NY 10024
Phone: (212)362-8755

Hours of Operation:
Monday-Friday
9am - 10pm
Saturday
9am - 4pm

Outpatient Mental Health Clinic for children ages 4 and up
Bilingual Services Available

Manhattan 10025

St. Luke’s-Roosevelt Hospital Center, Child and Family Institute
1111 Amsterdam Avenue at 114th Street, New York, NY 10025 (St. Luke’s Division)
Phone: General: 212-523-4885, Patient Intake: 212-523-3082

Services: Individual, group, and family therapy. Psychiatrists available for medication, School program,
Substance abuse. Ages infant -17.5
Payment: Healthfirst, Healthplus, Careplus, Fidelis, HIP, Bluecross, 1199, Amerigroup, Affinity, Aetna
Centercare, Oxford, Wellcare
Bilingual Services Available- Most foreign languages are accepted

Manhattan 10026

Renaissance Developmental Evaluation Clinic
115 W. 116th Street, 2nd floor, New York, NY 10026
Phone: 212-961-5740
Hours of Operation:
Monday 9am-7pm
Tuesday- Friday  9am-5pm

Services: Social worker, neurological, screening for hearing, speech and language pathologist, psychological, posyhoeducation. Provides evaluation, diagnosis, speech-language delays, developmental disabilities, and neurological impairments which limit intellectual, academic and communication potential. Parental counseling. Ages: up to 21
Payment: Most insurance. Fidelis, HIP, manage-care (with referral), Medicaid. GHI, Medicaid, Metroplus, out of pocket
Foreign Languages Available depending on service

Manhattan 10028

New York Behavioral Health
114 East 90th Street
New York, New York 10128
(212) 722-3434

103 East 86th Street
New York, New York 10028
(212) 722-3434

Hours of Operation:
Monday- Friday 9am-9pm
Saturday- Sunday 10am-6 pm

Services: Individual and family therapy (behavioral). Specializes in ADHD and ODD. Parent skills training & CBT, role play puppet therapy, Ackerman training, Psychiatrist available for medication. Ages 3 and up.
Payment: Oxford, United Healthcare, any PPOs (mainly Cigna, Aetna, Blue Cross (must be PPO)). No Value Options or GHI. Sliding Scale $100-$200.
ONLY English Services

Manhattan 10029

Northside Center Mental Health Clinic
1301 5th Avenue (at 110th Street)
NY, NY 10029
Phone: (212)426-3400; Intake: (212)426-3417

Hours of Operation:
Monday-Friday, 8am-8pm
Saturday, 10am-3pm

Therapy and psychiatric services for children ages 5 and up
Most major health insurances accepted
Minimal Bilingual Services Available

Mount Sinai Medical Center
Outpatient Psychiatry Department
1450 Madison Avenue
New York, NY 10029
Phone: (212)241-7175

Hours of Operation:
Monday-Thursday
9am - 6:30p
Friday
9am - 5pm

Provides Mental and Behavioral Health Services for children ages 5-18
Most major healthcare insurance accepted
Bilingual Services Available

Manhattan 10031

Upper Manhattan Mental Health Services
1727 Amsterdam Ave (145th St)
NY, NY 10031

Hours of Operation:
Monday-Friday, 9am-5pm

Therapy and Psychiatric services for children ages 2-18
Most major health insurances accepted
Bilingual Services Available

Manhattan 10032

Columbia Presbyterian Hospital
Pediatric Psychiatry Clinic
622 W. 168th St., Room 619N
New York, NY 10032
Phone: (212)305-305-3093; Fax: (212)305-6614

Hours of Operation:
Monday- Friday, 8:30am – 5pm

Strict catchment zones of zip codes 10032, 10033, 10034 and 10040
Mental Health services for children ages 5-17
Most major health insurances accepted
Bilingual Services Available

Community Association of Progressive Dominicans (intake coordinator not in on Wednesdays)
Outpatient Mental Health Clinic
3940 Broadway, 2nd floor, New York, NY 10032
Phone: 212-781-5500

Hours of Operation:
Monday- Thursday 9am- 730pm
Friday 9am- 5pm

Services: Individual therapy, (CBT). Family and group therapies. No parenting behavioral management
groups but AYP is another program (same floor, same address, same number) which does offer these
Payment: Sliding scale fee, Medicaid, Affinity, Medicare, health first, GHI, NY Presbyterian
Spanish, English, Portuguese
Manhattan 10033

**Alianza Dominicana**  
715 W 179th St.  
New York, NY 10033  
Phone: 212-795-4226

**Hours of Operation:**  
Monday- Friday 830am-5pm

Services: Behavioral therapy, parent skills training, family & adolescence counseling, psychiatrist available for children 5-18 (Up to 21 if still living with parents)  
Healthcare insurance accepted: Community Premiere Plus, Affinity, GHI, NY Presbyterian, Well Care, HIP, Health First.  
Bilingual Services Available  
Catchment area: Serves all 5 boroughs

Manhattan 10034

**Inwood Community Services**  
651 Academy Street, New York, NY 10034  
Phone: 212-942-0043 x156

**Hours of Operation:**  
Monday 9am-5pm  
Tuesday 9am-4pm  
Wednesday 9am-1pm  
Thursday 9am-2pm

Services: Individual Psychotherapy, play therapy, psychiatrist on staff. Ages 6 and up.  
Payment: Medicaid, Affinity, Center Care, Fidelis, Metro Plus, Health First  
Bilingual Services Available

**Jewish Board of Family and Children’s Services (Manhattan North Office)**  
549 W. 180th Street, New York, NY 10034  
Phone: 212-795-9888 (ext 143)

Services: Individual (behavioral), family therapy, evaluations. Psychiatrist available for medication. Ages 5 and up.  
Catchment area: Everything above 150 Street (East and West Sides)  
English, Spanish, Russian services available

Manhattan 10037

**Harlem Hospital Child and Adolescent Psychiatry**  
Phone: (212)939-3370

**Hours of Operation:**  
Monday- Friday, 8am – 6pm

Psychiatric services for ages 2-18  
Most major health insurances accepted

updated 09/2006
Bilingual Services Available

**Manhattan 10037**

**Graham Windham Manhattan Mental Health Center**
274 W. 145th Street, New York, NY 10039  
Phone: 212-368-4100 x 28

Services: Individual therapy, play therapy, parent training, family therapy, CBT, art therapy, psychiatrist on staff (social workers & psychologists) Ages 3-18 years  
Payment: Will not refuse because of no insurance, Health Plus, sliding scale fee  
Catchement area: Harlem 125-155 west to east (area extends to students in Harlem schools)  
Bilingual Services Available

**Manhattan 10038**

**Association for the Help of Retarded Children (AHRC)**  
*Serves children suffering from MR, Cerebral Palsy, Down syndrome, Autism, and PDD*  
83 Maiden Lane, New York, NY, 10038 (2 clinics in Manhattan and Bronx)  
Phone: 212-780-4491 Early Intervention: 212-780-2750 Preschool Services: 212-780-2748

Services: Overnight respite services and recreation programs. Psychological (IQ), psychosocial (history of condition), psychiatric (medication), and nutritional evaluation. Individual and group therapy. PT, OT, and speech therapy. Psychiatrist available for medication.  
Payment: Psychiatric and primary care services - straight Medicaid, psychological evaluation – several managed care options  
Age range: Clinical Services 6 & Up  
Languages: English, Spanish, Russian, Chinese

**Manhattan 10065**

**Behavioral Medicine Associates**
815 5th Ave. 10065  
Phone: 212-888-2777

**Hours of Operation:**  
Monday- Friday 715am-845pm

Services: CBT for OCD, anxiety and depression  
Payment: Interns and externs available for lower fees

**Cornell Cognitive Therapy Clinic**
525 E. 68th St. 10065  
Phone: 212-821-0771 / 212-821-0775

**Hours of Operation:**  
Monday- Thursday 8am-8pm

Services: Individual therapy (by MD residents or graduate interns)  
Payment: Low fees available

updated 09/2006
Manhattan- Additional Resources

Federation of Employment and Guidance Services
212-366-8038

The Institute for Community Living – ICL
Phone: (866) ICL-ACCESS
Provides mental health evaluation, counseling, consultation, and individual and group treatment for children, adolescents and adults

LifeNet
1-800-LifeNet
Comprehensive Mental Health Help Line sponsored by the NYC Department of Health and Mental Hygiene. Call 24 hours/day, 7 days/week. Call to find mental health help near you.

Y.A.I. – National Institute for People with Disabilities
Multiple locations throughout New York City
Phone: (212)273-6182
Email: link@yai.org
Psychological Assessment Unit performs psychological evaluations of children, adolescents, and adults who have Mental Retardation and/or other developmental disabilities (such as Autism, PDD, Asperger's, Cerebral Palsy, Down Syndrome, Seizure Disorder, etc.).

EMERGENCY SERVICES

Children’s Comprehensive Psychiatric Evaluation Program
Phone: 212-305-0854
Contact: Daisy De Castro (212-305-3636)
Services: Emergency psychiatric evaluations.
Languages: Spanish, English
Bronx-General

Bronx 10431

Lincoln Medical and Mental Health Center
234 149th Street
Bronx, NY 10431
Phone: (718)579-5156

Hours of Operation:
Monday- Friday, 9am-5pm

Therapy and Psychiatric services for children ages 5 and up
Most major health insurances accepted
Bilingual Services available

Bronx 10451

South Bronx Mental Health
781 East 142nd Street (btwn Southern Blvd and Wales)
Bronx, NY 10451
Phone: (718)993-1400

Hours of Operation:
Monday-Friday, 8:30am – 4:30pm

Therapy and Psychiatric services for children ages 5 and up
Most major health insurances accepted
Bilingual Services available

Lincoln Medical & Mental Health Center
234 E. 149th Street, Unit 4A, Bronx, NY 10451
Phone: 718-579-5156/5188

Hours of Operation:
Monday- Friday: 830am-530pm

Services: Counseling therapy, group therapy, individual therapy (CBT) and family therapy. No parenting behavioral management groups. Psychiatrist available for medication. Ages 5-17
Payment: Accept several insurance including all Medicaid. Most patients use metroplus, healthplus or any Medicaid.
Bilingual Services Available

University Consultation Service
1020 Grand Concourse, Suite S-26, Bronx, NY 10451
Phone: 718-293-8400

Hours of Operation:
10am-4pm

Services: Complete telephone screening first. Outpatient mental health, individual therapy (CBT), no parent training, no group therapy, 3 psychiatrists on staff for medication. Ages 6 and up.

updated 09/2006
Payment: Medicaid, Medicare, HIP, Affinity, Centercare, NY Presbyterian, Fidelis and Catholic Guardian. Bilingual Services Available

**Bronx 10452**

**Morrisania Diagnostic & Treatment Center (Intake coordinator was out)**
1225 Gerard Avenue, Bronx, NY 10452
Phone: 718-960-2930

**Bronx 10453**

**Fordham Tremont Community Mental Health Center**
2021 Grand Concourse 9th Floor, Bronx, N.Y. 10453
Phone: 718-960-0389

**Hours of Operation:**

Services: Individual (behavioral), group (including bereavement), family therapy (SW provide therapy), evaluations, crisis unit (sexual abuse, physical abuse, domestic violence). Psychiatrist available for medication. Ages: 5-17
Payment: Medicaid, some HMOs, some private insurance
Bilingual Services Available

**Soundview Throgsneck Community Mental Health Center**
1967 Turnbull Avenue, Suite 26, Bronx, NY 10453
Phone: 718-842-1400

**Hours of Operation:**
Monday- Friday 8:30am -6pm

Services: Individual therapy (CBT). Psychiatrist for Meds. Ages 6 and up
Payment: Health Plus, Medicaid, most insurance. If no insurance there is a $15 co-payment.
Bilingual Services Available

**Bronx 10455**

**Hunts Point Multiservice**
630 Jackson Avenue (btwn 151st/152nd)
Bronx, NY 10455
Phone: (718)993-3006

**Hours of Operation:**
Monday-Thursday, 8am-8pm
Friday, 8am-6pm
Saturday, 8am-4pm

Social Workers and Psychiatrist available for children ages 6 and up
Most major health insurances accepted
Bilingual Services Available
Familias Buscando Nuevas Direcciones – F.R.I.E.N.D.S
489-493 E 153rd Street
Bronx, NY 10455
Phone: (718) 402-3900
Website: www.friendsbx.org

Provides a multitude of services to children and families with mental health problems who live in Mott Haven. Has a mobile crisis unit comprised of social workers, a psychiatrist and nurse.

Bronx 10457

Bronx Lebanon Hospital, Child Study Center
1844 Webster Avenue, Bronx, NY 10457
Phone: 718-466-7281 (General), 718-992-7669 (Intake)

Hours of Operation:
Monday- Friday: 9am-5pm

Services: Individual therapy (CBT), Family therapy. Psychiatrist for meds.
Languages: English, Spanish
Payment: Medicaid, Health Plus, some HMOs

Bronx 10460

Fordham Tremont Community Mental Health Center
817 East 180 Street, Bronx, N.Y. 10460
Phone: 718-960-0258

Hours of Operation:
Monday, Wednesday  9am-7pm
Tuesday, Thursday, Friday 9am-5pm
Saturday 9am-4pm

Services: Individual (behavioral), group (including bereavement), family therapy (SW provide therapy), evaluations, crisis unit (sexual abuse, physical abuse, domestic violence). Psychiatrist available for medication. Ages 5-17
Payment: Medicaid, some HMOs, some private insurance
Bilingual Services Available

Bronx 10461

Ferkauf Graduate School of Psychology
Ferkauf Parnes Family Outpatient Clinic
1165 Morris Park Avenue
Bronx, NY 10461
Phone: (718)430-3852; Fax: (718)430-3983

Hours of Operation:
Monday-Friday, 9am – 8pm

Psychology Clinic with therapy sessions for children ages 4 to 16
No insurances accepted, pay by sliding scale
Part-time Spanish clinicians available

updated 09/2006
Jacobi Medical Center
Child and Adolescent Outpatient Clinic
Pelham Parkway/ Eastchester Road
Bronx, NY 10461
Phone: (718) 918-3895; Fax: (718) 918-7526

Hours of Operation:
Monday – Friday, 9am-5pm

Outpatient mental health clinic with therapy and counseling services for children ages 5-17/2
Most major health insurances accepted, Wellcare, Oxford, Aetena, and BlueCross are not
No Bilingual Services available

Albert Einstein College of Medicine of Yeshiva University, Child and Adolescent Clinic & Soundview
Throgsneck Community Mental Health Center
2527 Glebe Avenue, Bronx, NY 10461
1967 Turnbull Avenue, Bronx, NY 10473
Phone: 718-904-4414

Hours of Operation:

Services: Individual Therapy (CBT), weekly therapy, psychotherapy (6-8 weeks), psychiatrists for
medications, no family counseling- Ages 6 and up.
Payment: Medicaid
Bilingual Services Available

Bronx 10462

Independent Consultation Center
782 Pelham Parkway South, Bronx, NY 10462
Phone: 718-918-1700

Hours of Operation:

Services: Individual therapy (CBT) provided by SW and psychologists, psychiatrist available for
medication. Ages 6 and up.
Payment: Medicaid and most HMOs, do not accept Metroplus, Unicare, and Careplus
Bilingual Services Available

Bronx 10467

F.E.G.S Bronx Counseling Center
3600 Jerome Avenue (213 St)
Bronx, NY 10467
Phone: (718) 881-7600; Fax: (718) 515-8057

Hours of Operation:
Monday-Friday, 9am - 5pm
With some additional evening hours

Servicing Program in mental health, parenting education, employment etc. for ages 5 to 65.

updated 09/2006
Individual Therapy and Psychiatry available
Most third party medicais accepted, self-pay available as well as sliding scales.
Bilingual Services Available

**Jewish Board of Family and Children’s Services**
**The Harry Blumenfeld Counseling Center**
750 Astor Avenue
Bronx, NY 10467
Phone: (718) 882-5000; Fax: (718) 798-7633

**Hours of Operation:**
Monday, 10am – 6pm
Tuesday, Wednesday, Thursday, 9am – 8pm, Friday, 9am – 5pm

Individual therapy and counseling for children ages 6 and up
Most major health insurances accepted
Bilingual Services Available

**Montefiore Medical Center**
**Department of Child Outpatient Psychiatry**
3330 Kossuth Avenue
Bronx, NY 10467
Phone: (718) 920-4653; Fax: (718) 405-5953

**Hours of Operation:**
Monday- Friday, 8:30am – 6:30pm

Psychiatric Services for patients ages 4 – 17/2 in the catchment area from University Ave to 210 St.
Most major health insurances accepted along with a sliding scale if necessary
Bilingual Services Available
**Brooklyn-General**

**Brooklyn 11206**

**Family Service Center**
18 Middleton Street, Brooklyn, NY 11206
Phone: 718-875-6900

**Hours of Operation:**
Monday- Thursday 9am-8pm
Friday 9am-1pm

Services: An outpatient facility. Provides counseling and treatment to individuals and families, marriage counseling, and crisis intervention

---

**Brooklyn 11215**

**Park Slope Center for Mental Health**
348 13th street btw 6 and 7 suit 203.
Brooklyn, NY 11215
Phone: 718-788-2461

**Hours of Operation:**
Monday- Friday 9am-9pm
Saturday 9am-5pm

Services: Individual and family therapy (CBT), Group Therapy, Parent Training, Psychiatrists available for Meds Ages 4-17
Payment: Medicaid, Affinity, NY Presbyterian, Healthplus, Most Insurance (not 1199, 1181, Blue Cross, Aetna)
Bilingual Services Available

---

**Brooklyn 11216**

**Interfaith Medical Center: Outpatient Center**
1472 Fulton Street, Brooklyn, NY 11216
Phone: 718-613-7251

**Hours of Operation:**
Monday- Thursday 9am-7pm
Friday 9am- 5pm

Services: Individual Therapy (CBT & Psychodynamic), Systems, Play Therapy Psychopharmacology, Psychological Testing, No family therapy or parent training, no weekends but evening hours Ages: 4-18 yo
Payment: Most insurance – no neighborhood Health or Metro Plus
English only

updated 09/2006
**Brooklyn 11217**

**Brooklyn Center for Psychotherapy**  
300 Flatbush Avenue, Brooklyn, NY 11217  
Phone: 718-622-2000

**Hours of Operation:**  
Monday-Friday 9am-9pm  
Saturday 9am-5pm

**Services:** Individual psychotherapy (No CBT), no family or couples counseling, offered psychiatrist on staff. Ages: 5 and up.  
**Payment:** Most insurance, Medicaid accepted.  
**Bilingual Services Available**

**Brooklyn 11219**

**Maimonides Medical Center**  
**Child and Adolescent Outpatient Psychiatry**  
920 48th Street, 1st floor  
Brooklyn, NY 11219  
Phone: (718)283-8100; Fax: (718)283-6161

**Hours of Operation:**  
Dependent on Doctors’ schedules

Psychiatric therapy, medicine management and family services available to children ages 3 to 18  
**Most major health insurances accepted**  
**Bilingual Services Available**

**Brooklyn 11221**

**Williamsburg-Greenpoint Outpatient Center**  
819 Grand Street, Brooklyn, NY 11221  
Phone: 718-388-5176

**Hours of Operation:**  
Monday- Friday 9am-5pm  
Wednesday 9am-7pm  
Sunday 9am-2pm

**Services:** Individual Therapy, often includes intensive case management and work with other agencies  
**Ages:** 5 and up  
**Languages:** English, Spanish, German, Patmandou  
**Payment:** Under Review

**Brooklyn 11223**

**Jewish Board**  
2020 Coney Island Avenue, Brooklyn, NY 11223

*updated 09/2006*
Phone: 718-676-4210

Hours of Operation:
Monday, Friday 9am-5 pm
Thursday, Wednesday, Thursday 9am-9pm

Services: Outpatient mental health therapy, Individual therapy (NO CBT). Psychiatrist for meds. Ages 5 and up
Languages: English, Russian, Hebrew
Payment: All insurances. Medicaid and Medicaid based, some private insurance.

Brooklyn 11228

National Neighborhood Counseling Center
Dyker Heights Counseling Center
7701 13th Avenue
Brooklyn, NY 11228
Phone: (718)232-1351; Fax: (718)837-5676

Hours of Operation:
Monday-Friday, 9am-9pm
Saturday, 9am-4pm

Individual therapy and psychiatric sessions for children ages 3 and up
Most major health insurances accepted, Signa and Fidelis are not
No Bilingual Services available

Brooklyn 11229

Interborough Development & Consultation
Outpatient Mental Health Clinic
1670-78 E. 17th Street
Brooklyn, NY 11229
Phone: (718)375-1200; Fax: (718)382-3358

Hours of Operation:
Monday-Thursday, 9am-9pm
Friday, Saturday, 9am-5pm

Individual therapy and psychiatric sessions for ages 5 and up
Most major health insurances accepted
Bilingual Services available

Brooklyn Psychiatric Centers
Flatbush-Sheepshead Mental Health Clinic
3043 Avenue W
Brooklyn, NY 11229
Phone: (718)769-4344; Fax: (718)769-8736

Hours of Operation:
Monday-Friday, 9am - 5pm

updated 09/2006
Psychotherapy and Psychiatric sessions for children ages 5 and up
Most major health insurances accepted
No Bilingual Services available

**Brooklyn 11234**

*Catholic Charities*
*Flatlands Guidance Center*
2000 Flatbush Avenue
Brooklyn, NY 11234
Phone: (718)377-5755; Fax: (718)377-0752

*Hours of Operation:*
Monday-Thursday, 9am - 8pm
Friday, 9am-5pm

Therapy and psychiatric sessions for children ages 6 and up.
Most major health insurances accepted
No Bilingual Services Available

**Brooklyn 11237**

*Coalition for Hispanic Family Services: Bonding Links*
315 Wyckoff Ave, Brooklyn, NY 11237 (6th floor)
Phone: 718-497-1955 x380

Services: Individual (No CBT), family therapy and play therapy. No parenting behavioral management groups, psychiatrist on staff for medication. Ages 0-17
Payment: Sliding scale fee and Medicaid. Soon to accept Metroplus, Health First and Health Plus.
Bilingual Services Available

**Brooklyn OTHER**

*Jewish Board of Family and Children’s Services*
Bay Ridge
Phone: (718)238-6444

Boro Park
Phone: (718) 435-5700

Break-Free Adolescent Services
Phone: (718) 676-4280

Mid-Brooklyn, The Rita J. & Stanley H. Kaplan Center
Phone: (718) 676-4210

Southern Brooklyn, The Doris L. Rosenberg Counseling Center
Phone: (718) 339-5300

Community counseling centers with mental health professionals who provide a wide range of services including; individual, family and group counseling, psychiatric assessments, crisis interventions, medication evaluation and management for children and adults.

updated 09/2006
Medicaid, medicare and most managed care and private insurance plans accepted.

**Queens-General**

Queens 11040

Child & Adolescent Psychiatry at North Shore-LIJ
269-01 76th Ave, New Hyde Park, NY 11040
Phone: 718-470-3500

**Hours of Operation:**
24/7 phone service
Office hours: Monday-Friday 10am-5pm

Services: Diagnostic Evaluation, Group Therapy, Family Therapy, Individual Therapy, Medication Management
Ages: up to 18
Languages: Interpreter Service Available
Payment: Most Insurance (not United Healthcare)

Queens 11101

Steinway Children and Family Services, Inc.
41-36 27th Street, Long Island City, NY 11101
Phone: 718-389-5100

Services: Individual therapy, there are people in training for CBT but not specialized. Parenting behavioral management groups, group therapy available. Psychiatrist for meds. Age 5 and up.
Payment: Most insurances including Medicaid and New York Presbyterian.
Bilingual Services Available

Queens 11362

Pride of Judea Community Services
243-02 Northern Boulevard
Douglaston, NY 11362
Phone: (718) 423-6200

Part of the Jewish Board for Family and Children’s Service community counseling centers with mental health professionals who provide a wide range of services including: individual, family and group counseling, psychiatric assessments, crisis interventions, medication evaluation and management for children and adults.

Medicaid, medicare and most managed care and private insurance plans accepted.

Queens 11372

Corona Elmhurst Guidance Center
37-22 82nd Street, Jackson Heights, NY 11372
Phone: 718-779-1600

**Hours of Operation:**
Monday- Thursday 9am-9pm
Friday 9am-9pm
Services: Individual psychotherapy (counseling), No CBT, No Group Therapy, Psychiatrist for meds once a month with treatment program. Ages 5 and up
Payment: Most insurance. (no Oxford or Blue Cross)
Bilingual Services Available

Elmhurst Hospital, Child & Adolescent Outpatient Clinic
79-01 Broadway, Elmhurst, NY 11373
Phone: 718-334-1502

Services: Individual therapy (limited CBT), Group therapy for 8-12 year olds, Psychiatrist available for meds. Ages 5-17
Languages: Interpreter service to accommodate all languages. Staff are English and Spanish speakers.
Payment: Most insurance. Have financial counselors and sliding scale fee. (No WellCare or CarePlus)

Queens 11374

Puerto Rican Family Institute
97-45 Queens Blvd
Rego Park, NY 11374
Phone: (718)275-0983; Fax: (718)275-7973

Hours of Operation:
Monday, Wednesday, Friday, 9am-5pm
Tuesday, Thursday, 9am-7pm
Saturday, 9am-4pm

Individual therapy and Psychiatric sessions for children ages 5 and up
Most major health insurances accepted, Oxford is not
Bilingual Services available

Queens 11375

Advanced Center for Psychotherapy
Forest Hills Outpatient Clinic
103-26 68th Rd
Queens, NY 11375
Phone: (718)261-3330; Fax: (718)897-0095

Hours of Operation:
Monday-Thursday, 9am – 9:30pm
Friday, 9am-7pm
Saturday, 9am-5pm

Individual Psychotherapy sessions for children ages 8 and up
Most major health insurances accepted
No Bilingual Services available

Arista Center for Psychotherapy
Outpatient Mental Health Clinic

updated 09/2006
110-20 71st Rd  
Queens, NY 11375  
Phone: (718)793-3133; Fax: (718)793-2023

Hours of Operation:  
Monday-Friday, 9am – 9pm  
Saturday, 9am-4pm

Psychotherapy sessions available to children ages 4 and up  
Most major health insurances accepted, HealthPlus and MetroPlus are not  
No Bilingual Services available

**Bleuler Psychotherapy Center**  
**Outpatient Psychotherapy Center**  
104-70 Queens Blvd  
Forest Hills, NY 11375  
Phone: (718)275-6010; Fax: (718)275-6062

Hours of Operation:  
Monday-Friday, 9am-10pm  
Saturday, 9am-5pm

Psychiatrist sessions and individual and family therapy for children ages 5 and up  
Most major health insurances accepted, Ethena and Oxford are not  
Bilingual Services available

Queens 11385

**Catholic Charities**  
**Glendale Mental Health Clinic**  
67-29 Myrtle Ave  
Queens, NY 11385  
Phone: (718)456-7001; Fax: (718)456-9470

Hours of Operation:  
Monday-Thursday, 9am-9pm  
Friday, 9am-5pm

No Bilingual Services available

Queens 11432

**Queens Child Guidance Centers**  
8956 162 Street, Jamaica, NY 11432  
Phone: 718-657-7100

Services: Individual and family psychotherapy. Psychiatrist for meds, No CBT, no parenting classes/groups. Ages 4-17 (must be enrolled in school)  
Payment: Most insurance accepted (not Cigna), sliding scale if not.  
Languages: English, Spanish, one Punjabi speaker

updated 09/2006
Staten Island-General

Staten Island 10301

Staten Island Mental Health Society
Chait Outpatient Clinic
669 Castleton Avenue & 30 Bay Street, Room 404
Staten Island, NY 10301
Phone: (718)442-2225; Fax: (718)442-2289

Hours of Operation:
Monday, Wednesday, Friday, 9am-5pm
Tuesday, Thursday, 9am-9pm

Psychiatric sessions and social worker led therapy for ages 3 to 16
Most major health insurances accepted
Bilingual Services available

Family Support Services
30 Bay Street (4th floor), Staten Island, NY 10301
Staten Island, NY
Phone: 718-442-2225

Services: Individual Therapy, Group Therapy, Family Therapy, Parent Training & Medication management. Ages 18 and under
Payment: Most Insurance
Bilingual Services Available

Staten Island 10304

Early Childhood Direction Center
Information and Referral
Spring Building-SIUH
1034 Targee Street- Room 107
Staten Island, NY 10304
Phone: (718)390-4737; Fax: (718)981-4004

Early developmental intervention offering play therapy, and counseling to children from birth to 5yrs old.

St. Vincent’s Hospital
Outpatient Mental Health
75 Vanderbilt Avenue, Building 2, Floor 3
Staten Island, NY 10304
Phone: (718)818-6760; Fax: (718)818-6877

Hours of Operation:
Monday-Friday, 9am-5pm

Psychiatric sessions and individual therapy for ages 16 and up
Most major health insurances accepted, Medicaid and ManageCare included
Bilingual service available

updated 09/2006
Staten Island Mental Health Society

South Shore Clinic Program
3974 Amboy Road, 3rd Floor  
Staten Island, NY 10308  
Phone: (718)984-5050; Fax: (718)984-5165

Hours of Operation:
Monday, Tuesday, 9am-9pm  
Wednesday, Thursday, Friday, 9am-5pm

Social work and Psychiatric services for children ages 4-16  
Most major health insurances accepted  
No Bilingual service available

MICA Adolescent Program
3974 Amboy Road (2nd Floor), Staten Island, NY 10308  
Phone: 718-984-5050

Services: Comprehensive treatment services to adolescents who have been dually diagnosed with emotional disorders and chemical dependency. Ages: 12-18

Staten Island 10314

Morris L. Black Community Counseling Center
2795 Richmond Avenue  
Staten Island, NY 10314  
Phone: (718) 761-9800

Part of a network of licensed, outpatient mental health clinics, the Staten Island Office provides help to people who are struggling with a range of emotional and social problems. Services for adults and children include evaluation and assessment; crisis intervention; and therapy for individuals, couples, families, and groups. Services can be provided in Russian, Spanish, Hebrew, Cantonese and Hungarian.

Jewish Board of Family & Children’s Services: MBCS Staten Island Counseling Center
2795 Richmond Ave, Staten Island, NY 10314  
Phone: 718-761-9800

Services: Individual therapy, most clinicians use CBT in their therapies. Outpatient services for individual, family, couples therapy. Group therapies offered. Case management programs available. No parenting behavioral management groups – but have parent research workshops. Three psychiatrists for meds available. Ages 4 and up  
Payment: Range of insurances – Medicaid and most others accepted  
Languages: English, Spanish, Russian, Hebrew, Hungarian
<table>
<thead>
<tr>
<th>EMERGENCY ROOM</th>
<th>Outpatient CPEP Crisis Intervention (CPEP will schedule a follow-up appt. within 5 business days)</th>
<th>Adolescents, Adults, Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Richmond Medical Center dba Richmond University Medical Center&lt;br&gt;Bayley Seton CPEP&lt;br&gt;75 Vanderbilt Avenue&lt;br&gt;Staten Island, NY 10304&lt;br&gt;(718) 818-6300</td>
<td>Mobile Crisis (works out of Emergency Room)&lt;br&gt;718-818-6900</td>
<td></td>
</tr>
<tr>
<td>Staten Island Mental Health Society, Inc.&lt;br&gt;CHAIT CLINIC&lt;br&gt;669 Castleton Avenue&lt;br&gt;Staten Island, NY 10301&lt;br&gt;(718) 442-2225 (speak to Michelle at Extension X 263)</td>
<td>Outpatient Clinic Treatment</td>
<td>Adolescents, Children</td>
</tr>
<tr>
<td>The Family Support Program&lt;br&gt;30 Bay Street&lt;br&gt;(718) 442-2225</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Staten Island Mental Health Society, Inc.&lt;br&gt;Staten Island Children's CMHC South Shore Clinic—Part of CHAIT CLINIC&lt;br&gt;3974 Amboy Rd&lt;br&gt;Staten Island, NY 10308&lt;br&gt;(718) 984-5050</td>
<td>Outpatient Clinic Treatment</td>
<td>Children</td>
</tr>
<tr>
<td>Jewish Board of Family &amp; Children’s Services&lt;br&gt;JBFCS Madeleine Borg Staten Island Counseling Center&lt;br&gt;2795 Richmond Avenue&lt;br&gt;Staten Island, NY 10314&lt;br&gt;(718) 761-9800 (X229)</td>
<td>Outpatient Clinic Treatment</td>
<td>Adolescents, Adults, Children</td>
</tr>
<tr>
<td>Richmond Medical Center dba Richmond University Medical Center&lt;br&gt;West Brighton Clinic&lt;br&gt;690 Castleton Avenue&lt;br&gt;Staten Island, NY 10314&lt;br&gt;(718) 876-4040</td>
<td>Outpatient Clinic Treatment</td>
<td>Children, Adolescents, Adults</td>
</tr>
</tbody>
</table>
LONG ISLAND

Nassau County

North Shore University Hospital – Long Island Jewish
ADHD Clinic
400 Community Drive, Manhasset, NY 11030
Phone: 516-562-3005
Services: Outpatient, evaluations, therapy (individual, CBT). ADD groups (with child and family). Psychiatrists for meds.
Languages: Mostly English, some Spanish
Payment: Medicaid, most insurances (speak to registration for particular insurance)
Catchement: Nassau and Suffolk County.
Age: Preschool through age 17
Waitlist: within a couple of weeks.

Peninsula Counseling
124 Franklin Place, Woodmere, NY
Phone: 516-569-6600 (ext 238)
Services: Individual Therapy, some CBT but very limited. Family and group therapy. Only psychiatrist for meds if in therapy with them. Parents groups lasting 6 weeks are offered.
Languages: English, Spanish, Yiddish.
Payment: Most insurances
Catchement: Yes, Nassau County, mostly the Southwest section.
Ages: 6 and up
Waitlist: Sometimes. From January to June a waitlist usually develops. Try to do intakes within a couple of weeks. Waitlist varies depending on time of year.

Long Island Counseling
570 Elmont Road, Elmont NY
Phone: 516-437-6050
Contact: Call intake department
Services: Outpatient mental health services. Individual, family and group therapy. Limited CBT, no parenting behavioral management groups. Psychiatrists for meds are available.
Languages: English, Spanish and Creole.
Payment: Most insurance including Medicaid and Medicare. Sliding fee available if no insurance.
Catchement: Try to service Nassau County.
Age: Pretty much all ages. Youngest currently is 4.
Waitlist: Yes, length of time depends on need after assessment.

Pride of Judea Mental Health Center
243-02 Northern Boulevard, Douglaston, Queens, 11362
Phone: 718-423-6200 ext. 230
Contact: Intake department. Ruth Michaelson will discuss case if not sure – if think child is appropriate can call intake.
Services: Outpatient mental health. Individual, family and group therapy. Psychiatrist available for meds only for those patients in psychotherapy. Group therapy available, range of treatments, some including CBT (limited)
Languages: Hebrew, English and Russian. It varies, they will try to accommodate. Depends on insurance – don’t guarantee that a certain language will be available.
Payment: Part of several manage-care companies including Oxford, HIP, GHI. Medicaid and Medicare accepted, Medicare usually has co-payment.
Catchement: None
Ages: 5 and up

updated 09/2006
Saltzman Community Services Center
Hofstra University
Hempstead, NY 11549
Services: Speech therapy, Psychoeducational testings, Individual therapy, Marriage and Family therapy, Reading/Writing Learning Clinic
Evaluations are provided by Hofstra students under the supervision of licensed psychologist
Language: English
Fee: $50.00 intake, $20.00 therapy, $600 full evaluation
516-463-5660
http://www.hofstra.edu/Community/slzctr/

Suffolk County

Pederson-Krag Center (not accepting patients right now)
11 Route 111, Smithtown, NY 11787
Phone: 631-920-8300
Contact: Intake department
Services: Group and individual therapy. Psychiatrist available for Meds, CBT, no parenting behavioral management groups.
Languages: English
Payments: Most insurance accepted, if not then sliding scale.
Waitlist: No waitlist right now, not accepting any patients.

Fegs-Central Islip (Call 516-496-7550)
Phone: 631-691-3347

Madonna Heights Services
151 Burrs Lane, Dix Hills, NY 11746
Phone: 631-643-8800
Contact: Intake
Services: School for Girls. Therapy groups. Individual therapy (NO CBT). Therapy offered to girls only on admission.
Languages: English and some Spanish
Payments: Not-for-Profit organization. No private pay.
Ages: 12-17 (girls only by admission)
Waitlist: No waitlist (admission only).

EDUCATIONAL TESTING SITE IN LONG ISLAND

Adelphi University
Center for Psychological Services
Contact: Carol Smith
(516) 877-4820
• Sessions conducted by supervised doctoral candidates
• Exam takes 4-5 hours
• Saturday and evening appointments available
• Full report completed in 4-6 weeks (technical data within 1 week)
• Fee: $500 or sliding scale available

WESTCHESTER

Westchester Jewish Community Services

updated 09/2006
Headquarters and billing:
Westchester Jewish Community Services
845 North Broadway Suite #2, White Plains, New York 10603
Phone: 914-761-0600
Contact: ext. 226 (Admitting)
Services: Individual therapy (CBT), family and group therapies. Psychiatrists for meds. Availability of parenting groups depends on the clinic.
Languages: Spanish, Dutch, Hebrew, French, Yiddish, Romanian
Payment: Medicaid, Medicare, most insurances, manage-care. Self-pay and financial assistance.
Catchement: Westchester
Ages: All
Waitlist: Depends on the location of child and which clinic.

Locations:
1) 141 N. Central Ave, Hartsdale, NY, 10530
   Phone: 914-949-3224
   Contact: Aaron Newman
2) 6 Gramatan Ave, Suite 401, Mount Vernon, NY 10550
   Phone: 914-668-8938
   Contact: Ann Brammer
3) 466 Main Street, New Rochelle, NY 10801
   Phone: 914-632-6433
   Contact: Nelly DeRidder
4) 487 S. Broadway #220, Yonkers, NY 10701
   Phone: 914-423-4433
   Contact: Cynthia Kramer
5) 1101 Main Street, Peekskill NY 10566
   Phone: 914-737-7338
   Contact: Suzanna Delasho
6) 2000 Maple Hill Street, Yorktown Heights, NY 10598
   Phone: 914-962-5593
   Contact: Larry Goodman

Guidance Center
70 Grand Street, New Rochelle, NY 10801
Phone: 914-636-4440

New York Presbyterian Hospital – Cornell Medical
Department of Child Psychiatry
21 Bloomingdale Rd, White Plains, NY 10605
Contact: Barbara Flye 914-997-5953 or Jo Hariton 914-997-5957

EDUCATIONAL TESTING SITES IN NEW JERSEY

Fairleigh Dickinson University
Center for Psychological Services
131 Temple Avenue
Hackensack, NJ 07601
(201) 692-2645
• Fee: $550
• Sessions conducted by supervised doctoral candidates
• 4-6 sessions

Rutgers Psychological Clinic
Graduate School of Applied & Professional Psychology
152 Frelinghuysen Road
Piscataway, NJ 08854
(732) 445-6111

- Cognitive Assessment $225
- Sessions conducted by supervised doctoral candidates
- Learning Evaluation $350
- ADHD Evaluation $190-350