

Directory of Community Mental Health Services for Children



Manhattan, Bronx, Brooklyn, Queens, Staten Island

Manhattan-General

Manhattan 10001

The Hudson Guild

441 West 28th Street
New York, NY 10001
Phone: (212)760-9822

Hours of Operation:

Monday, Wednesday
9am - 8pm
Tuesday, Thursday
9am - 7pm
Friday
9am - 5pm

Mental Health Clinic with a catchment area of Manhattan's West Side from Battery Park to 110th Street.
Patients ages 5 and up
Most major healthcare insurance accepted
Bilingual Services Available

Manhattan 10009

Roberto Clemente Family Guidance Center.

540 East 13th Street
New York, NY 10009
Phone: (212)387-7400

Hours of Operation:

Monday-Thursday
8:30am - 8pm
Friday
8:30am - 3pm
Mental health services for children ages 7 and up
Bilingual Services Available

Manhattan 10011

St. Vincents Hospital

Child & Adolescent Outpatient Mental Health
144 W. 12th St. Reiss Bldg.
New York, NY 10011
Phone: (212)604-8211; (212)604-8212

Hours of Operation:

Monday-Friday
8:30am – 7pm

Mental health services for children and adolescents ages 3-18

Most major healthcare insurances accepted
Bilingual Services available

Northside Center for Child Development, Inc

35 E. 110th Street, New York, NY
Phone: 212-426-3417

Central Harlem Services
247 W. 135 Street, New York, NY 10030
Phone: 646-359-2016

Hours of Operation

Monday- Friday 8am-8pm
Saturday 9am-3pm

Services: Individual, family, group therapy (adults must be accompanied by children), Parenting group available through preventative services twice a year – ADHD, ODD. Psychiatrist available for medication. Ages 5-17

Payment: Medicaid, Metroplus, Healthplus, Careplus, NY Presbetyrian, Affinity, Fidelis, Centercare, Empire, Community Premiere Plus, 1199, GHI, HIP, Health First

Manhattan 10013

TARA

23 Green Street, New York, NY 10013
Phone: 212-966-6514

Hours of Operation

Call in hours: Monday-Friday 11am-5pm

Services: Referrals, info packet to callers, family educational classes, adolescent programs, mens only group, Psycho education workshops
Languages: English, French, Spanish

Manhattan 10014

Greenwich House

Children's Safety Project
27 Barrow Street
New York, NY 10014
Phone: (212)242-4140

Hours of Operation:

Monday - Friday
9am - 7pm

Services for victims or witnesses of physical or sexual abuse as well as other crimes or traumatic experiences.

Bilingual Services Available

Manhattan 10016

Bellevue Hospital Center

Child and Adolescent Psychiatric Clinic
E. 27th St. & First Avenue
New York, NY 10016
Phone: (212)562-4991; Fax: (212)562-8653

Hours of Operation:

Monday-Friday, 8:30am – 5pm

Outpatient Child and Adolescent Clinic for children ages 3 – 17 ½

Most major healthcare insurances accepted

Bilingual Services available

NYU Child Study Center

577 First Avenue

New York, NY 10016

Phone: (212) 263-6622, (212) 263-8916

Website: <http://www.aboutourkids.org/>

Hours of Operation:

Varies depending on study/program

Provides many types of therapeutic services, including behavioral therapy, family and couples therapy, parenting training, group sessions and medication treatments.

Manhattan 10018

National Alliance for the Mentally Ill – NYC Metro Division

505 8th Avenue, Suite 1103

New York, NY 10018

Phone: (212) 684-3365

Website: www.naminycmetro.org

Hours of Operation:

Monday- Thursday 10am -6pm

Friday 10am-2pm

New York City division of this nationwide organization which provides support groups, education and other services for families living with mental illness.

Manhattan 10019

The National Institute for the Psychotherapies

250 West 57th Street, Suite 501

New York, NY 10019

Phone: (212)582-1566

Hours of Operation:

Monday - Thursday

9am - 8pm

Friday

9am - 5pm

Bilingual Services Available

Columbia University Clinic for Anxiety and Related Disorders (CU-CARD)

1775 Broadway, Suite 715

New York, NY 10019

212-246-5740

Hours of Operation:

Manhattan 10023

William A. White Institute

Training Institute/ Outpatient Clinic

20 West 74th Street

New York, NY 10023

Phone: (212)873-0725; (212)362-6967

Hours of Operation:

Monday – Friday, 8:15am – 9:30pm

Psychotherapy and analysis for children ages 3 and up

No Insurance Coverage. Sliding scale between \$40 and \$125.

Bilingual Services Available

Manhattan 10024

Metropolitan Center for Mental Health

Outpatient Mental Health

160 West 86th Street

New York, NY 10024

Phone: (212)362-8755

Hours of Operation:

Monday-Friday

9am - 10pm

Saturday

9am - 4pm

Outpatient Mental Health Clinic for children ages 4 and up

Bilingual Services Available

Manhattan 10025

St. Luke's-Roosevelt Hospital Center, Child and Family Institute

1111 Amsterdam Avenue at 114th Street, New York, NY 10025 (St. Luke's Division)

Phone: General: 212-523-4885, Patient Intake: 212-523-3082

Services: Individual, group, and family therapy. Psychiatrists available for medication, School program, Substance abuse. Ages infant -17.5

Payment: Healthfirst, Healthplus, Careplus, Fidelis, HIP, Bluecross, 1199, Amerigroup, Affinity, Aetna, Centercare, Oxford, Wellcare

Bilingual Services Available- Most foreign languages are accepted

Manhattan 10026

Renaissance Developmental Evaluation Clinic

115 W. 116th Street, 2nd floor, New York, NY 10026

Phone: 212-961-5740

Hours of Operation:

Monday 9am-7pm

Tuesday- Friday 9am-5pm

Services: Social worker, neurological, screening for hearing, speech and language pathologist, psychological, psychoeducation. Provides evaluation, diagnosis, speech-language delays, developmental disabilities, and neurological impairments which limit intellectual, academic and communication potential.

Parental counseling. Ages: up to 21

Payment: Most insurance. Fidelis, HIP, managed-care (with referral), Medicaid. GHI, Medicaid, Metroplus, out of pocket

Foreign Languages Available depending on service

Manhattan 10028

New York Behavioral Health

114 East 90th Street
New York, New York 10128
(212) 722-3434

103 East 86th Street
New York, New York 10028
(212) 722-3434

Hours of Operation:

Monday- Friday 9am-9pm

Saturday- Sunday 10am-6 pm

Services: Individual and family therapy (behavioral). Specializes in ADHD and ODD, Parent skills training & CBT, role play puppet therapy, Ackerman training, Psychiatrist available for medication. Ages 3 and up.

Payment: Oxford, United Healthcare, any PPOs (mainly Cigna, Aetna, Blue Cross (must be PPO)). No Value Options or GHI. Sliding Scale \$100-\$200.

ONLY English Services

Manhattan 10029

Northside Center Mental Health Clinic

1301 5th Avenue (at 110th Street)
NY, NY 10029
Phone: (212)426-3400; Intake: (212)426-3417

Hours of Operation:

Monday-Friday, 8am-8pm

Saturday, 10am-3pm

Therapy and psychiatric services for children ages 5 and up

Most major health insurances accepted

Minimal Bilingual Services Available

Mount Sinai Medical Center

Outpatient Psychiatry Department
1450 Madison Avenue
New York, NY 10029
Phone: (212)241-7175

Hours of Operation:

Monday-Thursday
9am - 6:30p
Friday
9am - 5pm

Provides Mental and Behavioral Health Services for children ages 5-18
Most major healthcare insurance accepted
Bilingual Services Available

Manhattan 10031

Upper Manhattan Mental Health Services

1727 Amsterdam Ave (145th St)
NY, NY 10031

Hours of Operation:

Monday-Friday, 9am-5pm

Therapy and Psychiatric services for children ages 2-18
Most major health insurances accepted
Bilingual Services Available

Manhattan 10032

Columbia Presbyterian Hospital

Pediatric Psychiatry Clinic
622 W. 168th St., Room 619N
New York, NY 10032
Phone: (212)305-305-3093; Fax: (212)305-6614

Hours of Operation:

Monday- Friday, 8:30am – 5pm

Strict catchment zones of zip codes 10032, 10033, 10034 and 10040
Mental Health services for children ages 5-17
Most major health insurances accepted
Bilingual Services Available

Community Association of Progressive Dominicans (intake coordinator not in on Wednesdays)

Outpatient Mental Health Clinic
3940 Broadway, 2nd floor, New York, NY 10032
Phone: 212-781-5500

Hours of Operation:

Monday- Thursday 9am- 730pm
Friday 9am- 5pm

Services: Individual therapy, (CBT). Family and group therapies. No parenting behavioral management groups but AYP is another program (same floor, same address, same number) which does offer these programs. Psychiatrist for meds. Group coping – mental children with disabilities on Sat.
Payment: Sliding scale fee, Medicaid, Affinity, Medicare, health first, GHI, NY Presbyterian
Spanish, English, Portuguese

Manhattan 10033

Alianza Dominicana

715 W 179th St.
New York, NY 10033
Phone: 212-795-4226

Hours of Operation:

Monday- Friday 830am-5pm

Services: Behavioral therapy, parent skills training, family & adolescence counseling, psychiatrist available for children 5-18 (Up to 21 if still living with parents)

Healthcare insurance accepted: Community Premiere Plus, Affinity, GHI, NY Presbyterian, Well Care, HIP, Health First.

Bilingual Services Available

Catchment area: Serves all 5 boroughs

Manhattan 10034

Inwood Community Services

651 Academy Street, New York, NY 10034
Phone: 212-942-0043 x156

Hours of Operation:

Monday 9am-5pm

Tuesday 9am-4pm

Wednesday 9am-1pm

Thursday 9am- 2pm

Services: Individual Psychotherapy, play therapy, psychiatrist on staff. Ages 6 and up.

Payment: Medicaid, Affinity, Center Care, Fidelis, Metro Plus, Health First

Bilingual Services Available

Jewish Board of Family and Children's Services (Manhattan North Office)

549 W. 180th Street, New York, NY 10034
Phone: 212-795-9888 (ext 143)

Services: Individual (behavioral), family therapy, evaluations. Psychiatrist available for medication. Ages 5 and up.

Payment: HIP, US Healthcare, CPP, BX Health, Metroplus, Oxford, Fidelis, GHI, Healthfirst. Accepts most insurance.

Catchment area: Everything above 150 Street (East and West Sides)

English, Spanish, Russian services available

Manhattan 10037

Harlem Hospital Child and Adolescent Psychiatry

Phone: (212)939-3370

Hours of Operation:

Monday- Friday, 8am – 6pm

Psychiatric services for ages 2-18

Most major health insurances accepted

Bilingual Services Available

Manhattan 10037

Graham Windham Manhattan Mental Health Center

274 W. 145th Street, New York, NY 10039

Phone: 212-368-4100 x 28

Services: Individual therapy, play therapy, parent training, family therapy, CBT, art therapy, psychiatrist on staff (social workers & psychologists) Ages 3-18 years

Payment: Will not refuse because of no insurance, Health Plus, sliding scale fee

Catchment area: Harlem 125 -155 west to east (area extends to students in Harlem schools)

Bilingual Services Available

Manhattan 10038

Association for the Help of Retarded Children (AHRC)

Serves children suffering from MR, Cerebral Palsy, Down syndrome, Autism, and PDD

83 Maiden Lane, New York, NY, 10038 (2 clinics in Manhattan and Bronx)

Phone: 212-780-4491 Early Intervention: 212-780-2750 Preschool Services: 212-780-2748

Services: Overnight respite services and recreation programs. Psychological (IQ), psychosocial (history of condition), psychiatric (medication), and nutritional evaluation. Individual and group therapy. PT, OT, and speech therapy. Psychiatrist available for medication.

Payment: Psychiatric and primary care services - straight Medicaid, psychological evaluation – several managed care options

Age range: Clinical Services 6 & Up

Languages: English, Spanish, Russian, Chinese

Manhattan 10065

Behavioral Medicine Associates

815 5th Ave. 10065

Phone: 212-888-2777

Hours of Operation:

Monday- Friday 715am- 845pm

Services: CBT for OCD, anxiety and depression

Payment: Interns and externs available for lower fees

Cornell Cognitive Therapy Clinic

525 E. 68th St. 10065

Phone: 212-821-0771 / 212-821-0775

Hours of Operation:

Monday- Thursday 8am-8pm

Services: Individual therapy (by MD residents or graduate interns)

Payment: Low fees available

Manhattan- Additional Resources

Federation of Employment and Guidance Services

212-366-8038

The Institute for Community Living – ICL

Phone: (866) ICL-ACCESS

Provides mental health evaluation, counseling, consultation, and individual and group treatment for children, adolescents and adults\

LifeNet

1-800-LifeNet

Comprehensive Mental Health Help Line sponsored by the NYC Department of Health and Mental Hygiene. Call 24 hours/day, 7 days/week. Call to find mental health help near you.

Y.A.I – National Institute for People with Disabilities

Multiple locations throughout New York City

Phone: (212)273-6182

Email: link@yai.org

Psychological Assessment Unit performs psychological evaluations of children, adolescents, and adults who have Mental Retardation and/or other developmental disabilities (such as Autism, PDD, Asperger's, Cerebral Palsy, Down Syndrome, Seizure Disorder, etc.).

EMERGENCY SERVICES

Children's Comprehensive Psychiatric Evaluation Program

Phone: 212-305-0854

Contact: Daisy De Castro (212-305-3636)

Services: Emergency psychiatric evaluations.

Languages: Spanish, English

Bronx-General

Bronx 10431

Lincoln Medical and Mental Health Center

234 149th Street
Bronx, NY 10431
Phone: (718)579-5156

Hours of Operation:

Monday- Friday, 9am-5pm

Therapy and Psychiatric services for children ages 5 and up
Most major health insurances accepted
Bilingual Services available

Bronx 10451

South Bronx Mental Health

781 East 142nd Street (btwn Southern Blvd and Wales)
Bronx, NY 10451
Phone: (718)993-1400

Hours of Operation:

Monday-Friday, 8:30am – 4:30pm

Therapy and Psychiatric services for children ages 5 and up
Most major health insurances accepted
Bilingual Services available

Lincoln Medical & Mental Health Center

234 E. 149th Street, Unit 4A, Bronx, NY 10451
Phone: 718-579-5156/5188

Hours of Operation:

Monday- Friday: 830am-530pm

Services: Counseling therapy, group therapy, individual therapy (CBT) and family therapy. No parenting behavioral management groups. Psychiatrist available for medication. Ages 5-17
Payment: Accept several insurance including all Medicaid. Most patients use metroplus, healthplus or any Medicaid.
Bilingual Services Available

University Consultation Service

1020 Grand Concourse, Suite S-26, Bronx, NY 10451
Phone: 718-293-8400

Hours of Operation:

10am-4pm

Services: Complete telephone screening first. Outpatient mental health, individual therapy (CBT), no parent training, no group therapy, 3 psychiatrists on staff for medication. Ages 6 and up.

Payment: Medicaid, Medicare, HIP, Affinity, Centercare, NY Presbyterian, Fidelis and Catholic Guardian.
Bilingual Services Available

Bronx 10452

Morrisania Diagnostic & Treatment Center (Intake coordinator was out)
1225 Gerard Avenue, Bronx, NY 10452
Phone: 718-960-2930

Bronx 10453

Fordham Tremont Community Mental Health Center
2021 Grand Concourse 9th Floor, Bronx, N.Y. 10453
Phone: 718-960-0389

Hours of Operation:

Services: Individual (behavioral), group (including bereavement), family therapy (SW provide therapy), evaluations, crisis unit (sexual abuse, physical abuse, domestic violence). Psychiatrist available for medication. Ages: 5-17
Payment: Medicaid, some HMOs, some private insurance
Bilingual Services Available

Soundview Throgsneck Community Mental Health Center
1967 Turnbull Avenue, Suite 26, Bronx, NY 10453
Phone: 718-842-1400

Hours of Operation:

Monday- Friday 830am -6pm

Services: Individual therapy (CBT). Psychiatrist for Meds. Ages 6 and up
Payment: Health Plus, Medicaid, most insurance. If no insurance there is a \$15 co-payment.
Bilingual Services Available

Bronx 10455

Hunts Point Multiservice
630 Jackson Avenue (btwn 151st/152nd)
Bronx, NY 10455
Phone: (718)993-3006

Hours of Operation:

Monday-Thursday, 8am-8pm
Friday, 8am-6pm
Saturday, 8am-4pm

Social Workers and Psychiatrist available for children ages 6 and up
Most major health insurances accepted
Bilingual Services Available

Familias Buscando Nuevas Direcciones – F.R.I.E.N.D.S

489-493 E 153rd Street

Bronx, NY 10455

Phone: (718) 402-3900

Website: www.friendsbx.org

Provides a multitude of services to children and families with mental health problems who live in Mott Haven. Has a mobile crisis unit comprised of social workers, a psychiatrist and nurse.

Bronx 10457

Bronx Lebanon Hospital, Child Study Center

1844 Webster Avenue, Bronx, NY 10457

Phone: 718-466-7281 (General), 718-992-7669 (Intake)

Hours of Operation:

Monday- Friday: 9am-5pm

Services: Individual therapy (CBT), Family therapy. Psychiatrist for meds.

Languages: English, Spanish

Payment: Medicaid, Health Plus, some HMOs

Bronx 10460

Fordham Tremont Community Mental Health Center

817 East 180 Street, Bronx, N.Y. 10460

Phone: 718-960-0258

Hours of Operation:

Monday, Wednesday 9am-7pm

Tuesday, Thursday, Friday 9am-5pm

Saturday 9am-4pm

Services: Individual (behavioral), group (including bereavement), family therapy (SW provide therapy), evaluations, crisis unit (sexual abuse, physical abuse, domestic violence). Psychiatrist available for medication. Ages 5-17

Payment: Medicaid, some HMOs, some private insurance

Bilingual Services Available

Bronx 10461

Ferkauf Graduate School of Psychology

Ferkauf Parnes Family Outpatient Clinic

1165 Morris Park Avenue

Bronx, NY 10461

Phone: (718)430-3852; Fax: (718)430-3983

Hours of Operation:

Monday-Friday, 9am – 8pm

Psychology Clinic with therapy sessions for children ages 4 to 16

No insurances accepted, pay by sliding scale

Part-time Spanish clinicians available

Jacobi Medical Center
Child and Adolescent Outpatient Clinic
Pelham Parkway/ Eastchester Road
Bronx, NY 10461
Phone: (718) 918-3895; Fax: (718) 918-7526

Hours of Operation:
Monday – Friday, 9am-5pm

Outpatient mental health clinic with therapy and counseling services for children ages 5-17 1/2
Most major health insurances accepted, Wellcare, Oxford, Aetna, and BlueCross are not
No Bilingual Services available

**Albert Einstein College of Medicine of Yeshiva University, Child and Adolescent Clinic & Soundview
Throgsneck Community Mental Health Center**
2527 Glebe Avenue, Bronx, NY 10461
1967 Turnbull Avenue, Bronx, NY 10473
Phone: 718-904-4414

Hours of Operation:

Services: Individual Therapy (CBT), weekly therapy, psychotherapy (6-8 weeks), psychiatrists for
medications, no family counseling- Ages 6 and up.
Payment: Medicaid
Bilingual Services Available

Bronx 10462

Independent Consultation Center
782 Pelham Parkway South, Bronx, NY 10462
Phone: 718-918-1700

Hours of Operation:

Services: Individual therapy (CBT) provided by SW and psychologists, psychiatrist available for
medication. Ages 6 and up.
Payment: Medicaid and most HMOs, do not accept Metroplus, Unicare, and Careplus
Bilingual Services Available

Bronx 10467

F.E.G.S Bronx Counseling Center
3600 Jerome Avenue (213 St)
Bronx, NY 10467
Phone: (718) 881-7600; Fax: (718) 515-8057

Hours of Operation:
Monday-Friday, 9am - 5pm
With some additional evening hours

Servicing Program in mental health, parenting education, employment etc. for ages 5 to 65.

Individual Therapy and Psychiatry available
Most third party medicaid accepted, self-pay available as well as sliding scales.
Bilingual Services Available

**Jewish Board of Family and Children's Services
The Harry Blumenfeld Counseling Center**

750 Astor Avenue
Bronx, NY 10467
Phone: (718) 882-5000; Fax: (718) 798-7633

Hours of Operation:

Monday, 10am – 6pm
Tuesday, Wednesday, Thursday, 9am – 8pm, Friday, 9am – 5pm

Individual therapy and counseling for children ages 6 and up
Most major health insurances accepted
Bilingual Services Available

**Montefiore Medical Center
Department of Child Outpatient Psychiatry**

3330 Kossuth Avenue
Bronx, NY 10467
Phone: (718) 920-4653; Fax: (718) 405-5953

Hours of Operation:

Monday- Friday, 8:30am – 6:30pm

Psychiatric Services for patients ages 4 – 17 1/2 in the catchment area from University Ave to 210 St.
Most major health insurances accepted along with a sliding scale if necessary
Bilingual Services Available

Brooklyn-General

Brooklyn 11206

Family Service Center

18 Middleton Street, Brooklyn, NY 11206
Phone: 718-875-6900

Hours of Operation:

Monday- Thursday 9am-8pm
Friday 9am-1pm

Services: An outpatient facility. Provides counseling and treatment to individuals and families, marriage counseling, and crisis intervention

Brooklyn 11215

Park Slope Center for Mental Health

348 13th street btw 6 and 7 suit 203.
Brooklyn, NY 11215
Phone: 718-788-2461

Hours of Operation:

Monday- Friday 9am-9pm
Saturday 9am-5pm

Services: Individual and family therapy (CBT), Group Therapy, Parent Training, Psychiatrists available for Meds Ages 4-17

Payment: Medicaid, Affinity, NY Presbyterian, Healthplus, Most Insurance (not 1199, 1181, Blue Cross, Aetna)

Bilingual Services Available

Brooklyn 11216

Interfaith Medical Center: Outpatient Center

1472 Fulton Street, Brooklyn, NY 11216
Phone: 718-613-7251

Hours of Operation:

Monday- Thursday 9am-7pm
Friday 9am- 5pm

Services: Individual Therapy (CBT & Psychodynamic), Systems , Play Therapy Psychopharmacology, Psychological Testing, No family therapy or parent training, no weekends but evening hours Ages: 4-18 yo

Payment: Most insurance – no neighborhood Health or Metro Plus
English only

Brooklyn 11217

Brooklyn Center for Psychotherapy

300 Flatbush Avenue, Brooklyn, NY 11217

Phone: 718-622-2000

Hours of Operation:

Monday-Friday 9am-9pm

Saturday 9am-5pm

Services: Individual psychotherapy (No CBT), no family or couples counseling, offered psychiatrist on staff. Ages: 5 and up.

Payment: Most insurance, Medicaid accepted.

Bilingual Services Available

Brooklyn 11219

Maimonides Medical Center

Child and Adolescent Outpatient Psychiatry

920 48th Street, 1st floor

Brooklyn, NY 11219

Phone: (718)283-8100; Fax: (718)283-6161

Hours of Operation:

Dependent on Doctors' schedules

Psychiatric therapy, medicine management and family services available to children ages 3 to 18

Most major health insurances accepted

Bilingual Services Available

Brooklyn 11221

Williamsburg-Greenpoint Outpatient Center

819 Grand Street, Brooklyn, NY 11221

Phone: 718-388-5176

Hours of Operation:

Monday- Friday 9am-5pm

Wednesday 9am-7pm

Sunday 9am-2pm

Services: Individual Therapy, often includes intensive case management and work with other agencies

Ages 5 and up

Languages: English, Spanish, German, Patmandou

Payment: Under Review

Brooklyn 11223

Jewish Board

2020 Coney Island Avenue, Brooklyn, NY 11223

Phone: 718-676-4210

Hours of Operation:

Monday, Friday 9am-5 pm

Thursday, Wednesday, Thursday 9am-9pm

Services: Outpatient mental health therapy, Individual therapy (NO CBT). Psychiatrist for meds. Ages 5 and up

Languages: English, Russian, Hebrew

Payment: All insurances. Medicaid and Medicaid based, some private insurance.

Brooklyn 11228

National Neighborhood Counseling Center

Dyker Heights Counseling Center

7701 13th Avenue

Brooklyn, NY 11228

Phone: (718)232-1351; Fax: (718)837-5676

Hours of Operation:

Monday-Friday, 9am-9pm

Saturday, 9am-4pm

Individual therapy and psychiatric sessions for children ages 3 and up

Most major health insurances accepted, Signa and Fidelis are not

No Bilingual Services available

Brooklyn 11229

Interborough Development & Consultation

Outpatient Mental Health Clinic

1670-78 E. 17th Street

Brooklyn, NY 11229

Phone: (718)375-1200; Fax: (718)382-3358

Hours of Operation:

Monday-Thursday, 9am-9pm

Friday, Saturday, 9am-5pm

Individual therapy and psychiatric sessions for ages 5 and up

Most major health insurances accepted

Bilingual Services available

Brooklyn Psychiatric Centers

Flatbush-Sheepshead Mental Health Clinic

3043 Avenue W

Brooklyn, NY 11229

Phone: (718)769-4344; Fax: (718)769-8736

Hours of Operation:

Monday-Friday, 9am - 5pm

Psychotherapy and Psychiatric sessions for children ages 5 and up
Most major health insurances accepted
No Bilingual Services available

Brooklyn 11234

**Catholic Charities
Flatlands Guidance Center**
2000 Flatbush Avenue
Brooklyn, NY 11234
Phone: (718)377-5755; Fax: (718)377-0752

Hours of Operation:
Monday-Thursday, 9am - 8pm
Friday, 9am-5pm

Therapy and psychiatric sessions for children ages 6 and up.
Most major health insurances accepted
No Bilingual Services Available

Brooklyn 11237

Coalition for Hispanic Family Services: Bonding Links
315 Wyckoff Ave, Brooklyn, NY 11237 (6th floor)
Phone: 718-497-1955 x380

Services: Individual (No CBT), family therapy and play therapy. No parenting behavioral management groups, psychiatrist on staff for medication. Ages 0-17
Payment: Sliding scale fee and Medicaid. Soon to accept Metroplus, Health First and Health Plus.
Bilingual Services Available

Brooklyn OTHER

Jewish Board of Family and Children's Services
Bay Ridge
Phone: (718)238-6444

Boro Park
Phone: (718) 435-5700

Break-Free Adolescent Services
Phone: (718) 676-4280

Mid-Brooklyn, The Rita J. & Stanley H. Kaplan Center
Phone: (718) 676-4210

Southern Brooklyn, The Doris L. Rosenberg Counseling Center
Phone: (718) 339-5300

Community counseling centers with mental health professionals who provide a wide range of services including; individual, family and group counseling, psychiatric assessments, crisis interventions, medication evaluation and management for children and adults.

Medicaid, medicare and most managed care and private insurance plans accepted.

Queens-General

Queens 11040

Child & Adolescent Psychiatry at North Shore-LIJ

269-01 76th Ave, New Hyde Park, NY 11040

Phone: 718-470-3500

Hours of Operation:

24/7 phone service

Office hours: Monday-Friday 10am-5pm

Services: Diagnostic Evaluation, Group Therapy Family Therapy, Individual Therapy, Medication

Management Ages: up to 18

Languages: Interpreter Service Available

Payment: Most Insurance (not United Healthcare)

Queens 11101

Steinway Children and Family Services, Inc.

41-36 27th Street, Long Island City, NY 11101

Phone: 718-389-5100

Services: Individual therapy, there are people in training for CBT but not specialized. Parenting behavioral management groups, group therapy available. Psychiatrist for meds. Age 5 and up.

Payment: Most insurances including Medicaid and New York Presbyterian.

Bilingual Services Available

Queens 11362

Pride of Judea Community Services

243-02 Northern Boulevard

Douglaston, NY 11362

Phone: (718) 423-6200

Part of the Jewish Board for Family and Children's Service community counseling centers with mental health professionals who provide a wide range of services including; individual, family and group counseling, psychiatric assessments, crisis interventions, medication evaluation and management for children and adults.

Medicaid, medicare and most managed care and private insurance plans accepted.

Queens 11372

Corona Elmhurst Guidance Center

37-22 82nd Street, Jackson Heights, NY 11372

Phone: 718-779-1600

Hours of Operation:

Monday- Thursday 9am-9pm

Friday 9am-9pm

Services: Individual psychotherapy (counseling), No CBT, No Group Therapy, Psychiatrist for meds once a month with treatment program. Ages 5 and up
Payment: Most insurance. (no Oxford or Blue Cross)
Bilingual Services Available

Elmhurst Hospital, Child & Adolescent Outpatient Clinic

79-01 Broadway, Elmhurst, NY 11373
Phone: 718-334-1502

Services: Individual therapy (limited CBT), Group therapy for 8-12 year olds, Psychiatrist available for meds. Ages 5-17
Languages: Interpreter service to accommodate all languages. Staff are English and Spanish speakers.
Payment: Most insurance. Have financial counselors and sliding scale fee. (No WellCare or CarePlus)

Queens 11374

Puerto Rican Family Institute

97-45 Queens Blvd
Rego Park, NY 11374
Phone: (718)275-0983; Fax: (718)275-7973

Hours of Operation:

Monday, Wednesday, Friday, 9am-5pm
Tuesday, Thursday, 9am-7pm
Saturday, 9am-4pm

Individual therapy and Psychiatric sessions for children ages 5 and up
Most major health insurances accepted, Oxford is not
Bilingual Services available

Queens 11375

**Advanced Center for Psychotherapy
Forest Hills Outpatient Clinic**

103-26 68th Rd
Queens, NY 11375
Phone: (718)261-3330; Fax: (718)897-0095

Hours of Operation:

Monday-Thursday, 9am – 9:30pm
Friday, 9am-7pm
Saturday, 9am-5pm

Individual Psychotherapy sessions for children ages 8 and up
Most major health insurances accepted
No Bilingual Services available

**Arista Center for Psychotherapy
Outpatient Mental Health Clinic**

110-20 71st Rd
Queens, NY 11375
Phone: (718)793-3133; Fax: (718)793-2023

Hours of Operation:

Monday-Friday, 9am – 9pm
Saturday, 9am-4pm

Psychotherapy sessions available to children ages 4 and up
Most major health insurances accepted, HealthPlus and MetroPlus are not
No Bilingual Services available

**Bleuler Psychotherapy Center
Outpatient Psychotherapy Center**

104-70 Queens Blvd
Forest Hills, NY 11375
Phone: (718)275-6010; Fax: (718)275-6062

Hours of Operation:

Monday-Friday, 9am-10pm
Saturday, 9am-5pm

Psychiatrist sessions and individual and family therapy for children ages 5 and up
Most major health insurances accepted, Ethena and Oxford are not
Bilingual Services available

Queens 11385

**Catholic Charities
Glendale Mental Health Clinic**

67-29 Myrtle Ave
Queens, NY 11385
Phone: (718)456-7001; Fax: (718)456-9470

Hours of Operation:

Monday-Thursday, 9am-9pm
Friday, 9am-5pm

No Bilingual Services available

Queens 11432

Queens Child Guidance Centers

8956 162 Street, Jamaica, NY 11432
Phone: 718-657-7100

Services: Individual and family psychotherapy. Psychiatrist for meds, No CBT, no parenting classes/groups. Ages 4-17(must be enrolled in school)
Payment: Most insurance accepted (not Cigna), sliding scale if not.
Languages: English, Spanish, one Punjabi speaker

Staten Island-General

Staten Island 10301

Staten Island Mental Health Society

Chait Outpatient Clinic

669 Castleton Avenue & 30 Bay Street, Room 404
Staten Island, NY 10301
Phone: (718)442-2225; Fax: (718)442-2289

Hours of Operation:

Monday, Wednesday, Friday, 9am-5pm

Tuesday, Thursday, 9am-9pm

Psychiatric sessions and social worker led therapy for ages 3 to 16

Most major health insurances accepted

Bilingual Services available

Family Support Services

30 Bay Street (4th floor), Staten Island, NY 10301
Staten Island, NY
Phone: 718-442-2225

Services: Individual Therapy, Group Therapy, Family Therapy, Parent Training & Medication management. Ages 18 and under

Payment: Most Insurance

Bilingual Services Available

Staten Island 10304

Early Childhood Direction Center

Information and Referral

Spring Building-SIUH
1034 Targee Street- Room 107
Staten Island, NY 10304
Phone: (718)390-4737; Fax: (718)981-4004

Early developmental intervention offering play therapy, and counseling to children from birth to 5yrs old.

St. Vincent's Hospital

Outpatient Mental Health

75 Vanderbilt Avenue, Building 2, Floor 3
Staten Island, NY 10304
Phone: (718)818-6760; Fax: (718)818-6877

Hours of Operation:

Monday-Friday, 9am-5pm

Psychiatric sessions and individual therapy for ages 16 and up

Most major health insurances accepted, Medicaid and ManageCare included

Bilingual service available

Staten Island 10308

Staten Island Mental Health Society

South Shore Clinic Program

3974 Amboy Road, 3rd Floor

Staten Island, NY 10308

Phone: (718)984-5050; Fax: (718)984-5165

Hours of Operation:

Monday, Tuesday, 9am-9pm

Wednesday, Thursday, Friday, 9am-5pm

Social work and Psychiatric services for children ages 4-16

Most major health insurances accepted

No Bilingual service available

MICA Adolescent Program

3974 Amboy Road (2nd Floor), Staten Island, NY 10308

Phone: 718-984-5050

Services: Comprehensive treatment services to adolescents who have been dually diagnosed with emotional disorders and chemical dependency. Ages: 12-18

Staten Island 10314

Morris L. Black Community Counseling Center

2795 Richmond Avenue

Staten Island, NY 10314

Phone: (718) 761-9800

Part of a network of licensed, outpatient mental health clinics, the Staten Island Office provides help to people who are struggling with a range of emotional and social problems. Services for adults and children include evaluation and assessment; crisis intervention; and therapy for individuals, couples, families, and groups. Services can be provided in Russian, Spanish, Hebrew, Cantonese and Hungarian.

Jewish Board of Family & Children's Services: MBCS Staten Island Counseling Center

2795 Richmond Ave, Staten Island, NY 10314

Phone: 718-761-9800

Services: Individual therapy, most clinicians use CBT in their therapies. Outpatient services for individual, family, couples therapy. Group therapies offered. Case management programs available. No parenting behavioral management groups – but have parent research workshops. Three psychiatrists for meds available. Ages 4 and up

Payment: Range of insurances – Medicaid and most others accepted

Languages: English, Spanish, Russian, Hebrew, Hungarian

EMERGENCY ROOM Richmond Medical Center dba Richmond University Medical Center Bayley Seton CPEP 75 Vanderbilt Avenue Staten Island, NY 10304 (718) 818-6300 Mobile Crisis (works out of Emergency Room) 718-818-6900	Outpatient CPEP Crisis Intervention (CPEP will schedule a follow-up appt. within 5 business days)	Adolescents, Adults, Children
Staten Island Mental Health Society, Inc. CHAIT CLINIC 669 Castleton Avenue Staten Island, NY 10301 (718) 442-2225 (speak to Michelle at Extension X 263) The Family Support Program 30 Bay Street (718) 442-2225	Outpatient Clinic Treatment	Adolescents, Children
Staten Island Mental Health Society, Inc. Staten Island Children's CMHC South Shore Clinic— Part of CHAIT CLINIC 3974 Amboy Rd Staten Island, NY 10308 (718) 984-5050	Outpatient Clinic Treatment	Children
Jewish Board of Family & Children's Services JBFCS Madeleine Borg Staten Island Counseling Center 2795 Richmond Avenue Staten Island, NY 10314 (718) 761-9800 (X229)	Outpatient Clinic Treatment	Adolescents, Adults, Children
Richmond Medical Center dba Richmond University Medical Center West Brighton Clinic 690 Castleton Avenue Staten Island, NY 10314 (718) 876-4040	Outpatient Clinic Treatment Children, Adolescents, Adults	

LONG ISLAND

Nassau County

North Shore University Hospital– Long Island Jewish

ADHD Clinic

400 Community Drive, Manhasset, NY 11030

Phone: 516-562-3005

Services: Outpatient, evaluations, therapy (individual, CBT). ADD groups (with child and family).

Psychiatrists for meds.

Languages: Mostly English, some Spanish

Payment: Medicaid, most insurances (speak to registration for particular insurance)

Catchement: Nassau and Suffolk County.

Age: Preschool through age 17

Waitlist: within a couple of weeks.

Peninsula Counseling

124 Franklin Place, Woodmere, NY

Phone: 516-569-6600 (ext 238)

Contact:

Services: Individual Therapy, some CBT but very limited. Family and group therapy. Only psychiatrist for meds if in therapy with them. Parents groups lasting 6 weeks are offered.

Languages: English, Spanish, Yiddish.

Payment: Most insurances

Catchement: Yes, Nassau County, mostly the Southwest section.

Ages: 6 and up

Waitlist: Sometimes. From January to June a waitlist usually develops. Try to do intakes within a couple of weeks. Waitlist varies depending on time of year.

Long Island Counseling

570 Elmont Road, Elmont NY

Phone: 516-437-6050

Contact: Call intake department

Services: Outpatient mental health services. Individual, family and group therapy. Limited CBT, no parenting behavioral management groups. Psychiatrists for meds are available.

Languages: English, Spanish and Creole.

Payment: Most insurance including Medicaid and Medicare. Sliding fee available if no insurance.

Catchement: Try to service Nassau County.

Ages: Pretty much all ages. Youngest currently is 4.

Waitlist: Yes, length of time depends on need after assessment.

Pride of Judea Mental Health Center

243-02 Northern Boulevard, Douglaston, Queens, 11362

Phone: 718-423-6200 ext. 230

Contact: Intake department. Ruth Michaelson will discuss case if not sure – if think child is appropriate can call intake.

Services: Outpatient mental health. Individual, family and group therapy. Psychiatrist available for meds only for those patients in psychotherapy. Group therapy available, range of treatments, some including CBT (limited)

Languages: Hebrew, English and Russian. It varies, they will try to accommodate. Depends on insurance – don't guarantee that a certain language will be available.

Payment: Part of several manage-care companies including Oxford, HIP, GHI. Medicaid and Medicare accepted, Medicare usually has co-payment.

Catchement: None

Ages: 5 and up

Waitlist: Not right now. Might have one soon, but if come in during the day can usually be seen quickly. .

Saltzman Community Services Center

Hofstra University

Hempstead, NY 11549

Services: Speech therapy, Psychoeducational testings, Individual therapy, Marriage and Family therapy, Reading/Writing Learning Clinic

Evaluations are provided by Hofstra students under the supervision of licensed psychologist

Language: English

Fee: \$50.00 intake, \$20.00 therapy, \$600 full evaluation

516-463-5660

<http://www.hofstra.edu/Community/slzctr/>

Suffolk County

Pederson-Krag Center (not accepting patients right now)

11 Route 111, Smithtown, NY 11787

Phone: 631-920-8300

Contact: Intake department

Services: Group and individual therapy. Psychiatrist available for Meds, CBT, no parenting behavioral management groups.

Languages: English

Payments: Most insurance accepted, if not then sliding scale.

Waitlist: No waitlist right now, not accepting any patients.

Fegs-Central Islip (Call 516-496-7550)

Phone: 631-691-3347

Madonna Heights Services

151 Burrs Lane, Dix Hills, NY 11746

Phone: 631-643-8800

Contact: Intake

Services: School for Girls. Therapy groups. Individual therapy (NO CBT). Therapy offered to girls only on admission.

Languages: English and some Spanish

Payments: Not-for-Profit organization. No private pay.

Ages: 12-17 (girls only by admission)

Waitlist: No waitlist (admission only).

EDUCATIONAL TESTING SITE IN LONG ISLAND

Adelphi University

Center for Psychological Services

Contact: Carol Smith

(516) 877-4820

- Sessions conducted by supervised doctoral candidates
- Exam takes 4-5 hours
- Saturday and evening appointments available
- Full report completed in 4-6 weeks (technical data within 1 week)
- Fee: \$500 or sliding scale available

WESTCHESTER

Westchester Jewish Community Services

Headquarters and billing:

Westchester Jewish Community Services

845 North Broadway Suite #2, White Plains, New York 10603

Phone: 914-761-0600

Contact: ext. 226 (Admitting)

Services: Individual therapy (CBT), family and group therapies. Psychiatrists for meds. Availability of parenting groups depends on the clinic.

Languages: Spanish, Dutch, Hebrew, French, Yiddish, Romanian

Payment: Medicaid, Medicare, most insurances, manage-care. Self-pay and financial assistance.

Catchement: Westchester

Ages: All

Waitlist: Depends on the location of child and which clinic.

Locations:

1) 141 N. Central Ave, Hartsdale, NY, 10530

Phone: 914-949-3224

Contact: Aaron Newman

2) 6 Gramatan Ave, Suite 401, Mount Vernon, NY 10550

Phone: 914-668-8938

Contact: Ann Brammer

3) 466 Main Street, New Rochelle, NY 10801

Phone: 914-632-6433

Contact: Nelly DeRidder

4) 487 S. Broadway #220, Yonkers, NY 10701

Phone: 914-423-4433

Contact: Cynthia Kramer

5) 1101 Main Street, Peekskill NY 10566

Phone: 914-737-7338

Contact: Suzanna Delasho

6) 2000 Maple Hill Street, Yorktown Heights, NY 10598

Phone: 914-962-5593

Contact: Larry Goodman

Guidance Center

70 Grand Street, New Rochelle, NY 10801

Phone: 914-636-4440

New York Presbyterian Hospital– Cornell Medical

Department of Child Psychiatry

21 Bloomingdale Rd, White Plains, NY 10605

Contact: Barbara Flye 914-997-5953 or Jo Hariton 914-997-5957

EDUCATIONAL TESTING SITES IN NEW JERSEY

Fairleigh Dickinson University

Center for Psychological Services

131 Temple Avenue

Hackensack, NJ 07601

(201) 692-2645

- Fee: \$550
- Sessions conducted by supervised doctoral candidates
- 4-6 sessions

Rutgers Psychological Clinic

Graduate School of Applied & Professional Psychology
152 Frelinghuysen Road
Piscataway, NJ 08854
(732) 445-6111

- Cognitive Assessment \$225
- Sessions conducted by supervised doctoral candidates
- Learning Evaluation \$350
- ADHD Evaluation \$190-350