



**A Parent's Guide
To Free and Low Cost
Activities for Children
Of Washington Heights, Inwood,
Hamilton Heights, And Harlem**

Community Pediatrics, Children's Hospital of New York

This guide is designed for the parents of Washington Heights, Inwood, Hamilton Heights, and Harlem. It contains a collection of activities and places for children in the neighborhood and in New York City including parks, museums, zoos, libraries, and much more. The activities listed do not cost much, are easy to reach by public transportation or by walking, and are safe and fun for the entire family.

This booklet is only a beginning. We encourage you to explore with your children the endless opportunities offered in New York City. Family activities allow parents and kids to enjoy spending time together, and encourage safe and educational options for children.

This booklet was created by the pediatric residents' Pediatric Injury Prevention Project at Children's Hospital of New York. Initiated in 1998, the goals of our Project are to decrease pedestrian injuries and promote healthy lifestyles for the children in Washington Heights and surrounding communities, and to build collaborative partnerships with community organizations as the foundation for these efforts. Through their work on this Project, the pediatric residents are trained in the skills necessary to be advocates for their patients and leaders in their community. For information about the Project, Please call 212-305-8195.

The Children's Hospital of New York, Department of Pediatrics, Community Pediatrics, and the Pedestrian Injury Prevention Project gratefully acknowledge Will Dunnigan, President of The Georgian Press for his generous support in the production and printing of this booklet.

ANNUAL EVENTS

LITTLE RED LIGHTHOUSE FESTIVAL – Ft. Washington Park: Tours, nautical activities, enviro/cultural exhibits, hayrides, crafts, fish tasting, music
Date: **Sept. 15th, 2001** Time: 11am-4pm Telephone: 888-NY-PARKS

MEDIEVAL FESTIVAL – Ft. Tryon Park
Date: **Sept. 30th, 2001** Time: 10am-6pm Telephone: 212-795-1600

KITES IN FLIGHT – Central Park: A day for NYC families to enjoy an autumn day of kite flying and arts & crafts.
Date: **Oct. 6th, 2001** Time: 11am

NORWAY FESTIVAL / TROLL STROLL FOR KIDS – Central Park: Half-marathon and festival.
Date: **Oct. 7th, 2001** Time: 9:15am Telephone: 212-860-4455

FLAG FOOTBALL FESTIVAL – Long distance pass, field goal kicking contests, obstacle courses, carnival games, food, & music.
Date: **Oct. 13th, 2001** Telephone: 212-360-8211

GREAT HALLOWEEN PARTY – Central Park: Haunted house, arts/crafts, entertainment, in-line skating, etc.
Date: **Oct. 27th, 2001** Time: 11am-3pm Telephone: 888-NY-PARKS

SOCCERFEST – Chelsea Park: Kids of all ages are invited to improve their soccer skills & enjoy games & prizes at this festival.
Date: **Nov. 3rd, 2001** Telephone: 212-360-8211

TURKEY CLASSIC / JUNIOR GOBBLER – Central Park: 5 mile run hosted by NY Road Runners Club; numerous Junior Gobbler Races for kids 2-14.
Date: **Nov. 18th, 2001** Time: 9:30am Telephone: 212-860-4455

EVERGREEN CUP – This three-day basketball tournament (4 divisions): 8-10 coed, 11-13 girls, 11-13 boys, and 14-16 boys.
Date: **Dec. 26th, 2001** Telephone: 212-360-8211

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WASHINGTON HEIGHTS

?? Arts, Culture, and Museums

Arts Interaction – Gallery #12 – provides sculpture and painting activities for children. Children’s art show every June.

Cost: free

Ages: 5 and up for art show; 12 and up for sculpture and painting

Hours: Tuesday through Friday 9:30a.m.-4:30p.m.

Location: 711 W. 168th Street at Haven Avenue

Telephone: 212-927-5004

American Numismatic Society - large collection of old and new coins

Cost: free

Ages: 6 and up

Hours: Tuesday through Sunday 9:00a.m.-4:30p.m.

Location: Broadway and 155th Street

Telephone: 212-234-3130

Children’s Arts and Sciences Workshops, Inc. – cultural workshops with tap, ballet, arts and crafts, and drawing; basketball; summer youth employment program; after-school program

Cost: varies depending on activity

Ages: cultural workshop ages 4-13; basketball ages 13-18; summer employment ages 14-21;

after-school program ages 5-13

Hours: varies depending on activity

Location: 300 Fort Washington Avenue #1H

Telephone: 212-923-7766

**Programs also available at Riverbank State Park and the Harlem Hospital Injury Prevention Program*

OTHER SOURCES OF INFORMATION

Alianza Dominicana, Inc. – 2410 Amsterdam Avenue
212-740-1960

715 W. 179th Street
212-795-4226

515 W. 182nd Street
212-928-4992

Bank Street Bookstore – 610 W. 112th Street at Broadway
212-678-1654

Books of Wonder – free Sunday readings at 11:45a.m.
16 W. 18th Street between
5th and 6th Avenues
212-989-3270

Daily News – Saturday under \$10 section for families

New York’s Fifty Best Places to Take Children
A book by Allen Isaac, available at most bookstores

The New York Times – Friday weekend section

Time Out New York – a weekly magazine with listings for free or inexpensive activities for kids, found in most bookstores and newsstands

www.nyfamily.com – online free magazine for families

CHILDREN'S THEATER

The New Victory Theater

Cost: \$10 to \$25 per show

Ages: appropriate for children of all ages

Hours: varies depending on show

Location: 209 W. 42nd Street between 7th and 8th Avenues

Telephone: 212-239-6200 or 212-382-4000

The Puppet Company

Cost: \$7.50 per person

Ages: appropriate for children of all ages

Hours: varies depending on show

Location: 31 Union Square West at 16th Street, loft 2B

Telephone: 212-741-1646 (reservations required on weekends)

Puppet Works

Cost: \$5 for children

Ages: appropriate for children of all ages

Hours: varies depending on show

Location: 338 6th Avenue at 4th Street (Park Slope)

Telephone: 718-965-3391

Lenny Suib Puppet Playhouse at Asphalt Green

Cost: \$3.50 for children

Ages: appropriate for children of all ages

Hours: varies depending on show

Location: 555 E. 90th Street

Telephone: 212-369-8890

Tannen's Magic Studio

Cost: free

Ages: appropriate for children of all ages

Hours: varies depending on show

Location: 24 W. 25th Street between 6th Avenue and Broadway

Telephone: 212-929-4500

WASHINGTON HEIGHTS

The Cloisters – part of the Metropolitan Museum of Art, has displays of medieval art; also has outdoor flower and herb gardens

Cost: adults \$8 (suggested); children under 12 are free

Ages: appropriate for children of all ages

Hours: Tuesday through Sunday 9:30a.m.-5:00p.m.

Location: Fort Tyron Park at 193rd Street

Telephone: 212-923-3700

The George Washington Bridge Walkway – beautiful views of the Hudson River, New York, and New Jersey

Cost: free

Ages: appropriate for children of all ages when accompanied by an adult

Hours: walkway open at all times

Location: 178th Street and Fort Washington Avenue

Hispanic Society of America and Museum – collections focusing on Hispanic cultures

Cost: free

Ages: appropriate for children of all ages

Hours: Tuesday through Saturday 10:00a.m.-4:30p.m.; Sunday 1:00p.m.-4:00p.m.

Location: Broadway and 155th Street

Telephone: 212-690-0743

Morris Junnel Mansion – built in 1765; the oldest remaining house in Manhattan

Cost: free

Ages: appropriate for children of all ages

Hours: Wednesday through Sunday 10:00a.m.-4:00p.m.

Location: 65 Junnel Terrace at 160th Street

Telephone: 212-923-8008

WASHINGTON HEIGHTS

Yeshiva University Museum – museum of Jewish art, history, and culture

Cost: free

Ages: appropriate for children of all ages

Hours: Tuesday through Thursday 10:30a.m.-5:00p.m.;
Sunday 12:00p.m.-6:00p.m.

Location: 2520 Amsterdam Avenue at 186th Street

Telephone: 212-960-5390

INWOOD

The Dyckman Farm House Museum – the original home, built in 1784; spinning demonstrations available

Cost: free

Ages: appropriate for children of all ages

Hours: Tuesday through Sunday 11:00a.m.-4:00p.m.

Location: 4881 Broadway at 204th Street

Telephone: 212-304-9422

HAMILTON HEIGHTS

The Children's Art Carnival – workshops in ceramics, illustration, painting, video making, computer graphics, photography, cartooning, and creative writing

Cost: determined on an individual basis

Ages: 4-21

Hours: Monday through Thursday 3:45p.m.-5:45p.m.;
Saturday 10:00a.m.-4:00p.m.

Location: 62 Hamilton Terrace, between 144th Street and Convent Avenue

Telephone: 212-234-4093

SPORTS ACTIVITIES (see also PARKS)

Asphalt Green Aqua Center

Cost: Adults \$15; children \$7

Ages: 6 and up

Hours: call for specific information

Location: 555 E. 90th Street at East End Avenue

Telephone: 212-369-8890

Chelsea Piers Sports and Entertainment Complex – many sports activities for kids

Cost: free to piers; activities as low as \$2.50 for all day roller rink access

Ages: 4 and up

Hours: call for specific information

Location: Piers 59-62 at 23rd Street on the Hudson River

Telephone: 212-336-6500

QUEENS

Queens Museum of Art – scale model of New York City;

Summer workshop for kids

Cost: Adults \$4; children over 5 \$2; children under 5 are free

Ages: appropriate for children of all ages

Hours: call for further information

Location: the New York City building, Flushing Meadows/
Corona Park

How to get there: #7 train to 111th Street, Queens

Telephone: 718-529-9700

New York Hall of Science – hands-on science exhibits

Cost: Adults \$7.50; children \$5

Ages: 5 and up

Hours: Monday through Wednesday 9:30a.m. -2:00p.m.;

Thursday through Sunday 9:30a.m.-5:00p.m.

Location: Flushing Meadows/Corona Park.

How to get there: as above, take the #7 to 11th Street, Queens

Telephone: 718-699-0005

HAMILTON HEIGHTS

Dance Theatre of Harlem – Jazz, African dance, and ballet classes
for children

Cost: varies depending on activity

Ages: 3 and up

Hours: varies; Open House second Sunday of each month to watch
performances

Location: 466 W. 152nd Street between Amsterdam and St Nicholas
Avenue

Telephone: 212-690-2800

HARLEM

General Grant National Memorial & Tomb

Cost: free

Ages: appropriate for children of all ages

Hours: 9:00a.m. -5:00p.m. daily

Location: 122nd Street at Riverside Drive

Telephone: 212-666-1640

Studio Museum in Harlem – collections focusing on Black America
and the African Diaspora

Cost: free

Ages: appropriate for children of all ages

Hours: Wednesday through Friday 10:00a.m.-5:00p.m.;

weekends 1:00p.m. -6:00p.m.

Location: 144 W. 125th Street between Lenox and 7th Avenues

Telephone: 212-864-4500

WASHINGTON HEIGHTS

?? Libraries

Fort Washington Branch of the New York Public Library – materials in Spanish and Russian, CDs, children’s videos, computers, storytelling, picture book hours, craft workshops

Cost: free

Ages: appropriate for children of all ages

Hours: call for branch hours

Location: 535 W. 179th Street

Telephone: 212-927-3533

Washington Heights Branch of the New York Public Library

Cost: free

Ages: appropriate for children of all ages

Hours: call for branch hours

Location: 1000 St. Nicholas Avenue at 160th Street

Telephone: 212-923-6054

INWOOD

Inwood Branch of the New York Public Library – closed in 1999 for renovations; call 212-621-0626 for reopening information

Cost: free

Ages: appropriate for children of all ages

Hours: call for branch hours

Location: 4790 Broadway between Dyckman St. and Academy Ave.

Telephone: 212-942-2445

HAMILTON HEIGHTS

Hamilton Grange Branch of the New York Public Library

Cost: free

Ages: appropriate for children of all ages

Hours: call for branch hours

Location: 503 W. 145th Street **Telephone:** 212-926-2147

MIDTOWN/NEAR CENTRAL PARK

Police Academy Museum

Cost: free

Ages: appropriate for children of all ages

Hours: call for further information

Location: 235 E. 20th Street

Telephone: 212-477-9753

Roosevelt Island Tram – a four-minute aerial tram ride over the East River. A \$.25 bus ride to the northern tip of the island brings you to a promenade and a park.

Cost: \$3 round trip

Ages: appropriate for children of all ages with an adult

Hours: there is a schedule posted at each end of the tram

Location: 59th Street and 2nd Avenue

Sony Wonder Technology Lab – hands-on audio and video studios for children, robots, video editing, music composition

Cost: free

Hours: call for specific information

Location: 550 Madison Avenue at 56th Street

Telephone: 212-833-8100

MIDTOWN/NEAR CENTRAL PARK

Empire State Building Observatory – great views of the city

Cost: Adults \$4.50; children \$2.25

Ages: appropriate for children of all ages

Hours: 9:30a.m.-11:00p.m. daily

Location: 34th Street and 5th Avenue

Telephone: 212-736-3100

Intrepid Sea-Air Space Museum – U.S. military air and sea craft

Cost: Adults \$10; children 5-11 \$5; children 2-5 \$2

Ages: appropriate for children of all ages

Hours: 10:00a.m.-5:00p.m. daily

Location: Pier 86 at West 46th Street on the Hudson River

Telephone: 212-245-0072

Museum of Television and Radio – learn how TV and radio work,
watch your favorite re-runs

Cost: Adults \$6; children \$3

Ages: appropriate for children of all ages

Hours: 12:30p.m.-6:00p.m. daily; Thursdays open
12:30p.m.-8:00p.m.

Location: 25 W. 52nd Street between 5th and 6th Avenues

Telephone: 212-621-6600

Museum of the City of New York - museum with various collections
highlighting the history of the city; collection of old doll houses and
items from NY toy stores, and a Marine Gallery with ports of the
world and models of ships and boats

Cost: \$10 per family

Ages: appropriate for children of all ages

Hours: Wednesday through Saturday 10:00a.m.-5:00p.m.;
Tuesday 10:00a.m.-2:00p.m.

Location: 1220 5th Avenue at 103rd Street

Telephone: 212-534-1672

HAMILTON HEIGHTS

Schaumburg Center for Research in Black Culture

(branch of the New York Public Library)

Cost: free

Ages: appropriate for children of all ages

Hours: call for branch hours

Location: 515 Malcolm X Boulevard at 135th Street

Telephone: 212-491-2200

HARLEM

Harlem Branches of the New York Public Library

Cost: free

Ages: appropriate for children of all ages

Hours: call for branch hours

Locations: Aguilar – 174 E. 110th Street; 212-534-2930

George Bruce – 518 W. 125th Street; 212-662-9727

Harlem – 9 W. 124th Street; 212-348-5620

Harlem Center for Reading and Writing – 9 W. 124th Street
212-860-7246

Macomb's Bridge – 2650 E. 7th Avenue; 212-281-4900

La Casa de la Herencia Cultural Puertorriquena

Cost: free

Ages: appropriate for children of all ages

Hours: call for branch hours

Location: 1 E. 104th Street

Telephone: 212-722-2600

Morningside Junior Library

Cost: free

Ages: appropriate for children of all ages

Hours: call for branch hours

Location: 3076 Broadway

Telephone: 212-866-6454

WASHINGTON HEIGHTS

?? **Parks** – PARKS ARE A GREAT PLACE FOR ALL CHILDREN.
REMEMBER YOUNG CHILDREN MUST BE ACCOMPANIED BY
AN ADULT, AND MOST PARKS CLOSE AT NIGHT

Bennett Park – playground

Cost: free

Ages: all ages

Location: W. 183rd Street and Fort Washington Avenue

Fort Tyron Park – gardens, medieval music performances

Cost: free

Ages: all ages

Hours: call for music performances 212-923-3700

Location: 193rd Street and Fort Washington Avenue

Fort Washington Park – playground, tennis and handball courts, ball fields, the Little Red Lighthouse (see below)

Cost: free

Ages: all ages

Location: Riverside Drive from 158th to Dyckman Streets

Highbridge Park – outdoor pool, playground, ball fields, handball and basketball courts

Cost: free

Ages: all ages

Location: 155th to Dyckman St. from Amsterdam Ave. to the Harlem River Dr

J. Hood Wright Park – playground; “Summer Fun in the Playground”

Cost: free

Ages: all ages

Location: W. 173rd-174th Street between Ft. Washington and Haven Avenues

Telephone: 212-360-8211

MIDTOWN/NEAR CENTRAL PARK

American Museum of Natural History – amazing dinosaurs and animal figures; live butterfly exhibit

Cost: Adults \$8; children \$4.40; students \$6 (suggested)

Ages: 4 and up

Hours: call for further information

Location: Central Park West and 79th Street

Telephone: 212-769-5100

**Maps and information are provided in Spanish*

Children’s Museum of Manhattan – special workshops for children, storytellers on the weekends; all exhibits are hands-on

Cost: \$5; children under 1 are free

Ages: appropriate for children of all ages

Hours: Wednesday through Sunday and school holidays
10:00a.m. -5:00p.m.

Location: 212 W. 83rd Street (between Columbus and Amsterdam)

Telephone: 212-721-1234

Metropolitan Museum of Art – many programs for families and students. Museum kids newsletter in English and Spanish.

Cost: Adults \$8; students \$4; children <12 are free (suggested)

Ages: appropriate for children of all ages

Hours: closed on Mondays; call for specific information

Location: 1000 Fifth Avenue at 82nd Street

Telephone: 212-535-7710; family programs 212-570-3932;
212-650-2833 for information in Spanish

El Museo del Barrio – exhibits focusing on Hispanic cultures

Cost: Adults \$4; children \$2; children <12 are free

Ages: appropriate for children of all ages

Hours: call for specific information

Location: 1230 Fifth Avenue at 105th Street

Telephone: 212-831-1272

LOWER MANHATTAN

Children's Museum of the Arts – the only children's museum in New York, which focuses on art
Cost: \$4 on weekdays, \$5 on weekends
Ages: appropriate for children of all ages
Hours: Wednesday 12:00p.m. -7:00p.m.; Thursday through Sunday 12:00p.m. -5:00p.m.
Location: 182 Lafayette Street, near BroomSt.
How to get there: take the C or E to Spring Street or take the 6 to Spring Street
Telephone: 212-274-0986

WASHINGTON HEIGHTS

Little Red Lighthouse – festival every fall
Cost: free
Ages: all ages
Location: under the George Washington Bridge, south side, part of Fort Washington Park
Telephone: call for seasonal hours 212-304-2365

INWOOD

Inwood Hill Park – flower garden, picnic area, hiking trails, ball fields
Cost: free
Ages: all ages
Location: Dyckman Street to Spuyten Duyvil (merging of Harlem And Hudson Rivers)

HAMILTON HEIGHTS

Frederick Johnson Playground – tennis, basketball, and handball courts, playground
Cost: free
Ages: all ages
Location: W. 151st Street east of 7th Avenue

Jackie Robinson (Colonial) Park – playground, outdoor pool, ball fields, basketball courts
Cost: free
Ages: all ages
Location: 145th to 155th Streets between Bradhurst and Edgecombe Avenues

HAMILTON HEIGHTS

Riverbank State Park – indoor and outdoor pool, covered skating rink, cultural arts center, restaurant, basketball, hand, tennis and paddle ball courts, playground, track, football/soccer field

Cost: free

Ages: all ages

Hours: 6:00a.m. -11:00p.m. year round

Location: 679 Riverside Drive between 138th and 145th Streets

Telephone: 212-694-3600; Sunset Concert Series 212-694-3685;
Inspirational Music Series 212-694-3654

Riverside Park – promenade, bird sanctuary, playground, picnic areas, tennis, basketball, and handball courts

Cost: free

Ages: all ages

Location: 72nd to 158th Streets between Riverside Drive and Hudson River

St. Nicholas Park – playground, picnic area, basketball and handball courts

Cost: free

Ages: all ages

Location: 128th to 141st Streets between St. Nicholas Avenue & St. Nicholas Terrace

HARLEM

Marcus Garvey (Mt. Morris) Park – playground, ball fields, outdoor pool, basketball courts

Cost: free

Ages: all ages

Location: 120th to 124th Streets between Madison Avenue and Mount Morris Park West

LOWER MANHATTAN

Rockefeller Park – located on the west side near the Twin Towers, this park contains two playgrounds. Rockefeller Playground is near Vesey Street; the Real World, an interactive sculpture playground, is near Chambers Street.

Cost: free

Ages: appropriate for children of all ages

How to get there: take the 2 or 3 to Chambers Street and walk west towards the water

Telephone: 212-416-5300

Top of the World Trade Center – observation deck with a beautiful view of the city

Cost: Adults \$12; children under 12 \$6.25; children under 6 are free

Ages: appropriate for children of all ages

Hours: 9:30a.m. -9:30p.m. daily; June through August
9:30a.m.-11:30p.m. daily

How to get there: take the R,N,1, or 9 to Courtland Street; the A, C, or E to Chambers Street; or the 4 or 5 to Fulton Street and walk towards the World Trade Center. Enter Tower #2 and look for signs for the observation deck.

Smithsonian's National Museum of the American Indian

Cost: free

Ages: appropriate for children of all ages

Hours: call for further information

Location: One Bowling Green, across the street from Battery Park

How to get there: take the 2 or 3 to Chambers Street and transfer to the 1 or 9 to South Ferry.

Telephone: 212-668-6624

LOWER MANHATTAN

South Street Seaport – tall ships, museums, and shopping.

In the summer there are many street performers outside.

Cost: the marketplace and performers are free. The ships and museums charge a small fee.

Ages: appropriate for children of all ages

Hours: call for further information

How to get there: take the 2 or 3 to Fulton Street, and walk east down Fulton Street towards the waterfront

Telephone: 212-732-7678

Battery Park/Statue of Liberty – great views of the Statue of Liberty, and a ferry that goes directly to the Statue. Free concerts are given during the summer in Battery Park and Hudson Park.

Cost: the park is free. Ferry is \$7 for adults and \$3 for children

Age: appropriate for children of all ages

How to get there: take the 2 or 3 to Chambers Street and transfer to the 1 or 9 to South Ferry.

Staten Island Ferry – a one hour cruise across New York Harbor with great views of the Statue of Liberty

Cost: \$.50

Ages: appropriate for children of all ages

How to get there: take the 2 or 3 to Chambers St. and transfer to the 1 or 9 to South Ferry and walk east following the signs for the Staten Island Ferry.

HARLEM

Morningside Park – playground, basketball and handball courts

Cost: free

Ages: all ages

Location: 110th to 123rd Streets between Morningside Avenue & Morningside Drive

Sheltering Arms Park – playground, handball court, outdoor pool

Cost: free

Ages: all ages

Location: 126th to 129th Streets between Amsterdam and Broadway

Thomas Jefferson Park – ball fields, basketball, outdoor pool

Cost: free

Ages: all ages

Location: 111th to 114th Streets between 1st Avenue and FDR Drive

WASHINGTON HEIGHTS

Recreation and Community Centers

Armory, Track and Field Center at 168th Street – practice, summer gymnastics program, special events

Cost: call for further information

Ages: varies depending on activity

Hours: varies depending on activity

Location: Fort Washington Avenue between 168th and 169th Streets

Telephone: 212-923-1803; gymnastics program 212-721-3256

WASHINGTON HEIGHTS

Dyckman Community Center, Inc. – after-school program with tutoring, arts and drafts, dance class; summer day camp; young adult evening program with exercise classes, pool tables, and trips to Madison Square Garden and plays

Cost: free

Ages: after-school program 6-12; young adult program 13-20

Hours: after-school program 2:00p.m.-6:00p.m.; young adult program 7:00p.m. - 10:00p.m.

Location: 3782 10th Avenue

Telephone: 212-567-8782

Fresh Youth Initiatives –community service activities for children and adolescents to help better their environment

Cost: free

Ages: 10-18

Hours: Monday through Friday 4:00p.m.-6:00p.m.; occasional Saturdays

Location: 280 Fort Washington Avenue #5

Telephone: 212-781-1113

Highbridge Recreation Center – basketball, aerobics, weight lifting, and other activities

Cost: varies depending on activity

Ages: varies depending on activity

Hours: Monday through Saturday 3:00p.m.-10:00p.m.

Location: 173rd Street at Amsterdam Avenue

IS 218 –Children’s Aid Society – After school program that offers classes in dance & art, basketball, softball, track, tutoring, and game rooms.

Cost: free

Ages: 10-14 y/o

Hours: Mon. to Fri. from 3-6pm

Location: 4600 Broadway (196th St.)

Telephone: 212-568-2880

JHS 143 – La Plaza Community Center – After school program that offers classes in folkloric dance, tropical dance, modern dance & children’s dance; classes in theatre/acting, filming, computer, art, tea-kwon-do, basketball, and mask designing.

Cost: Free

Ages: 6-14 years old

CENTRAL PARK

Playgrounds in Central Park:

Westside

110th Street and Lenox Ave.

W. 100th Street

W. 96th Street

W. 86th Street

W. 81st Street

W. 77th Street

W. 67th Street

Eastside

E. 108th Street

E. 100th Street

E. 96th Street

E. 85th Street

E. 79th Street

E. 77th Street

E. 72nd Street

Information on park events:

Citywide Park Events Hotline – 888-NY-PARKS

Urban Rangers Hotline – 800-201-PARK

CENTRAL PARK

The information centers are located at the Dairy, Belvedere Castle, North Meadow, and the Dana Discovery Center, and have maps and schedules in English and Spanish. Most park activities are free.

Attractions in Central Park:

Central Park Zoo – 65th Street east. See penguins, polar bears, and the new children's zoo. (Adults \$3.50, children \$.50, children <3 free)

The Carousel - 65th Street, midpark. Only \$.90!

Conservatory Garden – 105th Street, east. A quiet place to wander around

Dana Discovery Center – 110th Street, east. Fishing, arts, projects, science demonstrations and more
212-860-1370

Kerbs Conservatory Water Sailboats – 74th Street, east.
You can watch the others, or rent one yourself

Hans Christian Anderson Statue – 74th Street, east.
Storytellers Saturdays at 11:00a.m.

Alice in Wonderland Statue – 74th Street, east. A great statue to climb on!

North Meadow Recreation Center – 97th Street, midpark
212-348-4867

Belvedere Castle – 79th Street, midpark.
212-772-0210

The Dairy – 65th Street, midpark.
212-794-6564

Boat House – 72nd Street, east side. Rent rowboats next to the restaurant

WASHINGTON HEIGHTS

CONTINUED FROM P.14

Hours: Monday-Thursday from 3-7pm; Fridays from 3-5pm

Location: 515 W. 182nd St. **Telephone:** 212-928-4992

JHS 164 – EHCCI/ El Faro Beacon – After school program that offers tutoring, homework help, martial arts classes, art, computers, & basketball. Also offers school trips and summer program.

Cost: Free

Ages: 5-12 years old

Hours: Monday to Friday from 3-6pm

Location: 410 W. 164th St. **Telephone:** 212-927-7251

HAMILTON HEIGHTS

Hansborough Recreational Center – indoor pool, fitness room, basketball, after-school program, chess club, indoor track, volleyball, karate, African dance and aerobic classes

Cost: varies depending on activity

Ages: varies depending on activity

Hours: Monday through Friday 9:00a.m.-9:30p.m.; Saturday 10:00a.m.-5:00p.m.

Location: 35 W. 134th Street between 5th and Lenox Avenues

Telephone: 212-234-9603

PS 194 – Countee Cullen Community Center – A children's development program that offers homework help, recreational sports, music & dance programs, martial arts & computer classes, social activities, summer camp, mental health & pregnancy prevention counseling, cultural enrichment and much more.

Cost: Free

Ages: 5-21 years old

Hours: Monday to Saturday from 9am-9pm

Location: 242 W. 144th St. **Telephone:** 212-866-5579

HAMILTON HEIGHTS

Lt. Joseph P. Kennedy Junior Memorial Community Center – teen center, basketball, summer camp

Cost: call for registration fees

Ages: basketball ages 6-13; teen center ages 14-19; summer camp ages 6-13

Hours: basketball on Saturdays; teen center Monday through Thursday 6:00p.m.-9:00p.m.

Location: 34 W. 134th Street between 5th and Lenox Avenues

Telephone: 212-862-6401

New center opening in Washington Heights in 2000 – call above number for information

YMCA – pool, youth services, fitness programs

Cost: varies depending on activity

Ages: varies depending on activity

Hours: 6:00a.m.-9:30p.m. daily

Location: 180 W. 135th Street between Lenox and 7th Avenues

Telephone: 212-281-4100

HARLEM

Thomas Jefferson Recreational Center – swimming, weight room, boxing, karate, fencing, pool tables, aerobics, art classes, and homework assistance

Cost: free

Ages: 6 and over

Hours: Monday through Friday 10a.m.-9:30p.m.; Saturday 9a.m.-3:30p.m.

Location: 2180 1st Avenue at 112th Street

Telephone: 212-860-1383

YWCA of New York City – recreation and fitness activities

Cost: varies depending on activity

Ages: varies depending on activity

Hours: Monday through Friday 9:00a.m.-6:00p.m.; closed weekends

Location: 154 W. 127th St. betw. Lenox Ave. & Adam Clayton Powell Jr. Blvd.

Telephone: 212-866-3706

BROOKLYN

Brooklyn Botanical Garden

Cost: Adults \$3; children <16 free; free October-March 24th

Ages: appropriate for children of all ages

Hours: April-September Tuesday through Friday 8:00a.m.-6:00p.m.;
Weekends and holidays 10:00a.m.-6:00p.m.; October through
March Tuesday through Friday 8:00a.m.-4:30p.m.

Location: 900 Washington Avenue

How to get there: take the 2 or 3 through Easton Parkway; the 4 or 5 to Franklin Avenue; the D or Q to Prospect Park; or by bus take the B41, B47, B48 or B71.

Telephone: 718-623-7200

BROOKLYN

Brooklyn Children's Museum – the world's first museum just for

Kids, with a rooftop amphitheatre, a greenhouse, and science and computer labs. All exhibits are hands-on.

Cost: \$3 per person (suggested)

Ages: appropriate for children of all ages

Hours: Wednesday through Friday 2:00p.m.-5:00p.m. and

Weekends 10:00a.m.-5:00p.m.; closed Monday and Tuesday

Location: 145 Brooklyn Avenue at St. Marks Avenue

How to get there: take the A train to Nostrand Avenue

and walk south to 145 Brooklyn Avenue at St. Marks Avenue.

Telephone: 718-735-4400

Prospect Park – features the Wildlife Center, Carousel, and the Lefferts Homestead. There are paddle boat rentals on the weekends, horseback rides at Kens Stable, and weekend paddle boat rentals and trolley rides around the park

Cost: entrance to the park is free; the zoo is \$2.50 for adults and \$.50 for children

Ages: appropriate for children of all ages

How to get there: take the D to Prospect Park or the A to Franklin Avenue. Transfer to the S and get off at Prospect Park.

Telephone: 718-788-0055; Carousel 718-230-7637;

Kens Stable 718-972-4588; trolley rides 718-965-6512

New York Aquarium – dolphins, sharks, whales, seals, walruses, otters, etc. There is a sea cliffs exhibit, as well as a Discovery Cove for kids.

Cost: Adults \$8.50; children \$4.50

Ages: appropriate for children of all ages

How to get there: take the D or F to West 8th/New York Aquarium.

Telephone: 212-265-FISH

CITYWIDE

?? Other Activities

City Parks Youth Tennis – tennis lessons for children and adolescents

Cost: call for further information

Ages: 6-16

Location: various parks throughout the city

Telephone: 718-699-4200

Flag Football League – an introduction to football for children age 12 & under. The best from each borough will compete in a citywide championship in November.

Cost: Free

When: Starts Sept. 15

Email: www.nyc.gov/parks

Telephone: 212-360-8211

Learn to Play Soccer – free instructional clinics throughout the city.

Cost: Free

When: Starts Sept. 22

Email: www.nyc.gov/parks

Telephone: 212-360-8211

Learn to Swim Program – City Parks Foundation; various sites

Cost: Free instructions

When: Year-round; July, Oct., Feb.

Ages: 3-5 & 6-14

Email: www.cityparksfoundation.org

Telephone: 718-699-4219

Manhattan Urban Park Rangers – educational programs on:

Urban Animals: Central Park, 3rd thru 6th grade

Forest Ecology: Central Park, 3rd thru 6th grade

Native American Pathways: Inwood Hill Park, 3rd thru 6th grade

Speaker in the Classroom: Inwood Hill Park, 3rd thru 6th grade

Nature Detectives: Inwood Hill Park, 3rd thru 12th grade

The Living Forest: Inwood Hill Park, Central Park, April-November, 3rd thru 12th grade

Pond Ecology: Central Park, April-October, 4th thru 6th grade

CITYWIDE

CONTINUED FROM P.17:

Cost: Free

Email: www.nyc.gov/parks

Telephone: 212-360-1406; Central Park programs 212-628-2345; Inwood Hill programs 212-304-2365

Mobile Recreation – thru NYC parks. Available upon request for events:

1. Skatemobile: in-line skates
2. Playmobile: arts/crafts/games
3. Sportsmobile: games/sports equipment

Cost: Free

When: Year-round, weekends only Sept. 8 to Oct. 27

Email: www.nycparks.gov **Telephone:** 212-408-0243

NYC Parks Sports Field Permits – Re: Ball field Permits

Location: Arsenal West – 6th Floor, 16 W. 61st St., NY, NY 10023

Email: www.nyc.gov/parks (can get application on-line)

Telephone: Steven Reinhard @ 212-408-0209

Winter Festival – recreation day & program in city parks

Email: www.cityparksfoundation.org

Telephone: 212-360-8211

Visiting your local firehouse – see the gigantic fire engines up close, Tours of the firehouse and engines

Cost: free

Ages: appropriate for children of all ages when accompanied by an adult

Hours: at the discretion of each firehouse

Telephone: call 718-999-2343 from 9a.m.-5p.m. Monday - Friday for specific locations and telephone numbers of individual Firehouses to arrange a tour.

THE BRONX

Bronx Zoo – biggest urban zoo in America, with a great children's zoo

Cost: Adults \$7.75; children \$4; children under two are free

Free on Wednesdays (Children's zoo has separate fee)

Ages: all ages

Hours: varies depending on the season; call for further information

How to get there: By subway, take the 2 or 5 to Pelham Parkway and walk west. By bus, take the Bx19 on 145th Street to the Southern Boulevard entrance to the zoo. You may also take the A train to 207th Street or the D train to Fordham Road, then transfer to the Bx12 bus east to Fordham Road and Southern Boulevard and walk east to the zoo entrance.

Telephone: 718-367-1010

New York Botanical Garden – many species of plants, flowers, and trees.

There are always special exhibits, and a new children's adventure garden.

Cost: Adults \$3; children 2-12 \$1. Free on Wednesdays and Saturday mornings. Free walking tours in the summer.

Ages: all ages

Hours: varies depending on the season; call for further information

How to get there: by subway, take the D or 4 train to Bedford Park Boulevard, and walk east to the garden entrance. By train, take the Metro North Harlem Line to the Botanical Garden stop. By bus, take the Bx19 bus east on 145th Street to the garden entrance.

Telephone: 718-817-8700

Wave Hill – public garden and cultural center in Riverdale, with dance concerts, a family arts center, and the Kerlin Learning Center.

Cost: Adults \$4; children \$2; children <6 are free. November through March there is no charge. Tuesday and Saturday mornings are free in the summer.

Age: all ages

Hours: varies depending on the season

Location: W. 249th Street and Independence Avenue, Riverdale

How to get there: by subway take the 1 or 9 train to 231st Street; transfer to the Bx7 or Bx10 bus and take to 252nd Street. Walk across the parkway bridge and turn left on 249th Street, then right and walk towards the park gate.

Telephone: 718-549-3200