RESOURCE MANUAL

AFTER SCHOOL PROGRAMS

I.S. 143 (Beacon Program – La Plaza / Alianza Dominicana, Inc.)
515 W. 182nd St. New York, NY 10033
(212) 928-4992 Contact: Sebastian

I.S. 218 (Salome Urena School – Children’s Aid Society)
4600 Broadway New York, NY 10040
(212) 567-2322 or (212) 569-2880 Contact: Neomi Smith

CHILDCARE

Agency for Child Development (Citywide Application of Enrollment)
109 E. 16th St. New York, NY
(212) 835-7715 or 7716 Fax (212) 835-1618

Asociaciones Dominicanos Daycare Center
510 W. 145th St. New York, NY 10031
(690) 329-3290

Early Intervention Services
(800) 577-2229

Familia Unida Daycare
2340 Amsterdam Avenue, (between 176th & 177th St.)
(212) 795-5872 Contact: Felix Arias

Fort George Community Enrichment Center
1525 St. Nicholas Avenue, New York, N.Y. 10033
(Corner of 186th St.)
(212) 927-2210 Contact: Awilda Fernandez

• Child care
• Head Start
• WEP

Rena Day Care Center
639 Edgecombe Avenue, New York, NY 10032
(Corner of 166th Street)
212-795-4444
DOMESTIC VIOLENCE SERVICES

D. O. V. E. Program
(212) 305-9060    Fax (212) 305-6196    Alma Withim

Northern Manhattan Improvement Corporation
76 Wadsworth Ave. (between 176 & 177 St.)
(212) 822-8300    Fax (212) 740-9646    Maria Lizardo
Sarah Crawford Banda
Ruby Barrueco
Dulce Olivares

Nuevo Amanecer – Centro del Desarrollo de la Mujer Dominicana
359 Ft. Washington Avenue, #1G    New York, NY  10033
(212) 568-6616    Fax (212) 740-8352    Mireya Cruz
Jocelin Minaya
Vilma Ramirez

Project Faith
(212) 543-1038    Fax (212) 795-9645    Iris Burgos

DRUG & ALCOHOL ABUSE SERVICES

CREO: Center for Rehabilitation, Education and Orientation. Alianza, Inc.
2410 Amsterdam Avenue, 4th    New York, NY 10033
(212) 740-1960    Fax (212) 740-1967    Lillian Martinez

• Drug abuse prevention
• Drug treatment and rehabilitation
• Acupuncture
• Urinalysis
• Nutrition
• Case Management
• Child Care

Inwood Community Service, Inc.
Outpatient Alcoholism Program
651 Academy Street    New York, NY 10034
(212) 942-0043    Fax (212) 567-9476

• Alcoholism Clinic

DRUG TREATMENT

Harlem Hospital Center M.N.T.P. 2
600 West 168th St.    New York, NY 10032
(212) 923-4132
• Outpatient
• Methadone
• Maintenance

**Harlem Hospital Center, M.N.T.P. 3**
500 West 180th St. New York, NY 10033
(212) 923-4338

• Outpatient
• Methadone
• Maintenance

**EDUCATION: ESL PROGRAMS**

**ABC Adult Services P.S. 28**
475 West 155th St. New York, NY 10032
(212) 234-6919 Fax (212) 234-6051

• ESL Classes

**CERC Center, P.S. 173**
306 Ft. Washington Ave. New York, NY 10033
(212) 927-7854

• ESL Classes
• ABE/GED
• Youth Recreation
• Martial Arts
• Citizenship Classes
• After School tutoring
• Chess
• Folk Dance
• Basketball
• Volleyball

**Dominican Women’s Development Center**
251 Ft. Washington Avenue, #1 N.Y., N.Y. 10032
(212) 740-1929 Fax (212) 740-8352 Carmen Medina, Renee, or Lidia

• Information and referral
• Peer Counseling
• Child Care while students attend classes
• ESL classes
• GED Courses
• Spanish Literacy
• Computer Courses (Introduction)
George Washington High School  
Evening Weekend Family Program  
549 Audubon Ave.  N.Y., N.Y.  10040  
(212) 927-1962  Fax (212) 923-4974

- ESL  
- GED  
- Citizenship classes  
- Aerobics  
- Word Processing, Dbase, Lotus  
- Day care while parent in class  
- Gymnastic  
- Fitness & Weight Training  
- Basketball

H.S. 911 Program for Pregnant Teens & Parenting Services  
(212) 427-1413  Fax (212) 348-7031  Susan Rosky

Inwood Community Service, Inc.  
Educational Programs  
651 Academy Street  N.Y., N.Y.  10034  
(212) 942-0043  Fax (212) 567-9476

- ESL

I.S. 90  
21 Jumel Place (Corner of 168th St. & Jumel Place) New York, NY  
(212) 740-3706

- ESL  
- GED

La Plaza  
I.S. 143  
(212) 928-4992  Attn: Sebastian  
Continuing Education: Jose Durant

- Citizenship Classes  
- GED  
- ESL

Mid-Manhattan Adults Learning Center  
212 W. 120th St. (between Adam Clayton Powell Blvd. & St. Nicholas Ave.), New York, NY  
(212) 666-1919 or 1920 or 1921

- Training for Child Care provider / Elderly Care

PS 5 – Children’s Aid Society
Parenting Classes
For Parents & Future (Para Padres)
(212) 567-5787    Nahadis Cruz

School District 6
4360 Broadway, NY, NY 10033
(212) 795-4111

FAMILY SERVICES

ACDP
3940 Broadway, 2nd Fl. NY, NY 10033
(212) 781-5500    Contact: Victor Morisette

Alianza Family Center
179th Street & Ft. Washington Ave., NY, NY 10033
(212) 795-4226    Attn: Jacqueline Victoria

- Stress Management Corp. for newcomers
- Children & Special Ed- Counseling for their parents

Community League of West 159th Street
508 W. 159th St. New York, NY 10032
(212) 781-8210

Dominican/Latino Family Assistance Program,
Alianza Dominicana, Inc.
2340 Amsterdam Ave. N.Y., N.Y. 10033
(212) 927-6810    Lillian Martinez

- Entitlement assistance
- Advocacy
- Nutrition
- Health Education
- Mediation
- Special community events
- Food co-op
- Parenting skills classes

Dominican Women Development Center
(212) 994-6060    Contact: Rosita Romero

Health Department
(212) 280-9255

People Care
500 West 35th St., 8th Floor
(212) 631-7319
Project Basement
NY Foundling
(212) 862-3997/or 8
Gwendolyn Wright

72 Hour Respite
• Foundling
• Hale House

FOOD PROGRAMS

Food and Hunger Hotline (Citywide)
(212) 533-6100

Food Pantry (Community-wide)
4111 Broadway  N.Y., N.Y.
(212) 781-8323
(718) 523-2220
(718) 498-9208

Food Pantry – Iglesia de Dios
362 Audubon Avenue
(212) 781-7306

Nutrition
Cornell Cooperative Extension
(212) 932-0880  Attn: Phyllis Pottinger

(Primera) 1ra Iglesia Cristiana Pentecostal
Luz desde el calvario
619 W. 179th St., NY, NY
(212) 928-5669

GOVERNMENT

33rd Precinct
2120 Amsterdam Avenue  New York, NY  10032
Main # (212) 927-3200
(212) 927-3892  Officer Lopez

34th Precinct
4295 Broadway  N.Y., N.Y.  10033
Main # (212) 927-9711
(212) 927-0827  (212) 927-0406- Fax  Public Affairs: Officer William Hughes & Officer Trinidad

Community Board #12, Manhattan
711 West 168th St.  N.Y., N.Y.  10032
(212) 568-8500  (212) 740-8197- Fax  Contact: Gregoria Feliciano
Fire Dept., Engine 93 Ladder 43
515 West 181st St. N.Y. NY 10033
(212) 628-2900 Fax

Human Resources Administration- HRA
250 Church Street N.Y. N.Y 10013
(212) 274-5400 (212) 274-3218

Manhattan Borough President
1 Centre Street N.Y. N.Y. 10007
(212) 669-8300

Post Office, Washington Heights Bridge Station
559 West 180th St. N.Y. N.Y. 10033

GOVERNMENT: FEDERAL REPRESENTATIVE

US Congressman Charles Rangel
601 West 181st St. N.Y., N.Y. 10033
(212) 927-5333 (212) 781-6655

GOVERNMENT: NY STATE LEGISLATURE

State Assemblyman Herman D. Farrell
2541-55 Seventh Ave., N.Y., N.Y. 10039
(212) 234-1430 (212) 234-1868

State Assemblyman Adriano Espaillat
210 Sherman Avenue, Suite A N.Y., N.Y. 10034
(212) 544-2278 or 2862 Fax (212) 544-2252 Contact: Nelson Castro

• Housing
• Immigration
• General Complaints

State Senator David A. Paterson – 29th District
656 West 181st St. N.Y., N.Y. 10027
(212) 870-8500 (212) 678-0001

State Senator Eric Schneiderman – 28th District
1841 Broadway, Rm. 608, N.Y., N.Y 10023
(212) 397-5913 Fax (212) 397-3201

State Senator Olga Mendez – 30th District
656 W. 181st St. N.Y., N.Y. 10033
(212) 740-5746 (212) 740-5839
GOVERNMENT: NYC ELECTED OFFICIALS

City Councilman Miguel Martinez
601 West 174 Street, Suite 1A  New York, NY  10033
(917) 531-8741

• Advocacy
• Counseling
• Information/Referrals
• Legal Counseling on Thursday from 5-7 p.m.

City Councilman Robert Jackson
656 West 181st St.  N.Y., N.Y.  10033
(212) 928-1322  (212) 740-5839

• Housing services
• Governmental issues

HEALTH: AIDS PROGRAMS

AIDSRap, Alianza Dominicana, Inc.
2340 Amsterdam Ave.  N.Y., N.Y.  10033
(212) 928-6810

• Counseling
• Training
• Referral
• Outreach
• Distribution of materials
• Education/theatrical presentation

Hope
2340 Amsterdam Avenue,  NY, NY  10033
(212) 927-6810  Contact: Wanda Puello

Northern Manhattan Improvement Corporation
Lead Program
(212) 822-8359

HEALTH: MENTAL HEALTH

ACDP
3940 Broadway,  NY, NY  10033
(212) 781-5500  Contact: Victor Morisette

Alianza Dominicana, Inc.
Mental Health Family Center
715 West 179th St.  NY, NY  10033
• Preventive mental health services
• Psycho-educational services
• Development of family services
• Support and advocacy for groups

Catholic Charities
625 West 187th St. NY, NY 10033
(212) 795-6860

Inwood Community Service Inc. – Get Centered Mental Health Clinic
651 Academy Street NY, NY 10031
(212) 942-0043 (212) 567-9476 Fax Attn: Charles Corliss

• Provide immediate services visit any, Thursday at 4:00 pm
• Outpatient Counseling

Mobile Crisis Unit
(212) 740-7287 or 7289

HEALTH SERVICES: CLINICS

Ambulatory Care Network Corporation
ANC Dental Clinic – 4781/83 Broadway, NY, NY 10034
(212) 567-8561 Fax (212) 569-0780

Community League
1996 Amsterdam Ave. NY, NY 10033
(212) 781-7979 (212) 781-7863 Fax Attn: Lois McCartney, Martha Febez

Maternal and Infant Health
1727 Amsterdam Ave. 3rd Fl. (corner 145th St)
(212) 368-9600 (212) 368-9617 Fax Attn: Ruth Harris, Leonila Villegas Olga Anderson

• Pregnancy Testing
• Family Planning

NYC Department of Health-Sexually Transmitted Diseases Control Clinics
600 West 168th Street NY, NY 10032
(212) 865-7751& (212) 304-5427

• Clinical examination
• Treatment for STD
• HIV testing
• Counseling
• Patient referrals

**NYC Dept. of Health – Chest Clinics**
600 West 168th ST. NY, NY 10032
(212) 304-5427 Fax

• Skin tests
• X-rays
• Treatment of patients

**NYC Health Clinic**
(212) 305-5408

**HOUSING**

**Northern Manhattan Improvement Corp.**
76 Wadsworth Ave. NY, NY 10033
(212) 568-9166 (212) 942-6946 Fax Attn: Barbara Lowry

• Housing Legal Services
• Housing Development
• Homeless Services
• Technical Assistance
• Tenant Organizing

**Washington Heights Inwood Coalition**
652 West 187th St. NY, NY 10033
(212) 781-6722 (212) 740-8509 Attn: John Swager

• Information
• Advocacy
• Housing workshops
• Tenant organizing

**IMMIGRATION SERVICES**

**Northern Manhattan Coalition for Immigrants Rights**
2 Bennett Avenue, 2nd Fl. NY, NY 10033
(212) 781-0355 (212) 781-0943 Fax Attn: Mayra Rios (ext. 301)

• Immigration
• Citizenship Classes
• ESL classes
• Relatives Petitions
• Citizenship Applications
• Legal Translations
INCOME SUPPORT PROGRAMS

Dyckman Center – 35
4660 Broadway       NY, NY 10040
(212) 569-9626        Fax         Attn: Mr.

LEGAL SERVICES

Harlem Legal Services
55 W. 125th St., 10th Fl.,       NY, NY 10027
(212) 348-7449        Fax

- Landlord/Tenant
- Social Security
- SSI
- Government Benefits

Legal Aid Society: Harlem Office
2090 Adam Clayton Powell, Jr. NYC 10027
(212) 663-3293

- All civil cases
- Housing
- Family
- Government Benefits
- Public Assistance
- Discrimination
- Health
- Employment
- Unemployment
- Social Security
- Consumer
- Labor
- General civil cases
- Debt collection
- Education

Northern Manhattan Improvement Corp.
76 Wadsworth Ave., 4th Fl.   NY, NY 10033
(212) 568-9166       (212) 740-9646- Fax         Attn: Maria Lizardo

- Free housing legal assistance
- Housing Court litigation for tenants & tenants Assoc.
- Eviction prevention
- Appeals and Supreme Court cases concerning homelessness and evictions
- Welfare advocacy
- FEMA
Community Law Offices for Legal Aid Society
105 E. 106th St., NY, NY 10029
(212) 722-2000

MEDIATION SERVICES

Washington Heights Inwood Coalition
652 West 187th St., NY, NY 10033
(212) 781-6722 (212) 740-8509- Fax Attn: Marie Grauteroux

• Disputes Landlord/Tenant/Super
• Neighbor/Neighbor
• Youth/Youth
• Student/Teacher
• Merchant/Customer
• Small Claims Complaints
• Employer/Employee
• Conflicts within Groups
• Harassment
• Petite Larceny
• Minor Assaults
• Noise-related Disputes
• Vandalism
• Mediation

MULTIPLE SERVICE CENTERS

Alianza Dominicana, Inc. (All the Different Programs)
2410 Amsterdam Ave., NY, NY 10033
(212) 740-1960 (212) 740-1967 Attn: Lillian Martinez

• Youth Program
• Vocational Training
• Summer Youth Employment
• Drug Abuse Prevention
• Drug Treatment & Rehabilitation, Acupuncture, and Urinalysis
• Case Management
• Child Care / Training & Supervision of Family daycare
• Educational: GED, ESL, Parenting, After School Program
• Mental Health

ACDP Community Association of Progressive Dominicans High Bridge Park
2301 Amsterdam Ave, NY, NY 10032
(212) 740-3866 (212) 740-1119 Attn: Victor Morisette

• ESL Classes
• GED
• Import & Export Training
• Mental Health
Youth Services:
• Arts & Culture
• After School Program for youth

**HACER/Parents in Action**
611 West 177th St. NY, NY 10033
(212) 927-2800 (212) 927-8548 Fax 
Contact: Violeta

• Day Care
• Employment Training
• Technical Assistance
• Case Management

**Inwood Community Service, Inc.**
651 Academy St. NY, NY 10034
(212) 942-0043 Fax (212) 567-9476 
Contact: Charles Corliss

• Alcoholism Services
• ESL classes
• Drug Treatment
• Employment (Teen)
• Outpatient Alcoholism Service
• Summer Day Camp
• Tutoring

**New York Urban League**
204 W. 136th St. New York, NY 10030
(212) 926-8000 Fax (212) 283-4948 
Contact: Frank Stewart

• Central Harlem HIV Care Network
• The Living Consortium
• Family Redirection
• Seniors in Community Service
• STRIVE Program

**Northern Manhattan Perinatal Partnership**
127 W. 127th St. New York, NY 10027
(212) 665-2600 Fax (212) 665-1842

• Multiple Service Agency
• Outreach for Child Health Plus
• Other Social Services

**RENA COA Multi-Service Center**
1920 Amsterdam Avenue New York, NY 10032
(155th Street)
- Tutoring
- After School Program
- Case Management
- Senior Services
- Youth Sports
- Recreational Activities
- Teen Pregnancy Prevention
- Male Responsibility Program
- Summer Environmental Camp

**Washington Heights Inwood Coalition**
652 West 187th St. NY, NY 10033
(212) 781-6722 Fax (212) 740-8509

- Mediation
- Child Abuse Prevention
- Housing
- Youth Services

**SENIOR CENTERS**

**Dyckman Senior Center**
3754 Tenth Avenue NY, NY 10034
(212) 569-7790 Fax

- Daily meals
- Poetry class
- Choral club
- Beading
- Haircuts
- Blood pressure screening
- Arts & crafts

**Ft. Washington House Senior Center**
99 Ft. Washington Ave. NY, NY 10032
(212) 927-5600 (212) 927-5612

- Daily meals
- Entitlement Applications
- ESL classes
- Nutrition
- Billiards
- Dominos
- Thrift shop
- Piano
• Beautician
• Yoga
• Arts/Crafts