

RESOURCE MANUAL

AFTER SCHOOL PROGRAMS

I.S. 143 (Beacon Program – La Plaza / Alianza Dominicana, Inc.)

515 W. 182nd St. New York, NY 10033
(212) 928-4992 Contact: Sebastian

I.S. 218 (Salome Urena School – Children’s Aid Society)

4600 Broadway New York, NY 10040
(212) 567-2322 or (212) 569-2880 Contact: Neomi Smith

CHILDCARE

Agency for Child Development (Citywide Application of Enrollment)

109 E. 16th St. New York, NY
(212) 835-7715 or 7716 Fax (212) 835-1618

Asociaciones Dominicanos Daycare Center

510 W. 145th St. New York, NY 10031
(690) 329-3290

Early Intervention Services

(800) 577-2229

Familia Unida Daycare

2340 Amsterdam Avenue, (between 176th & 177th St.)
(212) 795-5872 Contact: Felix Arias

Fort George Community Enrichment Center

1525 St. Nicholas Avenue, New York, N.Y. 10033
(Corner of 186th St.)
(212) 927-2210 Contact: Awilda Fernandez

- Child care
- Head Start
- WEP

Rena Day Care Center

639 Edgecombe Avenue, New York, NY 10032
(Corner of 166th Street)
212-795-4444

DOMESTIC VIOLENCE SERVICES

D. O. V. E. Program

(212) 305-9060 Fax (212) 305-6196 Alma Withim

Northern Manhattan Improvement Corporation

76 Wadsworth Ave. (between 176 & 177 St.)

(212) 822-8300 Fax (212) 740-9646 Maria Lizardo
Sarah Crawford Banda
Ruby Barrueco
Dulce Olivares

Nuevo Amanecer – Centro del Desarrollo de la Mujer Dominicana

359 Ft. Washington Avenue, #1G New York, NY 10033

(212) 568-6616 Fax (212) 740-8352 Mireya Cruz
Jocelin Minaya
Vilma Ramirez

Project Faith

(212) 543-1038 Fax (212) 795-9645 Iris Burgos

DRUG & ALCOHOL ABUSE SERVICES

CREO: Center for Rehabilitation, Education and Orientation. Alianza, Inc.

2410 Amsterdam Avenue, 4th New York, NY 10033

(212) 740-1960 Fax (212) 740-1967 Lillian Martinez

- Drug abuse prevention
- Drug treatment and rehabilitation
- Acupuncture
- Urinalysis
- Nutrition
- Case Management
- Child Care

Inwood Community Service, Inc.

Outpatient Alcoholism Program

651 Academy Street New York, NY 10034

(212) 942-0043 Fax (212) 567-9476

- Alcoholism Clinic

DRUG TREATMENT

Harlem Hospital Center M.N.T.P. 2

600 West 168th St. New York, NY 10032

(212) 923-4132

- Outpatient
- Methadone
- Maintenance

Harlem Hospital Center, M.N.T.P. 3

500 West 180th St. New York, NY 10033
(212) 923-4338

- Outpatient
- Methadone
- Maintenance

EDUCATION: ESL PROGRAMS

ABC Adult Services P.S. 28

475 West 155th St. New York, NY 10032
(212) 234-6919 Fax (212) 234-6051

- ESL Classes

CERC Center, P.S. 173

306 Ft. Washington Ave. New York, NY 10033
(212) 927-7854

- ESL Classes
- ABE/GED
- Youth Recreation
- Martial Arts
- Citizenship Classes
- After School tutoring
- Chess
- Folk Dance
- Basketball
- Volleyball

Dominican Women's Development Center

251 Ft. Washington Avenue, #1 N.Y., N.Y. 10032
(212) 740-1929 Fax (212) 740-8352
Carmen Medina,
Renee, or Lidia

- Information and referral
- Peer Counseling
- Child Care while students attend classes
- ESL classes
- GED Courses
- Spanish Literacy
- Computer Courses (Introduction)

**George Washington High School
Evening Weekend Family Program**

549 Audubon Ave. N.Y., N.Y. 10040
(212) 927-1962 Fax (212) 923-4974

- ESL
- GED
- Citizenship classes
- Aerobics
- Word Processing, Dbase, Lotus
- Day care while parent in class
- Gymnastic
- Fitness & Weight Training
- Basketball

H.S. 911 Program for Pregnant Teens & Parenting Services

(212) 427-1413 Fax (212) 348-7031 Susan Rosky

Inwood Community Service, Inc.

Educational Programs

651 Academy Street N.Y., N.Y. 10034
(212) 942-0043 Fax (212) 567-9476

- ESL

I.S. 90

21 Jumel Place (Corner of 168th St. & Jumel Place) New York, NY
(212) 740-3706

- ESL
- GED

La Plaza

I.S. 143
(212) 928-4992

Attn: Sebastian
Continuing Education: Jose Durant

- Citizenship Classes
- GED
- ESL

Mid-Manhattan Adults Learning Center

212 W. 120th St. (between Adam Clayton Powell Blvd. & St. Nicholas Ave.), New York, NY
(212) 666-1919 or 1920 or 1921

- Training for Child Care provider / Elderly Care

PS 5 – Children’s Aid Society

Parenting Classes

For Parents & Future (Para Padres)

(212) 567-5787

Nahadis Cruz

School District 6

4360 Broadway, NY, NY 10033

(212) 795-4111

FAMILY SERVICES

ACDP

3940 Broadway, 2nd Fl. NY, NY 10033

(212) 781-5500

Contact: Victor Morisette

Alianza Family Center

179th Street & Ft. Washington Ave., NY, NY 10033

(212) 795-4226

Attn: Jacqueline Victoria

- Stress Management Corp. for newcomers
- Children & Special Ed- Counseling for their parents

Community League of West 159th Street

508 W. 159th St. New York, NY 10032

(212) 781-8210

Dominican/Latino Family Assistance Program,

Alianza Dominicana, Inc.

2340 Amsterdam Ave. N.Y., N.Y. 10033

(212) 927-6810

Lillian Martinez

- Entitlement assistance
- Advocacy
- Nutrition
- Health Education
- Mediation
- Special community events
- Food co-op
- Parenting skills classes

Dominican Women Development Center

(212) 994-6060

Contact: Rosita Romero

Health Department

(212) 280-9255

People Care

500 West 35th St., 8th Floor

(212) 631-7319

Project Basement

NY Foundling
(212) 862-3997/or 8

Gwendolyn Wright

72 Hour Respite

- Foundling
- Hale House

FOOD PROGRAMS

Food and Hunger Hotline (Citywide)

(212) 533-6100

Food Pantry (Community-wide)

4111 Broadway N.Y., N.Y.
(212) 781-8323
(718) 523-2220
(718) 498-9208

Food Pantry – Iglesia de Dios

362 Audubon Avenue
(212) 781-7306

Nutrition

Cornell Cooperative Extension
(212) 932-0880

Attn: Phyllis Pottinger

(Primera) Ira Iglesia Cristiana Pentecostal

Luz desde el calvario
619 W. 179th St., NY, NY
(212) 928-5669

GOVERNMENT

33rd Precinct

2120 Amsterdam Avenue New York, NY 10032
Main # (212) 927-3200
(212) 927-3892

Officer Lopez

34th Precinct

4295 Broadway N.Y., N.Y. 10033
Main # (212) 927-9711
(212) 927-0827 (212) 927-0406- Fax

Public Affairs: Officer William Hughes &
Officer Trinidad

Community Board #12, Manhattan

711 West 168th St. N.Y., N.Y. 10032
(212) 568-8500 (212) 740-8197- Fax

Contact: Gregoria Feliciano

Fire Dept., Engine 93 Ladder 43

515 West 181st St. N.Y. NY 10033
(212) 628-2900 Fax

Human Resources Administration- HRA

250 Church Street N.Y. N.Y. 10013
(212) 274-5400 (212) 274-3218

Manhattan Borough President

1 Centre Street N.Y. N.Y. 10007
(212) 669-8300

Post Office, Washington Heights Bridge Station

559 West 180th St. N.Y. N.Y. 10033

GOVERNMENT: FEDERAL REPRESENTATIVE

US Congressman Charles Rangel

601 West 181st St. N.Y., N.Y. 10033
(212) 927-5333 (212) 781-6655

GOVERNMENT: NY STATE LEGISLATURE

State Assemblyman Herman D. Farrell

2541-55 Seventh Ave., N.Y., N.Y. 10039
(212) 234-1430 (212) 234-1868

State Assemblyman Adriano Espaillat

210 Sherman Avenue, Suite A N.Y., N.Y. 10034
(212) 544-2278 or 2862 Fax (212) 544-2252

Contact: Nelson Castro

- Housing
- Immigration
- General Complaints

State Senator David A. Paterson – 29th District

656 West 181st St. N.Y., N.Y. 10027
(212) 870-8500 (212) 678-0001

State Senator Eric Schneiderman – 28th District

1841 Broadway, Rm. 608, N.Y., N.Y. 10023
(212) 397-5913 Fax (212) 397-3201

State Senator Olga Mendez – 30th District

656 W. 181st St. N.Y., N.Y. 10033
(212) 740-5746 (212) 740-5839

GOVERNMENT: NYC ELECTED OFFICIALS

City Councilman Miguel Martinez

601 West 174 Street, Suite 1A New York, NY 10033
(917) 531-8741

- Advocacy
- Counseling
- Information/Referrals
- Legal Counseling on Thursday from 5-7 p.m.

City Councilman Robert Jackson

656 West 181st St. N.Y., N.Y. 10033
(212) 928-1322 (212) 740-5839

- Housing services
- Governmental issues

HEALTH: AIDS PROGRAMS

AIDSRap, Alianza Dominicana, Inc.

2340 Amsterdam Ave. N.Y., N.Y. 10033
(212) 928-6810

- Counseling
- Training
- Referral
- Outreach
- Distribution of materials
- Education/theatrical presentation

Hope

2340 Amsterdam Avenue, NY, NY 10033
(212) 927-6810 Contact: Wanda Puello

Northern Manhattan Improvement Corporation

Lead Program

(212) 822-8359

HEALTH: MENTAL HEALTH

ACDP

3940 Broadway, NY, NY 10033
(212) 781-5500 Contact: Victor Morisette

Alianza Dominicana, Inc.

Mental Health Family Center

715 West 179th St. NY, NY 10033

(212) 795-4226 (212)-fax Contact: Jose Espinal

- Preventive mental health services
- Psycho-educational services
- Development of family services
- Support and advocacy for groups

Catholic Charities

625 West 187th St. NY, NY 10033
(212) 795-6860

**Inwood Community Service Inc. –
Get Centered Mental Health Clinic**

651 Academy Street NY, NY 10031
(212) 942-0043 (212) 567-9476 Fax Attn: Charles Corliss

- Provide immediate services visit any, Thursday at 4:00 pm
- Outpatient Counseling

Mobile Crisis Unit

(212) 740-7287 or 7289

HEALTH SERVICES: CLINICS

Ambulatory Care Network Corporation

ANC Dental Clinic – 4781/83 Broadway, NY, NY 10034
(212) 567-8561 Fax (212) 569-0780

Community League

1996 Amsterdam Ave. NY, NY 10033
(212) 781-7979 (212) 781-7863 Fax Attn: Lois McCartney,
Martha Febez

Maternal and Infant Health

1727 Amsterdam Ave. 3rd Fl. (corner 145th St)
(212) 368-9600 (212) 368-9617 Fax Attn: Ruth Harris,
Leonila Villegas
Olga Anderson

- Pregnancy Testing
- Family Planning

**NYC Department of Health-
Sexually Transmitted Diseases Control Clinics**

600 West 168th Street NY, NY 10032
(212) 865-7751& (212) 304-5427

- Clinical examination
- Treatment for STD
- HIV testing

- Counseling
- Patient referrals

NYC Dept. of Health –Chest Clinics

600 West 168th ST. NY, NY 10032
 (212) 304-5427 Fax

- Skin tests
- X-rays
- Treatment of patients

NYC Health Clinic

(212) 305-5408

HOUSING

Northern Manhattan Improvement Corp.

76 Wadsworth Ave. NY, NY 10033
 (212) 568-9166 (212) 942-6946 Fax Attn: Barbara Lowry

- Housing Legal Services
- Housing Development
- Homeless Services
- Technical Assistance
- Tenant Organizing

Washington Heights Inwood Coalition

652 West 187th St. NY, NY 10033
 (212) 781-6722 (212) 740-8509 Attn: John Swager

- Information
- Advocacy
- Housing workshops
- Tenant organizing

IMMIGRATION SERVICES

Northern Manhattan Coalition for Immigrants Rights

2 Bennett Avenue, 2nd Fl. NY, NY 10033
 (212) 781-0355 (212) 781- 0943 Fax Attn: Mayra Rios (ext. 301)

- Immigration
- Citizenship Classes
- ESL classes
- Relatives Petitions
- Citizenship Applications
- Legal Translations

INCOME SUPPORT PROGRAMS

Dyckman Center – 35

4660 Broadway NY, NY 10040
(212) 569-9626 Fax Attn: Mr.

LEGAL SERVICES

Harlem Legal Services

55 W. 125th St., 10th Fl., NY, NY 10027
(212) 348-7449 Fax

- Landlord/Tenant
- Social Security
- SSI
- Government Benefits

Legal Aid Society: Harlem Office

2090 Adam Clayton Powell, Jr. NYC 10027
(212) 663-3293

- All civil cases
- Housing
- Family
- Government Benefits
- Public Assistance
- Discrimination
- Health
- Employment
- Unemployment
- Social Security
- Consumer
- Labor
- General civil cases
- Debt collection
- Education

Northern Manhattan Improvement Corp.

76 Wadsworth Ave., 4th Fl. NY, NY 10033
(212) 568-9166 (212) 740-9646- Fax Attn: Maria Lizardo

- Free housing legal assistance
- Housing Court litigation for tenants & tenants Assoc.
- Eviction prevention
- Appeals and Supreme Court cases concerning homelessness and evictions
- Welfare advocacy
- FEMA

Community Law Offices for Legal Aid Society
105 E. 106th St., NY, NY 10029
(212) 722-2000

MEDIATION SERVICES

Washington Heights Inwood Coalition

652 West 187th St. NY, NY 10033
(212) 781-6722 (212) 740-8509- Fax

Attn: Marie Grauteroux

- Disputes Landlord/Tenant/Super
- Neighbor/ Neighbor
- Youth/Youth
- Student/Teacher
- Merchant/Customer
- Small Claims Complaints
- Employer/Employee
- Conflicts within Groups
- Harassment
- Petite Larceny
- Minor Assaults
- Noise-related Disputes
- Vandalism
- Mediation

MULTIPLE SERVICE CENTERS

Alianza Dominicana, Inc. (All the Different Programs)

2410 Amsterdam Ave., NY, NY 10033
(212) 740-1960 (212) 740-1967

Attn: Lillian Martinez

- Youth Program
- Vocational Training
- Summer Youth Employment
- Drug Abuse Prevention
- Drug Treatment & Rehabilitation, Acupuncture, and Urinalysis
- Case Management
- Child Care / Training & Supervision of Family daycare
- Educational: GED, ESL, Parenting, After School Program
- Mental Health

**ACDP Community Association of Progressive
Dominicans High Bridge Park**

2301 Amsterdam Ave NY, NY 10032
(212) 740-3866 (212) 740-1119

Attn: Victor Morisette

- ESL Classes
- GED

- Import & Export Training
 - Mental Health
- Youth Services:
- Arts & Culture
 - After School Program for youth

HACER/Parents in Action

611 West 177th St. NY, NY 10033
 (212) 927-2800 (212) 927-8548 Fax Contact: Violeta

- Day Care
- Employment Training
- Technical Assistance
- Case Management

Inwood Community Service, Inc.

651 Academy St. NY, NY 10034
 (212) 942-0043 Fax (212) 567-9476 Contact: Charles Corliss

- Alcoholism Services
- ESL classes
- Drug Treatment
- Employment (Teen)
- Outpatient Alcoholism Service
- Summer Day Camp
- Tutoring

New York Urban League

204 W. 136th St. New York, NY 10030
 (212) 926-8000 Fax (212) 283-4948 Contact: Frank Stewart

- Central Harlem HIV Care Network
- The Living Consortium
- Family Redirection
- Seniors in Community Service
- STRIVE Program

Northern Manhattan Perinatal Partnership

127 W. 127th St. New York, NY 10027
 (212) 665-2600 Fax (212) 665-1842

- Multiple Service Agency
- Outreach for Child Health Plus
- Other Social Services

RENA COA Multi-Service Center

1920 Amsterdam Avenue New York, NY 10032
 (155th Street)

(212) 368-3295 or 3296 Fax (212) 491-2793 Contact: Bill Lyons

- Tutoring
- After School Program
- Case Management
- Senior Services
- Youth Sports
- Recreational Activities
- Teen Pregnancy Prevention
- Male Responsibility Program
- Summer Environmental Camp

Washington Heights Inwood Coalition

652 West 187th St. NY, NY 10033
(212) 781-6722 Fax (212) 740-8509

- Mediation
- Child Abuse Prevention
- Housing
- Youth Services

SENIOR CENTERS

Dyckman Senior Center

3754 Tenth Avenue NY, NY 10034
(212) 569-7790 Fax

- Daily meals
- Poetry class
- Choral club
- Beading
- Haircuts
- Blood pressure screening
- Arts & crafts

Ft. Washington House Senior Center

99 Ft. Washington Ave. NY, NY 10032
(212) 927-5600 (212) 927-5612

- Daily meals
- Entitlement Applications
- ESL classes
- Nutrition
- Billiards
- Dominoes
- Thrift shop
- Piano

- Beautician
- Yoga
- Arts/Crafts