

Why did I choose Community Pediatrics at Columbia?

Michael Goldman, Class of 2013

“For me, the CP track has served as a valuable source of mentorship and support by both faculty and peers throughout my residency training. Our meetings, book clubs, dinners and activities continue to remind me that the best pediatricians connect with their patients by first connecting with the issues that influence health outcomes in the communities they serve. But awareness is not the end goal, rather we aim to cultivate and support each others' diverse projects that attempt to match the needs of the families we work with. This collaboration and discourse is incredibly motivating.”

Elaine Lin, Class of 2013

“Being part of the Community Pediatrics track has allowed me to meet so many amazing and inspiring people - the faculty mentors, my co-residents, the community partners and leaders as well as the families and children we serve. The meetings are a venue for us to talk about different social issues, share interests and give each other ideas for projects and career plans. It's just so nice to have a group of like-minded people who share similar passions and who support one another both personally and professionally.”

Emily Rothbaum, Class of 2009

“The Community Pediatrics Track gave me the opportunity to learn about--and most importantly, to actually experience--community-engaged research during residency. Having a network of faculty and support from the other residents in the program enriched my learning immensely. Participating in the track through all three years allowed me to develop and see through the implementation of my projects.”

Resident Projects

ElShadey Bekele:	Assessing barriers to adherence of hydroxyurea in children with SCD
Wee Chua	Using technology and social media to build an advocacy coalition across New York State
Danis Copenhaver:	Using text messaging to connect new mothers and their families to an online medical and immunization record
Cristina Fernandez:	Assessing feeding guidance practices in the community in the first year of life for premature infants discharged from the NICU
Michael Goldman & Sandhya Brachio:	Developing and implementing a health education curriculum for students of the Lang Youth Medical Program while training residents to teach in the community setting
Carly Gomes:	Developing and implementing a well-child care group visit model at the WHFHC practice
Michelle Jamison	Studying how socio-economic status can affect brain development
Elaine Lin:	Creating support groups for siblings of children with autism spectrum disorders
Vanessa Salcedo:	Assessing community organizations level of participation with Vive tu Vida/Live your Life Campaign, (a community prevention strategy to promote healthy lifestyles to school aged children and their families) and explore the impact on behavioral changes among the campaign participants
Lauren Sanlorenzo:	Assessing providers anticipatory guidance regarding Reach Out and Read through the use of “bookmarks”
Daniel Stephens:	Creating a forum for health and community in Harlem consisting of a series of discussions with young men in a local barbershop about issues that affect their health
Zoya Treyster:	Increasing provider awareness and improving care of LGBT teenagers in the Washington Heights community

Medical Student Projects

Camila Mateo:	Creating a web-based virtual tour of the Washington Heights community with video interviews on health related & culture specific topics, historical perspectives, diet & exercise, and community attitudes toward the medical establishment
Katherine Nash:	Piloting a summer Spanish language and cultural immersion program for CUMC students in Washington Heights and Inwood to provide them with the tools to be successful providers and advocates for Spanish speaking patients of Low English Proficiency