

Themes in Human Development

N 4225 Health Promotion and Disease Prevention
Across the Life Span

Cross-cutting concepts

- biophysical
- nurturing
 - spousehood and parenting
- cognition and communication
- social relationships
- identity
- work and play

4 broad domains...

- family
- biophysical parameters
- psycho-social concepts
- socio-cultural variables

Family

- biologic; family of origin
- nurturant
- multiple definitions
- main agent of socialization
- factors influencing functionality

Biophysical Parameters

- genetics
- neurophysiologic
- maturational
- nutrition
- exercise
- rest and sleep
- play and leisure

Psycho-social Concepts

- behavioral
- cognitive
- emotional
- moral/spiritual
- developmental tasks

behavioral

- stimulus-response
- psychoanalytic
 - Freud, Erikson
- interpersonal
 - Sullivan, Jung
- social learning
 - Bandura

cognitive

- Piaget
 - sensorimotor
 - pre-operational
 - concrete
 - formal

moral/spiritual [not necessarily the same thing...]

- Kohlberg
 - Pre-conventional
 - Conventional
 - Post-conventional
 - Universal focus
- Gilligan
 - Selfish – responsible
 - Goodness – truth
 - Moral equity

developmental

- Maslow
 - hierarchial
 - physiologic
 - safety
 - love and belonging
 - esteem
 - self-actualization

Socio-cultural Variables

- culture...sum total of learned ways of doing
 - learned
 - subject to change but usually stable
 - common components across every culture
 - physical welfare, communication, property, human response patterns, family and sexual patterns
- manifest culture vs. ideal culture
- ethnicity

socio-cultural variables relevant to HPDP activities

- cross-cultural variations in perception of health
 - folk practices, spiritual/psychic healing
 - 'good health' of variable value : proactive vs. reactive
 - 'normal' one place may be 'illness' another
- culturally sensitive communication practices
 - non-verbal
 - silence, distance, eye contact, emotional expression, concept of time
 - verbal
 - formality [names, speed of speech], rapport, subjects

- HPDP by APNs is the interface of multi-parametric knowledge of individuals and families with evidence-based approaches to interventions!