

## “Adolescent”

People between the ages of 10-19

•WHO

•UNICEF

•UN Population Fund (Joint statement, 1998)

## Levels of Substance Abuse Programs

- ♦ **Universal** (reach general population, e.g. all students in a school)
- ♦ **Selective** (reach at risk target groups, e.g. children of people abusing substances)
- ♦ **Indicated** (reach people already experiencing problems, e.g. adolescents who are heavy smokers)

## Strategy

**A general, conceptual approach to preventing health problems/promoting health.**

e.g. home visiting offers basic training in parenting skills for pregnant teens

e.g. case management provides continuous, comprehensive one-one contact that assesses needs, then links, brokers, and follows-up on youths' access to appropriate services

## Intervention

A specific set of activities & accompanying materials developed to prevent health problems/promote health, and the factors that contribute to those outcomes.

e.g. a school implements a curriculum & role playing activities to help students develop conflict resolution skills

## Program

**A grouping of strategies (and interventions) designed to prevent health problems/promote health.**

e.g. a community combines a school-based curriculum with home visiting and/or service learning

## Youth Development

A process which prepares young people to meet the challenges of adolescence & adulthood through a coordinated, progressive series of activities and experiences which help them to become socially, morally, emotionally, physically, and cognitively competent. Positive youth development addresses the broader developmental needs of youth, in contrast to deficit-based model which focus solely on youth problems.

(National Youth Development Information Center, [www.nydic.org](http://www.nydic.org))

## HIV

- ◆ ½ of all new HIV infections occur among <25 years old
- ◆ Two 13-24 year olds infected every hour
- ◆ Black & Hispanic teens 13-19 comprise 30% of U.S. teenagers
- ◆ Black & Hispanic teens account for 84% of AIDS cases among teens 13-19

**% Current Contraceptive Use among 15-19 year olds "at risk" for pregnancy**

