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Web: <http://www.rockefeller.edu/labheads/mcewen/mcewen-lab.php>

AEON article

https://aeon.co/essays/how-stress-works-in-the-human-body-to-make-or-break-us?utm_source=Aeon+Newsletter&utm_campaign=86fdc8fd37-EMAIL_CAMPAIGN_2017_07_11&utm_medium=email&utm_term=0_411a82e59d-86fdc8fd37-69453401

McEwen and Lasley The End of Stress As We Know It

https://www.amazon.com/End-Stress-As-We-Know-ebook/dp/B008DXBK5K/ref=sr_1_1?s=books&ie=UTF8&qid=1509673944&sr=1-1&keywords=End+of+Stress+As+We+Know+It

YouTube

https://www.youtube.com/watch?v=IRy_uUWyrEw

YouTube videos by Robert Sapolsky

Books by Robert Sapolsky

Why Zebras Don't Get Ulcers

A Primate's Memoir

Behave