

SHORT COMMUNICATION

A Mouse Ear Model for Bystander Studies Induced by Microbeam Irradiation

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Radiation-induced bystander effects have been observed *in vitro* and in cell and tissue culture models, however, there are few reported studies showing these effects *in vivo*. To our knowledge, this is the first reported study on bystander effects induced by microbeam irradiation in an intact living mammal. The mouse ear was used to investigate radiation-induced bystander effects in keratinocytes, utilizing a 3 MeV proton microbeam (LET 13.1 keV/μm) with a range in skin of about 135 μm. Using a custom-designed holder, the ear of an anesthetized C57BL/6J mouse was flattened by gentle suction and placed over the microbeam port to irradiate cells along a 35 μm wide, 6 mm long path. Immunohistochemical analysis of γ-H2AX foci formation in tissue sections revealed, compared to control tissue, proton-induced γ-H2AX foci formation in one of the two epidermal layers of the mouse ear. Strikingly, a higher number of cells than expected showed foci from direct irradiation effects. Although the proton-irradiated line was ~35 μm wide, the average width spanned by γ-H2AX-positive cells exceeded 150 μm. Cells adjacent to or in the epidermal layer opposite the γ-H2AX-positive region did not exhibit foci. These findings validate this mammalian model as a viable system for investigating radiation-induced bystander effects in an intact living organism. © 2015 by Radiation Research Society

INTRODUCTION

Significant evidence from several laboratories indicates that biological effects can occur in nonirradiated bystander cells (1), which are in close proximity to directly irradiated cells (2) or are recipients of their growth media (3). These observations suggest that among a population of cells, only some of which

are directly damaged, a greater number of cells than predicted from direct irradiation effects may exhibit biological effects. This phenomenon has strong implications for assessment of radiation protection risk. To date, radiation-induced bystander effects have been observed mainly *in vitro* [reviewed in (4)]. Therefore, better models of complex living organisms, in which multicellular architecture and physiological conditions are preserved, are needed to better understand the various implications of bystander effects *in vivo*. Several approaches to investigate radiation-induced bystander effects *in vivo* have been undertaken (5–7), including pioneering work involving the transfer of serum from irradiated patients to recipient nonirradiated lymphocytes (8, 9), as well as partial-body exposure that induced damage in distant nonirradiated organs (10–12). Other approaches have utilized microbeam technology to precisely target individual cells, cell compartments or specific regions of a tissue to investigate bystander effects in nonirradiated locations. Indeed, microbeams have been fundamental for characterization of radiation-induced bystander effects in cell cultures and three-dimensional (3D) systems (13–15). In intact 3D human skin and airway reconstructions, long-distance bystander effects have been shown millimeters away from the irradiated area (14, 16).

Recently, bystander effects induced by microbeam irradiation have been described in the simple living organisms *Caenorhabditis elegans* (17, 18). In these studies, a 1 μm diameter 3 MeV proton beam induced a bystander stress response as much as ~150 μm away from the irradiated region of the worm (17).

We extend those studies using the pinna of an adult C57BL/6J mouse that measures approximately 13 mm in both length and width (19–21). On microscopic cross section, the ear of a mouse consists of two layers of skin separated by a thin supporting skeleton of elastic cartilage (22). Each layer consists of an epidermis and dermis, with a 10 μm thick stratum corneum on the outer facing surface. The epidermis is composed of a 25–40 μm thick epithelium arranged as 2–3 layers of keratinocytes while the dermis is 25–60 μm thick and consists of a low density of very elongated fibroblasts and

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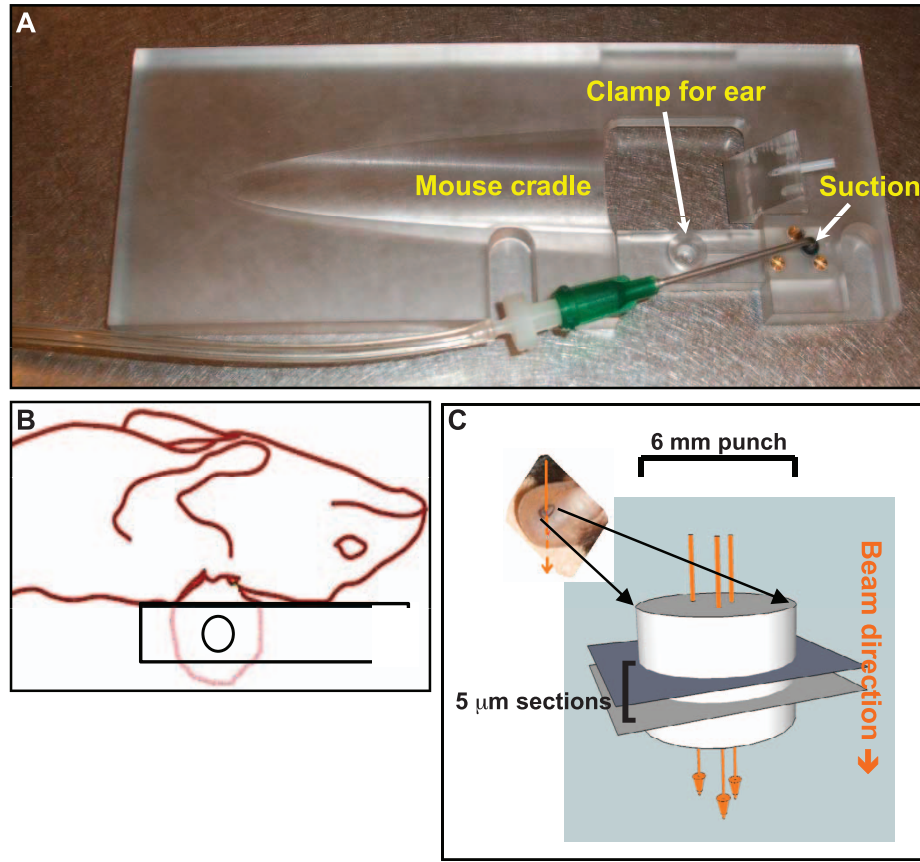


FIG. 1. Panel A: The custom-designed mouse ear holder. The Plexiglas 13.9×5.4 cm holder consists of a mouse cradle to hold anesthetized mice in a supine position. Panel B: The left ear of the mouse is gently pulled toward the 3.2 mm circular opening where suction is applied by a vacuum handling system. The entire holder, containing the mouse with its flattened ear under vacuum, is then placed over the microbeam port and irradiated. Panel C: Thirty minutes after irradiation, the mouse was euthanized and a punch of the ear taken. Sections were cut perpendicularly to the direction of the charged particle beam, fixed and stained for biological effects as a function of the distance from the irradiated line.

a dense extracellular matrix. Between each layer, a $60 \mu\text{m}$ thick cartilage forms the structural support for the mouse ear (23). Our 3 MeV proton microbeam has a range in skin of $\sim 135 \mu\text{m}$ (24) and can therefore partially traverse a mouse ear of $250\text{--}300 \mu\text{m}$ thickness. Moreover, since the functional and structural integrity of the living tissue is preserved, this model allows investigation of complex spatiotemporal radiation-induced responses including mechanisms of DNA damage and repair.

Here we report results indicative of a bystander response and suggest this mouse ear model is a suitable system to study bystander effects induced by microbeam irradiation in complex tissue systems *in vivo*.

MATERIALS AND METHODS

Mice

C57BL/6J 8–10-week-old male mice (Jackson Laboratory, Bar Harbor, ME) were anesthetized intraperitoneally with ketamine/xylazine (100 mg/ml/20 mg/ml, respectively). Thirty minutes after irradiation, mice were euthanized by CO_2 inhalation followed by cervical dislocation. All animal procedures were carried out in

accordance with federal guidelines and approved Columbia University Institutional Animal Care and Use Committee (IACUC) protocols.

Mouse Holder for Microbeam Irradiation

Based in part on an earlier design (25), a Plexiglas® holder was fabricated by the Columbia University Center for Radiological Research's design and instrument shop to secure the mouse and position the flattened ear over the microbeam port (Fig. 1). The holder (13.9×5.4 cm) consists of a mouse cradle to hold the anesthetized mice in a supine position with its left ear centered over a circular 3.2 mm diameter hole in the holder where suction is created by a ~ 200 mbar maximum vacuum handling system (Tec-Wand II SMD; Techni-Tool®, Plymouth Meeting, PA). Prior to affixing the holder onto the microbeam, the left ear of the mouse was gently pulled under the hole and vacuum applied to keep the ear flattened during irradiation. The right ear was not irradiated and served as a control.

Irradiation

Irradiations with a 3 MeV proton microbeam were performed at the Columbia University Radiological Research Accelerator Facility (RARAF). Based on SRIM 2013 calculations, such a beam traversing skin (26) has a linear energy transfer (LET) of $13.1 \text{ keV}/\mu\text{m}$ and a range of $135 \mu\text{m}$. The beam has an average width of $35 \mu\text{m}$ with range straggling and lateral straggling of $5.6 \mu\text{m}$ and $4 \mu\text{m}$, respectively.

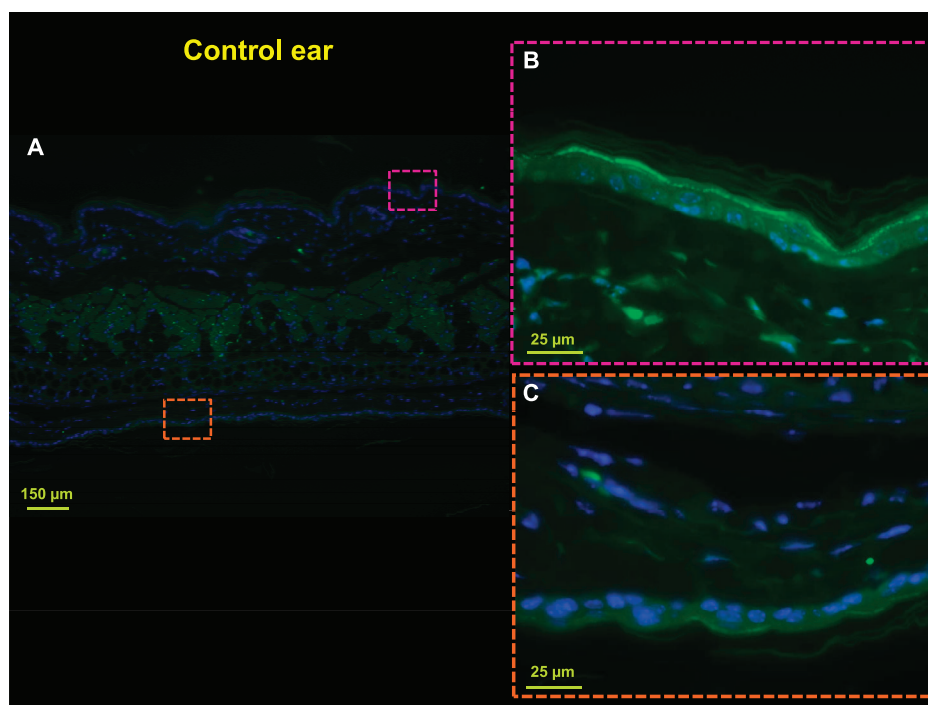


FIG. 2. Panel A: Section of the ear of a sham-irradiated mouse (10 \times view). Panels B and C: No foci are visible in the color-outlined regions (60 \times view). Blue = 4',6-diamidino-2-phenylindole (DAPI); green = Alexa Fluor 555 conjugated to anti- γ -H2AX.

Radiation was delivered in steps along a path measuring 6 mm long and ~ 35 μ m wide, with approximately 100 protons (~ 20 cGy) delivered at each step. The exposures occurred at room temperature and did not last longer than 15 min. Whole-body X-ray irradiations (2 Gy delivered at 1.3 Gy/min), which served as positive control, were performed using a Westinghouse Coronado 250 kV therapy X-ray machine (Pittsburgh, PA). The results are representative of 4 independent experiments for a total of at least 6 samples per condition. Before removing the anesthetized mouse from its holder after irradiation, the area of the ear delimited by the circular hole and the orientation of the charge particle beam were labeled with a permanent marker.

Immunohistochemistry

Thirty minutes after irradiation, mice were sacrificed. A 6 mm trephine punch was centered over the irradiated region and used to collect ear tissue. The nonirradiated ear was similarly processed in parallel as a control. Tissue was fixed in 10% formalin overnight at room temperature, paraffin embedded and cut in 5 μ m sections oriented perpendicularly to the direction of the particle beam. Subsequently, samples were analyzed for γ -H2AX foci formation by immunohistochemistry. Briefly, samples were deparaffinized and rehydrated by placing the slides for 10 min on a slide warmer, followed by two 6 min xylene baths, two 4 min baths in absolute ethanol followed by two 4 min baths in 95% ethanol. The Dako Ancillary System K1499 (Dako North America Inc., Carpinteria, CA) was employed for antigen retrieval. Rehydrated tissue sections were immersed in target retrieval solution at 96 $^{\circ}$ C for 20 min; the container with slides was then removed from the water bath and cooled off for another 20 min. Slides were washed three times in 1X phosphate buffered saline (PBS) for 5 min each followed by immunolabeling at room temperature in a humid chamber. After incubation with 1% blocking solution (bovine serum albumin in PBS) for 1 h, specimens were labeled with primary anti- γ -H2AX antibody (cat. no. 2577; Cell Signaling Technology[®], Danvers, MA) 1:50 in blocking solution for 1

h. After three washes in 1X PBS of 5 min each, tissues were labeled with goat anti-rabbit Alexa Fluor[®] 555 antibody (Invitrogen, Grand Island, NY), 1:800 in blocking solution for 45 min. After three washes in 1X PBS of 5 min each, tissues were tyramide-labeled (Alexa 555 stock solution 1:100 in amplification buffer in 0.0015% H_2O_2) for 10 min. After three washes in 1X PBS of 5 min each, media containing 5 mg/ml of 4',6-diamidino-2-phenylindole (DAPI) was used to mount coverslips on the slides, which were examined using a fluorescent microscope (Olympus IX70; Olympus Imaging America Inc., Center Valley, PA) equipped with filters and a Photometrics[®] PVCAM high-resolution, high-efficiency digital camera.

Image Analysis

Image-Pro[®] Plus 6.0 software was used to acquire images. Calibrated to the 60 \times objective used to acquire the images, the distance tool of the software was used to measure the extent of γ -H2AX fluorescent signal. The number of cells was obtained by counting the number of DAPI-stained nuclei.

RESULTS

Proton Microbeam Irradiation Induces Bystander Effects in a Mouse Ear

Ionizing radiation exposure damages DNA and triggers the modification of proteins near the damaged site, including specific phosphorylation of histone H2AX at serine 139, known as γ -H2AX (27). Within minutes after radiation exposure, γ -H2AX form subnuclear complexes microscopically visible as foci (28) where presumably proteins required for efficient DNA repair are recruited. As shown in Fig. 2, proton microbeam irradiation induced γ -

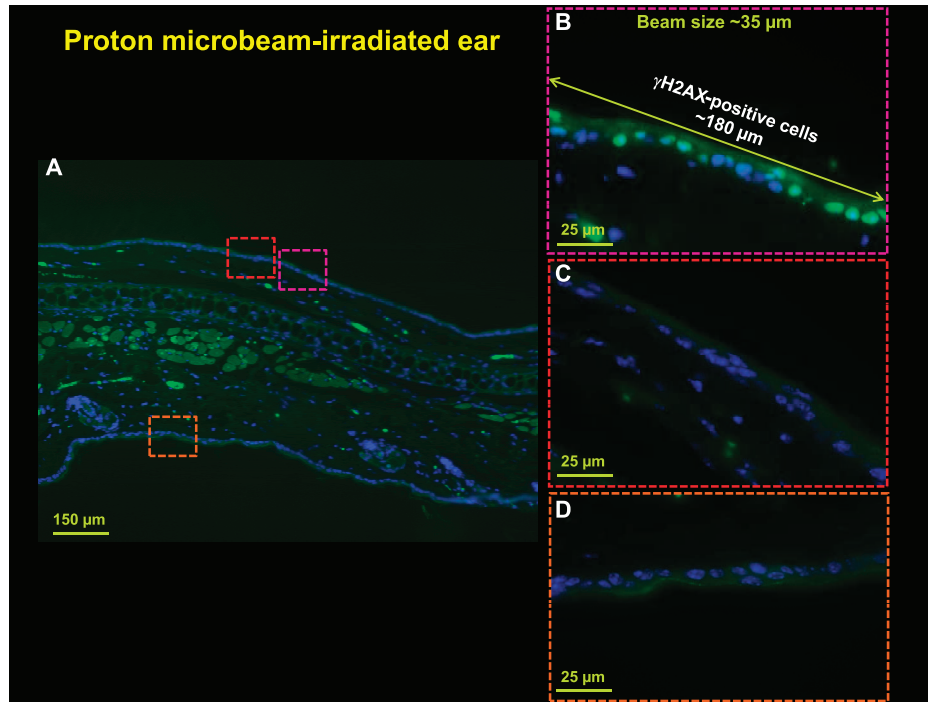


FIG. 3. Panel A: Section of the ear of a proton microbeam-irradiated mouse (10× view). The 3 MeV proton microbeam with a range of 135 μm can traverse at least the stratum corneum and the first epidermal layer of the mouse ear. Panel B (purple box): γ -H2AX foci-positive keratinocytes are observed only in one area of the tissue. Cells adjacent to (panel C, red box) or opposite (panel D, orange box) the γ -H2AX-positive region do not exhibit foci (60× view). Blue = DAPI; green = Alexa Fluor 555 conjugated to anti- γ -H2AX.

H2AX foci formation in mouse ear cells *in vivo*, compared to nonirradiated control tissue.

On cross section, the mouse ear consists of approximately 10 μm stratum corneum with an underlying 25–40 μm thick epithelium composed of 2–3 layers of keratinocytes and a 25–60 μm thick dermal layer followed by a 25–60 μm thick supporting skeleton of elastic cartilage (19). Biophysical characteristics of the proton microbeam limit its range in skin to 135 μm , enough to traverse at least the stratum corneum and the keratinocytes of one epidermal layer.

As expected, γ -H2AX foci-positive keratinocytes were observed only in the epidermal layer closest to the beam and not on the contralateral side of the ear (Fig. 3B, purple box); adjacent cells (Fig. 3C, red box) or in the epidermal layer opposite the irradiated surface (Fig. 3D, orange box) did not exhibit foci. Quiescent mouse keratinocytes range from 9 to 11 μm in diameter with a high nuclear/cytoplasmic area ratio (29). Therefore, our proton beam, which is ~ 35 μm wide with range straggling of 5.6 μm and lateral straggling of 4 μm , would be expected to traverse few cells. Strikingly, we found that a higher than expected number of directly irradiated cells were foci positive. In the tissue section shown in Fig. 3, although the proton irradiated line was ~ 35 μm wide, the γ -H2AX fluorescent signal extended 181.7 ± 36.6 μm (value that represents the average \pm standard deviation of the γ -H2AX fluorescent signal measured in 7 tissue sections of the same sample). On average, considering six samples exposed in four indepen-

dent experiments, the γ -H2AX fluorescent signal extended 169.7 ± 16.2 μm and involved approximately 20 cells. In addition, preliminary studies on the kinetics of radiation-induced γ -H2AX foci formation in bystander epidermal cells indicated that the extent of the response reached a maximum at 5 h postirradiation and gradually disappeared by 24 h postirradiation (data not shown) (30). These findings are strongly suggestive of a bystander response induced by microbeam irradiation and support the notion that mouse skin is a responsive tissue for out-of-field effects induced by ionizing radiation (31). For comparison purposes, we also assessed γ -H2AX foci formation in ears of mice exposed to a whole-body dose of 2 Gy X rays (Fig. 4). As expected, virtually every cell of the ear in every skin layer showed γ -H2AX foci.

DISCUSSION

The carcinogenic potential of high doses of ionizing radiation is relatively well characterized (32). Although cancer risk is assumed to be proportional to the dose of radiation even at small doses (33, 34), evidence accumulated over the last two decades suggests that in irradiated confluent cell cultures, deleterious biological effects may occur also in nonirradiated bystander cells that are in proximity of directly irradiated cells (1). As a consequence, bystander effects may amplify the health risk of exposure to low doses of ionizing radiation with implications for

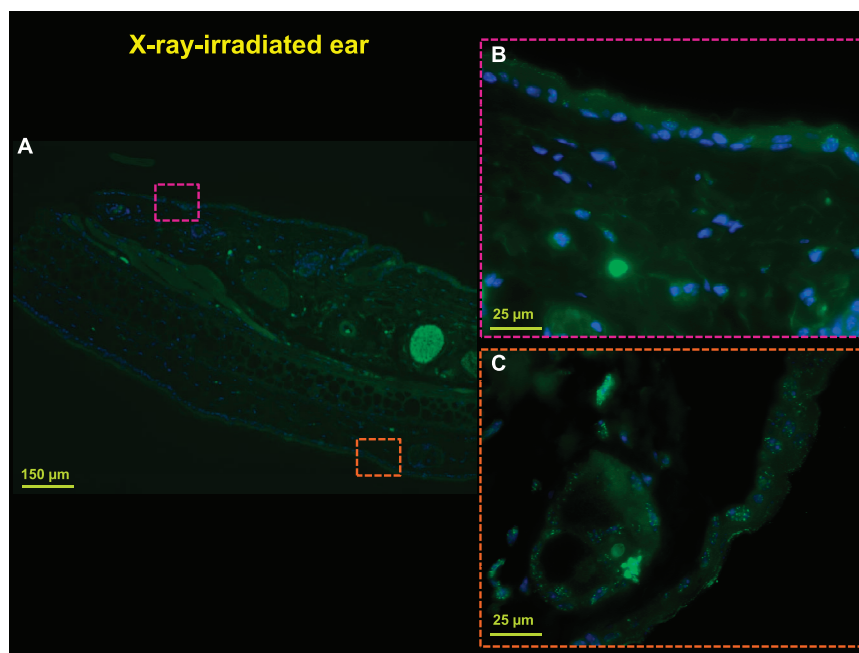


FIG. 4. Panel A: Section of mouse ear exposed to whole-body 2 Gy X ray. Panels B and C: Essentially every cell in the tissue exhibits γ -H2AX foci (60 \times view). Blue = DAPI; green = Alexa Fluor 555 conjugated to anti- γ -H2AX.

radiation protection (35). The manifestation of bystander effects *in vivo* also has important implications for radiotherapy, by offering a possible explanation for normal tissue toxicity as well as secondary tumors in distant organs (36, 37).

Until recently, most of the evidence for radiation-induced bystander effects has been obtained from *in vitro* cell culture studies (35). Although these *in vitro* models have been instrumental in providing both quantitative and mechanistic data, a cell culture lacks the cellular architecture, organization and related cell-to-cell communication present in complex tissues and organs. The role of the immune system in any radiation-induced response is absent. Thus, it is essential to develop *in vivo* models to elucidate the mechanisms of the bystander response.

Several prior approaches have been utilized to study radiation-induced bystander effects in whole organisms. These include effects associated with clastogenic factors in serum from irradiated patients that caused DNA damage in nonirradiated lymphocytes (8, 9). Other approaches involved incorporation of radionuclides in recipient tumor-bearing mice (38) or partial-body exposures using external beams that induced DNA damage and other detrimental effects in unexposed locations within the same tissue (39) or in distant organs (12, 40). More recently, proof that bystander effects *in vivo* have carcinogenic potential was presented in studies showing that partial-body irradiation induced medulloblastoma in mice whose heads had been shielded (11).

More sophisticated approaches have employed microbeams to deliver highly focused charged particle beams to

single cells, subcellular targets or specific regions of a tissue. Using this technology, bystander effects have been shown in monolayer tissue explants (41, 42) and in reconstructed 3D skin models (14). By targeting one region of the tissue, microbeams allow characterization of the spatial distribution of the radiation response. Indeed, in 3D human skin and airway constructs, long-distance bystander effects have been shown millimeters away from the irradiated area (14, 16).

Recently, bystander effects induced by microbeam irradiation have been shown in simple living organisms such as *C. elegans* (17, 18, 43) in which normal tissue structure as well as metabolic patterns were preserved. In these studies, a 1 μ m diameter, 3 MeV proton beam induced bystander stress response as far as ~ 150 μ m away from the irradiated region of the worm (17).

In the current work, we have extended these studies using a mouse ear model: With a range in air of 135 μ m, the 3 MeV proton microbeam can traverse at least the stratum corneum (up to 10 μ m) and the keratinocytes of the epidermis (up to 40 μ m). We designed a mouse ear holder to flatten the ear of an anesthetized mouse and the charged particles were delivered to cells along a line of the flattened ear area. Using γ -H2AX foci formation as a marker of radiation-induced DNA damage, we found that proton microbeam irradiation induced a bystander response in the keratinocytes of the mouse epidermis. A higher number of cells than expected from direct irradiation showed positive foci and these cells were confined in a small region of only one of the two epidermal layers of the mouse ear skin. While the proton beam was 35 μ m in diameter, considering

a total of six samples exposed in four independent experiments, on average the γ -H2AX fluorescent signal exceeded outward $169.7 \pm 16.2 \mu\text{m}$ and involved approximately 20 cells.

In conclusion, our mouse ear model is a suitable system to investigate targeted and nontargeted effects induced by microbeam irradiation in a complex mammalian tissue *in vivo*. We developed a mouse ear holder and irradiation protocol that can be adapted to different strains of mice, making it a relatively inexpensive tool for investigating molecular mechanisms that mediate radiation-induced bystander responses, such as cell-to-cell intercellular communication and the role of the immune system response. Additional applications may include investigations into the effects of local irradiation on the structure and function of skin microcirculation using the well characterized cutaneous vascular network of hairless mice (19).

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