

The Columbia University HIV Mental Health Training Project provides *free* training on the latest developments in mental health aspects of the AIDS epidemic. Funded by NYSDOH AIDS Institute, we train service providers throughout New York state. Faculty are experienced educators, practitioners, administrators, and researchers in HIV and mental health.

Training PROGRAMS are tailored to address your needs:

Psychiatric Consultation

In-person or telephone assistance for agencies and individual practitioners

Technical Assistance

State-of-the-science information and skills-based coverage of regionally relevant topics for staff

Inservice training for staff

Expert trainers come to your site

Professional Training/Development

Conference-style lectures and workshops

Topics

1. IMPACT OF MENTAL HEALTH DISORDERS ON HIV ILLNESS

Tools for screening common psychiatric diagnoses associated with HIV and AIDS (e.g., depression, anxiety, substance use disorders); differential diagnosis; behavioral and medication management; **HIV/psychotropic** regimens and how to optimize them; options for treatment; adherence; illness progression.

2. IDENTIFICATION AND MANAGEMENT OF PERSONALITY DISORDERS AND HOW THEY CAN AFFECT HIV/AIDS CARE

Common personality disorders among HIV-affected clients; therapeutic alliance; behavior management.

3. NEUROPSYCHIATRIC ASPECTS OF HIV INFECTION

Differential diagnosis of the neuropsychiatric manifestations of HIV/AIDS; medical and psychiatric treatments; drug interactions. Adult, adolescent, and child expertise.

4. HIV/AIDS AND POST-TRAUMATIC STRESS DISORDER

PTSD before or after HIV infection; common signs and symptoms; management and referral.

5. WORKING WITH PEOPLE WITH SEVERE MENTAL ILLNESS AND HIV/AIDS

Common risk behaviors among people with comorbid severe mental illness and HIV infection; assessment; pharmacological management; prevention and treatment.

6. WORKING WITH CHILDREN/ADOLESCENTS WITH OR AFFECTED BY HIV/AIDS

Mental health issues; neuropsychiatric manifestations and management; issues for perinatally-infected youth; prevention.

7. SUICIDE PREVENTION STRATEGIES FOR HIV CLIENTS

Risk-assessment; link between ideation and attempts; mental status changes and other risk factors; approaches to prevention.

8. APPROACHES TO ENGAGING CLIENTS IN HEALTH-RELATED BEHAVIOR CHANGE

Short-term or long-term group and individual therapies (e.g., cognitive-behavioral, psychodynamic) that help clients with health-related behaviors such as drinking, smoking, drug-using, unsafe sex, ARV adherence.

9. LEGAL/ETHICAL ASPECTS OF CARING FOR PEOPLE WITH HIV/AIDS

State laws regarding HIV/AIDS and the impact of related regulations on clients and care providers. Also, CDC guidelines for routine testing and their implications in NY.

10. CROSS-CULTURAL ISSUES AND CULTURAL PROFICIENCY IN DIAGNOSIS AND TREATMENT

Disparities in diagnosing and treating HIV and mental health disorders in communities of color; stigma and fear of discrimination; guidance regarding working across cultures, including institutional cultures.

11. ASK THE PSYCHIATRIST

A faculty psychiatrist will discuss your clients' needs.

*Each topic can be tailored to address specific populations. To be trained for a topic you do not see here, please contact Dusty Hackler at DRA2107@COLUMBIA.EDU OR 212/543-6537

TRAINING FACULTY

Francine Cournos, MD; Katherine Elkington, PhD; Meg Kaplan, PhD; Claude Mellins, PhD; Karen McKinnon, MA; Warren Y.K. Ng, MD; Robert H. Remien, PhD; James Satriano, PhD; Denese Shervington, MD, MPH; Milton Wainberg, MD.

***To schedule a **Psychiatric Consultation** please contact James Satriano, Ph.D. at
SATRIAN@PI.CPMC.COLUMBIA.EDU OR 212/543-5591**

***To schedule a **Training Activity**, please contact Dusty Hackler, M.A. at
DRA2107@COLUMBIA.EDU OR 212/543-6537**

OR

Complete the following form and fax it to 212/543-5962

Name _____ Agency _____
Address _____
City _____ State _____ Zip _____
Phone _____ Fax _____ Email _____
Best Day or Date _____ Best Time(s) _____
Training Topics (#) _____ Anticipated Audience (#) _____
Anticipated Audience Disciplines (*check all that apply*)
 Case manager Social Worker Nurse Physician Other mental health care provider Other care provider

HIV Mental Health Training
New York State Psychiatric Institute
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**HIV and Mental Health Psychiatric Consultation, Technical Assistance & Training
for Mental Health Care Providers**

The Columbia University HIV Mental Health Training Project

COLUMBIA UNIVERSITY

HIV
Mental
Health
Training Project
2008-2009



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