

PRIMARY CARE REFERRAL RESOURCE

Washington Heights Community Service
April 2009

Summary

[Note: **MCD/MCD** = Medicaid without private supplement; **MCD/PVT** = Medicaid with private supplement]

Provider	Telephone	Uninsured	MCD/MCD	MCD/PVT	Medicare	Spanish-speaking
Internal Medicine Clinics / Specialty Clinics within NYP-CUMC System						
AIM Clinic West <i>(see individual providers below)</i>	212-305-6354	No	Yes	Yes	Yes	Yes
Allen Medical Practice	212-932-4123	Yes <i>(Proof of income req'd)</i>	Yes	Yes	Yes	Yes
Audubon Primary Care Clinic (Family Planning & Young Men's Health Clinics)	212-342-3232	Yes <i>Proof of income req'd)</i>	Yes	Yes	No	Yes
Broadway Practice ACNC	212-304-6920	Yes <i>Proof of income req'd)</i>	Yes	No	Yes	Yes
Charles B. Rangel Community Health Center	212-491-2300	Yes <i>Proof of income or notarized letter of income support)</i>	Yes	Yes	Yes	Yes
Columbia Advanced Practice Nurse Assoc	212-326-5705	No	No	No	Yes	Yes
Farrell Community Health Center	866-463-2778	Yes <i>Proof of income req'd)</i>	Yes	Yes	Yes	Yes
Fort Washington Geriatric Practice	212-342-2290	Yes <i>Proof of income req'd)</i>	Yes	Yes	Yes	Yes
Harlem Hospital Medicine Clinic	212-939-8400	Yes <i>(Need picture ID & proof of address. No proof of income or support req'd)</i>	Yes	No <i>(will enroll in MCD / HHC plan)</i>	Yes	Yes
Community MD's / General Practices (Please refer to individual listings for insurance specifics)						
Provider	Telephone	Uninsured†	MCD/MCD	MCD/PVT	Medicare	Spanish-speaking
Juan Abla, MD	212-928-1366	No	Yes	Yes	Yes	Yes
Miguel Anduljar, MD	212-923-6100	No	Yes	Yes	Yes	Yes
Juan Chabla, MD	212-568-6156	No	Yes	Yes	Yes	Yes
Marcos A. Charles, MD	718-367-0010	No	Yes	Yes	Yes	Yes
Elaine M. Fleck, MD	212-342-3062	No	Yes	Yes	Yes	No
Asqual Getaneh, MD	212-939-6007	No	Yes	Yes	Yes	Yes
Jose A. Goris, MD	212-923-0408	No	Yes	Yes	Yes	Yes
Franz Goyzueta, MD	212-928-8888	No	No	No	Yes	Yes
Jesus Hernandez, MD	212-740-0806	No	No	No	Yes	Yes
Ramon Moquete, MD	212-568-6972	No	Yes	Yes	Yes	Yes
Susana R. Morales, MD	212-746-1358	No	No	No	Yes	Yes
Larry Neuman, MD	212-568-7403	No	No	No	Yes	Yes
Babubhai Patel, MBBS	212-781-2560	No	Yes	Yes	Yes	Yes
Belinda Velazquez, MD	212-928-5959	No	No	Yes	Yes	Yes
† Individual community MD providers can be contacted to negotiate 'sliding' scale for fee on case-by-case basis.						

General Resources:

NEW YORK-PRESBY MEDICAL CENTER PHYSICIAN REFERRAL SERVICE

English & Spanish speaking customer service representatives, 24-hours per day

Contact: 877-NYP-WELL (877-697-9355)

Internal Medicine Clinics / Specialty Clinics within NYP-CUMC System:

ASSOCIATES IN INTERNAL MEDICINE (AIM) CLINIC WEST

Comprehensive general medical care, diabetes management, HIV testing, and referrals

Contact: 622 West 168th Street, Vanderbilt Clinic Building NY, NY 10032

T: 212-305-6354 / 6355 F: 212-305-6279

Spanish-speaking clinicians

Insurance: Medicaid / Medicaid, Medicaid + Private, Medicare,

Private (HealthPlus, Affinity, Neighborhood, HIP)

Insurance required (uninsured patients will be billed without sliding scale)

Walk-in hours: 9A-12P & 1P-4P daily (Patient must have an AIM provider / PMD to be seen)

Recommended clinicians within AIMS familiar with WHCS patients:

PRACTITIONER	GENDER	TELEPHONE	LANGUAGE(S)
Delphine Taylor, M.D.	F	T: (212) 305-6262	English, Spanish
Nancy Chang, M.D.	F	T: (212) 305-6262	English, Chinese
Catherine Crossland, MD	F	T: (212) 305-6262	English, Spanish
Nicholas Fiebach, M.D.	M	T: (212) 305-5960	English
Deepu Gowda, MD	M	T: (212) 305-6262	English
Deb Jones, MD	F	T: (212) 305-6262	English
Barron Lerner, MD	M	T: (212) 305-5154	English
Alex Montero, MD, MPH	M	T: (212) 305-6262	English, Spanish

ALLEN MEDICAL PRACTICE

Specialty clinics for general and vascular surgery, urology, ophthalmology, neurology, and wound-healing.

Contact: 5141 Broadway at the Allen Pavilion

T: 212-932-4123 F: 212-932-5455

Insurance: Medicaid / Medicaid, Medicaid + Private, Medicare,

Private (HealthPlus, Affinity, Neighborhood, HIP, 1199)

Uninsured patients require proof of income / proof of financial support

AUDUBON PRIMARY CARE PRACTICE (incl. YOUNG MEN'S HEALTH CLINIC)

Primary focus upon adolescence (women ages 12-45; men ages 14-35), gynecological care, STD testing, school / work physical

Contact: 21 Audubon Avenue 1st Floor New York, NY 10032

T: 212-342-3218 F: 212-342-4733

Specialty Clinics: Family Planning: Mon-Thu, 8A-4P

Young Adult (Women) Clinic: Mon-Thur: 8A-8P

Young Adult (Men) Clinic: Mon 4-6P and Fri 8:30-11A

Insurance: Medicaid / Medicaid, Medicaid + Private

Private (HealthPlus, Affinity, Neighborhood, HIP, AmeriGroup, 1199)

Uninsured patients require proof of income / proof of financial support

BROADWAY PRACTICE ACNC

Internal medicine services and Ob-Gyn / Women's Health services offered

Contact: 4781 Broadway 1st floor NY, NY 10034
T: 212-304-6920

Hours: Mon, Tues, Wed, Fri 8:30 A – 6:30 P
Thurs 9:30 A – 7:30 P

Insurance: Medicaid / Medicaid, Medicaid + Private, Medicare
Uninsured patients require proof of income / proof of financial support

WHCS / Inwood Clinic recommend **Dr. Cyrus Boquin at Broadway

CHARLES B. RANGEL COMMUNITY HEALTH CENTER

Internal medicine services

Contact: 534 West 135th Street New York, NY 10031
T: 212-491-2300 F: 212-491-2323

Insurance: Medicaid / Medicaid, Medicaid + Private, Medicare
Private (HealthPlus, Affinity, Neighborhood, AmeriGroup)
Uninsured patients require proof of income (3 prior pay stubs). If unemployed,
will need proof of financial support (notarized)

COLUMBIA ADVANCED PRACTICE NURSE ASSOCIATES (CAPNA)

Comprehensive primary care provided by NP's affiliated with Columbia School of Nursing

Contact: 16 East 60th Street, Suite 440
T: 212-326-5705 F: 212-326-5700

Insurance: Medicare only
Private (BC/BS, United Health Care, Oxford, GHI, HealthNet, Cigna)
No uninsured patients seen by providers

FARRELL COMMUNITY HEALTH CENTER

Contact: 610 West 158th Street New York, NY 10032
T: 866-463-2778

Insurance: Medicaid / Medicaid, Medicaid + Private, Medicare A/B
Private (HealthPlus, Affinity, Neighborhood, HIP, 1199)
Uninsured patients require proof of income / proof of financial support

WHCS / Inwood Clinic recommend **Dr. Nancy Bermon at Farrell Clinic.

FORT WASHINGTON GERIATRIC PRACTICE

Geriatric medicine, gynecology, podiatry, and gastroenterology services (with referral).

Contact: 99 Fort Washington Avenue New York, NY 10032
T: 212-342-2290 F: 212-342-0200

Insurance: Medicaid / Medicaid, Medicaid + Private, Medicare A/B
Private (HealthPlus, Affinity, Neighborhood, HIP, 1199)
Uninsured patients require proof of income / proof of financial support

HARLEM HOSPITAL MEDICINE CLINIC

Sliding-scale of service fee based on income, uninsured patients accepted, subsidized pharmacy program (patient pays \$10 co-pay for first four prescriptions, add'l are gratis)

Contact: 506 Lenox Avenue Medicine Clinic, 3rd Floor of Ron Brown Pavilion
T: 212-939-8400

Insurance: Medicaid / Medicaid, Medicare

Uninsured patients are accepted. Sliding scale with **no minimum co-pay.**

(Need picture ID, proof of mailing address / shelter ward letter).

COMMUNITY MD's: GENERAL PRACTICE

(Note: The doctors listed below have been recommended by at least 2 Audubon providers for above-average care and have previously / currently treated WHCS patients.)

Juan Abla, MD (M)

Family Medicine

Contact: 130 Wadsworth Avenue
Ste 1
NY, NY 10033
T: 212-928-1366

Language(s): English, Spanish

Insurance:

- Medicaid + Private (Affinity, Health Plus, Health First, WellCare, Fidelity)
- Medicare Private / Advantage Plans (Affinity, Cigna, WellCare, United)
- Private: Aetna, Cigna, HealthNet, WellCare, Humana, BC/BS, United Health Care, Wellpoint

Miguel Anduljar, MD (M)

Internist

Contact: 336 Fort Washington Ave
Apt 1A
NY, NY 10033
T: 212-923-6100

Language(s): English, Spanish

Insurance:

- Medicaid / Medicaid
- Medicare / Medicare
- Private: GHI, 1199
- Call to confirm

Juan Chabla, MD (M)

Family Medicine

Contact: 639 West 185th St
NY, NY 10033
T: 212-568-6156

Languages: English, Spanish

Insurance:

- Medicaid / Medicaid
- Medicare / Medicare, Medicare Private Plans
- Private: Aetna, WellCare, United Health Care, AmeriGroup, Aetna, Metroplus

Marcos A. Charles, MD (M)

Internist, Hematologist

Affiliated with Albert Einstein College of Med
Contact: 3184 Grand Concourse
Suite 2B
Bronx, NY 10458
T: 718-367-0010

Languages: English, Spanish

Insurance:

- Medicaid / Medicaid
- Medicare / Medicare + Medicare Private Plans
- Private: HealthNet, Cigna, WellCare

Elaine M. Fleck, MD (F)

Internist at Allen Pavilion

Contact: 575 West 181st Street
NY, NY 10033
T: 212-342-3062

Language: English

Insurance:

- Medicaid / Medicaid + Private (Affinity, AmeriGroup, HealthPlus, Neighborhood, 1199)
- Medicare (Medicare Part B only)
- No private insurance

Asqual Getaneh, MD (F)

Contact: 575 West 181st St
NY, NY 10033
T: 212-939-6007

Languages: English, Spanish

Insurance:

- Medicaid / Medicaid + HealthFirst
- Medicare / Medicare + Private (Oxford)
- Most major private insurance
- Call to confirm.

COMMUNITY MD's: GP's (Cont'd)

Jose A. Goris, MD (M)

Contact: 435 Fort Washington Ave
Ste 1C
NY, NY 10033
T: 212-923-0408

Languages: English, Spanish

Insurance:

- Medicaid / Medicaid + Private (WellCare, HealthPlus, AmeriGroup, Healthfirst, Neighborhood, Fidelity)
- Medicare / Medicare + Private (VNS Liberty Health Advantage, Healthfirst)
- Private: GHI, MagnaCare, United, Multiplan

Franz Goyzueta, MD (M)

Contact: 581 West 161st Street
1st Floor
NY, NY 10280
T: 212-928-8888

Languages: English, Portuguese, Spanish

Insurance:

- Medicare / Medicare + Private
- Private: Aetna, Cigna, HealthNet, WellCare, Humana, AmeriGroup, BC/BS, United Health Care, WellPoint

Jesus Hernandez, MD (M)

Primary Care Physician

Contact: 271 Fort Washington Ave
Apt A
NY, NY 10032
T: 212-740-0806

Languages: English, Spanish

Insurance:

- Medicare / Medicare
- Private: 1199, BC/BS

Ramon Moquete, MD (M)

Internal Medicine

Contact: 248 Audubon Avenue, Ste 1
NY, NY 10033
T: 212-568-6972

Language: English, Spanish

Insurance:

- Medicaid / Medicaid + Private (WellCare, HealthPlus, HealthFirst, Affinity, Neighborhood, 1199, Fidelis)
- Medicare / Medicare + Private
- Private: MultiPlan, United Health Care, BC/BS, Cigna (Note: Metroplus and Travelhealth are not accepted)

Susana R. Morales, MD (F)

Primary Care Physician

Weill-Cornell Medical Associates

Contact: 525 E 70th St
HT-4th Floor
NY, NY 10021
T: 212-746-1358
F: 212-746-8165

Languages: English, Spanish

Insurance:

- Medicare / Medicare + Private
- Private (most plans accepted)
- Call to confirm.

Larry Neuman, MD (M)

Family Medicine, Geriatric Medicine

Contact: 4120 Broadway
Heights Medical Care
NY, NY 10033
T: 212-568-7403

Language: English, Spanish

Insurance:

- Medicaid (only accepted with Medicare)
- Medicare / Medicare
- No private insurance

Babubhai I. Patel, M.B.B.S. (M)

Internist

Contact: 2015 Amsterdam Avenue
NY, NY 10032
T: 212-781-2560

Languages: English, Spanish

Insurance:

- Medicaid / Medicaid + most private insurers (except Affinity)
- Medicare / Medicare + Private
- Private (most plans accepted except Affinity)

Belinda Melissa Velazquez, MD (F)

Internal Medicine, Infectious Disease

Contact: 130 Wadsworth Avenue, Apt. 4
Wash Hts Medical Associates
NY, NY 10033
T: 212-928-5959

Language: English, Spanish

Insurance:

- Medicaid + private only (HIP, United Health Care)
- Medicare / Medicare + Private (HIP, AARP, United)
- Private: BC/BS, Cigna, HealthFirst, HIP

COMMUNITY MD's: SPECIALTY PRACTICE

Phillip Don, MD (M)

Dermatologist

[well recommended from Dr. Harbury]

Contact: 242 Naples Terrace
Bronx, NY 10463
T: 718-432-8282

Language: English

Insurance:

- Medicare
- Private: most plans accepted, call to confirm

Casilda Balmaceda, MD (F)

Neurologist

Contact: 710 West 168th St
Suite 2-202
NY, NY 10032
T: 212-305-4572
F: 212-305-1470

Languages: English, Spanish, French, Italian

Insurance:

- Medicaid (Community Premiere Plus, Health First, Affinity Health)
- Medicare / Medicare + Private (Cigna, Oxford)
- Private: most plans accepted, call to confirm.

Home Care Physician Services (Internal Medicine visits to Home Bound Patients):

**Resources below are complements of AIM Clinic resources:*

HOME BOUND ELDERLY PROGRAM

Mental Health Outreach Program with annual AIM visit by Dr. Deb Jones

Contact / Referral: 212-342-5799

Limitations: Patients may live anywhere north of 155th St in Manhattan

MT. SINAI VISITING DOCTORS PROGRAM

Internal medicine visits to homebound patients. Accepts Medicare and Medicaid.

Contact: 212-241-4141

DR. ABRAM HENOCH

AIM-clinic recommended internist who makes house-visits. Medicare accepted.

Contact: 212-740-6400

HOME PODIATRIST: Helene Cagan, DPM

Contact: 212-369-1180 / 718-584-7163

ADDITIONAL RESOURCES:

Allergy Clinic

Hours: Thurs afternoons
Contact: VC-3
T: 212-305-6350, 212-305-5187

Blood Pressure / Hypertension Program

Contact: PH 9th-941 Floor
Referrals: 212-342-4489
Insurance: Medicare and private insurances
accepted

Bone Densitometry (DEXA) Scans

Contact: Harkness 10
Referrals: 212-305-2789

Dental Clinic [Walk-in; no referral necessary]

Hours: Monday-Friday 9A-4P
Contact: VC-7
T: 212-305-5-6726

Dermatology Clinic

Contact: Atchley Pavilion 12th Fl.
Telephone: 212-305-0505

ENT Clinic

Hours: Mon, Tue, Thu, Friday afternoons
Contact: VC10
T: 212-305-9860

Foot / Podiatry Clinic

- **AIM Podiatry Clinic** (diabetic patients only)
- **Farrell Clinic ACNC** (general podiatry)
Contact: 158th & Riverside Dr.
Appts T: 212-939-6000
- **Drs. Bar-David & Fridman**
Contact: T: 212-355-4229
Insurance: Private

HIV/ID Clinic

Contact: Harkness 6
T: 212-305-3174

Neurology Clinics

- **General Neurology Clinic**
Hours: Mon, Tues, Fri afternoon
Contact: VC-10
T: 212-305-6500
- **Headache Clinic**
Hours: Tues afternoon
Contact: VC-10
212-305-6390
- **Epilepsy Clinic**
Hours: Wed afternoon
Contact: VC-10
212-305-6390
- **Stroke Clinic**
Hours: Mon afternoon
Contact: VC-10
212-305-6390
- **Memory Disorders Clinic**
Contact: Psych Institute
212-543-5853

Nutrition Clinic:

Contact: VC 10
T: 212- 305-6390

Ophthalmology Clinic:

Contact: Eye Institute, basement
T: 212-305-6185

SAFE (Syncope and Falls in the Elderly) Program:

Contact: Allen Pavilion Geriatric Division
T: 212-932-FALL (3255)

BARIATRIC SERVICES: (resources with assistance from AIM database, updated Mar 2009)

Criteria established by the NIH for potential candidates for bariatric surgery:

- Have a Body Mass Index (**BMI**) of **40 or more** (about 100 lbs or more over ideal body weight); or a **BMI of 35 to 39.9 with serious medical conditions** (i.e. diabetes mellitus type 1 or 2, hypertension, etc.) related to obesity that would improve with weight loss.
- Attempted (and failed) previous weight loss efforts with diet, exercise, lifestyle changes, or medications.
- Able to understand the possible risks, benefits, and side effects of the procedure. Moreover, candidate has realistic expectations of surgery as a tool to help lose weight.
- Understand and committed to lifestyle changes and long-term follow-up
- Cannot have any medical, psychiatric, or emotional condition that would prohibit surgery.

Columbia Presbyterian Medical Center (Center for Obesity Surgery)

Contact: 161 Fort Washington Ave, 6th floor, Room 620, NY, NY 10032
T: 800-543-2782, T: 212-305-4000
www.obesitymd.org
PCP: Physician supervised weight loss x 6 mos
Insurance: Medicaid (Affinity, NYP only), most other insurance

Weill Cornell Medical Center

Contact: 525 East 68th Street, Box 294, NY, NY 10021
T: 212-746-5294
www.cornellweightlossurgery.org
PCP: Physician supervised weight loss x 6 mos, referral if Medicaid patient
Insurance: Aetna, Cigna, Empire, GHI, Health Net, HIP, Magna, Medicaid, Medicare, NYCH, Oxford Freedom, PCHS

Harlem Hospital Center

Contact: 506 Lenox Ave, NY, NY 10037
T: 212-939-8370
PCP: Referral from PMD needed
Insurance: Medicaid, Managed Medicaid, GHI, HIP, Empire

Lenox Hill Hospital (Manhattan Minimally Invasive and Bariatric Surgery)

Contact: 110 East 59th Street, Suite 8A, NY, NY 10022
T: 1888-949-9344, T: 212-434-3285
www.nycbariatrics.com
PCP: Physician supervised weight loss x 6 mos
Insurance: Aetna, Cigna, Empire, GHI, HealthNet, HIP, MagnaCare, Medicare, MultiPlan, Oxford, PCHS, United

Montefiore Medical Center (The Center for Weight Reduction)

Contact: 3400 Bainbridge Ave, 4th floor, Bronx, NY 10467
T: 718-920-4800
www.montefiore.org
PCP: Referral from PMD needed as well as lab tests within 1 yr, Physician supervised weight loss x 6 mos
Insurance: Medicaid, Managed Medicaid, Medicare, private insurance

BARIATRIC SERVICES (CONT'D)

Mount Sinai Medical Center

Contact: 5 East 98th Street, 15th floor, NY, NY 10029
T: 212-241-6591
www.mountsinai.org
PCP: Referral if Medicaid
Insurance: Medicaid, Managed Medicaid, private insurance

New York University Medical Center

Contact: 1000 Tenth Avenue, Suite 2B, NY, NY 10019
T: 212-263-3166
www.thinforline.med.nyu.edu
PCP: Physician supervised weight loss x 6 mos, Referral from PMD, Recent history & physical
Insurance: Aetna, Cigna, Empire, GHI, HealthNet, HIP, MagnaCare, Medicare, Oxford, PCHS, United

St. Luke's-Roosevelt Medical Center (affiliated with New York Center for Obesity Research)

Contact: 1000 Tenth Avenue, Suite 2B, NY, NY 10019
212-523-2181, 212-523-2214, www.slrsurgery.org
Insurance: HealthFirst, CenterCare, Affinity, HIP
Special: Free info session 12:45-5 pm every other Thursday